Caldo de pollo para el alma: Piensa positivo
101 historias que te inspirarán a agradecer lo que tienes y adoptar una actitud positiva
Jack Canfield, Mark Victor Hansen, Amy Newmark

Summary
Everyone needs a little attitude adjustment once in a while, and these 101 true stories reveal how real people used positive thinking to improve their lives and overcome challenges. You’ll read stories about how you can make every day a special day, incorporate gratitude and joy into your daily life, count your blessings and change your outlook, turn adversity into opportunity, and much more, leading you to a more meaningful life.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty New York Times bestsellers. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. He lives in Santa Barbara, California. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. He is also the author of numerous self-help works, speaker and founder of the MEGA Seminar Series. Amy Newmark is a writer, financial analyst, speaker and business executive in the world of finance and telecommunications. She is currently editor in chief of the Chicken Soup for the Soul series.

De cabeza
Stéphane Kiehl

Summary
Bat sleeps upside-down all day. Each night, he awakes full of curiosity about bears, cats, dogs and the rest of the animals that visit him in his cave; some come out of curiosity, others, in search of a meal. In order to follow along, young readers must constantly flip the book around to understand each animal’s perspective.

Contributor Bio
Stephane Kiehl studied at the School of Fine Arts in Nancy. He works as an illustrator for magazines, publishers and PR agencies. He’s also produced animation films and picture books for children. His books are dreamlike with minimalistic shapes.
**Diez sorpresa**  
Stéphane Kiehl

**Summary**  
A bird is just a bird, but alongside a bear, a dynamic duo is born, if a dog joins them, they'll be a team of three. Soon, there will be 10 in their ranks. In order to grow, a surprise is in store. An engaging story by/with Stéphanie Kiehl, who provides a great twist to a popular topic.

**Contributor Bio**  
Stéphane Kiehl studied at the School of Fine Arts in Nancy. He works as an illustrator for magazines, publishers and PR agencies. He's also produced animation films and picture books for children. His books are dreamlike with minimalistic shapes.

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**¡Guau! ¡Guau!**  
Ladybird Books Ltd

**Summary**  
Large format book with rhymes and simple texts, bright colors and varied textures that invite little ones to experiment through touch and sight. Touch and name the nice animals that make everything muu and graa!

**Contributor Bio**  
Ladybird Books is a London-based publishing company, trading as a stand-alone imprint within the Penguin Group of companies. The Ladybird imprint publishes mass-market children's books.
¡Cucú!
Ladybird Books Ltd

Summary
Large format book with rhymes and simple texts, bright colors and varied textures that invite little ones to experiment through touch and sight. Who is hiding behind the flaps?

Contributor Bio
Ladybird Books is a London-based publishing company, trading as a stand-alone imprint within the Penguin Group of companies. The Ladybird imprint publishes mass-market children's books.

¡Piip!¡Piip!
Ladybird Books Ltd

Summary
Large format book with rhymes and simple texts, bright colors and varied textures that invite little ones to experiment through touch and sight. Touch and name the colorful vehicles that make moc 'niinoo and ruum!

Contributor Bio
Ladybird Books is a London-based publishing company, trading as a stand-alone imprint within the Penguin Group of companies. The Ladybird imprint publishes mass-market children's books.
**Juega-libro**
Ladybird Books Ltd

**Summary**
Large format book with rhymes and simple texts, bright colors and varied textures that invite little ones to experiment through touch and sight. Play with the senses and explore colors, textures and shapes!

**Contributor Bio**

Ladybird Books is a London-based publishing company, trading as a stand-alone imprint within the Penguin Group of companies. The Ladybird imprint publishes mass-market children's books.

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**Minino y la luna**
Merixxell Martí

**Summary**
A full moon is a good occasion to observe and marvel. Minino is a playful cat who’s curious about the world. Will you join him? This book includes mobile mechanisms that reveal the magic of little moments.

**Contributor Bio**

Merixxell Martí is an artist, a composer, a musician, an award-winning author of more than 30 books, and an art and literature professor. She is the author of La isla de las 160 diferencias and Me llamo Mozart, as well as many other books.
Dinopop
15 increíbles pop-ups
Owen Davey

Summary
See how dinosaurs and prehistoric reptiles lived in this exciting pop-up book! It includes 15 dinosaurs in three dimensions, as well as attractive graphic design for young fans of these enormous creatures.

Contributor Bio
Owen Davey is a British illustrator. He graduated with a First Class Degree in Illustration from Falmouth University and his work has been published worldwide. His clients have included the New York Times, Microsoft, and Orange.

La magia polar
Sophie Ledesma

Summary
A few drops of water is all it takes for new friends to show up ready to play on the ice! Submerge this book in water and you'll see the colors of all the ice animals. It includes a bath toy!

Contributor Bio
Sophie Ledesma is an illustrator who creates children’s books and games, greeting cards, and posters. She has a degree from l'ESAG Penninghen in Paris.
La gallina de los huevos de oro
Margarita Ruiz

Summary
Grownups and kids can share in this adventure-filled journey through classic stories that are as good and enchanting as ever. Get excited by these traditional stories and the contagious magic of an imaginary universe that captivates all readers.

Contributor Bio
Margarita Ruiz is the illustrator of the Troquelados clásicos series.

Rapunzel
Margarita Ruiz

Summary
Grownups and kids can share in this adventure-filled journey through classic stories that are as good and enchanting as ever. Get excited by these traditional stories and the contagious magic of an imaginary universe that captivates all readers.

Contributor Bio
Margarita Ruiz is the illustrator of the Troquelados clásicos series.
**El zapatero y los duendes**  
Óscar Julve

**Summary**  
The popular stories in this series have been adapted for young readers and include captivating illustrations that introduce children to reading through timeless tales and characters.

**Contributor Bio**  
Óscar Julve is a Catalan artist and illustrator.

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**El pastor mentiroso**  
Maria Laura Brenlla

**Summary**  
A young shepherd looked after his flock of sheep, but he found it to be a dull task. One day, out of boredom, he yelling: “Wolf!” The villagers hurry to lend a helping hand . . . but where is the wolf?

**Contributor Bio**  
Maria Laura Brenlla Gobbi began her studies in art at the Peña Academy. She obtained a scholarship to study at Madrid’s School of Fine Arts, and later specialized in animated art. She has worked SPA studio under Fernando Moro.
La princesa y el guisante
Jana Glatt

Summary
There was a prince who wished to marry, but he wouldn’t settle for just any bride. He sought a true princess. Though he traversed the world to find her, his search was in vain. Then, on a night after a storm, a young woman arrives at the palace. Could she be his true princess?

Contributor Bio
Jana Glatt was born in Rio de Janeiro, where she worked for museums and the 2016 Olympics through the Tátil Design Co. She moved to Barcelona to pursue a Master’s in children’s illustration. In 2014, she illustrated the book, Declaración de Amor, published by Guarda-chuva.

Ricitos de oro
Flavia Zorrilla

Summary
Goldilocks is a curious girl who stumbles onto a cabin inhabited by three bears. She discovers three bowls full of porridge; they are small, medium and large in size… Can she resist, or will her curiosity get the best of her?

Contributor Bio
Flavia Zorrilla started her career as a graphical designer and then became an illustrator. She holds a master's degree in Children's Book Illustration from Anglia Ruskin University in Cambridge.
**Bob y sus amigos**

Marc Clamens, Laurence Jammes

**Summary**

Bob and his contrabass are moving house. Listen to the new melodies that Bob discovers in this very musical neighborhood! Download the full song at the end of the book, compose by Jules Bikôkô, a member of Macaco!

**Contributor Bio**

**Marc Clamens** is a French illustrator and artist. He studied applied arts at the Boulle school and later worked as an art director for a Paris communications agency. His work appears in media outlets and children’s magazines.

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**¿Dónde está mi jersey?**

Nicola Slater

**Summary**

Rudy can’t find his favorite sweater. He’s looked everywhere: inside the house, outside, and in the apartments upstairs and downstairs. In the kitchen, in the bathroom, here, there . . . where could it be? This enchanting story has flaps, pages with cutouts, and numbers to count.

**Contributor Bio**

**Nicola Slater** is a British illustrator. She has published numerous books in the UK and US.
# Pequeña bailarina

**Patricia Geis**

## Summary
Help Little Cat achieve her dream: becoming a ballerina! This interactive book includes flaps, dancers, musicians, and a grand pop-up scene for the end-of-the-year festival!

## Contributor Bio
**Patricia Geis** studied graphic design at EINA University in Barcelona and graduated with a BA from the New York Institute of Technology. She is the author of more than 40 children's books and has been published in Spain, France, the UK, the USA, Korea, and beyond.

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# ¿Quién ha sido?

**Jaume Copons**

## Summary
Rosa always gets blamed when someone misbehaves. But she's very observant and knows how to find the real culprits. Will you be able to discover who it was? Play case by case and find the culprit by carefully observing the scene. Can't figure it out? Just pull the flap and find the solution!

## Contributor Bio
**Jaume Copons** is a former instructor of language and literature, a screenwriter who has worked on Los Lunnis and Sesame Street, and the author of many children's books. **Liliana Fortuny** is an illustrator and an animator.
**Minino y la lluvia**

**Meritxell Martí**

**Summary**
A stormy day is a good occasion to observe and marvel. Minino is a playful cat who’s curious about the world. Will you join him? This book includes mobile mechanisms that reveal the magic of little moments.

**Contributor Bio**

**Meritxell Martí** is an artist, a composer, a musician, an award-winning author of more than 30 books, and an art and literature professor. She is the author of *La isla de las 160 diferencias* and *Me llamo Mozart*, as well as many other books.

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**¡Si no comí nada!**

**Mar Benegas**

**Summary**
Wolf has a stomachache and is being looked at by the doctor. "But I didn’t eat anything!" he says, offended. Maybe a few fairies. And that commotion? It’s the three little pigs! And where are those grandmas coming from? The doctor is shocked to see the whole procession. Lift up the flaps to see who’s hiding in the wolf’s enormous stomach!

**Contributor Bio**

**Mar Benegas** is a poet, writer, and author of children’s books. She is the coordinator of children’s poetry for the children’s literature non-profit, Atrapavientos, and has led numerous creative workshops and projects across Spain.
**Abracadabra**

Marta Comín

**Summary**

Daniel got the best birthday present in the world: his grandfather's magic briefcase! What tricks is it hiding? What surprises does it contain? Close your eyes and make a wish. This book is full of magic!

**Contributor Bio**

Marta Comín is a Spanish writer and illustrator. She holds a degree in fine arts from the Polytechnic University of Valencia. In 2016, she published her first picture book, *Pelos*.

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**¡Viajeros al tren!**

Àngels Navarro

**Summary**

Coco, Leo, and Panda get invited to a birthday party for a friend who lives in the mountains. But how will they get there? By train, of course! They get to the station, buy their tickets, look for their train car, and full steam ahead! Pull the tabs, lift up the flaps, and learn what a train is like inside. Bon voyage!

**Contributor Bio**

Àngels Navarro is a Catalan play therapist and psychomotor education specialist. She has written more than 90 books and produced television programs and online games.
¡A la luna!
Ladybird Books Ltd, Allison Black

Summary
Travel to space in this interactive adventure based on the Apollo moon landings. From takeoff to the return to earth, this nonfiction book with tabs and flaps will foster curiosity in intrepid readers. The great big world can be little, too!

Contributor Bio
Allison Black is an American illustrator.

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Mi primer memory. Los pequeños animales
Manu Callejón

Summary
This board book offers five memory games to help kids learn the names of cute animals from five different environments: the countryside, the pond, the forest, underground, and at nighttime. Each left-side page has a scene with plenty of observation activities, while the right side presents a memory game with four pairs of cards to match.

Contributor Bio
Manu Callejón is a Spanish graphic artist and freelance illustrator. He has a background in fine arts and has specialized in the role of new technologies in applied arts. He has worked as an art director and graphic designer for various studios and advertising agencies in Madrid, Bilbao, and Granada.
Las formas del señor Bear
Virginie Aracil

Summary
This book teaches young readers to recognize shapes in Spanish and English. It includes an appendix at the end with game pieces to play with numbers and basic shapes.

Contributor Bio
Virginie Aracil is a French designer with a background in law. She holds a degree from the École Supérieure de la Mode (ESMOD) in Paris and now works with fashion houses, media outlets, and trend-forecasting agencies.

Los números del señor Bear
Virginie Aracil

Summary
This book teaches young readers to count in Spanish and English. It includes an appendix at the end with game pieces to play with numbers and basic shapes.

Contributor Bio
Virginie Aracil is a French designer with a background in law. She holds a degree from the École Supérieure de la Mode (ESMOD) in Paris and now works with fashion houses, media outlets, and trend-forecasting agencies.
Un vuelo de la rama al cielo
Olivia Cosneau

Summary
Six baby birds have hatched and grown. They prepare to take flight and leave the nest... A wonderful pop-up full of birds that are ready to spread their wings.

Contributor Bio
Olivia Cosneau holds a fine arts degree and has worked as an illustrator in distinct fields such as the news, editorial, and the textile sector. She has illustrated and written over a dozen books, including Adopt Me! Chihuahua and Birds of the World.

Gala y Patitas en el circo
Marc Clamens, Laurence Jammes

Summary
Paws is Gala’s playful dog. He leaps onto the circus stage and takes part in acrobatics, magic tricks and clown acts. Enjoy a pop-up full of circus fun!

Contributor Bio
Marc Clamens studied applied arts at the École Boule and specialized in comic illustration and graphic design at the Duperré School of Applied Arts, both in Paris. He works in children’s publishing and magazines and is most known for La tropa de trapo. Laurence Jammes studied textile design at the École Boule and the Duperré School of Applied Arts. He began his career as a children’s fashion illustrator and now specializes in children’s books and animated films, collaborating with Clamens.
### ¡Hola emociones!

**Susaeta Publishing**

#### Summary

This book leaves adults on the outside as mere spectators; enter a child’s world, where siblings Sofia and Pablo, along with their parents, live out varying circumstances in their daily happenings. Experience sadness, envy, joy, frustration, and love from a heartwarming perspective.

#### Contributor Bio

**Susaeta Publishing, Inc.,** is a publisher of Spanish-language books based in Madrid, Spain.

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### Las 10 maravillas del mundo para niños

**Sophie Crépon**

#### Summary

A children’s book full of fun facts and striking images of 10 of the world’s wonders. It illustrates the features that have made these architectural marvels a part of history. You’ll also find a short bio about the creators of these wonders, and much more! Learn about the pyramid of Chichén Itzá, the Eifel Tower, the Coliseum and Taj Mahal.

#### Contributor Bio

**Sophie Crepon** is an independent journalist for *Histoire & Jeux* and *Les Cahiers de Science & Vie*. She is also a young adult/children’s author.
Las 10 mejores pinturas para niños
Sophie Crépon

Summary
In this book, you’ll find the motivation behind each artist’s work, information about each painter, and wonderful anecdotes. This work depicts photographs of paintings and illustrations, which allow you to understand the essence of art and how to nurture and cultivate it in children.

Contributor Bio
Sophie Crepon is an independent journalist for Histoire & Jeux and Les Cahiers de Science & Vie. She is also a young adult/children’s author.

Los viajes perfumados
Pequeñas y grandes historias del mundo de las flores
Dimitri Delmas, Amélie Fontaine

Summary
Scented Voyages narrates the search, discovery and commercialization of flowers throughout the world, all in an effort to create perfumes, medicines and culinary dishes during the age of European exploration. An original book that takes us through history with humor and adventure.

Contributor Bio
Dimitri Delmas writes and illustrates colorful books. They entice the imagination while taking readers on journeys all over the world. Amelie Fontaine graduated from the School of Decorative Arts in Paris, where she specialized in etching and screen printing. She has illustrated for several children’s picture books.
Luz propia
Un libro sobre seres que brillan
Franz Anthony, María Emilia Beyer

Summary
What better way to portray bioluminescent creatures of the sea, earth, and sky than in a glow-in-the-dark book? Scientific researcher María Emilia Beyer reveals the truth about these animals that produce their own light using special substances, as well as how they use this ability to search for food, defend themselves from prey, communicate, and find a mate. Readers will find eight species of bioluminescent plants and animals and can turn out the lights to see them in all their splendor—and read special hidden text!

Contributor Bio
María Emilia Beyer is a scientific researcher with a background in biology and the philosophy of science. She is the author of various books for children. Franz Anthony is a graphic designer and illustrator who heads the paleoart studio 252 Million Years.

Chamarilero
Lourdes Gutiérrez

Summary
The chamarilero is a young muchacho who sells chácharas, smokes like a chacuaco, treats his friends to chupirules and never fails to amuse everybody with his chango. With the help of the merry chamarilero and 95 other words containing the digraph ch, this fun book will help young readers unleash their imagination and learn some fun new words in the process.

Contributor Bio
Lourdes Gutiérrez is a teacher and short-story writer. A passionate advocate of children’s literature, she facilitates lectures on reading in childhood for parents and teachers alike. For the past 12 years she has coordinated a literary workshop for children. She is the author of many children’s books, including La fortuna de Bertha and Hache.
Gimoteo

Lourdes Gutiérrez

Summary
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Hache

Lourdes Gutiérrez

Summary
Tired of being humiliated and neglected, the letter H decides to perform an impressive feat to become the heroine of the Villa de Letras where she lives with the rest of the letters in the Spanish alphabet. By inviting young readers to consider what would happen if all the h’s were to disappear one day, this book provides an opportunity for both amusement and language learning.

Contributor Bio
Lourdes Gutiérrez is a teacher and short-story writer. A passionate advocate of children’s literature, she facilitates lectures on reading in childhood for parents and teachers alike. For the past 12 years she has coordinated a literary workshop for children. She is the author of many children’s books, including La fortuna de Bertha and Hache.
**Lulú ya no quiere ser princesa**
Loreto Corvalán

**Summary**
Why would a pampered young princess decide that she no longer wants to be one? With its beautiful illustrations and light, entertaining dialogue, this book offers a fantastic opportunity for encouraging young children and beginning readers to approach reading with confidence—and, in the process, discover a good reason or two why anybody should want to stop being a princess.

**Contributor Bio**
Loreto Corvalán is a Chilean illustrator and visual artist living and working in France. After obtaining a diploma in artistic expression at the Toulouse School of Fine Arts, she went on to complete a postgraduate degree at the School of Fine Arts in Nantes. Her illustration work has been featured in books, magazines, and newspapers. Her paintings have been exhibited in many art galleries in Chile and France.

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**La pequeña niña que siempre tenía hambre**
Yasbil Mendoza Huerta

**Summary**
All day and all night, the young protagonist in this story complains that she is hungry. "I'm hungry!" she declares in the morning. "I'm hungry!" she repeats shortly after. "I'm hungry!" she complains in the evening. Will there be anything that can possibly satisfy the voracious appetite of this little girl?

**Contributor Bio**
Yasbil Mendoza Huerta is a musician and anthropologist. She holds a degree in linguistics from Mexico's National School of Anthropology and History, and she completed her musical education at the National Autonomous University of Mexico. She has participated as a lecturer in several seminaries and congresses on anthropology, both in her native Mexico and abroad.
**Fuiste vos, robot**
Ignacio Bustos, Franco Vaccarini

**Summary**
¿Quién cometió todas las travesuras en esta historia? Todo indica que fue Juanjuajo, un robotito de lata, simpático y compañero de juegos del niño que protagoniza este relato. ¿Pero será así? Un cuento que con humor y fantasía nos habla acerca de una situación habitual en los niños y niñas que se hacen pis en la cama.

Someone has been playing mischief, and all fingers point Juanjuajo, the friendly tin robot who is the faithful sidekick of the little boy in this story. But... is Juanjuajo really behind all the funny business? With the aid of humor and a dash of fantasy, this book provides an opportunity to touch on the potentially delicate yet perfectly normal subject of bed-wetting in boys and girls.

**Contributor Bio**
Ignacio Bustos is an artist and illustrator. His body of work explores a wide range of styles and genres, from comics and graphic novels to illustrations for infants. Some of the books he has illustrated include Bukowski: 5 cuentos adaptados and Saki’s Cuentos con humor (negro). Franco Vaccarini is the author of more than eighty books, including forty young adult novels in a variety of genres including science fiction, fantasy, and crime fiction.

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**El chancho pintor**
Fernando De Vedia, Ernesto Guerrero

**Summary**
¡Bienvenidos a La Soleada! Una granja muy especial en la que vive un chancho pintor distinto de todos los chanchos de todas las granjas conocidas. El protagonista adora el arte y pintar bellos cuadros de sus amigos de la granja, pero ¿qué le estará sucediendo que todos elogian su talento, pero ninguno le compra un cuadro? Un relato con un remate sorpresivo que despertará la risa de todos los lectores.

Welcome to La Soleada! On this very special farm lives a pig unlike any other, for he is a painter. Our pig friend adores art and creating beautiful portraits of his farm companions, but how come everybody praises his talents yet no one buys any of his paintings? The surprising ending to this heart-warming tale is sure to spark a good laugh.

**Contributor Bio**
Fernando De Vedia is the author of more than seventy books. His prolific body of work encompasses short stories, novels, textbooks, and adaptations of classic literature, and is infused with humor, suspense, and sensibility. Ernesto Guerrero is a children's and young adult book illustrator who has collaborated with some of the most renowned publishing houses in his native Argentina.
**Cuentero**
Valentín Rincón, Alejandro Magallanes

**Summary**
The art of storytelling is a centuries-old tradition, a reflection of our human need for telling and being told new and interesting stories. Honoring that tradition, this book offers readers a diverse compilation of short stories by various Mexican authors, touching on subjects from love and friendship to animals, adventures, and more.

**Contributor Bio**
**Valentín Rincón** is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. **Alejandro Magallanes** is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.

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**Animalero**
Valentín Rincón, Alejandro Magallanes

**Summary**
From brief narrative texts and fables to poems and even coplas inspired by animals, this fun and educational compilation invites children to explore the animal kingdom through language. The book introduces readers to the concept of ‘onomatopoeia’ and includes many examples of different animal sounds, such as the sounds that flying animals make with their wings or the vocalization of whales. Young readers of these pages will learn many interesting facts, such as the names for referring to the offspring of different kinds of animals and what their different lairs are called.

**Contributor Bio**
**Valentín Rincón** is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. **Alejandro Magallanes** is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.
Así de simple
Antonio Malpica, Roger Ycaza

Summary
A Zek le gusta, simplemente, explorar el universo. Va de galaxia en galaxia, simplemente visitando nuevas estrellas y nuevos planetas. Como es muy curioso, lo hace feliz simplemente estrechar las manos de seres que, bueno, a veces ni siquiera tienen manos. Pero cuando llega a la Tierra las cosas se ponen un poco complicadas. Por suerte Zek es muy decidido, y aunque le tome varios viajes y unos cientos de años, consigue hacer amigos en este curioso planeta con ayuda de los sonidos adecuados.

Simply put, Zek likes exploring the universe. He goes from galaxy to galaxy just visiting new stars and planets. Since he’s very curious, it makes him happy just to shake hands with beings who, occasionally, don’t even have hands. But when he arrives on Earth, things become a little complicated. Luckily Zek is very determined, and even if it takes him several trips and a few hundred years, he’ll manage to make friends on this strange planet with help from the right sounds.

Contributor Bio
Antonio Malpica is a Mexican author of children’s books. His awards include the Rosario Castellanos award for short novels, the Manuel Herrera award for dramaturgy, Mexico’s national award for children’s theater, and the Una Vuelta de Tuerca novel award. In 2015, he became the first Mexican author to earn the Premio Iberoamericano SM for children’s literature. He has published more than 50 books, including #MásGordoElAmor and the El Libro de los Héroes series.

¡Accidente!
Andrea Tsurumi

Summary
Disaster! Calamity! Catastrophe! When Lola accidentally stains an armchair in her house, she decides that the best option is to run away to the library, where she hopes no one will find her. Along the way, she sees one catastrophe after another: a broken swing, a destroyed hose, a car crash . . . the city is full of chaos! Will there by a resolution to all these disasters—or are they just accidents?

Contributor Bio
Andrea Tsurumi is an American author, illustrator, and caricaturist. She holds degrees from Harvard University and the School of Visual Arts. She has illustrated books and comics for children and adults, and worked with clients including The New York Times, Penguin Random House, and Bloomsbury Children’s Books. Her book Crab Cake was named one of the best children’s books of 2019 by Publishers Weekly.
El rey y la semilla
Juan Pablo Caro

Summary
The Emperor wishes to find a husband for his daughter. Suitors come to his palace. The man that is able to grow the most beautiful plant from a seed given by the king will win. The men return with beautiful plants. One seed has failed to grow; yet, its owner arrives at the palace with an empty pot. Though he is laughed at, he emerges the victor. The Ruler had handed every candidate a sterile seed. In the end, he chose the most honorable man for his daughter.

Contributor Bio
Juan Pablo Caro is an illustrator and teacher at Escuela de Arte Sótano Blanco, where he was also a student of José Sanabria. He is an illustrator at several PR agencies, magazines and publishers.

Amaryllis
Germán Machado, Anna Aparicio

Summary
Amaryllis is a charismatic plant that likes to traverse through the forest when the summer ends; all while making friends during an audacious journey in which adventure and peril must be encountered to go beyond the limits others have set.

Contributor Bio
German Machado owns a bookstore, El Petit Tresor. He is a bookseller, writer and cultural promoter. His works are for children and adults: stories, poems and picture books. He has received notable awards, such as: Premio Poesía de Asociación de Literatura Infantil y Juvenil de Argentina. Anna Aparicio is a fine arts graduate. She specializes in children’s and young adult literature. Her work centers on albums and illustrations. Her accolades include Valladolid Ilustrado, Iberoamérica Ilustra and Golden Pinwheel Young Illustrator Award.
**Cosas que vienen y van**
Beatrice Alemagna

**Summary**
In life there are lots of things that come and go, transform, or get left behind. It happens to everything . . . except this. This book deals with life changes and the passage of time with a great deal of sensitivity. To reinforce the message, each scene includes a page with special paper that invites us to witness the transformation.

**Contributor Bio**
Beatrice Alemagna studied graphic design and photography in Urbino, Italy. She earned her first illustration award at the Salon du Livre in Montreal in 1996. She has lived in France since 1997, working as an author and illustrator. Her work incorporates elements such as collage, painting, photo-montage, ink, sewing, felt, and buttons.

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**Mi amigo futbolista**
Edward van de Vendel, Alain Verster

**Summary**
On the day of his birthday, Mateo receives two wonderful gifts: a ball and a baby pig. The piglet’s name is Barto. When Mateo sets out to play soccer, Barto follows. That’s what you do when you’re a soccer-loving piglet.

**Contributor Bio**
Edward van de Vendel has written over 50 books: non-fiction, young adult novels and poetry. The acclaimed Dutch writer has also created several picture books with Flemish illustrators. He’s won the Deutscher Jugendliteraturpreis and the Woutertje Pieterse awards. Alain Verster makes collages that induce nostalgia. He uses old photographs and combines them with crepe ribbon, pencil, acrylic and oil paints to create sober and comical illustrations. His debut work “La paloma que no podia bucear” has been translated into 5 languages he has also received the Boekenpauw Reader award.
**Pequeño manual de la amabilidad**
Francesca Pirrone

**Summary**
A small book about kindness and friendship. It’s easy to be kind; all it takes is a thank you, a smile, or courteousness. When you’re kind, others are kind.

**Contributor Bio**
*Francesca Pirrone* is a painter and illustrator. She graduated from the Academy of Fine Arts in Florence. She has written tactile books for Federación Italiana de Ciegos; two of those books have received awards from Tactile Publishing.

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**Uno**
Esther Merchán-Montero

**Summary**
A journey from the microcosm to the macrocosm that offers readers a shift in perception. This book addresses life’s infinite cause and effect chain reactions. You’ll find stunning images that have been recreated in various shapes, patterns and textures that are found throughout nature.

**Contributor Bio**
*Esther Merchán-Montero* is a fine arts graduate from the University of Salamanca. She studied illustration at Bournemouth & Poole College of Art and Design. She works as a freelance illustrator for several international publishers, and magazines.
Mira, mira ¿qué ves?
Àngels Navarro

Summary
The brain is considered the most complex machinery in existence. It’s the control center for everything we do. But is it truly a perfect machine? Before you answer, take a look at this book and find out how our brain can sometimes deceive us!

Contributor Bio
Àngels Navarro is a Catalan play therapist and psychomotor education specialist. She has written more than 90 books and produced television programs and online games.

El cuerpo humano por dentro
Maria Cristina Junyent

Summary
Inside your head, your brain is like an orchestra conductor. You can use the commands it sends out to discover how your body functions. Lift the flaps in this visual guide full of curiosities and anecdotes to discover how your body works inside!

Contributor Bio
Maria Cristina Junyent is a Spanish author.
**El cuerpo humano por fuera**

*Maria Cristina Junyent*

**Summary**
The environment you live in gives you what you need, but you have to really know what’s around you. Through sight, hearing, and the other senses, you can understand what’s going on outside your body. Lift the flaps in this visual guide full of curiosities and anecdotes, and discover how the body works from the outside!

**Contributor Bio**
*Maria Cristina Junyent* is a Spanish author.

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**El sol y los planetas**

*Patricia Geis*

**Summary**
A pop-up book for those who are crazy about outer space. Learn about stars in a practical and experimental way. Discover how our own solar system brings us life, right here on Earth.

**Contributor Bio**
*Patricia Geis* is a graphic designer and illustrator. She has written and illustrated 40 books in her native Spanish.
El libro más bonito de todos los colores

Tom Schamp

Summary

Did you know that a plane’s black box is orange? Or that the blue pen is a French invention? Or that male shovelers ducks have green heads? If you want to find out the connections that music, sports, food, animals, and storybook characters all have with colors, join Otto and his friend Leon on their journey in this book.

Contributor Bio

Tom Schamp is a Belgian artist. After graduating from Sint-Lukas Brussels University College of Art and Design, he studied graphic arts in Poznan, Poland.

Tú eres un cielo azul

Antonio Adánez

Summary

Vera is a lively and inquisitive child who asks herself how she is connected to the world around her—a question that sends her on a journey for answers. This is a story for readers of all ages that takes a light-hearted approach to the intuitive and philosophical nature of meditation; a wonderful teaching tool that inspires wisdom.

Contributor Bio

Antonio Adanez is an educator and primary school director. He teaches emotional education and conducts meditation workshops.
**Al sur**
Sofía Venzel

**Summary**
The lighthouse keeper told his son, that in the south, everything was backwards. One day, his son raised his sails and headed south. The journey was long, but finally, he reached his destination. He had arrived back at his beloved lighthouse.

**Contributor Bio**
**Sofía Venzel** studied Philology at the State University of Saint Petersburg. In 2014, her travels took her to Spain, and in 2016, she earned a master’s degree in book illustration and animation. She was selected to participate at Bologna’s Muestra de Ilustradores Fair.

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**Kayum Mapache**
Luis Antonio Rincón García

**Summary**
Deep within the dense Lacandon jungle, under the shelter of a chicozapote tree, an intrepid Lacandon boy named Kayum rescues three baby raccoons from the jaws of a fierce puma. Little did he know that, from that moment on, his life would become more complex and more beautiful. In the company of his new ring-tailed friends, Kayum will embark on a series of exciting adventures that will teach him the value of animals, nature, and community.

**Contributor Bio**
**Luis Antonio Rincón García** studied communication sciences at the University of the Américas and received a master's degree in communication management at the National University of La Plata in Argentina. He has published several children's books as well as a few novels. He is also a winner of the International Inventions contest in 2014.
Animales en peligro
Un mundo de especies amenazadas
Tom Frost, Martin Jenkins

Summary
Deforestation, hunting and global warming have endangered countless species. The orangutan, okapi, giant panda and the blue whale are just some of the 30 species on the brink of extinction that are featured in this book. They need your help. The International Conservation Society illustrates how many of these species are left in the wild, and the latest status regarding their natural environment. You'll learn how you can aid endangered species and help sustain the ecosystems that give them life.

Contributor Bio
Tom Frost graduated from Falmouth Art College in 2001, since then, he's worked a publisher and illustrator in his native Bristol. He collects old matchbooks, folkloric art, miniature toys and books. Martin Jenkins worked at World Conservation Monitoring Centre for 10 years, where he was a conservation writer. Since 1990, he's worked as an independent writer for WWF (World Wildlife Fund) and other related organizations.

¿Quién le teme a las momias?
Fleur Daugey, Sébastien Mourrain

Summary
When people hear the word mummy, they usually think of a body covered in Egyptian-style bandages. But that was just one of the many cultures that mumified their dead: the Chinchorro, Incas, and Chinese each did so in their own way. This informative book combines science with playful illustrations to teach readers about all kinds of mummies.

Contributor Bio
Fleur Daugey is a biologist who specializes in animal behavior. Her involvement in animal protection efforts has also led her to journalism and scientific research. Her books include La vida amorosa de los animales. Sébastien Mourrain is a designer and illustrator of books for children and adults. He currently works at a collective artist workshop.
**El encargo**
Claudia Rueda

**Summary**
Hubo una vez un emperador que amaba a los gallos por sobre todas las cosas. Así que un día decidió llamar al mejor artista del imperio para que le pintara uno. El artista aceptó con gusto el encargo, pero las cosas comienzan a complicarse cuando el tiempo pasa y pasa y la entrega no llega... Esta historia popular se convierte en un estudio sobre el arte de hacer libros ilustrados, construido a partir de bocetos y diversas aproximaciones a las imágenes y los textos.

*Once upon a time, there was an emperor who loved roosters more than anything. One day, he decided to call upon the greatest artist in the empire to paint him one. The artist accepted his order happily, but things started to get complicated as time went on and the painting still hadn’t arrived. This popular story is also a study about the art of creating picture books through outlines and various approaches to text and image.*

**Contributor Bio**
*Claudia Rueda* is a Colombian author and illustrator with a background in law and art. She has written and illustrated more than 10 books, some of which were originally published in English. She was a finalist for the Society of Children's Book Writers and Illustrators award in 2002 and 2003. Her books include *A Veces*, *Formas*, and *Letras Robadas*.

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**Cómo atrapar a un elefante**
Vanessa Westgate

**Summary**
In order to catch an elephant you have to know where to look. This is a charming story about a boy that sets out to find a pet elephant. Except, catching an elephant may not be as easy as it seems.

**Contributor Bio**
*Vanessa Westgate* has been a textile designer, photographer, travel blogger, potter, painter, geographer and ecologist. She is a member of SCBWI and graduated from UCLA’s Summa Cum Laude in 2007, with a degree in geography.
**Los carteros del espacio**
Jaume Copons, Liliana Fortuny

**Summary**
Hey! I’m Agus Pianola. You might know me already, right? So then you’ll also know that I’ve been sharing readings and extraordinary moments with Mr. Flat and his band of monsters for a long time. This time, Dr. Brot has really gotten into a pickle: he’s decided to launch projectiles into space carrying a message saying that the earth is a very dangerous place that needs to be destroyed. Can you imagine? Luckily, the three space mailmen are still there and can help us intercept these dangerous letters. Ready? Special mission, blast off!

**Contributor Bio**
Jaume Copons is a former instructor of language and literature, a screenwriter who has worked on Los Lunnis and Sesame Street, and the author of many children’s books. Liliana Fortuny is an illustrator and an animator.

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**Murciélagos**
Aprendiendo a volar
Falynn Koch

**Summary**
Un pequeño murciélago marrón se pierde en el desierto de Sonora, y mientras busca insectos que comer se encuentra con unos humanos asustadizos que le rompen un ala. Así, este mamífero termina en un hospital de murciélagos donde conocerá a muchos primos suyos. Se sorprenderá al descubrir que unos liban néctar, algunos comen fruta, otros insectos o peces. De especie en especie Pequeño Marrón se dará cuenta de que cada grupo de murciélagos es importante para su ecosistema, pues ayudan a polinizar flores, dispersar semillas o controlar plagas. Además, aprenderá cómo ha evolucionado la relación entre los murciélagos y los humanos y ayudará a los jóvenes lectores a perderles el miedo y apreciar a estas extraordinarias criaturas.

A little brown bat gets lost in the Sonora desert. While looking for insects to eat, he encounters some frightened humans who break one of his wings. He ends up in a bat hospital, where he meets a whole bunch of his cousins. He’s surprised to find that some sip nectar, some eat fruit, and others enjoy insects or fish. He comes to realize that each group of bats is i...

**Contributor Bio**
Falynn Koch is an author, illustrator, and former food truck operator.
Mundo Dino
Colorea los ecosistemas
Lluís Sogorb

Summary
This large-format coloring page includes many of the dinosaurs that once inhabited earth—including some as special as the velociraptor, diplodocus, and brachiosaurus. The ecosystem they lived in was mostly tropical. The poles didn’t exist, and they lived on all the continents. This collection of coloring murals helps kids discover the natural richness of various ecosystems.

Contributor Bio
Lluís Sogorb is a Spanish illustrator and designer with 30 years of experience. In 1995, he began illustrating the Navarre’s regions annual ornithology books. In 2013, one of his illustrations won the Gaditana Society of Natural History’s Nature Illustration Contest.

Viaje al centro de la Tierra
Matteo Berton

Summary
Journey to the Center of the Earth has been adapted into a graphic novel by Matteo Berton. Otto Lidenbrock and his nephew, Axel, are able to decipher a mysterious parchment. They travel to the center of the earth through a dormant volcano in Iceland. They follow a dangerous subterranean route, mapped out by a XVI century Icelandic alchemist.

Contributor Bio
Matteo Berton is an illustrator from Pisa. Currently, he resides in Bologna. His work has received the New York Illustrator’s Society award and was a standout at Bologna’s Children’s Book Fair.
Frank Lloyd Wright ¡Mira qué artista!
Patricia Geis

**Summary**
Take an interactive trip through the work of architect Frank Lloyd Wright. This exciting pop-up book has three-dimensional windows and buildings, as well as flaps, tabs, and an art activity to help young readers learn about the life and work of this incredible architect.

**Contributor Bio**
Patricia Geis studied graphic design at EINA University in Barcelona and graduated with a BA from the New York Institute of Technology. She is the author of more than 40 children's books and has been published in Spain, France, the UK, the USA, Korea, and beyond.

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El perro de la princesa
An Swerts, Sassafras de Bruyn

**Summary**
Princess Jasmina loves butterflies, pastries, mangoes, the sound of waterfalls, white water lilies, and much more! Above all else, she loves her dog Amir. In turn, Amir loves her. One day, her beloved companion disappears.

**Contributor Bio**
An Swerts studied pharmacology and taught for ten years before pursuing a career in journalism. Today, she rights for the magazine Knack Bodytalk. Picture books are her primary passion. Sassafras de Bruyn studied at Escuela de Artes de Sint Lucas in Amberes. Since then, she’s worked as an illustrator and graphic designer at Kopergietery de Gante’s children’s and young adult theatre.
**Tengo un tanque de juguete**  
Pere Martí i Bertran, Núria Tomàs Mayolas

**Summary**  
An illustrated poem that describes how a child who always played war is shocked one day when watching real violence on television. The illustrations adopt different registers: they begin by describing a table with war toys from different eras, then they are transformed into images of violence on TV and then they represent a dreamlike and "pixelated" world, to end up realistically drawing those toys now transformed into more objects of peace. A reflection on the trivialization of war today.

**Contributor Bio**  
Pere Martí i Bertran is the author of more than thirty books.

**Historias o cuentos de otros tiempos con moralejas de Charles Perrault**  
Felipe Garrido, Gabriel Pacheco, Charles Perrault

**Summary**  
Child-devouring ogres, talking animals, fairies, beautiful princesses, and charming princes are but some of the fantastical characters that populate the beloved fairy tales in this beautifully-illustrated collection. Young readers will love to follow along in the extraordinary adventures of Bluebeard, the Sleeping Beauty, the Puss in Boots, and many other legendary heroes.

**Contributor Bio**  
Felipe Garrido is the award-winning author of more than 70 fiction, poetry, essay, and chronicle books. He has served as production manager at the Mexican publisher Fondo de Cultura Económica. **Gabriel Pacheco** is an illustrator. He studied stage design at the National Institute of Fine Arts and Literature in Mexico and received further training in drawing and human figure at the National Autonomous University of Mexico’s National School of Visual Arts.
Brujarella y la Diva
Iban Barrenetxea

Summary
She’s back, though perhaps forgotten by others in Terragris, she still remembers. She wants to be adored and immersed in the forest. Is that too much to ask? This time, the witches won’t stand in her way. First order of business: get rid of the witches.

Contributor Bio
Iban Beranetxea is a former graphic designer and currently an illustrator. He has illustrated over a dozen books and also been the author of three of them.

Unas personas
Jairo Buitrago, Manuel Monroy

Summary
Con textos que funcionan como telescopios hecho de palabras Jairo Buitrago nos invita a ver de cerca a trece personajes de la ciudad: un niño que heredaba la ropa de sus hermanos, un señor que habló una vez sobre "Moby Dick" con una chica que no volvió a ver, una señora que llevaba a su pato al cine... ¿Será que tras estas instantáneas un poco melancólicas, un poco surrealistas, se ocultan relaciones insospechadas trazadas por la mano magistral de Manuel Monroy? Un libro dulce y lleno de atmósferas que invita a ejercitar la observación y la empatía y que guarda una entrañable sorpresa final.

With texts that work as telescopes, Jairo Buitrago invites us to look closely at thirteen characters from the city: a boy who inherited his brothers' clothes, a man who once spoke about "Moby Dick" with a girl he never saw again, a lady who took her duck to the movies ... Could it be that behind these snapshots is a little melancholy, a little surrealism? This sweet story invites the reader to exercise observation and empathy, leading to a lovely surprise.

Contributor Bio
Jairo Buitrago is a writer, illustrator, and researcher of cinematographic subjects. He has been a screenwriter of children's programs and directs literature and film workshops for children in vulnerable situations. He won the White Raven Prize in Munich, Germany. He is also the author of Eloísa y los bichos and El señor L. Fante. Manuel Monroy studied graphic design at the Metropolitan Autonomous University. Throughout his career he has specialized in illustrations for children's books, cultural magazines and posters.
¿Llueves o haces sol?
Anna Font, Mireia Vidal

Summary
Look above you. What’s happening? Is it raining or sunny? Look inside you. What are you doing? Are you raining or sunny? Now, check out this story and you’ll see how everything we do has consequences for others.

Contributor Bio
Anna Font is a Spanish illustrator. Mireia Vidal is a Spanish author and writing professor. She has previously worked as a scriptwriter for films, television, and children’s cartoons.

La superviviente 2
La primera
Katherine Applegate

Summary
To learn if she truly is the last dairne in the world—the endling—Byx and her friends must travel into the snow-covered mountains of the country of Dreyland, where they hope to uncover the truth behind the legend of a hidden dairne colony. But the threat of war across the lands continues to grow with each passing day. As the group confronts untold dangers at every turn, they will ultimately uncover a treacherous plot that involves the other powerful governing species. With both her dreams and all the creatures of Nedarra on the brink of extinction, Byx and her friends are determined to never give up hope. Soon they find themselves the unlikely leaders in a simmering rebellion that risks everything they hold dear. Byx may be the last of her kind, but will she also be the first to lead the revolution?

Contributor Bio
Katherine Applegate is the author of The One and Only Ivan, winner of the Newbery Medal and a #1 New York Times bestseller. Her other books include the acclaimed Wishtree, Crenshaw, Home of the Brave, Sometimes You Fly, and the Roscoe Riley Rules series. She lives in California with her family.
**Extraños**
Ethan M. Aldridge

**Summary**
This wonderful graphic novel immerses us in the world of Edmund, a fairy and The Boy, a human boy; all of them were switched at birth, in keeping with the tradition of a town inhabited by ancient beings. Edmund must hide his growing powers in our human world. The Boy, who is nameless, is a pet in the magical world. But things change as Hawthorne, a wicked fairy, comes to power in the underworld. Both Edmund and The Boy must protect the underworld as they scramble to understand where they belong.

**Contributor Bio**
Ethan M. Aldridge studied art at Snow College, where he learned to perfect his drawing skills. As he grew, he developed a love for monsters and dinosaurs that captivated him. As he still finds motivation in these creatures, he continues to make a living as an artist in this genre.

**Perros y Gatos**
Patrick McDonnell

**Summary**
This volume is the second edition of comic strips that star Mooch, Earl and his charming friends. Meet new animals and journey alongside these pets and their humans. Patrick McDonnell knows how to shed light on the topic of conservation by teaching us how to cherish all animals in a comical and enjoyable manner.

**Contributor Bio**
Patrick McDonnell is a New York Times bestselling author and the recipient of multiple awards from the National Cartoonists Society for Outstanding Cartoonist of the Year and Newspaper Strip of the Year. A dedicated animal advocate and Genesis Award recipient, McDonnell regularly lends his talents to animal-protection groups and issues, including The Humane Society of the United States, where he serves on the national board of directors. He resides in New Jersey.
Juegos de palabras
Aarón Cruz

Summary
Aaron Cruz’ first publication was a fanzine; its timeless quality has established him as a wonderful cartoonist. His comic strips combine fantasy, romance and the mundane with a comedic and nostalgic touch that appeals to teens and adults. His drawings and colors denote the many influences that shaped him as an artist. His inaugural work is the test of a long and successful career. A book that will capture any reader’s heart.

Contributor Bio
Aaron Cruz is from Mexico, where he continues to reside. Though his love for drawing began when he was just a child, it wasn’t until he was 16 that he began to publish his work on Facebook as “Jaisenberg Cómics”. His first fanzine was published under the title Balloon Comics during Alianza Francesa’s second comic book fair.

El Porfiriato
Paola Morán

Summary
Despite unprecedented economic growth, the injustices and turmoil endured by Mexico over the course of Porfirio Díaz’s three-decade presidency would lead to the outbreak of that country’s biggest social revolution. In this profusely-illustrated history book for children, the events surrounded Porfirio Díaz’s mandate are narrated in a simple, clear style. The book’s profuse illustrations contribute to a didactic and comprehensive understanding of the Porfiriato. The supplementary charts and the timeline spanning the 1876-1911 period help organize and narrow down the most relevant facts in this crucial chapter of Mexican history.

Contributor Bio
Paola Morán is a history researcher and author. She has worked as a history researcher at the publishing house Editorial Clio, where she contributed to the creation of history books for the general public history, such as La ciudad y sus lago, Los sexenios de Enrique Krauze and the complete works of Francisco I. Madero. She has directed Fondo de Cultura Económica’s history collection and has served as a project coordinator at Editorial Clio. Some of her books include El Diario de Cristina and Rosenda y el extranjero.
La Época Liberal
Fabiola García

Summary
This compelling illustrated history book for children narrates the events surrounding one of the most conflictive times in Mexican history—the liberal period. In an accessible, engaging style addressed to a young audience, it described the dispute between liberals and conservatives. The book also provides charts and supplementary illustrations to make the reading experience even more interesting and amusing for children.

Contributor Bio
Fabiola García is a teacher of modern and contemporary history at the Mora Research Institute in Mexico City. Some of her books include La entrada de las tropas estadounidenses a la ciudad de México and El Daily Picayune de Nueva Orleans en los años del conflicto con México.

La Revolución Mexicana
Susana Sosenski

Summary
In this engaging history book for children, one of the most momentous events in Mexican history—the Revolution of 1910—is narrated in a pleasant and clear style. The illustrations depicting the events following the fall of Porfirio Díaz and the continued disputes over power between the Villista, Zapatista and Carrancista factions support a fun yet truthful approach to the history of Mexico. The graphics included in the book help young readers process the information and build an understanding of early 20th century Mexican history with ease and efficacy.

Contributor Bio
Susana Sosenski is a historian and academic specialized in the history of childhood in Mexico City. She holds a PhD in history from Mexico College. She is the author of several history books and articles. In 2008, the Mexican Committee of History Sciences distinguished her with the award to the best doctoral thesis in social sciences and the humanities. She is currently a researcher at the Institute of Historical Investigations of the National Autonomous University of Mexico.
La Independencia de México
José Manuel Villalpando

Summary
Written in a vivid and accessible style, this history book addressed to young readers focuses on one of the most relevant periods in Mexican history: that of the country’s strife for independence from Spain. In addition to its descriptive historical account, the book includes charts, illustrations, and a timeline of main events from 1808 through 1821 that help make the information even more entertaining and clear for children.

Contributor Bio
José Manuel Villalpando is a professor of the history of Mexican law. He was coordinator of historical research at the Mexican publishing house Editorial Clío, and he has contributed to the divulgation of Mexican history to the general public through a variety of media channels including radio, television, and print journalism. He received the National History Prize awarded by the Nuevo León Society for History and Geography. He is the author of more than 20 history books, including Batallas por la historia, Enseñanza del Derecho y vocación del abogado, and Maximiliano, el juicio de la historia.

Acertijero
Valentín Rincón, Alejandro Magallanes

Summary
Addressed to readers in a wide age range, Acertijero is a compilation of riddles, puzzles, and brain teasers that can aid in the development of language skills. It is also an excellent tool for readers to develop their analytical skills, as well their understanding and resolution of logical and mathematical problems.

Contributor Bio
Valentín Rincón is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. Alejandro Magallanes is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.
Leyendero
Valentín Rincón, Alejandro Magallanes

Summary
This compendium of traditional Mexican legends and folk stories is a valuable resource for any reader interested in learning more about popular tales derived from the Mexican oral tradition. The stories are accompanied by vivid illustrations that help the legendary characters come to life even more distinctly in the imagination of the reader. While mainly addressed to older children, younger readers can also enjoy these stories with the guidance of an adult.

Contributor Bio
Valentín Rincón is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. Alejandro Magallanes is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.

Adivinancero
Valentín Rincón, Alejandro Magallanes

Summary
This entertaining and educative book contains a rich compilation of traditional riddles, songs, and tongue twisters that have enriched popular Mexican culture for generations. It is a highly useful tool for the development of language competence, as well as an incentive to stimulate memory, analytical thinking, and problem-resolution skills.

Contributor Bio
Valentín Rincón is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. Alejandro Magallanes is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.
Trabalengüero
Valentín Rincón, Alejandro Magallanes

Summary
With a rich variety of illustrations to visually support the tales compiled from the Mexican oral tradition, this book encourages a deeper appreciation and knowledge of the Spanish language. It offers an entertaining collection of tongue twisters that, in addition to being amusing, provide an excellent opportunity to work on linguistics skills such as a better pronunciation and the development analytical reading style.

Contributor Bio
Valentín Rincón is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. Alejandro Magallanes is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.

Jueguero
Valentín Rincón, Alejandro Magallanes

Summary
This fun collection of games for children of all ages as well as adults stimulates learning, promotes cooperation, and helps unleash corporal expression. In this way, it is a healthy and recreational way to support communication and socialization. The games in the book also invite readers to employ mnemonic skills and develop their intellectual abilities.

Contributor Bio
Valentín Rincón is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. Alejandro Magallanes is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.
**Adivinancero Dos**  
Valentín Rincón, Alejandro Magallanes

**Summary**  
In addition to its rich collection of popular riddles, Adivinancero dos includes more than 100 original brain-teasers in verse to challenge readers and keep them engaged for hours. A companion to Adivinancero, this second volume also includes texts by the likes of Sor Juana Inés de la Cruz and Francisco de Quevedo, whose plays on words contain hidden references to well-known figures of their time.

**Contributor Bio**  
**Valentín Rincón** is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. **Alejandro Magallanes** is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.

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**Sinonimero**  
Valentín Rincón, Alejandro Magallanes

**Summary**  
Sinonimero is a valuable resource for children, parents, and teachers alike, choke-full with examples and exercises to aid in the learning and teaching of synonyms, the definition and uses of which are explained in a handy introduction. The book also includes a dictionary and a glossary of Náhuatl terms. By helping readers to develop and expand their knowledge of the Spanish language, this book constitutes a valuable tool for the development of linguistic competency and skill.

**Contributor Bio**  
**Valentín Rincón** is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles. **Alejandro Magallanes** is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally.
**Summary**
Words are the magical gift that allows us to express feelings and ideas, name things new and old, make up songs, tell funny jokes, and even talk nonsense. In this entertaining and educative book, readers will discover funny facts about words, become acquainted with their interesting origins, and even learn a thing or two to improve their language skills. Most importantly, readers will discover that each combination of sounds and letters has the potential to unleash a whole universe that they can carry with them at all times, at the tips of their tongues.

**Contributor Bio**

**Alejandro Magallanes** is an award-winning illustrator and graphic designer with a degree from the School of Art and Design of the UNAM. His illustrations have been recognized both in his native Mexico as well as internationally. **Valentín Rincón** is a musician, composer, and writer of songs for children. He is the founder member of the musical group Los Hermanos Rincón. In addition to writing his own short stories and radio broadcasts, he has also undertaken compilations of traditional rounds, poems, and riddles.

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**Jenny Tiburón**
Lisa Lundmark

**Summary**
The teacher always says: "Speak louder!" Her mother always says: "Don't be shy!" Her grandfather tells her: "Don't pay attention, silence is gold, beautiful." But Jenny would rather be stealthy and fierce, like a shark. When Jenny's mother works late at the hospital, Jenny stays with her friend Amina. Together they spend hours in silence, reading and drawing. Meanwhile, Jenny’s grandfather is mourning the death of his wife. Maybe Jenny and Amina can help him.

**Contributor Bio**

**Lisa Lundmark** is a children’s book author and has won the Slangbellan Award for the best debut in children’s book and the Nils Holgersson Award for the best children’s book of the year. This is her first book.
Yo soy
Raquel Díaz Reguera

Summary
Martin has set his sights on an odd girl whose thoughts are fixed on birds. At school, Martin is popular, and his friends disapprove of this strange girl he likes. When his crush walks by, he feigns indifference to keep up appearances, but it doesn't change the fact she makes him weak in the knees.

Contributor Bio
Raquel Díaz Reguera is a graphic designer, a digital illustrator, and a songwriter who has written for artists including Alejandro Sanz and Chayanne.

Viaje a la alegría
Elena Ferrándiz

Summary
An inspirational book that invites you to resolve unhappiness and bring joy into your life. It leads to healing, hope, learning from failure and getting back on the horse. We're reminded to follow our dreams and focus on the importance of smiling and gratitude.

Contributor Bio
Elena Ferrándiz has a degree in fine arts from the University of Sevilla, where she also minored in etching and design. She works as an illustrator with various publishers and magazines.
Perros
De depredadores a protectores
Andy Hirsch

Summary
Conoce a Rudy, un perro muy amigable que, en persecución de su pelota, emprenderá un viaje en el tiempo para llevarte a conocer todo sobre su especie, desde sus orígenes hasta la personalidad de las razas y los perros individuales. Pero eso no es todo: el recorrido sobre la evolución y las características de los canes sirve de pretexto para hablar de genética, de la selección natural y la domesticación, y para entender si es la naturaleza genética o la crianza lo que determina los rasgos de comportamiento de cada individuo.

Meet Rudy the friendly dog! While chasing his ball, he embarks on a journey through time that will teach him all about his species, from its origins to the personalities of individual dogs and breeds. But that's not all: this exploration of the evolution and characteristics of dogs is a chance to talk about genetics, from natural selection to domestication, and to understand whether genetics or environment determine everyone's behaviors.

Contributor Bio
Andy Hirsch is a cartoonist and illustrator. His graphic novel The Royal Historian of Oz was included on the Young Adult Library Services Association Great Graphic Novels for Teens list. He has contributed to comics such as Garfield, Adventure Time, and Peanuts.

¡Herejes!
Los maravillosos (y peligrosos) inicios de la filosofía moderna
Steven Nadler, Ben Nadler

Summary
During the XVII and XVIII centuries, there were great thinkers who risked their freedom and their lives over their revolutionary ideas. Take a look at the philosophers that were the pillars of both modern thinking and science: Galileo, Hobbes, Newton, and many more. They dared to question the norm.

Contributor Bio
Steven Nadler is a philosophy and humanities professor at the University of Wisconsin-Madison. Ben Nadler is an illustrator and graduated from Rhode Island School of Design.
Mira Hamlet
Barbro Lindgren, Anna Höglund

Summary
Hamlet is an unhappy teenage rabbit with wonky ears, his uncle is an idiot rat and Laertes is a fox. Hamlet has to deal with his new stepfather and his grievous love for Ophelia. A revolutionary and ingenious spin on Shakespeare's classic tragedy.

Contributor Bio
Barbro Lindgren is one of the most well-known Swedish children’s writers. She won the prestigious Astrid Lindgren award. She publishes works that hinge on realism and surrealism. Anna Höglund is a writer and is considered to be one of the best Swedish illustrators. She publishes illustrated books and works in film animation.

Peces
Colorea la naturaleza
Nacho Ruiz

Summary
This unique coloring book contains a ton of drawings of fish and other sea creatures. It’s the third installment in the Colorea la Naturaleza series. Inside, you’ll find tropical fish, octopuses, tunas, skate, crabs, nautilus, squid, tortoises, lobsters, sharks, and more. There are beautiful full-page illustrations of different difficulties for children and adults. You can enjoy developing artistic skills, all while enjoying time to relax and disconnect!

Contributor Bio
Nacho Ruiz is a coloring book editor who has edited more than 20 nature coloring books for adults and children.
Dinosaurios y otros animales prehistóricos
Débora Gómez Alonso

Summary
_Dinosaurs and other Prehistoric Animals_ is a picture book that describes the evolution of popular dinosaurs, and how they interacted with their fellow prehistoric animals. Follow along with maps that show you where their fossils have been unearthed. Each page talks about a dinosaur’s behavior, characteristics, and most fascinating details.

Contributor Bio
Débora Gomez Alonso is a graphic designer and illustrator; in this book, she manages to bring prehistoric dinosaurs to life while also sharing wonderful information pertaining to the various species featured in this work.

Stranger Things. Archivo secreto de Will Byers
Matthew J. Gilbert

Summary
Will Byers has been through a lot these past few years. He was kidnapped by a monster and taken to the Upside Down; later, he was possessed by the Mind Flayer. Will Byers’ secret archives are key to understanding the psyche of this Stranger Things persona. Presented as a scrapbook, we’ll experience Will’s return to a normal life through pictures and official documents that attest to his unbelievable trials and tribulations.

Contributor Bio
Mathew J. Gilbert is but one of the thousands of Mathew Gilberts that exist in the world, but the Mathew in question is fortunate enough to be a storyteller. Beyond this survival guide, he has also collaborated in Nickelodeon’s Turtle series, and is the coauthor of the Classroom 13 book series.
**Stranger Things**  
Max, la fugitiva  
Brenna Yovanoff

**Summary**
Max Mayfield knows she doesn't fit in. She never seems to say the right thing, she isn't cheesy or delicate as his mother pretends to be, and what she likes most are video games and skateboarding. Also, since her mother married Neil, and her half-brother, Billy, entered the scene, her life has become even more complicated. Now Max and her new family live in Hawkins, a place where everything seems strange. But Max is determined to escape. Her plan is to go to Los Angeles and meet her father. However, Max seems to be making new friends in Hawkins and will have to decide whether to move forward with her plan or face the upside down. This prequel to *Stranger Things* reveals the most unknown aspects of one of the favorite characters of the successful Netflix series.

**Contributor Bio**
Brenna Yovanoff is the NYT Bestselling author of *The Replacement, The Space Between, Paper Valentine, Fiendish,* and *Places No One Knows.*

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**El alma de la espada**  
Julie Kagawa

**Summary**
One thousand years ago, a wish was made and a sword of rage and lightning was forged. A weapon powerful enough to seal away the formidable demon Hakaimono. Now he has broken free. Kitsune shapeshifter Yumeko has one task: to take her piece of an ancient and powerful scroll to the Steel Feather temple in order to prevent the summoning of the Harbinger of Change. But she has a new enemy now. The demon Hakaimono, who for centuries was trapped in a cursed sword, has escaped and possessed the boy she thought would protect her. As the paths of Yumeko and the possessed Tatsumi cross once again, the entire empire will be thrown into chaos.

**Contributor Bio**
Julie Kagawa is the international and NYT bestselling author of *The Iron Fey* series. She lives in Louisville, KY with her husband and furkids.
**Imagina que no hay cielo**

Antonio Malpica

**Summary**

During the 90s, Mexico suffered its biggest financial crisis in recent history. In the grips of the turmoil, two brothers are forced to return to the small town they fled, before the age of 18, in order to escape their domineering mother. The Oroprieto Laguna brothers return to San Pedrito Tololoapan and take it upon themselves to win their mother over, or at the very least, benefit from her financially.

**Contributor Bio**

Antonio Malpica is an author, a playwright, and a musician. He has published more than 20 novels and plays. He lives in Mexico City.

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**El mundo de los demonios**

Los ladrones de humo 2

Sally Green

**Summary**

After escaping the fall of Rossarb, Princess Catherine leads a group of survivors to the arid lands of the Northern Plateau. They quickly encounter peril through these passages, and while Tash must learn about herself in order to understand demons, Catherine and Ambrose will have to return to the surface to fight a war they cannot escape. Above, the world is in turmoil. The army of King Aloysius has captured prince Tzsayn de Pitoria and is preparing to invade the kingdom. In order for Catherine to put a stop her father’s tyranny, she must build an army of her own. Her journey is a dangerous one, in which discerning friend from foe is never easy.

**Contributor Bio**

Sally Green studied literature and creative writing at the Open University. She performed numerous jobs before dedicating herself full time to writing.
**Cuéntame todo**
Cambria Brockman

**Summary**
Malin doesn’t need friends. She is ambitious and wants to go far, so when she manages to get admitted to an elite university, her biggest challenge will be to establish relationships and pretend to be a normal person. Upon arrival on campus, Malin is surprised by how easy it is for her to make a group of friends. During the next four years, the changing friendship between the group will be maintained despite the secrets, betrayals and fears that all hide. However, the ties that unite them will become increasingly tense and destructive. How far will they be able to pretend to prevent the truth from coming to light?

**Contributor Bio**
Cambria Brockman received a degree in English literature and art history from Bates College in Lewiston, Maine. Passionate about photography, she has her own studio specialized in portraits. She lives in Boston. **Cuéntame todo** is her first novel.

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**Hoja de sangre**
Crystal Smith

**Summary**
Aurelia is the first princess born in Renalt after two hundred years, and her destiny is to marry Valentin, the prince of Achleva —and greatest enemy of her home—to ensure peace between both kingdoms. But the rumors of a sick and cruel prince do not stop, and the only thing that overshadows Aurelia's apprehension towards her impending marriage is fear of those who would kill her to avoid it. Soon dire circumstances will make her flee her throne and she will discover the happiness that a commoner life can bring.

**Contributor Bio**
Crystal Smith is a writer, photographer, and artist who developed an early love for storytelling within a family of voracious readers. **Hoja de sangre** is her literary debut and the start of an epic fantasy saga.
La narradora
Traci Chee

Summary
Sefia is determined to keep Archer out of the Guard’s clutches and their plans for war between the Five Kingdoms. The Book, the ancient, infinite codex of the past, present and future, tells of a prophecy that will plunge Kelanna in that bloody war, but it requires a boy—Archer—and Sefia will stop at nothing to ensure his safety. The Guard has already stolen her mother, her father, and her Aunt Nin. Sefia would sooner die than let them take anymore from her—especially the boy she loves.

Contributor Bio
Traci Chee is an author of speculative fiction for young readers. She studied literature and creative writing at the University of California, Santa Cruz, and obtained her Master’s degree from San Francisco State University. She lives in California.

El hombre soberbio
Leonardo da Jandra

Summary
Set on an imaginary planet, this science-fiction novel follows the life of an exceptional hero from his early childhood until his death—but did he really die, or simply disappear? The story sets out with an account of the boy’s formative years under the guardianship of the wise ascetic Amonio. Recognizing the boy’s extraordinary physical and intellectual gifts, Amonio strives to make a humble, peaceful man out of him by cultivating his will to use his talents in the interest of others. When, at age 15, the boy executes his first heroic prowess, his popularity soared.

Contributor Bio
Leonardo da Jandra is a renowned Mexican author of philosophical non-fiction, novels, and short stories. He holds a PhD in philosophy from the National Autonomous University of Mexico. Some of his books include El juicio oral más injusto de la historia, Filosofía para desencantados, and La restauración de la utopía.
**Serie Reina Roja**
Victoria Aveyard

**Summary**
Victoria Aveyard’s medieval saga is now available in this complete volume. The complete Red Queen Series compiles over 2,400 pages at an incredible price. In a society in which people are segregated based on the color of their blood, the Reds fight to survive under the control of the silver-blooded super humans that have terrible powers and exert complete control over the world. When a Red, Mare Barrow, is discovered to have the same powers as the Silvers, she is taken to their world, where she discovers that power is a treacherous ally, and betrayal is to be expected.

**Contributor Bio**
Victoria Aveyard studied directing at the University of Southern California. After her first novel, *La reina roja*, received high praise from reviewers, she decided to dedicate herself professionally to writing.

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**Maldita**
Thomas Wheeler, Frank Miller

**Summary**
Whosoever wields the Sword of Power shall be the one true King. But what if the Sword has chosen a Queen? Nimue grew up an outcast. Her connection to dark magic made her something to be feared in her Druid village, and that made her desperate to leave... That is, until her entire village is slaughtered by Red Paladins, and Nimue’s fate is forever altered. Nimue is now her people’s only hope as she teams up with a charming mercenary named Arthur and refugee Fey Folk from across England. She wields a sword meant for the one true king, battling paladins and the armies of a corrupt king.

**Contributor Bio**
Thomas Wheeler is a screenwriter, producer, showrunner, and the author of *The Arcanum*. He was the executive producer and creator of *Empire* for ABC and *The Cape* for NBC. In feature animation he wrote the Academy Award–nominated *Puss in Boots*, as well as *The Lego Ninjago Movie*. Frank Miller is an award-winning comic book writer, novelist, inker, screenwriter, film director, and producer best known for *Daredevil, The Dark Knight Returns, Sin City*, and *300*, among others.
Descender IV
Mecánica Orbital
Jeff Lemire, Dustin Nguyen

Summary
In this fourth installment of the acclaimed Descender series, conflicts are far from being resolved. Telsa and Quon will escape the Machine Moon to planet Kill, but with the wrong Tim. Andy’s scrappy team is recovering, and struggles only increase with Driller decides to reveal his darkest secret. Little by little, the pieces in this galactic chess game will reach their final positions.

Contributor Bio
Jeff Lemire has written and illustrated numerous books. Dustin Nguyen is a New York Times bestselling and award-winning comic creator.

¿Por qué existe la desigualdad entre los hombres y las mujeres?
La evolución de los derechos de las mujeres, de la prehistoria a nuestros días
Soledad Bravi, Dorothée Werner

Summary
La desigualdad que existe entre las mujeres y los hombres puede parecernos uno de los más agudos problemas modernos, pero resulta que tiene mucha historia. "¿Por qué existe la desigualdad entre los hombres y las mujeres?” hace un rápido recorrido a lo largo de distintas épocas y culturas para hacer evidentes todas las disparidades de género que han existido. Desde la prehistoria hasta nuestros días, las autoras de este libro en formato de cómic hacen evidente no sólo la opresión a la que han sido sometidas las mujeres sino las formas de resistencia que han adoptado para reivindicar su lugar en la sociedad. Así, ponen sobre la mesa una introducción humorística al debate actual sobre los derechos que las mujeres han ganado y los que aún están por ser reconocidos.

The inequality between men and women may seem like one of the biggest problems of our age, but it has a long history. This book is a quick journey through different eras and cultures to reveal all the gender disparities that have existed from prehistory to the present day. With its humor and its comic-book format, it outlines ...

Contributor Bio
Soledad Bravi is one of France’s best-known illustrators. Dorothée Werner is a reporter and editor for Elle magazine.
Synchronicity
Victor Panicello

Summary
It’s the year 2070. In an extremely competitive society, football is the favored sport and the CIMA government uses it to train and manipulate the population. Dr. Bormand, director of a prestigious research center serving CIMA, has designed chips that can be implanted into football players to anticipate the reactions of their opponents a few seconds ahead. It’s known as synchronicity. The problem is that the chips haven’t been sufficiently tested, and their side effects are terrible.

Contributor Bio
Victor Panicello is a lawyer and children’s book author with more than 15 years of experience. His awards include the 2003 children’s literature award from the city of Badalona, and the Columna Jove 2012.

La voz de las sombras
Frances Hardinge

Summary
This is the story of a girl with the heart of a bear. Sometimes when someone dies, their spirit searches for a place to hide. Some people have space inside them to host these wandering spirits. At age 12, Makepeace has learned to defend herself against the ghosts that try to possess her at night, desperate for refuge. Until one day, a terrible event makes her lower her guard . . . and now she has a spirit within her.

Contributor Bio
Frances Hardinge is a British author. Her first children’s book, Fly By Night, was critically acclaimed and earned her the Branford Boase Award. Her other books include Twilight Robbery, Cuckoo Song, and The Lie Tree, which won a 2015 Costa Book Award for the best book of the year.
**El rebaño peligroso**

David Nel·lo

**Summary**

Blanca Marçal has been a high school teacher forever. Now that she’s about to retire, she’s looking back at her career. She’s had successes, but she’s also made some mistakes. Lots of students, some of them quite problematic, have passed through her classes. But there’s one she’ll never forget: she still remembers the first day she laid eyes on the boy sitting at the end of the second row, Mirko Lloberes. Sometimes it’s the troubled kids who fight the hardest to make things go right.

**Contributor Bio**

**David Nel·lo** is a Spanish author and translator of children’s literature. His awards include the Barco de Vapor, the Enric Valor award for children’s literature, Columna Jove, and Edebé.

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**La vida de Lazarillo de Tormés y de sus fortunas y adversidades**

Anónimo

**Summary**

Lazarillo de Tormés is a satire of the Spanish society of his time. It was even banned by the Inquisition, as it made fun of some officers of the Catholic church. This edition has simple notes for easy reading.

**Contributor Bio**

Author is anonymous.
Si’ahl / Ted Perry
Cada parte de esta tierra es sagrada para mi pueblo
Jordi Pigem, Neus Caamaño

Summary
Ecology and spirituality characterize the nature view of indigenous peoples. In January 1854 the indigenous chief Si’ahl (better known as Seattle) made an eloquent speech explaining why the land cannot be sold. Since the 19th century, many attempts have been made to recreate the lost words of Si’ahl. Here we present, from what we know today, the most reliable version of the speech in a bilingual and illustrated edition, with a commentary on key themes and quality of speech.

Contributor Bio
Jordi Pigem is a Catalan writer and a philosopher of science. He is the former coordinator in the Master in Holistic Science at Schumacher College, part of the University of Plymouth in England. His books include Inteligencia vital, La nueva realidad, and Buena crisis.

José Mujica
Soy del Sur, vengo del Sur. Esquina del Atlántico y el Plata
Dolors Camats, Raúl Guridi

Summary
José Mujica, at that time President of Uruguay, with his plain, endearing and forceful style, addresses the United Nations Assembly to criticize the nonsense of the contemporary economy, the inequalities of the world and the consumerism that reigns in our lives. His words are also a powerful call to coherence and an invitation to the joy and freedom that come from a simpler life.

Contributor Bio
Dolors Camats is an author.
**Severn Cullis-Suzuki**  
Hagan que sus acciones reflejen sus palabras  
Alex Nogués, Ana Suárez

**Summary**  
Severn Cullis-Suzuki was only twelve years old when he addressed the entire world: What are we doing to Earth, our home? How far can human greed go? Little Severn embarrassed the world leaders and asked them to be consistent, that their actions would reflect their words. An emotional speech, full of truths as simple as they are revealing, and even more relevant today than when it was delivered. This is a bilingual edition.

**Contributor Bio**  
Alex Nogués is a writer and geologist, specializing in groundwater and paleontology.

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**Malala Yousafzai**  
Mi historia es la historia de muchas chicas  
Clara Fons Duocastella, Yael Frankel

**Summary**  
When Malala Yousafzai was fifteen, she was attacked by the Taliban for their defense of girls' right to receive education. After surviving multiple operations, her voice has become a global benchmark for human rights and especially the right to education. She is the youngest person to have been awarded the Nobel Peace Prize. In her award acceptance speech, Malala explains her story, which is the story of millions of girls living in situations of discrimination or conflict. This is a bilingual edition.

**Contributor Bio**  
Clara Fons Duocastella the director of the Dialogal magazine, founder of Lalè and head of programs for AUDIR (UNESCO Association for Interreligious and Interconvictional Dialogue). She is also an author and illustrator.
**Mujercitas**
Louisa May Alcott

**Summary**
Narras los amores y desventuras de la señora March y sus cuatro hijas. Bajo la capa de aparente ligereza que le otorga su condición de retrato costumbrista y sus aires de manual de modales para jovencitas, Mujercitas es un entretenido canto a la libertad y la alegría de vivir, sobre todo gracias al personaje de Jo, que sirvió de icono para parte del movimiento feminista. Descubre el espíritu revolucionario, activista y formativo de esta gran obra que consiguió crear un universo de mujeres fuertes e independientes que luchan por encontrar su lugar en la sociedad que les tocó vivir.

*Under the deceptively-shallow guise of a novel of manners and morals for young ladies lies a powerful anthem to freedom and zest for life that will not fail to win the hearts of readers of all kinds. The timeless story of four brave, independent sisters who fight to carve a space for themselves in the society of their day has been a source of inspiration to entire generations and continues to influence and entertain readers up to this day.*

**Contributor Bio**
Louisa May Alcott grew up in poverty and was educated by several well-known friends of her father such as Henry David Thoreau and Ralph Waldo Emerson. She was a dedicated defender of women's rights and towards the end of her life she was also abolitionist. Her best-known work, *Little Women*, is based on an idealized version of her own family life, and Jo March's character is somewhat autobiographical although, unlike her character, Louisa May Alcott herself never married or had children.

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**El maravilloso mundo de Alicia**
Lewis Carroll

**Summary**
This charming edition of Alicia in Wonderland and Alicia Through the Looking Glass comes in a special treasure box set that will delight lovers of great literature in general and Lewis Carroll's devotees in particular. The package also contains a notebook, six illustrated postcards, and a magnet, all of them inspired by Alicia's wonderful world.

**Contributor Bio**
Lewis Carroll was an English author, a mathematician, and a logician. His most famous works include *Through the Looking-Glass* and the poems "The Hunting of the Snark" and "Jabberwocky."
El príncipe
Nicolás Maquiavelo

Summary
The legacy of Nicolás Maquiavelo’s 16th-century treatise on the qualities of a good ruler continues to be relevant up to this very day. This book is required reading for anybody who wishes to better understand the complex nature of power.

Contributor Bio
Nicolás Maquiavelo was an Italian diplomat and military commander. He is the author of Palabras para pronunciar sobre la provisión del dinero, Retrato de las cosas de Francia, and El arte de la guerra, among other books.

Cuentos de Chéjov
Anton Pávlovich Chéjov

Summary
Antón Chéjov is one of the most outstanding playwrights in the history of literature, and an unparalleled master of the short story form. The stories in this collection captivate with their ingenious plots and technical dexterity, while also providing a good picture of the evolution in Chéjov’s mastery and thematic focus.

Contributor Bio
Anton Pavlovich Chekhov is a Russian storyteller and playwright. Considered the most prominent representative of the royalist school in Russia, his work is one of the most important in the dramaturgy and narrative of world literature.
Cuentos de Andersen
Hans Christian Andersen

Summary
While few among Hans Christian Andersen’s characters know a truly happy ending, generations of readers across the centuries have crowned him as perhaps the most popular and beloved author in his genre. Andersen’s own humble origins and the extreme poverty in which he grew up are echoed in the often harsh fictional worlds he created, and this wonderful collection compiles 200 of his most memorable stories—all in their original versions.

Contributor Bio
Hans Christian Andersen was a Danish playwright, poet, and writer whose children’s stories are considered the best in the genre. Born into a very poor family, he moved to Copenhagen to try his luck as a dancer and opera singer.

Tao Te Ching
Lao Tse

Summary
The seemingly simple and succinct aphorisms in Tao Te Ching convey deep universal truths. This essential work in the history of ideas is an invitation for readers to serenely reflect on their own selves and their place in the world.

Contributor Bio
Lao Tsé is the founder of Taoism. He is the author of Tao Te Ching, which started the Taoist philosophy.
**Romeo y Julieta**
William Shakespeare

**Summary**
As one the Bard’s most celebrated tragedies, Romeo y Julieta has captivated the hearts of entire generations of readers and spectators. The story of doomed love between young lovers Romeo Montesco and Julieta Capuleto is still as touching as it was more than five centuries ago, and the unhappy ending, familiar as it may be to many, still has the power to touch a soft chord in every reader’s heart.

**Contributor Bio**
**William Shakespeare** was an English poet and playwright, widely regarded as the greatest writer in the English language and the world’s pre-eminent dramatist.

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**Persuasión**
Jane Austen, Dàila Adillon

**Summary**
Published posthumously in 1818, Persuasión completes the cycle of novels with which beloved English writer Jane Austen helped define the feminist literary canon and set the foundation for the 19th century novel and beyond. This tale of patient love and second chances is a fine testament to Austen’s maturity as a storyteller and social commentator, and a powerful reflection on freedom of choice and the passage of time.

**Contributor Bio**
**Jane Austen** is a renowned British novelist whose works are considered classics in the world of English literature. **Dàila Adillon** received a degree in fine arts from the University of Barcelona and obtained her art teacher certification from the same university. She works as an illustrator.
**Cuentos de amor de locura y de muerte**

*Horacio Quiroga*

**Summary**

A master of the horror story in the tradition of Poe and Maupassant, Horacio Quiroga has long been recognized as one of the greatest exponents of Latin American modernism. The blood-curling stories in this collection are amongst some of the most representative works by the Argentine playwright, poet, and short story writer, whose own life was also tragically marked by love, madness, and death.

**Contributor Bio**

*Horacio Quiroga* worked as a journalist, professor, author, and photographer. He is also the author of *Cuentos de amor de locura y de muerte.*

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**Hojas de hierba**

*Walt Whitman*

**Summary**

Much like the fresh leaves of grass in the title, the poems in this seminal collection by one the most beloved American poets of all time are fragrant with the author’s zest and exaltation for life. Rich in lyricism and exuberant imagery, these poems are Whitman’s ode to the human body and soul.

**Contributor Bio**

*Walt Whitman* was an American writer, poet, and humanist whose major work is *Leaves of Grass.*
**El fantasma de la opera**

**Gaston Leroux**

**Summary**

Equal parts romance and gothic novel, this engrossing tale of unrequited love, musical genius, and physical deformity has been the basis for many a film, television, radio, and stage adaptation, including the immensely popular Broadway musical. Since the novel’s publication in 1910, Erik and his mask have become true pop culture icons, and the tortured genius’ tragic story continues to captivate the hearts of readers.

**Contributor Bio**

**Gaston Leroux** was a French journalist and author of detective fiction. His most famous work, *The Phantom of the Opera*, was inspired by a tour of the cellars at the Paris Opera, and published in 1911. The story has been adapted for film and, most notably, for Andrew Lloyd Webber's musical, the longest running Broadway show in history.

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**Sentido y sensibilidad**

**Jane Austen, Dàlia Adillon**

**Summary**

A brilliant commentary on societal expectations, this novel about of the fortunes and misfortunes of sisters Elinor, Marianne, and Margaret Dashwood after the death of their beloved father offers a compelling picture of life in the English countryside and of women’s role in society at the beginning of the 19th century.

**Contributor Bio**

**Jane Austen** is a renowned British novelist whose works are considered classics in the world of English literature. **Dàlia Adillon** received a degree in fine arts from the University of Barcelona and obtained her art teacher certification from the same university. She works as an illustrator.
El arte de la guerra
Sun Tzu

Summary
Expressed in a concise and direct style that renders the message effective and appealing to modern audiences, this Chinese military treatise is just as relevant today as it was more than 2,000 years ago. Sun Tzu’s judicious maxims offer strategic and tactical advice not only on the art of war, but also on how to handle all kinds of conflict—and emerge unscathed.

Contributor Bio
Sun Tzu was a Chinese thinker, politician, and military strategist.

Estuche Jane Austen
Jane Austen, Dàlia Adillon

Summary
This delightful box set contains three of Jane Austen’s most beloved novels: Orgullo y prejuicio, Sentido y sensibilidad and Persuasión. In addition to these three titles, the package also includes an exclusively designed notebook to go with the books. It is a wonderful gift for lovers of great literature in general and for Austenites in particular.

Contributor Bio
Jane Austen is a renowned British novelist whose works are considered classics in the world of English literature. Dàila Adillon received a degree in fine arts from the University of Barcelona and obtained her art teacher certification from the same university. She works as an illustrator.
H.P. Lovecraft Boxset
H.P. Lovecraft

Summary
This luxury box set contains all three of H. P. Lovecraft’s most popular books: Los mitos de cthulhu, En las montañas de la locura, and El horror de dunwich y otros relatos. In addition to these three titles, the package also includes an exclusively designed notebook to go with the books. It is a wonderful gift for lovers of great literature in general and especially so for admirers of the great master of horror.

Contributor Bio
H.P. Lovecraft is known as one of the greatest innovators in fantasy and horror writing. His books include The Case of Charles Dexter Ward and The Whisperer in Darkness.

Los mitos de Cthulhu
H.P. Lovecraft

Summary
Penned by cult horror master H. P. Lovecraft, Los mitos de Cthulhu is an imaginative and unsettling collection of connected stories combining mythical, literary, and religious elements. The stories are haunted with primitive creatures patiently waiting to come to the surface and teach readers the meaning of pure horror.

Contributor Bio
H.P. Lovecraft is known as one of the greatest innovators in fantasy and horror writing. His books include The Case of Charles Dexter Ward and The Whisperer in Darkness.
**El retrato de Dorian Gray**  
Oscar Wilde

**Summary**
The young Dorian Gray commissions a portrait of himself from Basil Hallward. Basil is captivated by his subject’s beauty and believes that Gray is the source of his finest work. Through Basil, Dorian Gray meets Lord Henry Wotton, an aristocrat who introduces Dorian to hedonism, the pursuit of beauty and pleasure as the only matters worthy of any contemplation. Once Dorian understands that his beauty is fleeting, he decides to pass the burden of aging onto his portrait. A timeless classic in western literature that continues to fascinate readers.

**Contributor Bio**

**Oscar Wilde** was a novelist, poet, literary critic, and playwright. He excelled at highlighting the hypocrisy of his contemporary society. He was ostracized for being a homosexual during Victorian England, which led to his imprisonment. This classic continues to enthrall readers and has become a staple in the literary world.

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**La odisea Ilustrada**  
Miguel Brieva, Homero

**Summary**
The great Miguel Brieva illuminates this epic poem like never before with texts translated by Carmen Estrada specifically for this work. This interpretation of the adventures of Odysseus is a sort of dialogue between Homer and the cartoonist. The result is one of the most special books in recent years. If Miguel Brieva was already one of the most fruitful creative minds on the cultural scene, his vision of the Odyssey has curdled into one of the most special and talented books of recent times.

**Contributor Bio**

**Miguel Brieva** collaborates in various publications and is a member of the musical group Las Buenas Noches. He is the author of the books Welcome to the World, Money, Memories of the Earth, and The Great Human Adventure, amongst others. **Homer** was a Greek epic poet of classical literature and credited with authoring *The Iliad* and *The Odyssey*, works considered foundational in the Western canon of literature.
El Golem
Gustav Meyrink

Summary
Halfway between expressionism and horror stories, Golem is a classic of 20th century fantasy literature and one of the genre's most unique novels. The work takes place in the last days of the Jewish ghetto in Prague, shortly before its demolition began to improve the living conditions of its inhabitants. There we find Athanasius Pernath, the protagonist and a Jewish teacher who, due to some type of disorder, has forgotten his past.

Contributor Bio
Gustav Meyrink went through a life crisis at 24 years old and was about to commit suicide. An illegitimate son of Baron Karl Warnbühler and actress Maria Meier, he was baptized in Vienna as Gustav Meier, and only much later, when he became a famous person, the paternal family offered him to recover his surname, which he rejected.

Viaje al mundo subterráneo
Ludvig Holberg

Summary
Viaje al mundo subterráneo is one of the happiest satirical utopias in literature. The novel describes the journey of Niels Klim, who, like Alice, falls through a hole in the Earth and discovers that the interior of the Earth is a hollow space, with a central sun and small planets that orbit it. Captured by a dragon, he ends up on one of the planets, Nazar, and there he discovers the utopian civilization of the Potuans who, as a distorting mirror, serves to elaborate one of the fiercest satires on the human condition.

Contributor Bio
Ludvig Holberg is a playwright, novelist, poet, historian, essayist, teacher, and traveler of the Enlightenment era. Under the pseudonym Hans Mikkelsen he published the first of his great works, Peder Paars.
**Los 4 libros herméticos**

*Síntesis de la filosofía esotérica Greco-Egipcia*

Hermes Trismegisto

**Summary**

The book brings together the four works attributed to Hermes Trismegisto, fundamental texts of the Hermetic philosophy. Written in Greek, and surely belonging to some Alexandrian author, they include: Poimandres, where the keys to the creation of the world are exposed; the Discourse on Initiation or Asclepius, where Hermes lectures Asclepius, Tat, and Ammon, gathered in a temple, and which provides essential ideas for sacred initiation in hermetic circles; in addition to The Virtue of the World and the Dialogues from Hermes to Amun.

**Contributor Bio**

Hermes Trismegisto is considered the father of alchemy, a forerunner of magic, tarot, and astrology, and one of the fathers of hermeticism. He is credited with the *Corpus hermeticum*, a collection of 24 sacred texts written that contain the main axioms of hermetic knowledge.

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**El Buque fantasma**

*Frederick Marryat*

**Summary**

The quintessential sea adventure novel, *El buque fantasma* unfolds the myth of the *Flying Dutchman*, the story of a ghost ship that failed to return to port and was doomed to roam the world's oceans forever. The powerful story is perfect for lovers of the supernatural and mysterious. It also served as inspiration for the movie *Pirates of the Caribbean*.

**Contributor Bio**

Frederick Marryat was a naval officer, novelist, and contemporary of Charles Dickens. He is best known for his novels *Mr. Midshipman Easy* and *Children of the New Forest*, and for inventing the Marryat system of naval signaling.
Alicia a través del espejo
Lewis Carroll

Summary
Alice imagina lo que es posible en el otro lado de su espejo, hasta que un día se le echa encima. Se encuentra en un mundo donde las plantas, objetos y animales hablan con ella. Se encuentra en un mundo fantástico que se convertirá en un viaje de un solo día. Este clásico fue originalmente escrito por Lewis Carroll en 1871, y es conocido a nivel mundial como Alicia en el País de las Maravillas. Lewis también publicó el Caza del Snark, un poema humorístico que lleva a una aventura extraña en la que un equipo se embarca en una misión para capturar un criatura que no existe... o sí existe?

Contributor Bio
Lewis Carroll fue un autor inglés, un matemático, y un lógico. Sus obras más conocidas incluyen Through the Looking-Glass y los poemas “The Hunting of the Snark” y “Jabberwocky.”

Cristianismo místico
Las enseñanzas internas del maestro
Yogi Ramacharaka

Summary
Yogi Ramacharaka ofrece un vistazo fascinante y fresco del tema de la vida y las enseñanzas de Jesús. En el formato de 12 lecciones, el trabajo cubre la vida de Jesús y examina los dogmas del cristianismo a través del prisma de la espiritualidad oriental. Contribuye una nueva interpretación a preguntas como la virginidad de María, la juventud de Jesús, lo que cada Evangelio cuenta, y donde se encontraba viajando Jesús a través del Este.

Contributor Bio
Yogi Ramacharaka es el pseudónimo de William Walker Atkinson. Fue un abogado, comerciante, editor y un prolífico escritor.
El proceso

Una obra completamente absurda, pero con una gran verdad en su interior
Franz Kafka

Summary

El proceso narra la vida de Joseph K. Él es un empleado del banco que es detenido y enviado a juicio sin saber por qué lo está siendo acusado. Aunque K. utiliza todos los recursos a su disposición, demostrar su inocencia se convierte en un pesadilla. Una historia conmovedora con un final inesperado. Toma en cuenta lo que sucede cuando el gobierno ejerce el poder ilimitado sobre sus ciudadanos, en este caso...

Contributor Bio

Franz Kafka fue un escritor altamente influyente que publicó tres novelas, una novela corta, y una gran cantidad de cuentos cortos. Su peculiar estilo de escritura está a menudo asociado con la filosofía artística del existencialismo y el expresionismo.

Utopía

El estado perfecto
Tomás Moro

Summary

Utopía, un maestro de la literatura, fue escrito por el gran humanista inglés Tomás Moro, un buen amigo de Erasmo y durante el tiempo que fue Lord Chancellor de Inglaterra. No sabemos qué motivaciones reales había en el autor, pero casi podemos imaginar que la fuerza de inactividad lo distrajo para pintar la imagen del perfecto estado ideal: Utopía. Para esto eligió un estilo humanista: diálogo.

Contributor Bio

Tomás Moro fue un destacado humanista, teólogo, jurista, un activista político —fue elegido a la cámara de los comunes por Henry VII— y Lord Chancellor bajo Henry VIII —y escritor.
### El castillo

**La búsqueda de una meta inalcanzable**

Franz Kafka

**Summary**

*El final del castillo* es tremendamente revelador. Kafka murió en 1922 de tuberculosis antes de terminarla. Este novela es un laberinto infinito y absurdo que comienza cuando el protagonista llega una noche a un pueblo para ocupar el puesto de encargado. La ciudad está dominada por un castillo, que es en realidad un grupo de casas donde reside la autoridad y donde las leyes y reglas que marcan la convivencia y la vida de los vecinos emanan. K.'s stay in the village soon turns into a nightmare.

**Contributor Bio**

**Franz Kafka** es considerado uno de los autores más influyentes del siglo XX debido a su trabajo introspectivo, la comprensión de la psicología de sus personajes, y sus escenarios que combinan realidad, fantasía, y simbolismo. Sus obras incluyen *In the Penal Colony*, *The Trial*, and *Letter to His Father*.

### El libro de los espíritus

**Allan Kardec**

**Summary**

Primero publicado en 1857, *The Book of Spirits* es considerado un must-read en el campo del espiritismo, ya que compone sus aspectos principales. Según el autor, Allan Kardec, este conocimiento le fue transmitido directamente por espíritus ascendidos que trabajaron a través de él para ayudar a la humanidad a establecer una nueva filosofía/de enfoque de la vida.

**Contributor Bio**

**Allan Kardec** fue un pedagogo reconocido en varios colegios en Francia. En 1855, a petición de un amigo, asistió a una sesión de espiritismo. El movimiento espiritismo en el mundo antiguo ofrecía una forma de comunicarse con aquellos que habían transgredido. Después de su experiencia, Kardec pasó a dedicar su tiempo a investigar los fenómenos desde una perspectiva científica y escéptica. Se basó en observaciones, comparaciones, y deducciones que eran basadas en lógica, hechos, y razón.
**Enciclopedia B-S**

José Emilio Burucúa

**Summary**

With a background of self-critical humor and a brilliant use of narrative rhythm and literary portraiture, the Argentine José Emilio Burucúa tells crudely but without pathos the hectic life of his ancestors, Catalan and Basque emigrants, among whom are a charismatic piano teacher, a pioneer of Latin American medicine, a mother obsessed with Peronism, and a military man persecuted by his fellow coup leaders.

**Contributor Bio**

José Emilio Burucúa is the codirector of the Center for Production and Investigation in Artistic and Bibliographic Conservation and Restoration and an associate professor of history at the National University of General San Martín in Argentina. He is the author of *Corderos y elefantes; Historia, arte, cultura: De Aby Warburg a Carlo Ginzburg; and Historia y ambivalencia.*

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**Cubantropía**

Iván de la Nuez

**Summary**

Written between the socialist future of the Cold War and the neoliberal future of the years after it, *Cubantropía* is an acid criticism of both that covers the connections between Cuban culture and geopolitics in the global era. Zigzagging between the Berlin Wall and the Havana Malecon, this book traverses the recent clashes between market and democracy, digital age and postcolonialism, racism and the Big Data, Soccer and Baseball, and Europe and Donald Trump.

**Contributor Bio**

Iván de la Nuez is the author of *La balsa perpetua, Cuba: La isla posible, Cuba y el día después, Fantasía roja, and Paisajes después del Muro.*
Testamento de juventud
Vera Brittain

Summary
The lives of youth, the ones that suffered the First World War and the postwar period, has been rarely recounted with such depth, elegance, and accuracy. This book is about the life of the paper mill owner’s daughter who was struggling to emancipate herself with those of the young student from Oxford and with the suffering that she finds at the forefront during the war. Her passion for study and literature seems frivolous and she dreams of a better time in which she could be naive.

Contributor Bio
Vera Brittain is a controversial writer, pacifist, and feminist best known as the author of Testament of Youth.

Proyectos de pasado
Ana Blandiana

Summary
Proyectos de pasado is an absorbing book of fantastic stories anchored in the harsh reality imposed by the repression. In these tales, wedding goers are deported to an "island of land" in the middle of nowhere; a journalist remembers the night her father was arrested; old age and rot take over an idyllic town; and a famous theater actor is invited to a magical performance.

Contributor Bio
Ana Blandiana is a Romanian editor, essayist, poet, and political figure. She has written more than 40 books and has been translated into more than 20 languages.
El placer
Guy de Maupassant

Summary
The French director Max Ophüls chose the three stories that make up this book in 1952 to create a beautiful film, The Pleasure. With brief but exact brushstrokes, irony, and an excellent ability to observe reality, a narrative is embodied where the characters, often people that Maupassant himself had known, appear as unforgettable creatures who, struck by the ups and downs of the passion, are portrayed with humanity and humor.

Contributor Bio
Guy de Maupassant is considered one of the fathers of the modern short story. He was a popular French writer and the protégé of Gustave Flaubert. His best known works are Bel-Ami, "Boule de Suif," Des Vers, Mademoiselle Fifi, Pierre et Jean, and Une Vie.

Lejos de Kakania
Carlos Pardo

Summary
"There are no friends, only moments of friendship," Jules Renard noted in his private journal. True to this spirit, and with the rare mixture of rawness, emotion, and humor that characterizes Carlos Pardo's style, Lejos de Kakania is an unforgiving dissection of friendship. After having failed his studies, the narrator returns to his city to take care of his mother and compete with his brother for family affection. There, he meets the poet Virgilio López, and together they embark on a journey.

Contributor Bio
Carlos Pardo is a Spanish author and poet, one of the best known of his generation. His other works include Desvelo sin paisaje, Echado a perder, and Vida de Pablo.
Los niños del Borgo Vecchio
Giosuè Calaciura

Summary
Borgo Vecchio, the Palermo neighborhood in which this novel is developed, is made up of only a handful of narrow streets in the heart of the city, but it contains all its character, darkness, violence, and beauty. Cruel and tender as a fable with biblical resonances, the narrator’s poetic and ironic tone returns to that marginal daily life the surprising force of fairy tales.

Contributor Bio
Giosuè Calaciura is a journalist, collaborates with Radio3 de la Rai, and writes for newspapers and magazines. He is the author of several novels, including Malacarne, Sgobbo, La penitenza, Los Niños del Borgo Vecchio, and many others.

Una clara y gélida mañana de enero a principios del siglo XXI
Roland Schimmelpfennig

Summary
On a clear and frosty January morning, at the beginning of the 21st century, a lone wolf crosses the frozen river that marks the border between Germany and Poland. The first to see it is the Polish immigrant Tomasz, caught in a huge traffic jam, on his return from Warsaw, caused by a chain accident following a major snowstorm. Tomasz manages to photograph the animal next to a road sign: they are eighty kilometers from their destination. Once the news is spread, the entire city indulges in euphoric speculation about the wolf’s mysterious presence and its itineraries through the sprawling urban fabric.

Contributor Bio
Roland Schimmelpfennig is one of the most famous and represented contemporary German playwrights. Before studying theater management at the Otto Falkenberg School in Munich, he was an independent journalist in Istanbul. He currently works at the Deutsches Schauspielhaus in Hamburg.
**Puede prestarme su pistola, por favor?**
Lorenza Mazzetti

**Summary**
Penny, the young protagonist of this autobiographical novel, has fled the family home aboard a train that runs through an underground city. This journey, at times, seems like an immersion in her own conscience: the pitfalls that her bourgeois education generates in her personality, the scope of religion in shaping her morals, the sexual formation of women and the role assigned to them in 1960 Italy, and the need to position oneself on the side of the oppressed.

**Contributor Bio**
Lorenza Mazzetti is a filmmaker and the author of *Con rabbia* and *Uccidi il padre e la madre*.

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**El final del affaire**
Graham Greene

**Summary**
In 1946 London, a city scarred by the war, Maurice Bendrix meets by chance with the diplomat Henry Miles. Maurice had had an affair with Henry’s wife, Sarah, but that was in the past. Until he is told that Henry suspects she is being unfaithful to him. Driven by curiosity and jealousy, Maurice will not become obsessed with her and will hire a private detective to find out the truth. *El final del affaire* is Greene's best novel: his meticulous inquiry into the lights and shadows of a sentimental relationship.

**Contributor Bio**
Graham Greene is the author of *Orient Express, A Journey Without Maps, The Power and the Glory, The Quiet American*, amongst many others. He was also was named Companion of Honour and received the Order of Merit among numerous other awards.
**Una mujer inoportuna**

Dominnick Dunne

**Summary**

In the 90s, Pauline and Jules Mendelson are the most envied couple in Los Angeles. Married for twenty years, their villa is always open for astonishing receptions for high society. They seem the perfect match, but the parade falls when the lights are turned off: lies, hypocrisy, blackmail… What would happen if Jules starts to be infatuated by Flo, a humble waitress dreaming to be an actress? While Jules falls head over heels in a passionate secret affair, Pauline’s best friend dies in odd circumstances. This death will unravel a meticulous plot that will turn Hollywood’s upside down.

**Contributor Bio**

**Dominnick Dunne** fought in Second World War. After that, he moved to New York, first, and then to Hollywood to work on TV. In 1979, beset with addictions, Dunne left Hollywood and moved to rural Oregon. Here he says he overcame his personal demons and wrote his first book, *The Two Mrs. Grenvilles*. His regular collaboration in Vanity Fair made him famous. He also wrote *People Like Us* and *A Season in Purgatory*.

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**El sermón del fuego**

Jamie Quatro

**Summary**

Maggie is a forty-five-year-old married woman. She lives in Nashville with her husband, Thomas, and their children, a happy family life that remained undisturbed until she starts a correspondence with James, a famous poet, based on poetry and theology. But what began as a platonic love soon became a passionate affair when they finally met in person. In this emotional frenzy Maggie can’t stop questioning herself and her life, trying to understand how she ended up in the arms of another man. *El sermón del fuego* is a magnificent novel about infidelity and desire, a compelling portrait of a mature woman enraptured by a passionate love story.

**Contributor Bio**

**Jamie Quatro** studied literature at College of William and Mary and at Bennington College. Her debut book was a short story collection was "I Want to Show You More", shortlisted for several literary prizes and amply praised by the critics. Quatro’s fiction, poetry, and essays have appeared in *Tin House, McSweeney’s* and *The New York Times*, among others. *Fire Sermon* is her first novel.
Los sueños de Einstein
Alan Lightman

Summary
In 1905, a young Albert Einstein, while he worked in a humble patent office in the Swiss city of Bern, was developing his theory of relativity, a new concept of time. Inspired by these modest times, Alan Lightman imagines a fictional Einstein dreaming about many possible worlds, about many possible existences. Originally published in 1993, Los sueños de Einstein is considered a modern classic, helping bridge the light-year-size gap between science and literature.

Contributor Bio
Alan Lightman studied at Princeton and at the California Institute of Technology, where he received a Ph.D. in theoretical physics. His novels include Einstein's Dreams, which was an international bestseller, and The Diagnosis, which was a finalist for the National Book Award. His essays have appeared in the New York Review of Books, the New York Times and the New Yorker, among other publications. He is professor of humanities at MIT.

Claus y Lucas
Agota Kristof

Summary
Claus y Lucas is a harsh and polyhedral portrait of human complexity that conveys both its innocence and cruelty. In a country at war occupied by a foreign army, two brothers, Claus and Lucas, are abandoned by their family and sent to live with their grandmother in a small village, but the cruelty of the wicked world in which they are forced to live seeps bit by bit into them, teaching the children to use any means in order to survive. Formed by the novels The Great Notebook, The Test and The Third Lie, the Claus y Lucas trilogy is a harsh portrait of the complexity of the human heart, an extraordinary book about the horrors of war and totalitarianism.

Contributor Bio
Agota Kristof is also the author of The Great Notebook, The Proof and The Third Lie. However, Claus and Lucas is still considered her masterpiece, for which she received awards such as the Alberto Moravia in Italy, Gottfried Keller and Friedrich Schiller in Switzerland and the Austrian European Literature Prize.
**En lugar seguro**
Wallace Stegner

**Summary**
*En lugar seguro* has become one of the most cherished American novels of the twentieth century. When two young couples meet during the Great Depression, they start to build a friendship that will last for a lifetime. But their relationship grows more complex as they share decades of loyalty, love and fragility. Thirty-four years after, the Morgans visit the Langs’ summer house in Vermont for what they know will be their last weekend. This book is a deep and subtle reflection on love and friendship, a compassionate work on the attempts of four people to keep on living despite the hardships of existence.

**Contributor Bio**
Wallace Stegner received his doctorate from the University of Iowa, he taught literature in several universities, finally settling at Stanford University. There he launched one of the most important writing schools in the country. Although is mainly known as a novelist, he is the author of a large and valued oeuvre that covers fiction, history, biography and essays.

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**No me digas que fue un sueño**
Linda Herz

**Summary**
In this compelling debut historical novel set in 1910 Mexico, a passionate love triangle unfolds against the convulsed backdrop of the incipient Revolution. A rebellious young woman named Maria defies social conventions by sneaking out of her house every day to work with her father at the family business. There she meets Leandro, a fervent Maderista who falls in love with her. When aristocratic Pablo, an old acquaintance of Maria’s, returns from France after completing studies in medicine, the love triangle is complete and the protagonists will have to fight for love while all around them events ensue that will forever change the history of their land.

**Contributor Bio**
Linda Herz is a Mexican writer. *No me digas que fue un sueño* is her first novel.
Mi madre era de Mariúpol
Natascha Wodin

Summary
Mi madre era de Mariúpol es un libro excepcional donde Wodin investiga el pasado de su madre ucraniana, que creció en la ciudad puerto de Mariúpol y fue forzosamente reubicada en 1943 a Alemania como ‘trabajador oriental’ junto con su marido. Este libro describe el asombroso y a veces perturbador detalle de un tema que para muchos es un apéndice en la historia: el uso de trabajadores forzados en el Tercer Reich.

Contributor Bio
Natascha Wodin trabaja como intérprete y traductora. También es la autora de Die gläserne Stadt, Einmal lebt ich, Die Ehe, y Nachtgeschwister.

Nezahualcóyotl
El despertar del coyote
Sofia Guadarrama Collado

Summary
Después de la muerte de Tezozomoc, la rivalidad entre los señoríos del valle de Anahuac se incrementó, y nadie escapó la violencia, traición o el lucha por el poder. En Azcapotzalco, Maxtla rige con absoluta crueldad. En Tenochtitlan, mientras Izcóatl es coronado, el astuto Tlacaélel espera en los sombreros para consolidar su influencia. En este segundo libro de la serie de grandes tlatoanis del imperio, Sofía Guadarrama Collado combina el retrato de la vida diaria de gobernadores, soldados y concubinas con las técnicas del thriller político. El resultado es una emocionante historia sobre hombres que, por fuerza de ambición y astucia política, dominaron el centro del territorio que ahora es México.

Contributor Bio
Sofía Guadarrama Collado es una autora de bestseller de catorce novelas, incluyendo Piso 931 y Tezozómoc.
Tezozómoc.
El tirano olvidado
Sofía Guadarrama Collado

Summary
In this fast-paced novel, the first in the Great Tlatoanis of the Empire series, Sofía Guadarrama Collado combines scholarly knowledge of historical sources with an irrepressible narrative drive to tell the story of one of the most controversial rulers of pre-Hispanic Mexico. In his portrayal of ambition, corruption, and ruthless violence, he builds a multifaceted vision of the origins of an empire that would shake allies and enemies alike.

Contributor Bio
Sofía Guadarrama Collado is a bestselling author of 14 novels, including Piso 931 and Tezozómoc.

Secretos entre viñedos
Ann Mah

Summary
Kate, a young American woman studying to become a Master of Wine, decides to travel to Burgundy, to the vineyard estate that has been in her family for generations, to focus on her studies and spend a season in France. There she will unexpectedly discover a lost diary, a distant relative, a hidden cellar, a secret that her family has kept since World War II, and also her first love. As she learns more about her family, the line between Nazi resistance and collaboration is blurred, leading Kate to find the answers to two crucial questions: Who exactly did her family help during the difficult years of the war? And what happened to six valuable bottles of wine?

Contributor Bio
Cuentos de escarnio
Hilda Hilst

Summary
This obscene satirical work discusses carnal pleasure in all of its dimensions and excesses. We'll meet the men and women that are in constant search of the pleasure that brings meaning and joy to their lives.

Contributor Bio
Hilda Hilst was a poet, novelist and essayist. She is considered one of Brazil’s greatest XX century writers, alongside Clarice Lispector and Joao Guimaraes Rosa. At the age of twenty, she published her first book of poems, and by her thirtieth birthday, she was a renowned poet with five publications under her belt.

Mujeres en las series
Fuertes, rebeldes, fantásticas, ganadoras: ellas son la clave
Anabel Vélez

Summary
Women have often been depicted as secondary characters, objects of desire, or companions to protagonists. However, during the past several decades, women have been making waves and claiming lead roles. This book invites you to assess where women stand today. Renowned author Anabel Velez continues to shed light on the various roles and functions that women have had in society. Velez shares the intelligence, combative spirit, and creativity found in every woman. Through their strengths, women continue to work tirelessly to make the world a better place.

Contributor Bio
Anabel Velez Vargas is an Editor and Chief at Culturaraca, and often collaborates with magazine Ruta 66 and website Blisstopic. She has also worked with Ritmos del Mundo Cineasia, Radio Gramenet, and Click de Ràdio Montornès. She specializes in feminist literature and the roles that women have played in music and comics.
**Antología de Spoon River**

Edgar Lee Masters, Beatriz Martín Vidal

**Summary**

*Antología de Spoon River* is a collection of poems from the graveyard of a rural Illinois town Spoon River. This book poignantly captures the politics, love, betrayals, alliances, hopes, and failures of this small American town.

**Contributor Bio**

**Edgar Lee Masters** was a lawyer and author. His anthology of poems *Spoon River Anthology* became an American classic. **Beatriz Martín Vidal** received a degree in fine arts from the University of Salamanca before specializing in illustration at the Valladolid School of Art. She was selected for the annual exhibition of the New York Society of Illustrators and has won numerous comic and illustration awards.

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**Antología general de la poesía mexicana**

Juan Domingo Argüelles

**Summary**

A journey through Mexican lyrical production, from pre-Hispanic times to the present day. Two volumes that summarize the most outstanding of the Mexican lyric, from the pre-Hispanic era (XIV and XV centuries) to modernity and the contemporary era (XX and XXI centuries), passing through the New Spanish era (XVI and XVII centuries) and the neoclassical, academic, romantic, and modernist trends (18th and 19th centuries).

**Contributor Bio**

**Juan Domingo Argüelles** is a Mexican essayist, literary critic, and editor. He is the head of *IBERO*, the magazine of the Ibero-American University, as well as a columnist for various journalism outlets. His books include *La letra muerta; Escribir y leer con los niños, los adolescentes y los jóvenes;* and *Historias de lecturas y lectores.* He is also the editor of several anthologies of Mexican poetry.
**Villanos fantásticos**
Los personajes más viles de la historia en la literatura, el cine y los cómics
Manu González

**Summary**
The villain fascinates us as much as the hero—even more in some cases. Many creators and authors have taken more care of the evil character in their fiction than the hero themselves, who is often flat and uninteresting. Why do we attract the baddest characters in fiction? Wicked minds or misunderstood geniuses? Inside this book is a review of the 66 vilest personalities in the history of literature, film, and comics.

**Contributor Bio**
Manu González is a Spanish author and an expert in comics and fantasy literature. His work has appeared in publications such as Qué Leer, El Periódico, and Ara, and he is the former editor-in-chief of Go Mag. He is also the author of Dance Electronic Music and Dioses, heroes y superheroes.

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**Universos distópicos**
El futuro sí está escrito
Jöse Sénder

**Summary**
Dystopian worlds provide us with more than enough material to prevent us from a terrifying future. Both cinema and literature, comics and video games have found enough conflicts in this genre in which society succumbs to some catastrophe. Deforestation, acid rain, and pollution are some of the constants that set gray and polluted scenarios in which there is not the slightest trace of vegetation. And heroes are usually anonymous characters who live unknowingly alienated, under the oppression of a system that robs their individuality until the day they wake up and decide to fight it.

**Contributor Bio**
Jöse Sénder is a writer, screenwriter, and illustrator. He graduated with a degree in film and audiovisuals from ESCAC and in graphic design from IAV. He is also a columnist specialized in film, series, and comic reviews for various websites.
El alma perdida

Joanna Concejo, Olga Tokarczuk

Summary

Once upon a time, there was a man who had been living such a hectic life for so long, he lost himself in the chaos. *A Lost Soul* is a moving story about waiting, patience and introspection. An art book for all ages; winner of the Bolonia Ragazzi Award in Fiction, 2018.

Contributor Bio

**Joanna Concejo** has written and illustrated books in Poland, France, Italy, Switzerland, Spain and South Korea. In 2013, IBBY awarded her with book of the year in graphic design. **Olga Tokarczuk** received a Nobel prize in 2018. She is a Polish novelist and storyteller. Her list of accolades also includes the Man Booker International award in 2018.

Aries

Stella Andromeda

Summary

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Aries*, Stella Andromeda will tell you everything you need to know about your astrological life as the ram. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

Contributor Bio

**Stella Andromeda** has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
**Tauro**
Stella Andromeda

**Summary**
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Taurus*, Stella Andromeda will tell you everything you need to know about your astrological life as the bull. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

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**Géminis**
Stella Andromeda

**Summary**
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Gemini*, Stella Andromeda will tell you everything you need to know about your astrological life as the twins. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
Cáncer
Stella Andromeda

Summary
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In Cáncer, Stella Andromeda will tell you everything you need to know about your astrological life as the crab. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

Contributor Bio
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

Leo
Stella Andromeda

Summary
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In Leo, Stella Andromeda will tell you everything you need to know about your astrological life as the lion. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

Contributor Bio
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
**Virgo**

Stella Andromeda

**Summary**

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Virgo*, Stella Andromeda will tell you everything you need to know about your astrological life as the virgin. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**

**Stella Andromeda** has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

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**Libra**

Stella Andromeda

**Summary**

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Libra*, Stella Andromeda will tell you everything you need to know about your astrological life as the scales. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**

**Stella Andromeda** has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
**Escorpio**

Stella Andromeda

**Summary**

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Scorpio*, Stella Andromeda will tell you everything you need to know about your astrological life as the scorpion. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**

Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

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**Sagitario**

Stella Andromeda

**Summary**

In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Sagittarius*, Stella Andromeda will tell you everything you need to know about your astrological life as the archer. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**

Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
Capricornio
Stella Andromeda

Summary
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In Capricorn, Stella Andromeda will tell you everything you need to know about your astrological life as the goat. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

Contributor Bio
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

Acuario
Stella Andromeda

Summary
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In Aquarius, Stella Andromeda will tell you everything you need to know about your astrological life as the water carrier. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

Contributor Bio
Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.
**Piscis**
Stella Andromeda

**Summary**
In our increasingly turbulent world, many of us are looking to the sky to find guidance in the ancient art of astrology. In *Pisces*, Stella Andromeda will tell you everything you need to know about your astrological life as the fish. Learn how to harness the ancient power of the zodiac and open your mind to what the universe can offer in ways you never would have imagined. With advice that covers everything from self-care to sex, this little book is your key to a very starry future.

**Contributor Bio**
**Stella Andromeda** has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilizes earth, air and water to inspire her own astrological journey.

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**Observar las estrellas**
*Una guía completa de las 88 constelaciones*
Sara Gillingham

**Summary**
Our boundless night sky is full of stars, but did you know that it’s full of pictures and stories too? Thousands of years ago, people gazed up at the sky and saw groups of stars that looked like they could be connected to form pictures. They named these star groups after gods, animals and objects, and told stories about them that were passed down through generations. They used the stars for navigation, crop prediction and as a way to mark the seasons. This is the ultimate guide to all 88 internationally recognized constellations. It offers the fascinating stories and legends behind each star group, and helps you find them in the night sky via key star information, location descriptions and maps. Once you’ve read the stories, you’ll never look up at the night sky the same way again!

**Contributor Bio**
**Sara Gillingham** is an award-winning art director and designer. She was the Design Director for Children's Publishing at Chronicle Books and taught at UC Berkeley and California College of Arts.
Qi Gong anti-age
Yves Réquéna

Summary
This book is geared towards everyone, even young people, in its focus on super-health. By optimizing health at every moment, and strengthening energy and vitality, it’s possible to slow the process of aging and the risks linked to aging.

Contributor Bio
Yves Réquéna is a doctor who has specialized in Chinese medicine since 1970. She has also studied acupuncture, phytotherapy, and qi gong for 40 years. In 1989, she founded the Institut Européen de Qi Gong in France, and has also helped spread this ancestral practice in Europe and the Americas, where her books have been translated and distributed.

El camino del bienestar
Fabián J. Ciarlotti

Summary
El camino del bienestar es un breve pensamiento, un aforismo, una máxima, una sentencia... un sutra. Un sutra surge como una gran verdad que, cuando resuena en nosotros, nos sensibiliza y emociona. Basta con leerlo lentamente para descubrir su gran poder. Con el mismo espíritu de Ser feliz es una decisión, cada uno de los 9 capítulos de este libro cuenta con su introducción seguida por 9 sutras, lo que completa un total de 81. El número 1, símbolo de la individualidad, abre la serie de los dígitos simples, y el 9, símbolo de la universalidad, la cierra, siendo estos extremos opuestos y, a la vez, aledaños. Todo vuelve. Y lo que nos espera es el camino del bienestar.

Informed by the teachings of Ayurveda, this short but powerful companion on the path to well-being is divided into nine chapters consisting of an introduction followed by nine sutras. That makes up for a total of 81 sutras revealing profound truths that have the power to resonate with and readers.

Contributor Bio
Fabián J. Ciarlotti is a physician, a former surgeon, an Ayurveda healer, and a professor at the University of Buenos Aires and Maimónides University, Argentina, where he also heads the AYUM Ayurveda Yoga center. He is the author of several books on Ayurveda, yoga, and philosophy.
**Tu propósito**

*Es la clave*

Samuel Stamateas

**Summary**

For anybody pondering about the meaning and purpose of their lives, this book lays out clues to a path towards fulfillment. Through questions, exercises, prompts for reflection, and affirmations, readers of these pages will be guided to become who the persons they have always longed to be.

**Contributor Bio**

Samuel Stamateas is an executive coach and a professional ontological coach certified by the Argentine Association of Coaching Professionals. He provides coaching services on leadership, motivation, and oratory skills. He is the author of *Lidera tu vida*.

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**Cómo comer**

Thich Nhat Hanh

**Summary**

Experienced and beginner meditators alike will benefit from this compilation of brief meditations and mindfulness exercises. It is a powerful resource aimed at all those who long to achieve more harmony in their everyday lives, regardless of how far advanced they may be in their spiritual path.

**Contributor Bio**

Thich Nhat Hanh is one of the world’s most respected Zen masters, with over 70 years of experience.
Cómo amar
Thich Nhat Hanh

Summary
Experienced and beginner meditators alike will benefit from this compilation of brief meditations and mindfulness exercises. It is a powerful resource aimed at all those who long to achieve more harmony in their everyday lives, regardless of how far advanced they may be in their spiritual path.

Contributor Bio
Thich Nhat Hanh is one of the world’s most respected Zen masters, with over 70 years of experience.

Cómo relajarse
Thich Nhat Hanh

Summary
Experienced and beginner meditators alike will benefit from this compilation of brief meditations and mindfulness exercises. It is a powerful resource aimed at all those who long to achieve more harmony in their everyday lives, regardless of how far advanced they may be in their spiritual path.

Contributor Bio
Thich Nhat Hanh is one of the world’s most respected Zen masters, with over 70 years of experience.
**Cómo andar**
Thich Nhat Hanh

**Summary**
Experienced and beginner meditators alike will benefit from this compilation of brief meditations and mindfulness exercises. It is a powerful resource aimed at all those who long to achieve more harmony in their everyday lives, regardless of how far advanced they may be in their spiritual path.

**Contributor Bio**
Thich Nhat Hanh is one of the world’s most respected Zen masters, with over 70 years of experience.

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**Cómo luchar**
Thich Nhat Hanh

**Summary**
With clarity, compassion, and humor, Thich Nhat Hanh explores the way we behave when we experience rage, frustration, and desperation. In a series of brief meditations, he offers ideas about how to convert our disagreements and conflicts into opportunities for growth and the cultivation of compassion.

**Contributor Bio**
Thich Nhat Hanh is a Buddhist monk and teacher, a poet, a peace activist, and the author of *Be Free Where You Are*, *The Miracle of Mindfulness*, and *Peace Is Every Step*. He was nominated for the Nobel Peace Prize by Martin Luther King Jr. in 1967.
Cómo mirar
Thich Nhat Hanh

Summary
Can we see ourselves as we really are? At once profound and accessible, zen master Thich Nhat Hanh teaches the art of observing our suspicions and runaway thoughts, showing the way to develop clarity in our lives and recognize our true essence.

Contributor Bio
Thich Nhat Hanh is a Buddhist monk and teacher, a poet, a peace activist, and the author of Be Free Where You Are, The Miracle of Mindfulness, and Peace Is Every Step. He was nominated for the Nobel Peace Prize by Martin Luther King Jr. in 1967.

Estrés: el lado bueno
Por qué el estrés es bueno para ti y cómo puedes volverte bueno para él
Kelly McGonigal

Summary
You hear it all the time: stress causes heart disease; stress causes insomnia; stress is bad for you! But what if changing how you think about stress could make you happier, healthier, and better able to reach your goals? Combining exciting new research on resilience and mindset, Kelly McGonigal, PhD, proves that undergoing stress is not bad for you; it is undergoing stress while believing that stress is bad for you that makes it harmful. In fact, stress has many benefits, from giving us greater focus and energy, to strengthening our personal relationships. McGonigal shows readers how to cultivate a mindset that embraces stress, and activate the brain's natural ability to learn from challenging experiences.

Contributor Bio
Kelly McGonigal is a health psychologist and lecturer at Stanford University, and a leading expert on the mind-body relationship. She teaches for the School of Medicine’s Health Improvement Program and is a senior teacher/consultant for the Stanford Center for Compassion and Altruism Research and Education.
**El poder de las emociones**

Soledad Maurizio

**Summary**

Emotions are our body’s responses to the stimuli from the environment as well as from our own minds. Emotions can also play a powerful role in the shaping of our reality. In this insightful resource, readers will find a guide that will challenge them to feel out the life they wish to manifest and teach them to use their emotions for personal growth and deeper self-awareness through actions and thoughts.

**Contributor Bio**

Soledad Maurizio is a certified Gestalt psychotherapist, counselor, group therapy facilitator, and ontological coach specialized in organizational coaching. She is also trained in neurolinguistics and bioenergetics, among other related disciplines. In addition to her office practice, she coaches and lectures on personal and organizational development.

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**Si quieres puedes ser feliz**

Raúl Espinoza Aguilera

**Summary**

It is safe to declare that every single person aspires to be happy, but where is happiness actually to be found? Is it in money, or perhaps in material possessions or physical pleasures? With a pleasant and didactic style, this self-help guide seeks to find answers to such questions as, what attitudes should one cultivate to preserve serenity and joy? How can a balance be found between work and rest? Is it possible to be happy in the face of pain, suffering and death? By posing this interrogations, it helps identify a transcendental path towards true and permanent happiness.

**Contributor Bio**

Raúl Espinoza Aguilera is a writer and journalist. He holds a degree in Spanish and literature from the National Autonomous University of Mexico, a PhD in communications from the University of Navarra, and a diploma in philosophy from Panamericana University. He is the author of Mejores familias and Es posible rehacer mi vida, among other books.
Keep calm y aprende de los perros
Lecciones de vida de nuestros amigos caninos
Alison Davies

Summary
There is beauty and simplicity in being a dog; whether its running aimlessly through a park or waiting for a juicy sausage to roll off the grill, it's great to be man's best friend. Keep calm and learn how canine behavior can help you live a simpler, happier, and more active life. This book is full of fun and practical exercises, plus several legends and curious facts about our furry friends. A must have for any dog lover.

Contributor Bio
Alison Davies leads university workshops to help teachers and students use stories as tools for teaching and learning.

El placer de vivir sola
Marjorie Hillis

Summary
A song to the liberation of women in its fullness, in its space and in its desires. First published in 1936, this book has been passed down from generation to generation. Marjorie Hills, a true "bonvivant," shares her wisdom with tips and tricks to learn how to enjoy being single and lonely. Hillis takes readers through the basics of living alone, including the importance of creating a hospitable home environment, the question of whether women can entertain men at home (the answer may surprise you!), and much more.

Contributor Bio
Marjorie Hillis worked for Vogue magazine for more than 20 years. She was part of a growing number of independent professionals who lived alone by personal choice. In 1936 she wrote The Pleasure of Living Alone, the guide for "single women" (who became known as 'livealoners'); the book was an instant bestseller. Three years after the book's publication, at the age of 49, Hillis lovingly bade farewell to singleness, marrying T. H. Roulston.
Mundo de la asertividad
Carlos Nava

Summary
This powerful self-help resource offers a compendium of tools for achieving a high level of assertiveness. Assertiveness, the book argues, is more than a simple skill—it is a whole lifestyle philosophy. Through cultivating and applying assertiveness in their lives, readers can in turn improve their relationships, express their feelings in a more direct and open manner, ask for what they need without inhibition, develop their capacity for dialogue, firmly demand that their rights be respected, work through differences, and avoid unnecessary conflict.

Contributor Bio
Carlos Nava is an entrepreneur, consultant, and author with a master’s degree in business administration. Since 1991 he has been a partner and director at Estrategia 2000 S.C., a consulting firm specialized in designing and facilitating courses and conferences for executives as well as sales and service personnel. He is the author of El Pingüino Amarillo and Emprender es una forma de vida.

Consultas para los afligidos
Leonor Isabel

Summary
From an early age, María Iluminada has had the power to the touch the hearts and the lives of those around her. Through the story a sweet girl with an extraordinary gift, this heart-warming book seeks to leave readers with a practical lesson on how to live in harmony with themselves and others, as well as how to cultivate greater peace of mind and happiness.

Contributor Bio
Leonor Isabel is an author, social communicator, and radio presenter with over 25 years of experience in the medium. In her novels, she explores spiritual disciplines oriented to the mitigation of fear and suffering as well as ways of turning those emotions into sources of learning and self-renovation.
20 pasos hacia adelante (3rd Edition)
Jorge Bucay

Summary
Knowing ourselves consists of taking the time to look at ourselves inwardly, to connect with what we believe, with what we think, with what we feel and with what we are ... Only in this way can we begin the work of being better for ourselves and for humanity. The always illuminating books of therapist Jorge Bucay have helped a legion of readers from different parts of the world not only to better understand the what and the why of human existence, but also to accompany them on the road to personal growth with themselves.

Contributor Bio
Jorge Bucay is a doctor and a psychotherapist. His books have been translated into more than 24 languages, and he has become one of the most influential thinkers of today’s society. He is the author of Amarse con los ojos abiertos, Cartas para Claudia, Cuentos para pensar, De la autoestima al egoísmo, De la ignorancia a la sabiduría, and Hojas de ruta.

Mindful drinking
Rosamund Dean

Summary
Have you ever woken up worried that you said something wrong the night before? Have you ever felt annoyed at having finished the entire bottle of wine when you were only trying to have a glass? Mindful drinking will change your life is here to help those who want to drink less and cultivate a new, healthier, and more conscious relationship with alcohol. This book demonstrates through scientific studies and practical advice how by reducing the level of alcohol intake our skin, our body, and our mind are healthier, reducing stress and anxiety in the long term.

Contributor Bio
Rosamund Dean is a journalist and writer. He started his career at the British Marie Claire, and has collaborated on Elle, InStyle, Nylon, Empire, The Observer, and The Independent. He’s also consulting for brands like Disney.
**En la mitad de la vida**  
**Una guía filosófica**  
Kieran Setiya

**Summary**
A book for anyone that deals with the irreversibility of time. There is always a time in life in which you start to ask yourself questions that you don't have the answers to. How can you accept the failings of the past, the sense of futility in the tasks that consume the present, and the prospect of death that blights the future? It is when you are reaching middle age, when you are still young but maybe you start to glimpse the end of the road, that these questions start to arise. In this amazing book, a subtle combination of philosophy essay and self-help, the author dusts off the teachings of the most important philosophers in order to learn more about the midlife crisis.

**Contributor Bio**
Kieran Setiya studied philosophy in Oxford and Princeton and is now a professor at MIT. Besides Midlife, he is the author of four essays, such as "Reasons without Rationalism" and "Knowing Right from Wrong".

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**Cuenta conmigo**  
**Cuentos para Demián 20 años después**  
Jorge Bucay

**Summary**
You don't need to be familiar with Demián, from Cuentos para Demián, in order to immerse yourself in the pages that vividly highlight some of life's common woes. In this book, Demián reunites with his former therapist to delve back into the intellectual and emotional rollercoaster they went on 27 years back. They seek to understand human nature, heal old wounds and discover the meaning of existence.

**Contributor Bio**
Jorge Bucay is a doctor and a psychotherapist. His books have been translated into more than 24 languages, and he has become one of the most influential thinkers of today's society. He is the author of Amarse con los ojos abiertos, Cartas para Claudia, Cuentos para pensar, De la autoestima al egoísmo, De la ignorancia a la sabiduría, and Hojas de ruta.
El desarrollo emocional de tu hijo
Cuentos desde la teoría del apego
Rafael Guerrero, Olga Barroso

Summary
For fathers and mothers, teachers, counselors and psychotherapists alike, the physical and mental development of children is the pillar of foster work. Not only so that they spend their childhood in the greatest possible well-being, but so that they become adults with the necessary capacities to adapt successfully to an increasingly demanding world. With the experience of Rafael Guerrero in the dissemination of educational psychology, and the talent of Olga Barroso in the preparation of stories that illustrate, from metaphor and fantasy, how a child develops, this book explains the fundamental issues to ensure the acquisition of all these skills during childhood. The emphasis on emotional education and attachment are key to understanding how children should be treated to become safe, full and happy adults.

Contributor Bio
Rafael Guerrero has a degree in clinical and health psychology from the Complutense University of Madrid, as well as a doctorate of education. He has specialized in educational psychology, attention deficit hyperactivity disorder, learning disorders and behavioral problems in children and adolescents. Olga Barroso is an expert in gender-based violence, with extensive experience in direct attention to women and children. In this professional field, she has been able to work both in the defense of women's rights and in the psychological recovery of women, boys and girls beaten by the harshness of violence.

Natural Light
La importancia de la luz natural en casa
Francesc Zamora

Summary
Natural light is a fundamental element for architects and interior designers. This book is the work of a decorator that incorporates the importance of natural lighting into his contemporary designs. You’ll find more than 500 colorful pictures that you can use as references to allow your own space to take on a life of its own.

Contributor Bio
Francesc Zamora Mola studied interior architecture in Barcelona and then in San Francisco, where he honed his design skills working with innovative architecture firms. Mr. Zamora lives in Barcelona, where he writes about design and architecture. He is the author of numerous architecture books.
Wellness Homes
Transforma tu hogar y siente el bienestar
Macarena Abascal

Summary
In today’s world, interior designers and architects bend over backwards to bring us homes we love that also adapt to our modern lifestyles. This book compiles selected works, based on various styles and decorating tips, that will help you put the finishing touches on any home to make it a sanctuary for those that live there.

Contributor Bio
Macarena Abascal was born in Seville and live in Barcelona. She is an editor of books on architecture and interior design and a lover of her native Andalusia, its architecture, landscapes, and traditions.

Eco Homes
Habita con Sostenibilidad
Cayetano Cardelús

Summary
The building projects presented in this book are brought to you from nineteen countries, across four continents. They illustrate the limitless possibilities that can be found in architecture and our search for a more sustainable way of life. Small-scale living uses state-of-the-art technology to help transform modern living.

Contributor Bio
Cayetano Cardelús Vidal is an architect from the Escola Tecnica Superior d'Arquitectura de Barcelona, specializing in projects, urban planning and history. All through his professional life he has combined architecture with collaboration in specialized architectural publications.
**Crochet + Actitud**

Angela Gonzalez

**Summary**
I've brought this book to life because I believe in what I do. If what you do doesn't bring joy into your life, than pay attention. If what you do motivates you, than keep going. This book is but one creation, as the author, I find joy and the meaning of life through creativity.

**Contributor Bio**

*Angela Gonzalez* is Poetryarn. Crochet is an expression tool for her. She likes poetry, psychology, sociology, criminology, and loves nature above all things.

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**De Dublín a Nueva York**

Brennan Maeve

**Summary**
Maeve Brennan is one of the most relevant writers of the 20th century and De Dublín a Nueva York is the gathering of her best literary work. This fictional novel with a hint of truth is based on her own life (she was born in Dublin and died in New York). She is regarded as one of the brightest voices in English lyrics of all time by Alice Munro or William Maxwell, this book is a vindication of the clinical eye, of a writer's ability to dissect with unending genius.

**Contributor Bio**

*Maeve Brennan* was a contributor to *Harper’s Bazaar* and *The New Yorker*. In the latter, she published a series of magnificent urban chronicles, under the pseudonym The Long-Winded Lady, which are those compiled in this book.
Biográfico Einstein
Brian Clegg

Summary
Many people know that Albert Einstein (1879-1955) was a brilliant theoretical physicist, the winner of the 1921 Nobel Prize in Physics and creator of the theory of relativity that revolutionized modern science. What, perhaps, they don’t know is that he did not learn to speak until he was 4 years old; that he was asked to become the President of Israel in 1952, but refused; that he was under surveillance by the FBI for 22 years; and that after urging the development of the atomic bomb he later became a proponent of nuclear disarmament. Biographic: Einstein presents an instant impression of his life, work and fame, with an array of irresistible facts and figures converted into infographics to reveal the scientist behind the science.

Contributor Bio
Brian Clegg is an award-winning British science writer and public speaker who has written over 20 popular science books and a growing range of novels. He has also written for a wide range of publications such as Nature, BBC History, The Times, the Wall Street Journal and The Observer.

Biográfico Tesla
Brian Clegg

Summary
Many people know that Nikola Tesla (1856-1943) was an engineer and inventor, instrumental in developing the alternating-current (AC) electrical system and wireless radio communications we still use today. What, perhaps, they don’t know is that he was born during a lightning storm; that when he first arrived in the USA he owned 4 cents, his own poems, and a design for a flying machine; that he spoke 8 languages; that he held 300 patents for his inventions; and that he claimed to have invented a death ray that could destroy 10,000 planes at a distance of 250 miles. Biographic: Tesla presents an electrifying exploration of his life, work and fame, with an array of irresistible facts and figures converted into infographics to reveal the scientist behind the science.

Contributor Bio
Brian Clegg is an award-winning British science writer and public speaker who has written over 20 popular science books and a growing range of novels. He has also written for a wide range of publications such as Nature, BBC History, The Times, the Wall Street Journal and The Observer.
**Caza de brujas**  
Serenella Quarello, Fabiana Bocchi

**Summary**  
Health, money and love. We’re always short on one. If we have all three, we want more. The solution: witchcraft. Countless witches have been sentenced to death in the past and present. This book includes 50 biographies of the most iconic witches throughout the ages.

**Contributor Bio**  
*Serenella Quarello* has published 10 didactic books and several picture books, as well as adaptations and young adult novels in Italy and Spain. Winner of Edelvives Illustrator award. *Fabiana Bocchi* graduated from the Art Institute of P. Toschi. She participated in the Minimaster workshop alongside Michael Sowa. She continues to work as a freelance illustrator with several PR agencies and Italian publishers.

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**Sigo aquí**  
Maggie O’Farrell

**Summary**  
A birth that doesn’t go as expected; a kid diagnosed with an incurable disease that keeps her in bed for more than a year; a teenage girl attacked by a stranger while strolling around the countryside; a woman that escapes a fatal accident by a hair’s breadth. These are some of the episodes that are collected in this astonishing and intimate memoir: seventeen grazes with death, as the author calls them, that could have ended up in disaster.

**Contributor Bio**  
*Maggie O’Farrell* has worked as a journalist in Hong Kong and London, and as the deputy literary editor of *The Independent on Sunday*. Her debut novel, *After You’d Gone* won a Betty Trask Award and was followed by *My Lover’s Lover*, *The Distance Between U*, and *The Vanishing Act of Esme Lennox*, amongst many others.
**Tanto que contar**
Roger Steffens

**Summary**
This is a revealing book that provides a detailed look at one of music’s most influential personalities, the legendary Bob Marley. Roger Steffens is an authority in the world of reggae. This biography is the culmination of work that involved decades of interviews with more than 65 friends, business partners, and family members. Steffens takes us into the life of reggae’s biggest star. Learn how a boy from Kingston’s slums became a cultural icon that has inspired millions.

**Contributor Bio**
Roger Steffens is the world’s leading reggae historian, and the former host of the radio program Reggae Beat. His work regarding Bob Marley has been displayed at the Smithsonian, Library of Congress, and various other institutions. He currently resides in Los Angeles, California.

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**Yo soy Brian Wilson y tú no**
Brian Wilson

**Summary**
Co-founder of the Beach Boys, Wilson composed much of the timeless soundtrack for the most lysergic pop—and not just surfer-friendly—of the 1960s. With special care in the harmonization of his songs and exquisite palate for instrumentation, his lyrics transport us from the indolent beach vitalism to the dark chasms of this tortured genius. With the courage and enlightenment of someone who has a properly shredded ego, Wilson invites us to dive into the dump of his memories.

**Contributor Bio**
Brian Douglas Wilson is an American musician, songwriter, producer, and a founding member of the group The Beach Boys. Within the group, in addition to acting as a vocalist, he also developed the roles of producer and manager. After signing with Capitol Records in mid-1962, Wilson composed and co-wrote more than two dozen hits for the group that entered the top 40 of the US singles charts.
**Jim Morrison**

La historia del gran mito del rock a través de los momentos esenciales de su vida y de su carrera

Roberto Caselli

**Summary**

Morrison lived his years with the Doors in a frantic way, almost aware that life was getting out of hand: alcohol, drugs, and sex were his constant food, which only alternated with music. His journey "beyond perception" soon had no return. His life stopped paradoxically at the moment when, apparently, he had decided to leave music for poetry.

**Contributor Bio**

Roberto Caselli is a journalist, music critic, and historical voice of Radio Popolare. He has collaborated with specialized magazines, newspapers, and websites.

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**Novelas gráficas del rock**

Metallica, Guns N’ Roses y Ramones

Jim McCarthy, Brian Williamson

**Summary**

From the graphic novel experts Brian Williamson and Jim McCarthy comes a new explosive book about the legendary heavy metal band Metallica that captures the essence and the troubles of the most successful metal band. From their initial underground success to a more commercial recognition, on into their Grammy wins and selling over 100 million albums, *Metallica: Nothing Else Matters* takes an emotional journey over two decades on the road and in the recording studio.

**Contributor Bio**

Jim McCarthy has dedicated his life to writing clever contemporary graphic novels about musicians, including the Ramones, Michael Jackson, Eminem, and Bob Marley. He also wrote *Voices of Latin Rock*. Brian Williamson is a freelance illustrator based in London. He specializes in comic books, graphic novels, storyboards, and character design.
Dinero feliz
Filosofía millonaria para una vida plena
Ken Honda

Summary
Too often, money is a source of fear, stress, and anger, often breaking apart relationships and even ruining lives. We like to think money is just a number or a piece of paper, but it is so much more than that. Although Ken Honda is often called a "money guru," his real job over the past decade has been to help others discover the tools they already possess to heal their own lives and relationships with money. Learn how to treat money as a welcome guest, allowing it to come and go with respect and without resentment; understand and improve your money EQ; unpack the myth of scarcity; and embrace the process of giving money, not just receiving it.

Contributor Bio
Ken Honda has sold more than seven million copies of his books. From his financial experience as owner and director of several companies, his writings are halfway between finance and personal development, with special attention to how to create and foster personal wealth and happiness through self-analysis.

Las 7 Claves del éxito de Disney
Tom Connellan

Summary
The reasons why Disney is such a powerful example of how to improve a company and keep customers satisfied are disclosed in this fun and easy-to-read book by an expert on the subject of customer loyalty. Readers of this insightful business resource will learn seven key lessons and a myriad of practical advice that can be applied in any company and that will keep customers coming back again and again.

Contributor Bio
Tom Connellan is a business keynote speaker, consultant, and bestselling author. He is also the president of The Connellan Group, Inc., a consulting firm specializing in customer loyalty. Power Magazine has labeled him as one of seven "tough talking and truth telling" keynote speakers. His books include The 1% Solution for Work and Life and Turbulent Times Leadership for Sales Managers.
Tu mejor negocio
10 pasos para emprender con éxito
Ernesto Sandler

Summary
Cada día resulta más frecuente el surgimiento de emprendedores que, sin distinción de género, quieren construir su propio futuro como respuesta a la disminución creciente de la oferta de empleo y a la insuficiencia de salarios que permitan una calidad de vida digna y feliz. Así, mujeres y hombres buscan emprender una actividad independiente guiados por el anhelo de cumplir un sueño, conseguir fama, mejorar los ingresos, disponer de mayor tiempo para el ocio o alcanzar el reconocimiento de su entorno. Pero emprender requiere de iniciativas, capacidades y conocimientos que resultan imprescindibles para reducir las posibilidades de fracasar. Para comprenderlo en detalle, nada más oportuno que Tu mejor negocio, un programa claro y concreto que reúne los diez pasos para emprender con éxito. De la mano de la reconocida trayectoria y la probada experiencia emprendedora de Ernesto Sandler, el lector encontrará en las páginas de este libro una herramienta valiosa para conocer cómo iniciar una actividad económica evitando errores y generando ingresos genuinos sin necesidad de recurrir a conduc...

Contributor Bio
Ernesto Sandler is a renowned entrepreneur and media professional, who has served as CEO of the Argentine television production company Fox Toma 1 as well as director of national and international television production at Fox International. Some of his books include Emprendedoras: las emociones importan, Mujeres emprendedoras, and Claves para ser un empresario exitoso.

El peso natural
Cómo eliminar el sobrepeso y alimentarse de forma natural y consciente
Montse Bradford

Summary
A complete program to understand and transform your weight. Why do I gain more weight than other people? What foods make me gain weight? Why doesn't any diet work for me? It is time to consider a new approach: understand what effect the food we eat has on us. As Hippocrates told us "Let food be your medicine and your medicine be your food." Each food has an effect, an energy, a reaction in us. If we eat food with a cumulative, retention effect, we will become overweight. This work will teach you in an easy, coherent and common-sense way, to listen to your body's messages, to understand its energetic dynamics and to find the balance you need to achieve your natural weight.

Contributor Bio
Montse Bradford combines writing with the teaching of nutrition and holistic health. He is a therapist of transpersonal psychology and the art of vibrational healing. He gives talks, training courses and conferences throughout Spain, Europe and South America.
La dieta del día siguiente

Pierde peso comiendo todo lo que quieras (la mitad del tiempo)

Krista Varady

Summary

Two health experts offer a simple, new approach to weight loss—a diet that allows you to eat whatever you choose, without restrictions, every third day, while consuming 500 calories other days. The book includes recipes and tips to help readers work towards their weight-loss goal.

Contributor Bio

Krista Varady is a professor of nutrition at the University of Illinois and is considered one of the world’s premier researchers on the topic of alternate-day fasting.

Se altera la vida

Los efectos alarmantes de los disruptores endocrinos

Anna García

Summary

Our daily consumption is full of risks. Numerous scientific studies warn that diseases such as breast cancer and can be linked to synthetic substances found in countless consumer products, from food and cosmetics to cookware and paint. This invisible contamination also threatens animal well-being and the environment. This book is a profound and personal journalistic exploration that stems from the author’s experience with hyperthyroidism.

Contributor Bio

Anna García Núñez is a Spanish journalist. Her books include Orgullosas y asfixiadas, Look at això!, and Els nens vénen de Sibèria. She has also worked as a correspondent for media outlets including Ara, Catalunya Ràdio, and El País.
Intolerancia a la fructosa
Combatirla sin déficits con una dieta equilibrada
María Pilar Gómez, Sonia González

Summary
Did you know that many intestinal absorption problems are reversible and solvable? Are food intolerances a new 21st century epidemic? They’re certainly increasingly common in our population. Contributing factors include intestinal health, microbiome, lifestyle, emotional health, and stress levels, and solutions need to incorporate all of these components. This book discusses these factors as well as diagnostic methods in order to help readers arrive at an action plan aimed at restoring well-being.

Contributor Bio
M. Pilar Gómez Villena is a Spanish nutritionist with a degree from the University of Valencia. She is devoted to helping her patients approach nutrition from a holistic perspective. Sonia González Bailón is a nutritionist and food scientist. She specializes in an integrative approach to health.

Tomando control de su salud
Una guía para el manejo de las enfermedades del corazón, diabetes, asma, bronquitis, enfisema y otros problemas crónicos
Maureen Gecht-Silver, Virginia Gonzalez, Diana Lau...

Summary
A culturally sensitive Spanish translation of Living a Healthy Live with Chronic Conditions. Our readers learn how to become active self-managers through problem solving, decision making, goal setting, and action planning. This book shares these tools of self management as well as the basics of healthy eating, exercise, relaxation, communication, and emotional empowerment. Tomando control de su salud offers readers a unique and exciting opportunity — the chance to take control of their health and enjoy their lives to the fullest extent possible with chronic illness. Originally based on a five-year study at Stanford University, the content in this completely revised 5th edition includes the feedback of medical professionals and people with chronic conditions all over the world.

Contributor Bio
Maureen Gecht-Silver OTD, MPH, OTR/L is an assistant professor of clinical family medicine and occupational therapy at University of Illinois at Chicago. Virginia Gonzalez, MPH, is a health educator at the Stanford University School of Medicine’s Patient Education Research Center. Diana Laurent, MPH, is a health educator at the Stanford University School of Medicine’s Patient Education Research Center. Kate Lorig, RN, DrPH, is a director and associate professor at the Stanford University School of Medicine’s Patient Education Research Center. Marion Minor, PT, PhD, is an assistant professor at the University of Missouri in the department of physical therapy. David Sobel, MD, is the director of patient education and health promotion at the Kaiser Permanente Medical Care Program in Northern California.
**El arte del bienestar japonés**

*Una guía esencial de salud, felicidad y longevidad*

Yuna Takahashi

**Summary**

Japan has one of the world’s longest life expectancy rates. This book highlights how the Japanese have found a way to maintain a healthy diet and lifestyle based on philosophical traditions that instill peace and tranquility as essential components of everyday life.

**Contributor Bio**

Yuna Takahashi works in Japan and Germany, where she undertakes cultural projects that involve books and art shows.

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**Un camino sin excusas**

*Fitness holístico*

Daniel Tangona

**Summary**

Poner el cuerpo en movimiento también moviliza otras áreas del ser. De esto se trata el fitness holístico: mientras se tonifican los músculos, mente y emociones comienzan a su vez un proceso de desintoxicación y sanación. Además, encontrar la motivación para comenzar a entrenar es un valor que puede replicarse luego en otros ámbitos de la vida. En Un camino sin excusas, Daniel Tangona, entrenador con más de cuarenta años de trayectoria, cuenta sus secretos para emprender una vida más saludable, pero sobre todo más plena, inspirando con su propio cambio a que otros también se inicien en este recorrido integral. Una vida en la que cuerpo, mente y emociones no se desempeñen por vías separadas, sino que funcionen como un todo armónico. Y explica por qué comenzar por mover y entrenar el cuerpo es la mejor forma de llegar a un corazón feliz.

In Un camino sin excusas, Mr. Tangona shares his secrets to a healthier life based on holistic fitness. Through his own story of holistic transformation, he inspires readers to strengthen their minds and detox their emotions as they move their bodies an...

**Contributor Bio**

Daniel Tangona is a certified personal trainer and bodybuilding coach. Over the course of his professional career spanning more than four decades he has facilitated fitness lectures and classes worldwide as well as in his native Argentina.
Ayurveda para la mujer
Fabián J. Ciarlotti, Jorgelina M. Corín

Summary
Ayurveda acompaña a la mujer desde su nacimiento, niñez y pubertad, hasta su adultez y vejez. Kumara bhṛtya es una de las ocho ramas de esta maravillosa medicina-filosofía de vida y consta de pediatría, ginecología, obstetricia y geriatria. Es decir, que la misma persona profesional del Ayurveda acompaña a la mujer durante toda su vida y, por supuesto, antes, durante y después del parto, junto a su progenie. La visión védica de la mujer, la sitúa en lo más alto de la creación y nos entrega un maravilloso aporte para cada lugar y situación en la que se encuentre. Por eso este libro aborda temas clave como la alimentación, el manejo emocional, el karma, la biodescodificación, la infancia femenina, la menarquía, la pubertad y la mujer cíclica, pasando luego por el embarazo, la madurez y la vejez, con los desequilibrios más comunes en cada época de la vida, y su posible comprensión y tratamiento.

As it moves through the different stages in a woman’s life, this guide on Ayurveda for women reflects on such fundamental topics as nutrition, managing emotions, karma, and bio decoding. It touc...

Contributor Bio
Fabián J. Ciarlotti is a physician, a former surgeon, an Ayurveda healer, and a professor at the University of Buenos Aires and Maimónides University, Argentina, where he also heads the AYUM Ayurveda Yoga center. He is the author of several books on Ayurveda, yoga, and philosophy. Jorgelina M. Corín holds a bachelor’s degree in biology from the University of Buenos Aires. A certified biological decoder, she is also a professor at Maimónides University, Argentina, where she teaches several courses on yoga, Ayurveda, and bio decoding.

Yoga y gestación
Isabel Coca

Summary
Giving birth implies a change in both body and mind. The way we welcome our baby into our lives is critical to their future development. This book shows the importance and usefulness of yoga in the special moments of pregnancy and birth. It’s important for every mother to prepare for a new baby, and the practice of yoga can be a very helpful contribution. This book is oriented towards an easy yet rigorous yoga practice that progresses gradually and in keeping with the challenges of pregnancy.

Contributor Bio
Isabel Coca is a nurse and midwife who specializes in partum and postpartum health. She has incorporated her training in hatha yoga into birth preparation. She has helped many couples prepare for parenthood and has worked with awareness groups for nonviolent birth and home birth.
Ashtanga yoga
Una guía práctica y fácil para purificar el cuerpo y potenciar la mente
Blanca Herp

Summary
This course on Ashtanga yoga teaches you how to find peace and relaxation through simple exercises. Thanks to its magnificent teachings and wonderful photographs, you’ll be able to work on yourself and build flexibility, strength, and resistance. Go ahead and allow yourself to grow in mind, body, and spirit.

Contributor Bio
Blanca Herp is the author of various books and contributes to health magazines. She gives courses, conferences, and workshops about the virtues of superfoods and the best way to prepare them.

100 por cien NBA
De Naismith al Unicornio
Eneko Picavea

Summary
¿Qué pasó desde la noche del draft de 1986 hasta que Len Bias falleciera en el College Park de Maryland? ¿Qué mala decisión pudo truncar la carrera de Danny Granger o por qué le pidió perdón Larry Bird en Indiana? Vlade Divac estuvo a punto de tumbar la llegada de Kobe Bryant a Los Angeles Lakers; Grant Hill de morir en una operación de tobillo, y Shaq Liviingston de perder la pierna por una gravísima lesión. Los Suns del siete segundos o menos, la mítica noche de Kobe en 2006 o la cadena de mala suerte que enterró la carrera de Delonte West. Y mucho más. Descubre qué se esconde detrás de las carreras de muchas de las estrellas de la mejor liga de baloncesto del mundo, de los noventa hasta el día de hoy, incluyendo la de un candidato al MVP en 2019 que no pudo ganar a su hermana hasta casi la mayoría de edad.

What happened from the evening of the 1986 NBA draft until the moment college sensation Len Bias was found dead in College Park, Maryland? Which bad decision could have cut Danny Granger’s career short, and why did Larry Bird apologize to him in Indiana? This entertaining compendi...

Contributor Bio
Eneko Picavea is a sports journalist. Since 2017 he writes for the global sports channel network beIN. He has also covered the NBA for the Spanish daily sports newspaper AS. In 2013 he founded Revistagradas, an online magazine focused on the NBA.
Tiger Woods
Jeff Benedict, Armen Keteyian

Summary
In 2009, Tiger Woods was the most famous athlete on the planet, a transcendent star of almost unfathomable fame and fortune living what appeared to be the perfect life. But it turned out he had been living a double life for years—one that exploded in the aftermath of a Thanksgiving night crash that exposed his serial infidelity and sent his personal and professional lives over a cliff. Jeff Benedict and Armen Keteyian dig deep behind the headlines to produce a richly reported answer to the question that has mystified millions of sports fans for nearly a decade: who is Tiger Woods, really?

Contributor Bio
Jeff Benedict is a #1 New York Times bestselling author, a special features writer for Sports Illustrated, and a television and film producer. He has also written for the New York Times and Los Angeles Times. Armen Keteyianis a CBS News correspondent based in New York and an eleven-time Emmy Award winner, he is widely regarded as one of the finest investigative journalists in the country.

Memorias
Lamar Odom, Chris Palmer

Summary
In Darkness to Light, Lamar gives readers an intimate look into his life like never before. His exclusive and revealing memoir recounts the highs and lows of fame and his struggle with his demons along the way to self-discovery and redemption. From the pain of his unraveled marriage to Khloé Kardashian to the harmful vices he used to cope—and the near-death experience that made him rethink everything about his life—this is Lamar as you have never before seen him.

Contributor Bio
Lamar Odom played thirteen seasons in the NBA and won two championship rings with the Los Angeles Lakers. His image also went around the world as co-star of the popular television series "Keeping Up with the Kardashians", that gave rise to the spin-off "Khloé & Lamar". Chris Palmer is a veteran NBA sports journalist. He worked for twenty years for The Magazine. He is currently a contributor to The Undefeated (ESPN) and Spectrum SportsNet programs, among many other spaces. He has written and collaborated on six books.
Decoración con fondant
Ana Laura Ruiz

Summary
Decoración con fondant is a unique book created by Chef Ana Ruiz. She’ll show you how to prepare fondant and use it to decorate cookies, cupcakes or cakes in visually stunning ways. This book also includes recipes and basic techniques used to prepare fondant, fillings, and how to use them. Plus, 20 select fondant projects.

Contributor Bio
Ana Ruiz is a culinary artist with over 8 years of experience as a pastry chef; fondant is her specialty. Currently, she has a pastry shop in which she offers products of her own design.

Grandes Chefs Mexicanos
Panadería - Repostería - Chocolatería
Ediciones Larousse

Summary
Mexico’s Greatest Chefs: this book highlights national ingredients found in three culinary specialties. You’ll learn from 29 renowned Mexican bakers, pastry chefs, and chocolatiers. Access over 100 Mexican recipes created by these masterminds. Each recipe comes with step-by-step instructions and a spectacular photograph.

Contributor Bio
Ediciones Larousse is a publishing house based in Mexico City.
Sopas detox
Recetas y hábitos alimentarios para sanar el cuerpo
Eva Roca

Summary
In this book, you’ll discover how to enjoy detox soups without giving up flavor, vitality, and vibrant color. Detox soups are a critical part of any healthy diet: they clean and nourish using raw ingredients that are also easy to digest. Learn practical methods for creating these soups and combining ingredients correctly for incredible nutritional and cleansing effects. Detox soups have revolutionized the world of weight-loss diets, and the ones in this book can be enjoyed alongside any meal or for cleansing purposes. This book offers a seven-day detox diet for every season of the year.

Contributor Bio
Eva Roca is a Spanish eco-conscious chef and the creator of Bionèctar, Catalonia’s first organic raw food restaurant. She has been researching nutrition and its impact on health and the environment for more than 20 years. In 2010, she founded the ethical food institute Crudivegània. She also teaches at the University of Girona.

Cenas fáciles, rápidas y sanas
68 recetas
Inés Butrón

Summary
This book is intended as a guide to making your dinners healthier without adding a lot of time or skill in the kitchen. These recipes are intended for all audiences, whatever their devotion to cooking. You’ll find fun and original sandwiches, flavorful salads, simple meat and fish dishes, and ideas for cooking with vegetables and grains. Make your weekends a little more gourmet with these recipes, and enjoy cooking more than you’d ever imagined.

Contributor Bio
Inés Butrón is a Spanish food writer and teaches food writing at Abad Oliva University and Mediterranean haute cuisine at the University of Alicante. Her writing has been published in numerous outlets, and she is the author of various books on gastronomy. She has maintained a gastronomy blog, Atable: recetas y letras, for 10 years.
**Vodka: Mezclar, agitar, remover**
Más de 40 combinados para amantes del vodka

Dan Jones

**Summary**
Vodka: mix, shake and stir. Dan Jones offers readers countless ways to enjoy this Russian liquid. He starts off with the basics by selecting quality vodka and making his own blends. He provides 40 must-have cocktail recipes that you can easily whip up at home; enjoy martinis, cosmopolitans, and Moscow’s Pineapple Mule. Extras include: homemade recipes for syrups, sours, and infusions. If you still haven't found your favorite blend, cocktail or party drink, then pick up this book and a bag of ice on the way home.

**Contributor Bio**

**Dan Jones** is one of the most prolific cocktail creators in the world, and he is also a writer and editor. He has contributed to various publications, from *I-D* to *Time Out*. He loves working on cocktails at home and trying new recipes. His favorite is the Dirty Martini.

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**Yoga Kitchen**
Plan semanal de alimentación con más de 70 recetas vegetarianas

Kimberly Parsons

**Summary**
Yoga Kitchen offers you the tools you need to live a healthy life. In one week, you’ll be immersed in Yoga and receive four weeks worth of vegetarian recipes that will guide you through a spiritual chakra renovation. Your mind, body, and spirit will be able to rejoice in three daily meals that can help you stay calm, strong, and energetic. Discover more than 70 recipes based on the yoga lifestyle that involve clean eating habits with fruits, vegetables, and dairy products. It excludes stimulants such as: eggs, garlic, onion, caffeine, and other mind-altering substances. Embark on a more natural way of living and enjoy the beauty of inner peace.

**Contributor Bio**

**Kimberly Parsons** is the author of *Yoga Kitchen*, a speaker, lecturer, professionally qualified naturopath, chef, and entrepreneur. As The Yoga Chef, her mission is to teach people how to listen to their body’s daily signs and symptoms in order to find long lasting, vibrant health, and happiness. She calls this "body intelligence" and is deeply passionate about helping people tap into this knowledge to find true connection. Kimberly spends her time cooking on health retreats all over the world and resides in the English countryside where she cooks bespoke healthy meals for many celebrity and private clients and delivers them to doorsteps all over London.
La biblia vegana
Una dieta sana y equilibrada sin alimentos de origen animal
Laura Torres, Clara Vidal

Summary
Whether for an ethical issue, for ecological awareness, or for solidarity with the animal world, being vegan is a healthier and more respectful way of living. Running away from animal foods does not mean giving up tasty foods. Quite the contrary, those who choose vegetables, fruits, and legumes as the main source of their diet are enriching their universe with a very wide range of healthy nutrients. The pages of this book bring together very current texts and recipes on why to be vegan, with very clear, simple, and easy dietary explanations.

Contributor Bio
Laura Torres is a writer who specializes in health, diet, and natural living. Her books include El aceite del árbol del té; Limón, ajo y cebolla, alimentos que curan; and La equinácea y otros aliados de tus defensas. Clara Vidal is the author of hundreds of vegan recipes. She has been a self-taught vegetarian cook since she was 16 years old.

Caldo de pollo para el alma: Un libro de milagros
101 milagros para fortalecer tu fe, darte esperanza e iluminar tu día
Jack Canfield, Mark Victor Hansen, LeAnn Thieman

Summary
Miracles are all around us. We only have to look, ask, and accept God’s powerful gifts. These stories of 101 miracles will deepen your faith, give you hope, and brighten your day! These 101 amazing stories prove that God is actively involved in our daily lives, working miracles on our behalf. You will be awed and gratified by miraculous true accounts of healing, faith, divine intervention, and answered prayers. You'll read tales of signs from above, the healing power of prayer, extraordinary connections with loved ones who have passed on, angels, divine appointments, and the everyday miracles we too often overlook. Among the 101 miracles, you'll share the joy and inspiration of: Warren Holland, who prayed intensely as his US Air flight landed safely in the Hudson River, Kimberly McLagan, who put herself in God's hands after seven years of infertility and then had four children, and many others.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty New York Times bestsellers. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. He lives in Santa Barbara, California. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. He is also the author of numerous self-help works, speaker and founder of the MEGA Seminar Series. LeAnn Thieman is a professional orator, writer and nurse. She is a regular co-author of the Chicken Soup for Soul series.
Caldo de pollo para el alma: Vivir la fe católica
101 historias para compartir esperanza, fe y amor
Jack Canfield, Mark Victor Hansen, LeAnn Thieman

Summary
These 101 positive powerful stories from Catholics of all ages will offer hope, deepen faith, and spread love. *Vivir la fe católica* is not only a book about “living the faith” but also about a faith that is living. Whether you are a cradle Catholic or a convert; lay, clergy, or religious; simply curious or struggling; these 101 stories will deepen your faith and hope in God. A great gift for Confirmation, graduations, weddings, and holidays! People of all ages and religious experiences share humorous, poignant, faith-filled true stories about Catholicism as part of daily modern life.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty *New York Times* bestsellers. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. He is also the author of numerous self-help works, speaker and founder of the MEGA Seminar Series. LeAnn Thieman is a professional orator, writer and nurse. She is a regular co-author of the Chicken Soup for Soul series.

Caldo de pollo para el alma: Edición especial 20 aniversario
Las historias originales, más 20 historias nuevas para los próximos 20 años
Jack Canfield, Mark Victor Hansen, Amy Newmark

Summary
The classic *New York Times* bestseller that started it all— and according to *USA Today* one of the top five books in the past quarter century “that leave a legacy.” The Original... with 20 new bonus stories for the next 20 years! Twenty years after its creation, this bestseller continues to change lives around the world. Rediscover the power of inspiration with timeless stories about the everyday miracles that illuminate the best of the human spirit. Whether you’re discovering Chicken Soup for the Soul for the first time, or you are a long-time fan, this book will inspire you to be a better person, reach for your highest potential, overcome your challenges, and embrace the world around you. Read your favorite original stories plus new bonus stories.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty *New York Times* bestsellers. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. He is also the author of numerous self-help works, speaker and founder of the MEGA Seminar Series. Amy Newmark is a writer, financial analyst, speaker and business executive in the world of finance and telecommunications. She is currently editor in chief of the Chicken Soup for the Soul series.
Caldo de pollo para el alma: Gracias, mamá
101 historias de gratitud, amor y buenos tiempos
Jack Canfield, Mark Victor Hansen, Wendy Walker

Summary
*Chicken Soup for the Soul: Thanks Mom* will touch the heart of any mother with its stories of gratitude, joy, love, and learning from children of all ages. A mother's job is never done, but in this book, she gets the praise she deserves. Children of all ages share their words of thanks in these touching, heartfelt stories. This book will bring any mother joy, inspiration, and humor and show her that the kids were paying attention after all.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty *New York Times* bestsellers. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. He is also the author of numerous self-help works. Wendy Walker received a law degree from Georgetown University.

Caldo de pollo para el alma: Gracias, papá
101 historias de gratitud, amor y buenos tiempos
Jack Canfield, Mark Victor Hansen, Wendy Walker

Summary
*Chicken Soup for the Soul: Thanks Dad* will resonate with any father with its heartwarming, loving, and even amusing stories from the next generation. This book gives fathers the pat on the back they deserve. Children of all ages share their heartfelt words of thanks and loving memories in these 101 stories. This book will bring any father joy and humor, and maybe even find that their kids did pay attention after all.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty *New York Times* bestsellers. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. Walker received a law degree from Georgetown University.
Caldo de pollo para el alma: Duelo y recuperación
101 historias de inspiración y consuelo para sobrevivir a la perdida de un ser querido
Jack Canfield, Mark Victor Hansen, Amy Newmark

Summary
This collection of comforting stories provides support in time of need. Find inspiration in stories about coping with loss, regaining strength, appreciating life, and finding joy. When you’re hurting, it helps to read stories from other people who have been through the same thing. Read about how others handled loss and found their way to recovery, finding acceptance and meaning in their lives.

Contributor Bio
Jack Canfield is co-creator of the Chicken Soup for the Soul series, which includes forty New York Times bestsellers. Mark Victor Hansen is a co-founder of Chicken Soup for the Soul. Amy Newmark is a writer, financial analyst, speaker and business executive.

Es hora de ir al baño
Guía para el temido momento de dejar los pañales
Jamie Glowacki

Summary
Is it time to leave the diapers but you don’t know where to start? How long will it take? What if the bathroom scares you? What do we do at night? What about daycare or school? What if your child refuses and throws tantrums? Es hora de ir al baño can solve these and other common problems at this crucial stage of your children's learning. Jamie Glowacki uses her experience with hundreds of families to create a proven six-step plan that will help you train them quickly, successfully and without drama.

Contributor Bio
Jamie Glowacki is a recognized leader in baby potty training. She is also an expert parental guide with two careers: social worker and circus worker, which makes this unique combination so successful in teaching children and their parents what the process of leaving the diaper and going to the toilet entails. She currently lives in Rhode Island.
Infidelidad
Nuevas miradas para un viejo problema
Demian Bucay

Summary
They say we are all vulnerable to being cheated. Culturally we see infidelity at the same time as something almost inevitable, and as the worst betrayal that can be committed against a partner. But are all forms of infidelity the same? Is it such a serious act that it should always lead to the dissolution of the family? In this deep, revealing and provocative book the psychotherapist Demián Bucay crumbles infidelity in the modern world. The result is an invitation to look at it in its proper measure: neither as an insignificant game and without any consequence, nor as the transgression that in all cases should lead to definitive separation, but as a challenge that each couple must examine, weigh and solve according to your reality of life.

Contributor Bio
Demian Bucay is a psychiatrist and therapist. He studied medicine at the University of Buenos Aires and earned a doctorate in Gestalt Therapy. Today he provides therapy for individuals and couples.

Amarse con los ojos abiertos
El desarrollo personal a través de la pareja
Jorge Bucay

Summary
As expressed by Jorge Bucay and Silvia Salinas in this revealing book, an unbreakable bond between lovers can only be established when we are willing to see our partner as they are, not as we’d wish them to be. Couples must love themselves without delusions. Learning to love with open eyes inspires us to build affectionate, fulfilling and lasting relationships that can dispel the notions of "relationship crises".

Contributor Bio
Jorge Bucay is a doctor and a psychotherapist. His books have been translated into more than 24 languages, and he has become one of the most influential thinkers of today’s society. He is the author of Amarse con los ojos abiertos, Cartas para Claudia, Cuentos para pensar, De la autoestima al egoísmo, De la ignorancia a la sabiduría, and Hojas de ruta.
Un montón de cosas que hacer
Jo Schofield

Summary
Each book in this beautiful and inspiring collection describes 70 activities to do outdoors. You’ll be inspired to take a trip to the nearest countryside to enjoy it along with your children!

Contributor Bio
Jo Schofield is a British author. She earned a degree in psychology from Exeter University and has previously worked in educational psychology, television advertising, photography. She also maintains a website that offers ideas for outdoor activities for children.

100 claves del desarrollo emocional en la infancia
Laura Bendesky Corenstein

Summary
What are the first years of a child’s life like? Is it crucial for a child to play? These questions, among many others, will be addressed throughout this work. This book is aimed at mothers, fathers, teachers, caregivers, and professionals who are dedicated to the care of minors. It invites reflection, knowledge, and understanding of childhood, such an important stage in the life of a human being.

Contributor Bio
Laura Bendesky Corenstein is a general health psychologist, early childhood teacher, and specialist in child and adolescent care. She has a degree in psychology and early childhood education and has a master's and postgraduate degree in Psycho-oncology. She has been working in the clinical field for more than 15 years.
Efecto Pantalla
Cómo lograr el equilibrio digital
Laura Jurkowski

Summary
Con estilo ágil y lenguaje claro, la licenciada en Psicología especializada en adicciones a internet, Laura Jurkowski, ofrece en este libro un panorama completo acerca de la presencia de las pantallas en la sociedad contemporánea, la conducta digital de niños y adultos, los riesgos que surgen cuando se las usa excesivamente, y una guía práctica para padres con el objetivo de alcanzar el bienestar digital. Valiéndose de una mirada que integra de manera incuestionable a las pantallas en la vida diaria, la autora propone asignarles un espacio saludable que permita usarlas de manera consciente y limitada para no quedar atrapados en ellas. Del prólogo de Andy Kusnetzoff: "Cuando nació Helena comprendí que verla crecer es una experiencia que no tiene dos oportunidades. Todos podemos caer en la trampa de pensar que "estamos ahí", pero en realidad estamos presentes mirando el celular. Contestando un whatsapp, mirando Instagram o leyendo noticias. Y esto, que tiene apariencia inofensiva, convertido en hábito puede desencadenar conductas riesgosas en nuestros hijos y en nosotros, los adultos q..."

Contributor Bio
Laura Jurkowski is a psychologist, and a pioneer in the treatment of internet addiction in her native country of Argentina. She is the founder and director of reConectarse, a ground-breaking institution providing guidance, diagnosis, and treatment for conditions associated with the use of modern-day technologies.

Juegos de lógica para desafiar tu mente
Anders Producciones

Summary
From the moment we are born, our brains are frantically engaged in assimilating the world around us. However, as time goes by, our mental activity diminishes, routine takes a tighter grip on our lives, and our minds settle. This collection of logic games provide an opportunity to challenge and train our minds daily to recover some of their lost vitality.

Contributor Bio
Anders Producciones is a publishing group based in Spain
Enigmas divertidos en un minuto

Anders Producciones

Summary

What does it take to think like a detective? This compendium of more than 100 ingenious riddles will challenge readers to do just that. Designed to stimulate creative thinking and logical problem-solving skills, the riddles in this collection introduce readers to mystifying scenarios to solve and save the day.

Contributor Bio

Anders Producciones is a publishing group based in Spain.

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Cultura general. Desafío de la preguntas para saberlo casi todo

Anders Producciones

Summary

A great tool for striking up small talk with strangers and engage in deeper conversations with acquaintances, this pool of 310 fun trivia questions and answers covers a wide variety of topics and curious facts. It is sure to entertain, surprise, and educate anybody looking to broaden their general knowledge.

Contributor Bio

Anders Producciones is a publishing group based in Spain.
Enigmas criminales para mentes perspicaces

Anders Producciones

Summary
Con artists, killers, and robbers are only some of the misfits that readers will encounter in this entertaining compendium of mystery crime riddles that can be tackled solo or in groups. Designed to be solved in under 20 minutes, the riddles in this book guarantee a great time with a good dose of suspense.

Contributor Bio

Anders Producciones is a publishing group based in Spain.

Juegos de ingenio para potenciar tu mente

Anders Producciones

Summary
Designed to be solved in short periods of time, the varied cognitive games in this book challenge our brains to use lateral thinking and engage in more creative reasoning. They are an entertaining way to stimulate concentration, strengthen memory, and sharpen comprehension skills.

Contributor Bio

Anders Producciones is a publishing group based in Spain.
Summary

*Cartomagia* is a coveted volume that encompasses: math-magic, close-up magic and the ever-curious mind of Martin Gardner. Marvel at the world of mathematics, mystery, and a magician’s sleight of hand through a fun and engaging perspective.

Contributor Bio

**Martin Gardner** is an American scientific researcher and magician.

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Summary

*Matemagia* is a coveted volume that encompasses: math-magic, close-up magic, and the ever-curious mind of Martin Gardner. Marvel at the world of mathematics, mystery, and a magician’s sleight of hand through a fun and engaging perspective.

Contributor Bio

**Martin Gardner** is an American scientific researcher and magician.
Magia de cerca
Martin Gardner

Summary
Magia de cerca is dedicated to Gardener’s work on sleight of hand, and compiles over six decades worth of the legend’s magic with cards, coins, dice, rope, paper, and much more.

Contributor Bio
Martin Gardner is an American scientific researcher and magician.

Doce juegos con una baraja prestada
Martin Gardner

Summary
Step right up! Take a look at 12 card tricks that can be done anytime with ordinary playing cards. Most of these skills can be mastered with just one or two techniques, while some require a bit more of an effort; follow along with Dr. Harlan Tarbell’s superb illustrations and get ready to amaze eager onlookers.

Contributor Bio
Martin Gardner was a U.S. science writer. He was also a magician and illusionist who published popular books that put a fun twist on mathematics.
Mandalas
Libro de colorear para adultos
Nacho Ruiz

Summary
These coloring books for adults let you disconnect from everything and have fun. The illustrations foster concentration and help you live in the moment. Grow your creativity with ease!

Contributor Bio
Nacho Ruiz is a coloring book editor who has edited more than 20 nature coloring books for adults and children.

Historia de los videojuegos
Todo lo que necesitas saber desde sus inicios hasta principios del siglo XXI
Yann Lebihan

Summary
This is the astonishing history of video games, a powerful industry that grew and developed between Japan and the United States. Despite being some of the most technically progressive entertainment of the current day, many still remember those clunky first games with affection. This book discusses those classic games and their creators so that gamers old and new can learn about the events that marked this genre.

Contributor Bio
Yann Lebihan is an author. Like much of his generation, he grew up on video games which occupied a large part of his time.
100 cosas que tienes que saber de la música clásica
Una guía infalible para saber cuándo aplaudir
David Puertas Esteve

Summary
This book explains 100 concepts in classical music—some of which you’d never imagine, and some you surely already know. He discusses Bach, Mozart, and Pau Casals; the best works of the last 500 years; and auditoriums, festival, and violin-makers. In so doing, he reminds readers that there’s no need to be an expert to enjoy classical music and feel moved by it. All told, it’s a discussion of classical music in approachable language for even us mere mortals.

Contributor Bio
David Puertas Esteve is a Spanish expert in musical training who teaches at the Institut Can Puig in Barcelona. He contributes to educational programs at institutions such as L'Auditori de Barcelona, the Palau de la Música Catalana, the Festival Internacional Pau Casals, and the orchestras of various Catalan cities. He is the author of several books, including 100 cosas que tienes que saber de la ópera, Notes de concert, and Música encreuada, as well as the novel El Pianista Cec.

Keith Moon & The Who
Vida y muerte del genial batería de la mítica banda británica
Jim McCarthy, Marc Olivent

Summary
The best rock drummer in history was also the wildest reveler. Along with his other companions of The Who—Roger Daltrey, Pete Townshend, and John Entwistle—they knew how to forge an aura of legend that took them to one of the most privileged places on the Olympus of rock. Exceptional performers and endowed with a very marked stage personality, they lived impelled between formidable songs, large amounts of alcohol, drugs, and insecurities.

Contributor Bio
Jim McCarthy has dedicated his life to writing clever contemporary graphic novels about musicians, including the Ramones, Michael Jackson, Eminem, and Bob Marley. He also wrote Voices of Latin Rock. Marc Olivent is an author.
Crónica del rock
Ezio Guaitamacchi

Summary
After 60 years, Rock 'n' roll continues to hold on to its rebellious spirit. This magnificent first volume takes us back to its origins and its psychedelic past. A wonderful read that will allow you to understand Rock 'n' roll at its core, in a fun and engaging way. You can experience the evolution of an artistic and cultural phenomenon that has changed the world many times over, and continues to do so.

Contributor Bio
Ezio Guaitamacchi works as a journalist, music critic, TV and radio personality, writer, musician, and teacher who's published over 15 essays. Ezio penned one of the first Italian rock thrillers, Psycho Killer (Omicidi in Fa maggore, Ultra, 2013). Notable works include: Rutas del Rock and Storia del Rock en Italia.

Crónica del rock
Momentos y grandes escenas de la historia del rock
Ezio Guaitamacchi

Summary
This is a fascinating journey into the epic history of rock 'n' roll. Take a look at the origins and evolution of the phenomena that has given life to sub-genres such as glam rock, punk, and grunge nihilism. This is a wonderful encyclopedia that invites you to learn about some of the most important cultural experiences of the 20th century. When reading about rock 'n' roll, intrigue is guaranteed.

Contributor Bio
Ezio Guaitamacchi is a music journalist and critic. He is the author of Psycho Killer, Omicidi in Fa maggore, and Storia del rock en Italia.
Historias del Heavy Metal
Un recorrido apasionante por las otras historias del heavy metal, casi inverosímiles, pero reales.
Eloy Pérez Ladaga

Summary
The world of heavy metal is not for the faint-hearted: alcohol, drugs, mosh pits, and fast living. Aspiring metalheads often dive head first into a life of excess, often without any regard to the consequences, all for a chance to become rock stars.

Contributor Bio
Eloy Perez Ladaga has always been connected to the world of rock ‘n’ roll. He has worked at several record labels and collaborated in fanzines, websites, local radio shows, and magazines, such as Rocks, Mondo Sonoro o Popular 1 and Ruta 66.

La técnica instrumental aplicada a la pedagogía
Una guía para docentes con ejemplos muy prácticos
Juan Mari Ruiz

Summary
This book analyzes the similarities and differences that exist between two musical practices, performance and teaching, apparently opposed but closely related, and aims to serve as a guide for teachers in their daily work. It is certain that a good teacher has all the tools that allow them to express themselves freely through their instrument, but they may not be able to fully transmit this knowledge to their students. On the other hand, a good teacher may not be making the best of what their students are giving them to enrich themselves as an instrumentalist.

Contributor Bio
Juan Mari Ruiz is an oboe teacher and an instrument technician at the Conservatory of Music of Navarre in Spain. He also collaborates regularly with various professional orchestras. He maintains the blog eldeportedesermusico.com, where he writes about techniques for musical study.
Piano jazz

*Una crónica del jazz clásico y moderno a través de sus pianistas*

Isabelle Leymarie

**Summary**

The piano is a fundamental instrument in the world of jazz. This book retraces the history and evolution of the piano’s role in the genre throughout the U.S., Europe, and Latin America. It also provides tips and techniques to help you master the keys that give jazz life at the touch of a finger.

**Contributor Bio**

*Isabelle Leymarie* is a jazz pianist and expert on music. She has taught at various universities in the U.S. and Europe. Her talent has taken her to stages in the U.S., Europe, Japan, India, and Latin America. She is well-known for her jazz style and Latin jazz classes and seminars.

Cómo enseñar a cantar a niños y adolescentes

*Fundamentos técnicos y pedagógicos de la voz cantada*

Isabel Villagar

**Summary**

Isabel Villagar has provided us with a book to guide us in teaching children how to sing. Her book is based on scientific principles and focuses on the mental and emotional stages that children and teens go through while learning to sing. She dispels the notions that singing is reserved to those select few that are born with a gift. Isabel invites readers of all ages to uncover their own vocal talent.

**Contributor Bio**

*Isabel Villagar* is a singer and vocal coach. She is the director of the Spanish Association of Teachers of Singing for Valencia, as well as a vocal technique expert and vocal coach.
Pedagogía práctica de la guitarra
Técnicas de aprendizaje; Procedimientos pedagógicos; Supuestos prácticos
José Manuel González

Summary
This work is based on all active methodologies, mainly the one developed by Edgar Willems. Here we provide the teaching perspective for the teacher, focused on everything that encompasses music, beyond manual skills and technical development. What is new is the holistic approach, the scientism and the public to which it is addressed: a real novelty in the market in this area of knowledge.

Contributor Bio
José Manuel González begins his musical studies at the "Ramón Corrales" Elementary Conservatory of Music. He was awarded the First Prize in the I Guitar Contest Tribute to Vicente Espinel. He is also the author of several articles for specialized magazines, as well as several critical editions of guitar music by Eduardo Sainz de la Maza. He is a guitar teacher and, as a researcher, belongs to the Real Guitar Study Association.

En busca del blues
Todo blues
Miquel Jurado, Manuel López Poy

Summary
This book is both a tourist guide and an enjoyable and compelling journalistic chronicle of the varied stories of towns, cities, and also of characters who were the architects of popular American music. An exceptional journey that takes us from Memphis and Nashville in Tennessee to New Orleans, the great city of music.

Contributor Bio
Miquel Jurado is a Catalan music journalist. He has contributed to outlets such as El País, Radio Barcelona Cadena SER, and Catalunya Ràdio. He has also acted as a music consultant for Fundació La Caixa and the City of Barcelona. Manuel López Poy is a journalist and writer of several music books. He is a contributor to Ruta 66 and Fiat Lux magazines, presenter of the Bad Music program and director of the Blues Yearbook.
**El camino del carácter**  
David Brooks

**Summary**  
With the wisdom, humor, curiosity, and sharp insights that have brought millions of readers to his New York Times column and his previous bestsellers, David Brooks has consistently illuminated our daily lives in surprising and original ways. Now, in El camino del carácter, he focuses on the deeper values that should inform our lives. Responding to what he calls the culture of the Big Me, which emphasizes external success, Brooks challenges us, and himself, to rebalance the scales between our “résumé virtues”—achieving wealth, fame, and status—and our “eulogy virtues,” those that exist at the core of our being: kindness, bravery, honesty, or faithfulness, focusing on what kind of relationships we have formed.

**Contributor Bio**  
**David Brooks** is a columnist for The New York Times and appears regularly on “PBS NewsHour,” NPR’s “All Things Considered” and NBC’s “Meet the Press.” He teaches at Yale University and is a member of the American Academy of Arts and Sciences. He is the bestselling author of The Social Animal, Bobos in Paradise, and On Paradise Drive. He lives in Maryland.

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**Ellas lo pensaron antes**  
Filósofas excluidas de la memoria  
María Luisa Femenías

**Summary**  
Las mujeres desafiaron la condición de “inferiores”, “incapaces” o “dependientes” a que las destinaba su esencia femenina. Eligieron la literatura, la ciencia y la filosofía para expresarse. Incluso, en los períodos más adversos por la censura pública, algunas de ellas teorizaron en diarios íntimos o epístolas. Muchas veces se les prohibió el uso de la palabra y de la pluma, o simplemente fueron asesinadas por proseguir sus investigaciones. Durante largos periodos, no les fue permitido firmar con nombre propio sus textos, para no deshonrar a sus familias, figurando su obra como de “autor anónimo”. Superada la etapa de anonimato forzado, la mayoría firmaba con su inicial y su apellido paterno o marital, o un seudónimo masculino, desdibujándose así su autoría. Lo cierto es que la mayoría de las filósofas tuvo que esperar hasta el siglo XX para que sus obras fueran rescatadas del anonimato. Las mujeres llevaron a cabo un debate interesante respecto de la no-sexuación del alma. Desde la Antigüedad, la mayoría de los filósofos varones sostuvo una concepción dualista del ser humano, es dec...

**Contributor Bio**  
**María Luisa Femenías** holds a PhD in philosophy from the Complutense University of Madrid. She is consulting professor at the National University of La Plata, Argentina. Sobre sujeto y género: (Re)lecturas feministas de Beauvoir a Butler, El género del multiculturalismo y Los ríos subterráneos are some of her most prominent books.
Sobre la libertad
John Stuart Mill

Summary
John Stuart Mill is one of the 19th century’s great minds, possibly the greatest of England’s Victorian Era. His work, *On Liberty*, has become a classic in political science. The proliferation of government reform was his main contribution to the 19th Century. Mill’s work is a must-read that will allow you to explore the spirit of anti-sectarianism.

Contributor Bio
John Stuart Mill was an English economist and one of the most influential thinkers of his time. He has greatly influenced the development of social sciences, political science, and economics. He is considered the most important English philosopher of the 19th century. Mill followed in the footsteps of his mentor, Jeremy Bentham, and was a staunch promoter of individual liberty and limiting State power.

La conquista de la libertad
Arthur Schopenhauer

Summary
Schopenhauer’s philosophical work is a monument to human vicissitude. It explores some of the fundamental issues that have relentlessly haunted humankind for centuries, such as death, love, war, art, and culture. While approaching an oeuvre of such magnitude might feel intimidating, the present collection of essential Schopenhauerian essays around the subjects of freedom, ethics, politics, and state provides an accessible path into the work of one of the most essential philosophers in the history of contemporary Western thought.

Contributor Bio
Arthur Schopenhauer was a prominent German philosopher. His most notable book, *The World as Will and Representation*, is a philosophical and literary masterpiece that has influenced such fundamental Western thinkers as Charles Darwin, Sigmund Freud, and Friedrich Nietzsche. In his body of work, Schopenhauer argues that pain, boredom, selfishness, and evil are the forces that rule the lives of men.
Las moradas de Walter Benjamin
Pilar Carrera

Summary
Walter Benjamin can be hard to categorize, but he's always seductive and engaging. His dualistic narrative is not the central topic of this essay, rather, it invites the reader to take a closer look at the effects that his works have had.

Contributor Bio
Pilar Carrera is a professor of communications and documentary cinema at Universidad Carlos III de Madrid, where she is the Vice President of Communications and Culture, while also directing the school’s master’s program in documentary and journalism studies. She is a writer that has published works based on Andrei Tarkovsky and Aki Kaurismäki.

De senectute
Marco Tulio Cicerón

Summary
Though written almost 2,000 years ago, Cicerón's profound argumentative treatise on old age continues to provide significant insight and guidance on the ever-relevant subjects of aging and dying. Within the framework of an academic dialogue, Cicerón identifies some of the arguments that are commonly raised against old age—namely, the impediment to active pursuits, the debilitation of the body, the deprivation of most pleasures, and the vicinity of death. Then, with piercing detail, he deploys his unsurpassed oratory talents to refute them.

Contributor Bio
Marco Tulio Cicerón was a Roman jurist, philosopher, writer, and orator. The refined epistolary style exposed in his voluminous correspondence, much of which was addressed to his friend Atticus, was highly influential and gained him a prominent place in the history of European letters and culture.
Itinerarios interiores
Cristina Álvarez Puerto, Pablo d'Ors, Ruth Galve, ...

Summary
Este libro reúne algunas intuiciones de siete exploradores de la interioridad conscientes de que el viaje más largo es el viaje hacia el propio interior. Con una prosa estilísticamente cuidada, los autores nos invitan a recorrer este camino a través del silencio, la palabra, la sabiduría, el arte, la corporalidad, la ciencia, el espacio y el tiempo.

Each of the seven inspirational essays that make up this collection sets out to explore a different inward pathway towards the self. Through the lens of silence, language, wisdom, art, science, space, and time, seven specialists from a variety of fields including biology, pedagogy, and theology to explore the different ways towards oneself.

Contributor Bio
Cristina Álvarez Puerto is a pedagogue, psycho-motility therapist, and specialist in educational psychology whose methodology incorporates writing practices as well as body work. Pablo d'Ors is a Catholic priest and theologian. He is also the author of half a dozen books, including the best-selling trilogy El amigo del desierto, El olvido de sí, and Biografía del silencio.

Incapaces de Dios
Contra la divinidad oceánica
José Cobo

Summary
El sujeto moderno no puede tomarse honestamente en serio la creencia en una divinidad antropomórfica a la que dirigirse como a un tú, y por ello no es casual que termine decantándose por el panteísmo, cuando menos implícito, de las espiritualidades sin credo. Y es que donde Dios es el Uno-todo no hay alteridad que valga. Sin embargo, la predicación cristiana supuso en sus orígenes una crítica frontal a lo que se entiende religiosamente por Dios. Un Dios que cuelga de un madero y que depende de la respuesta del hombre a su inmolación para llegar a ser el que es no es sencillamente homologable a la divinidad que permanece en las alturas a la espera del ascenso del hombre. Un Dios que se identifica con aquel que fue crucificado como un maldito de Dios no puede valer como un dios al uso. El Dios que se revela en el Gólgota no acaba de hacer buenas migas con el dios de la religión. Es más: un Dios que no admite otra imagen que la de un crucificado en nombre de Dios es un oxímoron para el imaginario religioso. El cristianismo supone, en última instancia, una carga explosiva en la línea de ...

Contributor Bio
José Cobo is a writer and teacher with a degree in philosophy from the University of Barcelona. He teaches history and philosophy at St. Ignatius College, Barcelona. His work is centered on reclaiming the epistemological dignity of the Christian tradition without falling back into an outdated fideism. He is the author of Dios sin Dios.
Arte y blasfemia

El caso Veronese

Lluís Quintana Trias

Summary

El 18 de julio de 1573 Veronese compareció ante la Inquisición acusado de herejía por una pintura de la santa cena. La acusación, que denunciaba la presencia de elementos profanos en un cuadro religioso, ponía sobre la mesa el debate sobre la interpretación de las escenas bíblicas. Obligado por las circunstancias, pero empujado por la astucia, Veronese encontró una salida con un procedimiento inusual en la época: titular el cuadro Cena en casa de Leví, remitiéndose a un episodio menor de los evangelios, de modo que la blasfemia se diluía. Así, por la magia del texto escrito, el cuadro cambiaba totalmente de sentido sin retocar nada de lo que se representaba en él. En el siglo xix, esta colisión de Veronese con la Inquisición se convirtió en un modelo del enfrentamiento entre el artista y el poder eclesiástico, lo cual permitía abordar el diálogo entre lo sagrado y lo profano. Ahora sabemos que la solución que Veronese halló para satisfacer a los inquisidores significó una innovación a la hora de resolver los conflictos dogmáticos con la Iglesia, además de un cambio sustancial en el â...

Contributor Bio

Lluís Quintana Trias is a professor of Catalan language and literature at the Autonomous University of Barcelona. He is also the author of numerous books and essays on contemporary Catalan writers.

La envidia

Marina Porras

Summary

Throughout the centuries, envy as a complex, relational feeling has fascinated some of the greatest voices in literature. This book takes a look at envy through the eyes of such diverse literary figures as Dante, Cervantes, La Rochefoucauld, Austen, Balzac, Proust, Valéry, and Faulkner. It also explores the role of envy in traditional folk and fairy tales, and refers to the views of philosophers such as Kant, Kierkegaard, and Nietzsche on the matter.

Contributor Bio

Marina Porras is an author, lecturer, and literary critic. She is also a research trainee on comparative European literature at the University of Barcelona. She holds degrees in art history and Catalan philology, and a master in literary theory and comparative literature.
Conceptos fundamentales de antropología y religión
Lluís Duch

Summary
This book combines 34 articles written by Lluís Duch for encyclopedias on Catalan culture, cultural anthropology, and Christianity. Together, they form a sort of dictionary of anthropology and religion—or anthropology of religion. Every encyclopedia article aims to educate, and Duch's are no exception. Still, each of these texts includes an unmistakable mark of their author. He's a first-class researcher who provides summaries of concepts he has studied in incredible depth.

Contributor Bio
Lluís Duch is a Spanish anthropologist, theologian, and Montserrat monk. In addition to translating works by thinkers of the Protestant Reformation, he is the author of more than 50 books, including Religión y comunicación and Religión y política.

La avaricia
Oriol Ponsati-Murlà

Summary
What role does greed play in the globalized, interconnected Western societies of our time? By examining the concept of greed from a historical perspective and through the lens of various paradigmatic thinkers and movements, including ancient philosophy and Christian sources, this book provides revealing insight on the subject of this complex human emotion.

Contributor Bio
Oriol Ponsati-Murlà holds a PhD in philosophy from the University of Girona, where he also serves as professor of ancient philosophy. He is the founder and editorial director of Edicions de la Ela Geminada, a publishing house specializing in literature and philosophy. He presides the Institute of Catalan Letters.
La gula
Adrià Pujol

Summary
A glutton is a guilty victim. Gluttony has gone from an offense to God to a social sin. Except for on certain days when gorging and a lack of control are expected, unrestricted gluttony is considered to be in poor taste. Gluttony has become an illness; it's gone from a voluntary vice to a hereditary misfortune, from a sin of the wealthy to a sin of us all, from individual deprivation to a social trend. We've socialized virtues, but also vices.

Contributor Bio
Adrià Pujol Cruells is a Spanish anthropologist, author, and translator. He teaches at the Escuela Bloom and the Girona Writing Workshop, and is a museographer and researcher. As a writer, he has engaged with fiction, biography, diaries, and essays in his explorations of the human conditions. His books include Escafarlata d’Empordà, Picaduras de Barcelona, and La carpeta és blava. His translation of Georges Perec’s L’eclipsi earned him the Serra d’Or translation prize and the Manuel Serrat Crespo award for literary translation.

La pereza
Oriol Quintana

Summary
To what extent is sloth an essential quality of the human character, and is it really such an undesirable trait to possess? With a lively yet rigorous approach, this long-form essay on the capital sin of sloth embarks on an exploration of the notion of sloth in Western society, exploring its true nature as a tool for discernment, self-awareness and self-acceptance.

Contributor Bio
Oriol Quintana holds a PhD in human sciences from Pompeu Fabra University. He is associate professor of Christian ethic and thought at Ramon Llull University. He is the author of Filosofía para una vida peor and Cent pregunttes flosòfiques. His article Vostè i George Orwell was awarded the 26th Joan Maragall Prize in the essay category.
**El islam hoy**  
**Algunos aspectos controvertidos**  
Dolors Bramon

**Summary**
Este libro pretende ser una herramienta que permita orientarse con rigor y profundidad en algunos de los aspectos más controvertidos relacionados con el islam y su inserción en el mundo contemporáneo. La obra establece con claridad la terminología apropiada para hablar del islam, de forma que conceptos como jihad o sharia se presentan con una precisión que contrasta con el uso que habitualmente se hace de ellos en los medios de comunicación. Otros temas de la obra son la falacia de la condena a muerte por adulterio; las huríes en el paraíso islámico; verdades y mentiras sobre la mujer en el islam; el islam como arma contra la violencia de género; la sexualidad, el derecho a escoger el marido, la dote y la maternidad; reflexiones acerca de Europa y el Mediterráneo islámico, y el concepto de civilización islamocristiana.

*A rigorous and profound reflection on present-day Islam, this book serves as a tool that can shine a light on some of the most controversial aspects regarding Islam and its place in our contemporary world. It provides rigorous definitions for some of the key terminology...*

**Contributor Bio**
Dolors Bramon is a philologist and historian with a PhD in Semitic philology and medieval history. She is also professor emeritus in Arabic and Islamic studies at the University of Barcelona. She is the author of *Una introducción al islam. Religión, historia y cultura*, *Ser mujer y musulmana*, *En torno al islam y las musulmanas*, and *El islam político*, among other books.

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**El futuro es libre**  
**Buen karma, mal karma y más allá del karma**  
Chögyam Trungpa

**Summary**
Karma has become a popular term in the West. It’s often associated with somewhat naive or deterministic ideas about rebirth and reincarnation, or has been conflated with conceptions of morality and guilt. Chögyam Trungpa’s majestic book lends clarity to this essential yet misinterpreted term. For Trungpa, a good understanding of karma is critical, as it reveals that liberation is possible and the future is never predestined. His original focus in presenting Buddhist teachings includes a profound and astute vision of karma, its causes and effects, and how to cut the root of karma itself.

**Contributor Bio**
Chögyam Trungpa is a renowned master of meditation, mystic, artist, and author. His books include *Shambhala, Loca sabiduría, El mito de la libertad*, and *Meditación en la acción*. He founded the University of Naropa in Boulder, Colorado; Shambhala Training; and Vajradhatu, an international association of meditation centers, now known as Shambhala International.
Las cuatro nobles verdades
Una guía para la vida cotidiana
Lama Zopa Rimpoché

Summary
De una manera sencilla, amena y directa, el reconocido Lama Zopa ilumina las profundas nobles verdades proclamadas por el Buda. Comenzando con una brillante explicación de la naturaleza de la mente y su rol en la creación de la felicidad que todos buscamos, Lama Zopa Rimpoché ofrece un análisis incisivo de las famosas Cuatro Nobles Verdades: • La primera verdad enseña que sufrimos porque estamos en la existencia cíclica, o samsara, el ciclo sin principio de muerte y renacimiento. • La segunda verdad enseña que hay una causa detrás de nuestro sufrimiento (los engaños y el karma que surgen de la ignorancia, que nos impide ver de qué modo existen las cosas). • Debido a que existe una causa y a que podemos realizar la vacuidad (antídoto de la ignorancia), somos capaces de actualizar la tercera verdad, la cesación del sufrimiento. • La cuarta verdad traza el camino hacia el fin del sufrimiento.

Hinduísmo para la vida moderna
Naren Herrero

Summary
The cosmovision of Hinduism has often been misunderstood or even right-down ignored in the West. And yet, its essential concepts, techniques, and teachings are more ubiquitous in modern life than is broadly known. This book sets out to show how one of the oldest living devotional traditions in the world offers a multiplicity of paths for each person, regardless of their religious or ethnic spiritual background, to realize their spiritual potential without giving up material satisfactions.

Contributor Bio
Lama Zopa Rimpoché is one of the most renowned masters of Tibetan Buddhism worldwide. He is the spiritual director and co-founder of the Foundation for the Preservation of the Mahayana Tradition as well as the author of many books, including Transformar problemas en felicidad, Curación definitiva and Dar sentido a la vida.

Contributor Bio
Naren Herrero is a journalist and writer who specializes in Indian culture, philosophy, and spirituality. He is a teacher of hatha yoga, and a trainer to yoga instructors. He also teaches courses on history, philosophy, and yoga mythology in various institutions in Spain, Mexico, and the United Kingdom. He is the author of Kumbha Mela.
El buda rebelde

Un camino hacia la libertad
Dzogchen Ponlop Rinpoché

Summary
Hay un rebelde dentro de ti. Es la parte tuya (la voz de tu propia mente despierta) que ya sabe cómo liberarse del miedo y la infelicidad. Tu buda rebelde es la inteligencia aguda y clara que opone resistencia al statu quo. Te despierta de la aceptación soñolienta de tu realidad cotidiana y te muestra el poder de tu naturaleza iluminada. Es la energía vibrante y profunda que te impulsa a buscar la verdad. Dzogchen Ponlop Rinpoché te guía a través de la revolución interior que surge de desatar a tu buda rebelde. Explica cómo, entrenando tu mente y entendiendo tu naturaleza verdadera, puedes liberarte del sufrimiento innecesario. Presenta una amplia introducción a la esencia de las enseñanzas del Buda y argumenta que, si vamos a llevar estas enseñanzas por completo a nuestra experiencia personal, debemos ir más allá de las trampas culturales del budismo asiático tradicional.

There is a rebel within us. It is the voice of our own awakened mind that already knows how to let go of fear and unhappiness—our inner rebel Buddha. This book provides guidance through the inward revolution to unl...

Contributor Bio
Dzogchen Ponlop Rinpoché is a renowned Buddhist teacher and author of many books, such as Rescate emocional and La mente más allá de la muerte. He is also an accomplished poet and a visual artist. He is the founder of Nalandabodhi, a global network of Buddhist centers.

Manifiesto del Partido comunista

Karl Marx, Jacobo Muñoz

Summary
Published in 1848, and originally drafted by Marx and Engels, this transformative book has had a global impact and is in the running alongside the bible, in terms of its cultural impact. In effect, it has rallied countless working men and women to demand basic human rights. This compelling work is a great introduction to the legacy that Carl Marx left behind.

Contributor Bio
Karl Marx was a German economist, historian, journalist, philosopher, and revolutionary socialist. His ideas played a significant role in the development of social science and the socialist movement. He is the author of The Capital. Jacobo Muñoz is a professor and has developed an extensive task as author, editor, as well as translator of contemporary thinkers.
El principe
Nicolas Maquivelo

Summary
The Prince, by Niccolo Machiavelli is one of his most celebrated works regarding western philosophy and politics. It constitutes a polemic and irreverent way of thinking that is a bit ironic but always lucid. You'll be captivated by a timeless assessment of power, status, and their origins, as well as how these are legitimized.

Contributor Bio
Nicolas Maquivelo is a historian, politician, Florentine diplomat, philosopher, humanitarian and writer. He is credited as being the founder of modern political science. During several years, he was as a high-ranking government official in the Republic of Florence; his responsibilities included overseeing diplomatic and military affairs. He has also written comedies, songs and poetry.

Arte y SIDA en Nueva York
Jose Luis Plaza Chillon

Summary
Art and AIDS in NY. This book narrates the artistic effects that resulted from one of history’s most significant eras in the gay community. The outbreak of AIDS in a vibrant North American scene during the 80s. Here, you’ll see the evolution of emblematic images that emerged in the gay community as a reflection of the profound consequences that transformed the creative circles in NY.

Contributor Bio
Jose Luis Plaza Chillon has a Ph.D. in art history from the University of Granada. He is a passionate student of spatial scenery, where his primary interests are centered on how scenery and wardrobe work in theatre.
Historias de chicos diferentes y valientes
Susaeta Publishing

Summary
Great men were once children, and perhaps, they even desired to have everything we now have at arm’s reach. Some were born into poverty; others were orphaned and cared for by relatives or institutions. Extreme scarcity or social turmoil was often a part of their daily lives. However, these greats allowed themselves to envision a better future and follow their dreams. They worked incessantly to make their visions a reality. As a result, they’ve gifted humanity with proof that dreams do come true.

Contributor Bio
Susaeta Publishing is a publisher of Spanish-language books based in Madrid, Spain.

El cielo de Francesco
Yohana Garcia

Summary
Francesco returns with a message of love, hope and spirituality. Upon his return to heaven, he becomes the guardian of a forest that holds the history and hopes of humanity. He’ll traverse this sacred forest in order to attain the knowledge within its borders and pass it on to the people of Earth. His journey allows him to reflect on the important roles that women and men have played throughout history, and how our past and present can help us build a brighter future. In this volume of the Francesco Series, Yohana Garcia invites us on a spiritual journey to take a look at women’s struggles and strengths.

Contributor Bio
Yohana García is a writer, a lecturer, a therapist, and an international trainer in the neurolinguistic program at Southern Institute of NLP. She is the author of Francesco: El llamado, Francesco decide volver a nacer, Francesco: Una vida entre el cielo y la tierra, and Salvemos al amor.
### 33 niñas protagonistas de la historia

**Summary**

How would you describe the every day life of little girls throughout history? What did they aspire to do? What were their greatest worries? This book focuses on 33 girls that have resided on every continent, in different cultures and ages. Every one of these girls has tried to understand the world around them and dreamt of a better future. This book transcends borders and time to discover what all of these little girls have had in common, despite their varying circumstances.

**Contributor Bio**

**Susaeta Publishing** is a publisher of Spanish-language books based in Madrid, Spain.

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### Misericordia salvaje

**La sabiduría de las místicas**

*Mirabai Starr*

**Summary**

The feminine mystique takes the suffering of the world into its arms and transforms it using wild mercy: the fusion of bravery with the unstoppable forces of forgiveness, compassion, and love. And we need it now more than ever. This book is an invitation to discover your internal mystic together with the wisdom of Mother Teresa, Mary Magdalene, Hildegarde von Bingen, the ecstatic poet Mirabai, and Sufi saint Rabia Basri. Align yourself with the archetypical energy of figures like Guanyin, Tara, Kali, Sofia, and shekinah, and find the light that will guide you on your own journey towards spiritual awakening and service to the world.

**Contributor Bio**

**Mirabai Starr** is an American author. She is a former professor of philosophy and world religions at the University of New Mexico. Her books include *God of Love* and *Caravan of No Despair*. 

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Mujeres conscientes

Diez movimientos para la plenitud

Agustina Echegoyen

Summary
Mujeres Conscientes es una invitación a unirnos en la búsqueda de la plenitud. Agus Echegoyen es la autora, anfitriona y guía de este viaje único. Mujeres Conscientes te propone realizar diez movimientos clave para alcanzar el poder de la esencia femenina y conquistar tu mejor versión en cada momento. Consciente de quiénes somos, de nuestras relaciones, de nuestro consumo y alimentación, de nuestros pensamientos, de nuestra actividad física, del trabajo que elegimos, de las emociones que sentimos, de las decisiones que tomamos, del aquí, acá y ahora. Alcanzar la conciencia plena en diez movimientos para alejarnos de nuestras zonas cómodas y mecánicas, y acercarnos a la fuente de nuestro ser más genuino y poderoso. El camino es individual y la realización es colectiva. Por eso, sumate al movimiento Mujeres Conscientes para transformarte y transformar.

Mujeres Conscientes is a powerful tool for women to access their feminine essence and unlock their best selves. This book equips its readers with ten key movements that will set them on a quest towards fulfillment and self-awareness.

Contributor Bio

Agustina Echegoyen is a social communicator and certified ontological coach. An advanced hatha yoga teacher, she organizes and facilitates yoga and coaching gatherings and retreats.