Dual Language Titles
(Spanish-English)
Spring 2016
Duerme bebé cómodo y seguro
Dr. John Hutton, Leah Busch, Susana M. Haywood, Ma...

Summary
Tummy full, story read. Yawn, stretch, time for bed. Now one more kiss and one more hug, I drift to sleep, safe and snug. A classic bedtime ritual experienced through a baby’s eyes, this book conveys safe sleep practices in a gentle, rhythmic way. A perfect gift for new families, it was created for Charlie’s Kids Foundation, whose mission is educating families about SIDS prevention.

Contributor Bio
Dr. John Hutton is a pediatrician, an author, and the owner of the award-winning blue manatee children’s bookstore and decafé in Cincinnati, Ohio, and its affiliate site blue manatee boxes. He is the founder of the blog Baby Unplugged, whose mission is to help keep children screen-free until age three and promote healthy, developmentally stimulating alternatives. Leah Busch is an artist and the cocreator of the award-winning Toast to Baby series. She is the creative director, instructor, and gallery director at Brazee Street Studios. They both live in Cincinnati, Ohio. Susana M. Haywood and Margarita Fernández-Ardois are translators.

Sleep Baby, Safe and Snug
Dr. John Hutton, Leah Busch

Summary
Tummy full, story read, Yawn, stretch, time for bed... Now one more kiss and one more hug, I drift to sleep, safe and snug.

A classic bedtime ritual experienced through a baby’s eyes, this book conveys safe sleep practices in a gentle, rhythmic way. A perfect gift for new families, it was created for Charlie’s Kids Foundation, whose mission is educating families about SIDS prevention.

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Lee bebé, diáriamente
Dr. John Hutton, Leah Busch

Summary
Written by a pediatrician, this soft, rhyming story from a baby’s point of view with dreamy watercolor illustrations celebrates the beloved, healthy ritual of parent-child reading. It also reinforces recent American Academy of Pediatrics recommendations to begin daily reading with children at birth, to promote bonding, language, attention, and other aspects of development. Lee Bebe, Diariamente promotes shared reading and togetherness and is perfect in every parent’s early library to inspire the next generation of readers.

Contributor Bio
Dr. John Hutton is a pediatrician, an author, and the owner of the award-winning blue manatee children’s bookstore in Cincinnati, Ohio. He is the author of Calm Baby, Gently; Sherm the Germ; Sleep Baby, Safe and Snug; Sleepy Bee; Tito’s Inferno; Your Red Shoes; and the award-winning Baby Unplugged series and the founder of the blog Baby Unplugged, whose mission is to help keep children screen-free until age three and promote healthy, developmentally stimulating alternatives. Leah Busch is an artist and cocreator of the award-winning Toast to Baby series. She is also the illustrator of Calm Baby, Gently; the bestselling Sleep Baby, Safe and Snug; and Your Red Shoes. They both live in Cincinnati, Ohio.

Read Baby, Every Day
Dr. John Hutton, Leah Busch

Summary
Winner of:
2015 Creative Child Magazine Book of the Year, Baby Books
"Read this to me, before I can talk. Show me the sky, as we go for a walk. Talk as you work. Talk as we play. I love your voice, and all that you say . . ."
Written by a pediatrician, this gentle, rhyming story from a baby’s point of view with dreamy watercolor illustrations celebrates the beloved, healthy ritual of parent-child reading. It also reinforces recent American Academy of Pediatrics recommendations to begin daily reading with children at birth, to promote bonding, language, attention, and other aspects of development. Read Baby, Every Day promotes shared reading and togetherness and is perfect in every parent's early library to inspire the next generation of readers.

Contributor Bio
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Calma bebé suavemente
Dr. John Hutton, Leah Busch

Summary
This simple sharing book unites child and parent by conveying important safe parenting and health practices in a gentle, rhythmic way. Written by a pediatrician and child literacy expert, the soft, rhyming story aims to help parents during the fussy, colicky stages. A perfect gift for new families, this book also reinforces the value of shared reading.

Contributor Bio
Dr. John Hutton is a pediatrician, an author, and the owner of the award-winning blue manatee children’s bookstore in Cincinnati, Ohio. He is the author of Sleep Baby, Safe and Snug and the award-winning Baby Unplugged series and the founder of the blog Baby Unplugged, whose mission is to help keep children screen-free until age three and promote healthy, developmentally stimulating alternatives. Leah Busch is an artist and cocreator of the award-winning Toast to Baby series. She is the creative director, instructor, and gallery director at Brazee Street Studios. They both live in Cincinnati, Ohio.

Calm Baby, Gently
Dr. John Hutton, Leah Busch

Summary
The world is new, so many faces, Sounds, smells, feelings, places.
This simple sharing book unites child and parent by conveying important safe parenting and health practices in a gentle, rhythmic way. Written by a pediatrician and child literacy expert, the soft, rhyming story aims to help parents during the fussy, colicky stages. A perfect gift for new families, this book also reinforces the value of shared reading.

Contributor Bio
Dr. John Hutton is a pediatrician, an author, and the owner of the award-winning blue manatee children’s bookstore in Cincinnati, Ohio. He is the author of Sleep Baby, Safe and Snug and the award-winning Baby Unplugged series and the founder of the blog Baby Unplugged, whose mission is to help keep children screen-free until age three and promote healthy, developmentally stimulating alternatives. Leah Busch is an artist and cocreator of the award-winning Toast to Baby series. She is the creative director, instructor, and gallery director at Brazee Street Studios. They both live in Cincinnati, Ohio.
**Uno, cinco, muchos**  
Květa Pacovská

**Summary**  
An innovative picture book, the reader is able to create their own universe by combining colors, trimming tabs, moving transparencies and playing with textures. This title forces the reader to interact within the experience of counting from one to ten.

**Contributor Bio**  
Kveta Pacovská is Czech artist and illustrator. She received the international Hans Christian Andersen Medal in 1992 for her "lasting contribution to children's literature".

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**Number Circus**  
1?10 and Back Again!  
Kveta Pacovská

**Summary**  
A counting book with a difference—it’s an invitation to play!  
What fun it can be to get to know numbers: lift the flaps, open die-cut doors, and peek in a mirror. There is a surprise everywhere in this unique counting adventure with bold, saturated colors from acclaimed illustrator Kveta Pacovská.

**Contributor Bio**  
Kveta Pacovská is the illustrator of several books, including *Peter and the Wolf*. She was awarded the prestigious Hans Christian Andersen Medal in 1992.
La natividad
Géraldine Eschner

Summary
Accompanied by images extracted from Giotto’s frescoes, the eternal and symbolic story of celebrating Christmas Eve takes on a new dimension. The scenes of birth and rebirth, coming mainly from the Scrovegni Chapel in Padua, combine simplicity and expression.

Contributor Bio
Géraldine Elschner has translated many books from German to French and French to German. She is the author of several children’s books, including The Cat and the Bird, The Little Hippo, Mark’s Messy Room, and Where Is the Frog? Giotto di Bondone (known simply as Giotto) completed a fresco cycle in approximately 1305 that is one of the most important masterpieces in Western art. It can be found in the Arena Chapel in the church of St Maria della Carita in Padua, Italy.

The Nativity
Géraldine Elschner, Giotto di Bondone

Summary
Exquisite artwork with gold foil and a skillfully written text convey the universal appeal of the Christmas story to children of all ages.

The account of Jesus’ birth, familiar to children around the world, is powerfully retold here. Giotto’s unsurpassed fresco cycle of the Nativity brings the story to vibrant life, while Geraldine Elschner’s thoughtful text engages readers young and old.

Contributor Bio
Géraldine Elschner has translated many books from German to French and French to German. She is the author of several children’s books, including The Cat and the Bird, The Little Hippo, Mark’s Messy Room, and Where Is the Frog? Giotto di Bondone (known simply as Giotto) completed a fresco cycle in approximately 1305 that is one of the most important masterpieces in Western art. It can be found in the Arena Chapel in the church of St Maria della Carita in Padua, Italy.
¡Dinosaurios!
David Hawcock

Summary
There’s no better gift for dinosaur fans! Open this book and meet the best-known dinosaurs in three dimensions. Each page includes the name of the dinosaur as well as where it lived, what it ate, and other fun curiosities.

Contributor Bio
David Hawcock is a paper engineer whose pop-up titles include The Amazing Pop-Up, Pull-Out Space Shuttle, and The Pop-Up Book of Ships.

Tango Books
9781857078046
Pub Date: 5/1/15
Discount Code: LON
Novelty Book
16 Pages
Carton Qty: 24
Ages 3 to 5, Grades P to K
Juvenile Fiction / Animals
6.5 in H | 6.5 in W | 1.4 in T | 0.7 lb Wt

Dinosaurs!
Pop-Up Paper Designs
David Hawcock

Summary
A collection of dinosaurs by one of the world’s best paper engineers
Each dinosaur has its phonetic spelling and some facts about its place in dinosaur lore. The cover features a T-Rex three-dimensional head behind an acetate window.

Contributor Bio
David Hawcock is a paper engineer whose pop-up titles include The Amazing Pop-up, Pull-out Space Shuttle, and The Pop-Up Book of Ships.
Así me siento yo
Janan Cain, Yanitzia Canetti

Summary
Through illustrations, text, color, and font to describe happy, disappointed, angry, jealous, and other feelings that kids experience, this book uses words and situations familiar to children to describe a wide variety of emotions, some seldom attributed to kids. The language is nonjudgmental, and free of bias and slang, and there are whimsical characters that appeal to both boys and girls.

A través de ilustraciones, texto, color y fuentes para describir la alegría, la desilusión, el enojo, la envidia y otros sentimientos que experimentan los niños, este libro usa palabras y situaciones con las que están familiarizados los niños para describir una amplia gama de emociones, incluso algunas que no se asocian frecuentemente con los niños. El lenguaje que se usa carece de críticas, prejuicios y jerga, y el libro incluye personajes amenos que atraerán tanto a los niños como a las niñas.

Contributor Bio
Janan Cain is a freelance designer and illustrator. She is the author and illustrator of Roonie B. Moonie. She lives in Chicago. Yanitzia Canetti is a Cuban author, translator, and editor. She has translated books such as the Berenstain Bears, Curious George, and several titles by Dr. Seuss. She lives in Boston.

The Way I Feel
Janan Cain

Summary
Inspired when Janan Cain couldn't find a picture book to explain emotions to her young daughters, The Way I Feel uses illustrations, text, color and type font—to describe "happy," "disappointed," "angry," "jealous" and other feelings that kids experience. Uses words and situations familiar to children to describe a wide variety of emotions, some seldom attributed to kids. The language is nonjudgmental, and free of bias and slang. Whimsical characters that appeal to both boys and girls. Widely used in school character education programs, and with children who are sick, abused, emotionally troubled or have such special needs as autism. Now also available as a board book and in Spanish, The Way I Feel is also used in mental and emotional health programs for adults with disabilities. This edition is included in the collection of books sold as the Language for Learning/Reading Mastery Programs curriculum package by McGraw-Hill. Another school publisher, Zaner-Bloser, sells The Way I Feel in its Grade K Comprehensive Reading program, "Voices Reading: Literacy to Live By." The text of the b...

Contributor Bio
Janan Cain is a freelance designer and illustrator. She is the author and illustrator of Roonie B. Moonie. She lives in Chicago.
Amor & límites
Una guía para ser padres creativos
Elizabeth Crary, Marina Patiño de McVittie

Summary
Functioning as a kind of quick-reference guide to parenting, this concise book discusses child
development, describes basic temperament traits, and offers many practical child-guidance tools as
it introduces a problem-solving process known as STAR Parenting. Parents will be able to use
the information to more effectively deal with children’s feelings and reduce power struggles.

Actuando como un tipo de guía rápida de referencia para la crianza de hijos, este corto libro discute el
desarrollo infantil, describe rasgos básicos de temperamento y ofrece muchas herramientas prácticas para
guiar a los niños mientras presenta un proceso para resolver problemas llamado STAR Parenting. Los padres
podrán usar esta información para lidar más efectivamente con los sentimientos de los niños y reducir luchas
por el poder.

Contributor Bio
Elizabeth Crary is the award-winning author of more than 40 children’s and child-guidance
publications. She has taught parenting education, with an emphasis on problem-solving and skill-
building methods, and established Parenting Press in 1979. She lives in Seattle. Marina Patino de
McVittie has more than 20 years of teaching experience, including as an extension lecturer at the
University of Washington, translator at Seattle Language Academy, and visiting assistant professor at
Reed College. She is on the faculty at the Northwest School in the modern languages department.

Love & Limits
Guidance Tools for Creative Parenting
Elizabeth Crary

Summary
This concise 48-page book talks about kids’ development; describes basic temperament traits;
offers many practical child-guidance tools; and introduces a simple problem-solving process known
as STAR Parenting™. Available in Spanish.

Contributor Bio
Elizabeth Crary is the award-winning author of more than 40 children’s and child-guidance
publications. She has taught parenting education, with an emphasis on problem-solving and skill-
Algo anda mal en mi casa
Un libro acerca de las peleas de los padres
Diane Davis, Marina Megale, Cynthia Jones

Summary
Based on a true story, this brief book presents a child who seeks, and finally obtains, help in a domestic violence situation. Written in such a way that it can be used with toddlers as well as school-aged children, Something Is Wrong at My House provides brief text with illustrations on one page of each two-page spread, and more detailed information on the facing page. This is an ideal resource for school nurses, counselors, social workers and teachers, and by therapists and the staff in shelters.

Basado en una historia real, este breve libro presenta a un niño que busca, y finalmente consigue, ayuda en una situación de violencia doméstica. Escrito de tal manera que se puede usar tanto con niños pequeños así como con niños de edad escolar, Algo anda mal en mi casa provee un texto breve con ilustraciones en una página de cada doble página, e información más detallada en la página de enfrente. Éste es un recurso ideal para enfermeras escolares, consejeros, trabajadores sociales y maestros, y para terapeutas y el personal en albergues.

Contributor Bio
Diane Davis is a trainer/consultant for such agencies as Child Care Resources & Referral of King County, the state Department of Social and Health Services, Puget Sound Educational Service District, and the Washington State Association of Head Start/ECEAP, and she has written sexual abuse prevention curricula. Marina Megale is the illustrator of I Can't Wait; I Want It; I Want to Play; I'm Lost; Kids to the Rescue!; Mommy, Don't Go; and My Name Is Not Dummy. They both live in Seattle.

Something Is Wrong at My House
A Book About Parents' Fighting
Diane Davis, Keith R. Neely

Summary
Based on a true story, this 32-page book shows a child seeking, and finally obtaining, help in a domestic violence situation. Formatted so that the same book can be used with toddlers through school-age children, Something Is Wrong at My House provides simple text under illustrations on each of the two-page spreads, with more detailed text on the facing page. Available in Spanish.

Contributor Bio
Diane Davis is a trainer/consultant for such agencies as Child Care Resources & Referral of King County, the state Department of Social and Health Services, Puget Sound Educational Service District, and the Washington State Association of Head Start/ECEAP, and she has written sexual abuse prevention curricula. She lives in Seattle. Keith R. Neely is the illustrator of Everybody Says, the Illustrated Bible series, and St. Jude: A Friend in Hard Times.
**Mi cuerpo es MÍO**

Un libro para enseñar a los niños chicos cómo resistir el contacto incómodo

Lory Freeman, Carol Deach, Lois B. Dunn

**Summary**

Spanish language edition of It’s MY Body, a picture book. Helps adults talk with toddlers and preschoolers about sexual abuse together in a way that reduces embarrassment and fear, and emphasizes self-reliance and open communication. No explicit language. Emphasis on how children’s feelings can help them make decisions about sharing their bodies, and how to communicate those decisions to others. Introduces two “touching codes” which children can use to protect themselves when they’re uncomfortable.

**Contributor Bio**

Lory Freeman directs a therapeutic early childhood and family support program and is the author of It’s MY Body and Loving Touches. She is a coauthor of The Young Child as Scientist. She lives in Eugene, Oregon. Carol Deach is the illustrator of It’s MY Body, Loving Touches, My Grandma Died, and Something Happened and I’m Scared to Tell.

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**It’s MY Body**

A Book to Teach Young Children How to Resist Uncomfortable Touch

Lory Freeman, Carol Deach

**Summary**

Helps adults talk with toddlers and preschoolers about sexual abuse together in a way that reduces embarrassment and fear, and emphasizes self-reliance and open communication. No explicit language. Emphasis on how children’s feelings can help them make decisions about sharing their bodies, and how to communicate those decisions to others. Introduces two “touching codes” which children can use to protect themselves when they’re uncomfortable. Available in Spanish.

**Contributor Bio**

Lory Freeman directs a therapeutic early childhood and family support program. She is the author of Loving Touches and a coauthor of The Young Child as Scientist. She lives in Eugene, Oregon. Carol Deach is the illustrator of Loving Touches, My Grandma Died, and Something Happened and I’m Scared to Tell.
Algo pasó y me da miedo decirlo
Un libro para jóvenes víctimas del abuso
Patricia Kehoe, Carol Deach, Marisabel Morales-Och...

Summary
With the aid of a friendly lion, this book encourages young victims of sexual abuse to describe what they experienced and helps them recover self-esteem. Though not intended to replace intensive psychotherapy, the book does let children know that they are not to blame for the abuse they suffered and includes nonjudgmental language about why some adults abuse.

Con la ayuda de un amable león, este libro anima a las jóvenes víctimas del abuso sexual a describir lo que experimentaron y les ayuda a recobrar la autoestima. Aunque no está diseñado para sustituir la psicoterapia intensiva, el libro les deja saber a los niños que no son responsables del abuso que sufrieron e incluye un lenguaje sin juicios sobre porqué algunos adultos abusan a los niños.

Contributor Bio
Patricia Kehoe, PhD, was a clinical psychologist. Carol Deach is the illustrator of It’s My Body, Loving Touches, My Grandma Died, and Something Happened and I’m Scared to Tell.

Something Happened and I'm Scared to Tell
A Book for Young Victims of Abuse
Patricia Kehoe, Carol Deach

Summary
Helps young victims of sexual abuse describe what happened. Emphasizes that children are not to blame for the abuse. Includes nonjudgmental comments about why some adults abuse. Available in Spanish.

Contributor Bio
Patricia Kehoe, PhD, was a clinical psychologist. Carol Deach is the illustrator of It’s My Body, Loving Touches, and My Grandma Died.
El mago que salvó el mundo
Jeffrey Bennett, Roberta Collier-Morales

Summary
Diego dreams of being a wizard so he can make the world a better place by fighting global warming. When he realizes that he can't really perform magic, Diego thinks of ways he can help save the world by considering many potential careers and what it would take to achieve them. Filled with “Big Kid Boxes” that explain the crucial scientific concepts that lie behind the scenes depicted, this inspirational story gives children an opportunity to exercise their own magical dreams.

Contributor Bio
Jeffrey Bennett is the author of Max Goes to Jupiter, Max Goes to Mars, and Max Goes to the Moon. He is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. Roberta Collier-Morales is the illustrator of many children’s books, including How Spirit Dog Made the Milky Way, Inside Out, and Where Is Thumbkin? They both live in Boulder, Colorado.

The Wizard Who Saved the World
Jeffrey Bennett, Roberta Collier-Morales

Summary
Diego dreams of being a wizard so he can make the world a better place by fighting global warming. When he realizes that he can't really perform magic, Diego thinks of ways he can help save the world by considering many potential careers and what it would take to achieve them. Filled with sidebars called "Big Kid Boxes" that explain the crucial scientific concepts that lie behind the scenes depicted, this inspirational story gives children an opportunity to exercise their own magical dreams.

Contributor Bio
Jeffrey Bennett is the author of Max Goes to Jupiter, Max Goes to Mars, and Max Goes to the Moon. He is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. Roberta Collier-Morales is the illustrator of many children’s books, including How Spirit Dog Made the Milky Way, Inside Out, and Where Is Thumbkin? They both live in Boulder, Colorado.
Max viaja a la estación espacial
Una aventura de ciencias con el perro Max
Jeffrey Bennett, Michael Carroll

Summary
The long-awaited prequel to the books in the Science Adventures with Max the Dog series, this installment follows Max on his trip to the International Space Station where he shares in the adventures of astronaut life and helps save everyone from a potential disaster along the way. The book teaches children to see themselves and the planet in a new light and encourages readers to discover how they can help make the world a better place. Accompanying the story of how Max saves the day are numerous “Big Kid Box” sidebars that offer science facts and other pieces of fascinating information. Grown-ups and kids learn about science together with this fun and educational picture book.

Contributor Bio
Jeffrey Bennett is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is the lead author of bestselling college textbooks in four distinct disciplines: astronomy, mathematics, statistics, and astrobiology, as well as the critically acclaimed books for the general public Beyond UFOs and Math for Life. He is also the author of children’s books, including those in the Science Adventures with Max the Dog series and El mago que salvo el mundo. He lives in Boulder, Colorado. Michael Carroll is a renowned space artist, a fellow of the International Association of Astronomical Artists, and a recipient of the Lucien Rudaux Memorial Award for lifetime achievement in the astronomical arts. His work has been featured at NASA’s Jet Propulsion Laboratory and the National Air and Space Museum; in National Geographic...
**Max viaja a la luna**

*Una aventura de ciencias con el perro Max*

Jeffrey Bennett, Alan Okamoto

**Summary**

Max the Dog and a young girl named Tori take the first trip to the Moon since the Apollo era, and their trip proves so inspiring to people back on Earth that all the nations of the world come together to build a great Moon colony. From the colony, the views of Earth make everyone realize how small and precious planet Earth is. Along the way, the story sets the stage for more sophisticated science, featured in the 19 “Big Kid Box” sidebars which cover topics including “Phases of the Moon,” “Wings in Space?,” and “Frisbees and Curve Balls on the Moon”—all thoughtfully explained so that grownups and children can learn about science together. Behind-the-scenes science lessons with activities round out this entertaining and educational picture book, which is designed to accompany the new Max Goes to the Moon planetarium show, coming soon to planetariums around the world.

**Contributor Bio**

**Jeffrey Bennett** is the author of *El mago que salvó el mundo* as well as the books in the Science Adventures with Max the Dog series. He is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He lives in Boulder, Colorado. **Alan Okamoto** was a children's book illustrator and a space artist who completed commissioned work for the Air Force, numerous aerospace corporations, and college textbooks.

**Max Goes to the Moon** *(2nd Edition)*

*A Science Adventure with Max the Dog*

Jeffrey Bennett, Alan Okamoto

**Summary**

Winner of: 2013 Science Communication Award, American Institute of Physics

Max the Dog and a young girl named Tori take the first trip to the Moon since the Apollo era, and their trip proves so inspiring to people back on Earth that all the nations of the world come together to build a great Moon colony. From the colony, the views of Earth make everyone realize how small and precious planet Earth is. Along the way, the story sets the stage for more sophisticated science, featured in the 19 “Big Kid Box” sidebars that have been fully updated in this new edition, which cover topics including “Phases of the Moon,” “Wings in Space?,” and “Frisbees and Curve Balls on the Moon”—all thoughtfully explained so that grown-ups and children can learn together about science. Behind-the-scenes science lessons with activities round out this entertaining and educational picture book, the new edition of which is designed to accompany the new Max Goes to the Moon planetarium show, coming soon to planetariums around the world.

**Contributor Bio**

**Jeffrey Bennett** is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is the lead author of bestselling college textbooks in four distinct disciplines: astronomy, mathematics, statistics, and astrobiology, as well as the critically acclaimed books for the general public *Beyond UFOs* and *Math for Life*. He is also the author of the three books in the Science Adventures with Max the Dog series and *The Wizard Who Saved the World*. He lives in Boulder, Colorado. **Alan Okamoto** was a children's book illustrator and a space artist who completed commissioned work for the Air Force...
Max viaja a Marte
Una aventura de ciencias con el perro Max
Jeffrey Bennett, Alan Okamoto

Summary
Come with Max as he takes off on his next exciting science adventure, this time joining astronauts on the first human mission to Mars. Equipped with a specially designed spacesuit, Max sniffs for signs of microscopic life. Will he find any? Read the exciting story to find out, and to learn how his trip to Mars helps his young friend Tori reflect on the beauty and fragility of our own planet Earth. This is more than just a fun story. Educationally designed "Big Kid Boxes" along the sides of the pages help children and parents learn about Mars as the adventure unfolds. The book can thereby be enjoyed by people of all ages: Young children can enjoy the story alone while bigger kids learn the science concepts that lie behind the scenes. Parents and teachers can use the boxes and the end-of-book activity to create a family or classroom learning experience. This edition incorporates the latest scientific discoveries about Mars. The English-language original was the first children's book ever launched into space and read aloud by astronauts from the International Space Station.

Contributor Bio
Jeffrey Bennett is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is the lead author of bestselling college textbooks in astronomy, mathematics, statistics, and astrobiology, as well as the critically acclaimed books for the general public Beyond UFOs and Math for Life. He is also the author of children's books, including those in the Science Adventures with Max the Dog series and El mago que salvó el mundo. He lives in Boulder, Colorado. Alan Okamoto was a children's book illustrator and a space artist who completed commissioned work for the Air Force, numerous ae...

Max Goes to Mars
A Science Adventure with Max the Dog
Jeffrey Bennett, Alan Okamoto

Summary
This is the updated edition of the first children’s book ever launched into space and read aloud by astronauts from the International Space Station

Come with Max as he takes off on his next exciting science adventure, this time joining astronauts on the first human mission to Mars. Equipped with a specially designed spacesuit, Max sniffs for signs of microscopic life. Will he find any? Read the exciting story to find out, and to learn how his trip to Mars helps his young friend Tori reflect on the beauty and fragility of our own planet Earth. Max Goes to Mars is more than just a fun story. Educationally designed "Big Kid Boxes" along the sides of the pages help children and parents learn about Mars as the adventure unfolds. This second edition is fully updated to incorporate the latest scientific discoveries about Mars.

Contributor Bio
Jeffrey Bennett, winner of the 2013 American Institute of Physics Science Communication Award, is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is also the author of children's books, including those in the Science Adventures with Max the Dog series and The Wizard Who Saved the World. He lives in Boulder, Colorado. Alan Okamoto was a children's book illustrator and a space artist who completed commissioned work for the Air Force, numerous aerospace corporations, and college textbooks.
**Yo soy la humanidad**
Jeffrey Bennett

**Summary**
Written in the first person with the viewpoint of a narrator who represents the human race throughout history, *Yo soy la humanidad* tells the story of what we now know about the universe and how we learned it. It begins with the ancient view of a small, flat Earth, and page-by-page shows how we've gradually learned about our planet, its orbit, and its place in the vast universe. The book is designed to work on three different levels: education, perspective, and inspiration. The educational aspect comes in the factual content of the story, the perspective element involves enabling children learn to see themselves and our planet in a new light, and the inspirational component comes in helping children dream of how they can help make the world a better place.

**Contributor Bio**
Jeffrey Bennett is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is the lead author of bestselling college textbooks in astronomy, mathematics, statistics, and astrobiology, as well as the critically acclaimed books for the general public *Beyond UFOs* and *Math for Life*. He is also the author of children's books, including those in the Science Adventures with Max the Dog series and *El mago que salvó el mundo*. He lives in Boulder, Colorado.

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**I, Humanity**
Jeffrey Bennett

**Summary**
Part of a set of books launched to the International Space Station through NASA’s Story Time from Space program, read aloud by astronauts for children around the world

Written in the first person with the viewpoint of a narrator who represents the human race throughout history, *I, Humanity* tells the story of what we now know about the universe and how we learned it. It begins with the ancient view of a small, flat Earth, and page-by-page shows how we've gradually learned about our planet, its orbit, and its place in the vast universe. The book is designed to work on three different levels: education, perspective, and inspiration. The educational aspect comes in the factual content of the story, the perspective element involves enabling children learn to see themselves and our planet in a new light, and the inspirational component comes in helping children dream of how they can help make the world a better place.

**Contributor Bio**
Jeffrey Bennett, winner of the 2013 American Institute of Physics Science Communication Award, is an astrophysicist and educator who proposed the idea for and helped develop the Voyage Scale Model Solar System—the first science-oriented exhibit approved for permanent installation on the National Mall in Washington, DC. He is the lead author of college textbooks in four subjects—astronomy, astrobiology, mathematics, and statistics—and has written critically acclaimed books for the general public including *Beyond UFOs* and *On the Cosmic Horizon*. He is also the author of children's books, including those in the Science Adventures with Max the Dog series and *The Wizard Who Saved the World*. He lives in Boulder, Colorado.
La próxima vez que veas una cochinilla

Emily Morgan

Summary

Chances are that just under a nearby rock, you’ll spot a roly-poly pill bug. Encourage a child to take a close look, and introduce a fascinating creature. Gently pick it up and watch as it rolls into a ball and unrolls to take a walk. This cousin to lobsters and crabs sheds its crusty skin and will tickle your hand with its 14 (count ‘em!) wiggly legs. Awaken a sense of wonder in a child with the Next Time You See series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena, such as pill bugs, fireflies, seashells, and sunsets. Free supplementary activities are available on the NSTA website. Especially designed to be experienced with an adult—be it a parent, teacher, or friend—Next Time You See books serve as a reminder that you don’t have to look far to find something remarkable in nature.

Contributor Bio

Emily Morgan is an author-educator who knows how to connect with children both intellectually and emotionally. A former elementary and middle school teacher, she coauthors the series Picture-Perfect Science and the “Teaching Through Trade Books” column in Science and Children, NSTA’s elementary-level journal, and is the author of the Next Time You See series from NSTA Press.

Next Time You See a Pill Bug

Emily Morgan

Summary

Chances are that just under a nearby rock, you’ll spot a roly-poly pill bug. Encourage a child to take a close look, and introduce a fascinating creature. Gently pick it up and watch as it rolls into a ball and unrolls to take a walk. This cousin to lobsters and crabs sheds its crusty skin and will tickle your hand with its 14 (count ‘em!) wiggly legs. Awaken a sense of wonder in a child with the Next Time You See series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena, such as pill bugs, fireflies, seashells, and sunsets. Free supplementary activities are available on the NSTA website. Especially designed to be experienced with an adult—be it a parent, teacher, or friend—Next Time You See books serve as a reminder that you don’t have to look far to find something remarkable in nature.

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### La próxima vez que veas la luna

Emily Morgan

#### Summary

This fascinating book will stay with children every time they gaze up at the night sky. Through vivid pictures and engaging explanations, children will learn about many of the Moon's mysteries: what makes it look like a silvery crescent one time and a chalk-white ball a few nights later, why it sometimes appears in the daytime, where it gets its light, and how scientists can predict its shape on your birthday a thousand years from now. *Next Time You See the Moon* is an ideal way to explain the science behind the shape of the Moon and bring about an evening outing no child—or grown-up—will soon forget. Awaken a sense of wonder in a child with the *Next Time You See* series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena such as sunsets, seashells, fireflies, pill bugs, and more. Free supplementary activities are available on the NSTA website. Especially designed to be experienced with an adult—be it a parent, teacher, or friend—*Next Time You See* books serve as a reminder that you don’t have to look far to find something r...

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### Next Time You See the Moon

Emily Morgan

#### Summary

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La próxima vez que veas una puesta del sol
Emily Morgan

Summary
"Next time you see a sunset, stop and sit down for a while." This book’s tempting opening line invites children and adults to take in a daily phenomenon with fresh eyes. By reading Next Time You See a Sunset together, you can learn to appreciate the spinning of the Earth, the progress of day into night, and the reasons for the spectacular colors and shadows that accompany sunrise and sunset. Awaken a sense of wonder in a child with the Next Time You See series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena such as seashells and sunsets. Free supplementary activities are available on the NSTA website. Especially designed to be experienced with an adult—be it a parent, teacher, or friend—Next Time You See books serve as a reminder that you don’t have to look far to find something remarkable in nature.

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Next Time You See a Sunset
Emily Morgan

Summary
"Next time you see a sunset, stop and sit down for a while." This book’s tempting opening line invites children and adults to take in a daily phenomenon with fresh eyes. By reading Next Time You See a Sunset together, you can learn to appreciate the spinning of the Earth, the progress of day into night, and the reasons for the spectacular colors and shadows that accompany sunrise and sunset. Awaken a sense of wonder in a child with the Next Time You See series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena such as seashells and sunsets. Free supplementary activities are available on the NSTA website. Especially designed to be experienced with an adult—be it a parent, teacher, or friend—Next Time You See books serve as a reminder that you don’t have to look far to find something remarkable in nature.

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**Summary**

The title story-song is about a little duck from the prairie who has a big dream—making it to New York City and doing his ducky dance on Broadway. It turns out to be an adventurous journey that appears bound for failure, until he meets up with a truck driver named Big Betty. She points him in the right direction and gives him that little nudge he needs to tackle the Big Apple. Additional songs feature alligators that waltz at midnight, little girls who sing off-key to get tomatoes thrown at them, and opera-singing slugs that sneak out at night to do the boogie-woogie.

**Contributor Bio**

**Connie Kaldor** is a musician and "one of Canada's most significant contemporary folk performers," according to *Billboard Magazine*. Her song "Wood River" is considered by many to be a quintessential Saskatchewanian song. She lives in Montreal, Quebec. **Fil & Julie** are the pen names of Philippe Arseneau Bussières and Julie Saint-Onge Drouin. They have illustrated several albums, including *Gratien Gratton prince de la gratouille*, *Fanfaron*, *À l'école des petits magiciens*, and *Time for Bed*. They both live in Quebec City, Quebec. **Inés Cánepa** is a musician and composer. She has been the lead and backup singer for the Roberto Lopez Project, a musical group whose album *Qué Pasa* received the Fondation du maire de Montreal pour la Jeunesse award. She li...

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**Summary**

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Las más bellas nanas de música clásica

Elodie Nouhen

Summary
No one is too young to enjoy music. This is a selection of the most beautiful classical lullabies, orchestrated by wind quintet and harp by Sergio Menozzi, Fabrice Pierre and Naoki Tsururaki. The Agora Ensemble plays with great emotion and delicacy. Authentic treasures from the international repertoire signed by Brahms, Satie or Schubert, interpreted with new light and with the added goal of presenting to the public certain lesser known fragments.

Contributor Bio
Elodie Nouhen is an illustrator of children's books.

Sleep Softly

Classical Lullabies by Brahms, Schubert, Satie, Debussy...

Elodie Nouhen, David Pastor

Summary
Winner of:
2015 Parents' Choice, Gold Award

Timeless tunes for tots
This selection of beloved melodies from some of the world’s more revered composers, including Brahms, Schubert, Ravel, and Debussy, will lull babies into a sweet, blissful sleep. Along with the whimsical, dream-like illustrations, the storybook and accompanying CD feature 16 classical lullabies orchestrated for a wind quintet and harp performed by the critically acclaimed L'Ensemble Agora. In addition, a brief commentary accompanies each featured musical work.

COMPOSITION / COMPOSER / DURATION:
1. Barcarolle 2.22 Jacques Offenbach
2. Après un rêve (After a Dream) 3.08 Gabriel Fauré
3. Von Fremden Ländern (Of Foreign Lands) 1.30 Robert Schumann
4. La boîte à Joujou (The Toybox) 1.16 Claude Debussy
5. Gymnopédie No. 1 3.24 Eric Satie
6. La poupée (The Doll) 2.07 Georges Bizet
7. Sändmannchen (The Little Sandman) 2.31 Johannes Brahms
8. Wiegenlied (Lullaby) 0.56 Johannes Brahms
9. Solveig's Song 3.16 Edvard Grieg
10. Schlafe, mein Prinzchen, schlaf?ein (Sleep, My Little Prince, Fall Asleep) 0.48 Bernard Flies
11. Ständchen (Seren...

Contributor Bio
Elodie Nouhen is a children's album illustrator and the illustrator of the award-winning Songs from the Baobab. She studied at the Ecole Supérieure d'arts graphiques Penninghen in Paris. David Pastor is a horn player and the founder and artistic director of the Ensemble Agora, a wind and harp ensemble based in Lyon, France, that has released several critically acclaimed book-CDs for children.
Explorando Hondo
Un diario personal para niños y adolescentes que enfrentan desafíos de salud
Rose Offner, Sheri Brisson

Summary
A powerful tool for Spanish-speaking children and teens with health challenges, this visually stunning guided journal provides the empowerment they need to take an active role in their emotional health. Bright and engaging art fills each page and will inspire kids to explore their deepest feelings while working through dozens of relevant and meaningful exercises. Through sections such as Exploring My Life, Love and Gratitude, and Your Journey and Heart’s Desires, children will learn how to communicate better with everyone around them and discover their own inner strength. This book is designed to promote emotional growth and understanding that will help kids regain the self-confidence and control they need to heal.

Contributor Bio
Rose Offner, MFA, is an award-winning author, passionate artist, and instructor. She inspires people to write and illustrate their deepest feelings, provoking thoughtful self-examination and capturing their stories in her books and ongoing workshops. She believes that everyone has a story to tell, and that through the process of writing and sharing, people can come to a place of peace and healing. She is dedicated to taking kids, teens, and adults on creative inner journeys, helping them to connect with their personal narrative and unique voice and wisdom. She is the author of Journal to Intimacy, Journal to the Soul, Journal to the Soul for Teenagers, and Letters to the Soul. She lives in Castro Valley, California.
Sheri Brisson, MA, has a...

Digging Deep
A Journal for Young People Facing Health Challenges
Rose Offner, Sheri Brisson

Summary
Winner, Pinnacle Book Achievement Award
Winner, 2014 Moonbeam Gold Medal Spirit Award
A Resonance House Gold Medal in the Mom’s Choice Award
Finalist, 2014 Eric Hoffer Book Award

When a child is seriously or chronically ill, parents, friends, and other supportive loved ones want to help. This beautiful guided journal for kids and teens with health challenges offers young people the empowerment they need to take an active role in their emotional health by working through dozens of relevant and meaningful exercises. The colorful art and progression of target questions, through sections such as Exploring My Life, Love and Gratitude, and Your Journey and Heart’s Desires, will inspire kids to explore their deepest feelings, challenges, hopes, and dreams. By discovering their own inner strengths and learning to communicate better with everyone around them, kids will regain the self-confidence and control they need to heal.

Digging Deep is proud to be a Happy Chemo! approved product. Since 2007 Happy Chemo! has been working to ease the burden cancer chemotherapy brings by building a strong network...

Contributor Bio
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Sheri Brisson, MA, has a...
**Pamela la Impaciente y los Microbios**

Sarah Overland, Aaron Conway

**Summary**

This entertaining story featuring the ever popular Impatient Pamela helps children discover how healthy habits keep them safe from disease. This latest adventure in the award-winning series finds Impatient Pamela afraid of germs until she learns that simple things like washing her hands can help keep her healthy and germ free. With her newfound knowledge she feels confident traveling the world to visit her pen pal. With a foreword by a world-renown public health expert, it serves as a fun and educational tool for parents, teachers, and caregivers to reassure children about their own ability to fight off germs and stay healthy.

Este entretenido cuento sobre el popular personaje Pamela la Impaciente ayuda a los niños a descubrir cómo los hábitos saludables los pueden proteger de enfermedades. Esta nueva aventura de la galardonada colección muestra a Pamela teniéndole miedo a los gérmenes hasta que descubre que cosas tan simples como lavarse las manos pueden ayudarla a mantenerse saludable y libre de microbios. Con su nuevo conocimiento, tiene la confianza suficiente para viajar a visit...
**Children's Classics in Spanish: Cenicienta**
Catherine Bruzzone, Clare Beaton

**Summary**
*A fantastic resource for language teachers using popular, classic tales*

Each book in this series contains a simplified version of a classic tale in English, French, or Spanish; a play script with easy dialogue; several pieces of scenery; and 16 story characters to color in and cut out. The whole book turns into a table-top theater so children can enjoy putting on the play as they practice their language skills. Notes for teachers are given in English, as are instructions throughout.

**Contributor Bio**
*Catherine Bruzzone* has more than 20 years experience teaching languages to children and developing innovative language-learning programs. *Clare Beaton* is a children’s author and illustrator whose books include *Clare Beaton’s Nursery Rhymes* and *One Moose, Twenty Mice.*

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**Children's Classics in English: Cinderella**
Catherine Bruzzone, Clare Beaton

**Summary**
*A fantastic resource for language teachers using popular, classic tales*

Each book in this series contains a simplified version of a classic tale in English, French, or Spanish; a play script with easy dialogue; several pieces of scenery; and 16 story characters to color in and cut out. The whole book turns into a table-top theater so children can enjoy putting on the play as they practice their language skills. Notes for teachers are given in English, as are instructions throughout.

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**Children's Classics in Spanish: Blancanieves**
Catherine Bruzzone, Clare Beaton

**Summary**
*A fantastic resource for language teachers using popular, classic tales*

Each book in this series contains a simplified version of a classic tale in English, French, or Spanish; a play script with easy dialogue; several pieces of scenery; and 16 story characters to color in and cut out. The whole book turns into a table-top theater so children can enjoy putting on the play as they practice their language skills. Notes for teachers are given in English, as are instructions throughout.

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**Children's Classics in English: Snow White**
Catherine Bruzzone, Clare Beaton

**Summary**
*A fantastic resource for language teachers using popular, classic tales*

Each book in this series contains a simplified version of a classic tale in English, French, or Spanish; a play script with easy dialogue; several pieces of scenery; and 16 story characters to color in and cut out. The whole book turns into a table-top theater so children can enjoy putting on the play as they practice their language skills. Notes for teachers are given in English, as are instructions throughout.

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¿Qué le pasa a la mamá de Bridget?
Los Medikidz explican el cáncer de seno
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, these dynamic stories explain complex medical information about different forms of cancer, such as breast cancer, leukemia, brain tumors, and osteosarcoma, in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand the main character's illness and become aware of the support and tender loving care they each need.

Contributor Bio
Dr. Kim Chilman-Blair, BSc, MBChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information to young people in comic book form. John Taddeo is a comic book writer and illustrator and the director of two award-winning animated shorts. He lives in New York City.

What's Up with Bridget's Mom?
Medikidz Explain Breast Cancer
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, this dynamic story explains complex medical information about breast cancer in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand Bridget's Mom's illness and become aware of the support and tender loving care she needs.

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¿Qué le pasa a Lyndon?
Los Medikidz explican el osteosarcoma
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, these dynamic stories explain complex medical information about different forms of cancer, such as breast cancer, leukemia, brain tumors, and osteosarcoma, in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand the main character's illness and become aware of the support and tender loving care they each need.

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What's Up with Lyndon?
Medikidz Explain Osteosarcoma
Kim Chilman-Blair, John Taddeo

Summary
Childhood osteosarcoma, a cancer of the bone, is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are a group of larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Appropriate humor and adventure offset facts about osteosarcoma, its treatment, and recovery, so young readers can understand Lyndon’s illness and become aware of the support and loving care that he needs.

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¿Qué le pasa a Richard?
Los Medikidz explican la leucemia
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, these dynamic stories explain complex medical information about different forms of cancer, such as breast cancer, leukemia, brain tumors, and osteosarcoma, in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand the main character's illness and become aware of the support and tender loving care they each need.

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What's Up with Richard?
Medikidz Explain Leukemia
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, this dynamic story explains complex medical information about leukemia in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand Richard’s illness and become aware of the support and care he needs.

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¿Qué le pasa al papá de Tiffany?
Los Medikidz explican el melanoma
Kim Chilman-Blair, Shawn deLoache

Summary
Melanoma skin cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues with a language and visual style that is attractive to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so readers can understand melanoma and its causes.

Se explica el melanoma, el cáncer de la piel, mediante formato de novela gráfica en esta historia informativa que hace asequible para los jóvenes lectores la ciencia detrás del cáncer. Los Medikidz son un grupo de superhéroes extraordinarios que viven en Mediland, un mundo virtual y viviente dentro del cuerpo humano. Cada personaje es experto en un componente de la anatomía humana y el papel que juega en...

Contributor Bio
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What's Up with Tiffany's Dad?
Medikidz Explain Melanoma
Kim Chilman-Blair, Shawn deLoache

Summary
Melanoma skin cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand melanoma and its causes.

Contributor Bio
Kim Chilman-Blair, BSc, MBChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information to young people in comic book form. She is the author of the Medikidz series. Shawn deLoache is the lead graphic novelist for the children's health education series Medikidz and the author of the young adult novel Good Man. He lives in New York City.
¿Qué le pasa Jo?
Los Medikidz explican los tumores cerebrales
Kim Chilman-Blair, John Taddeo

Summary
Employing a graphic novel format, these dynamic stories explain complex medical information about different forms of cancer, such as breast cancer, leukemia, brain tumors, and osteosarcoma, in a straightforward yet entertaining way. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand the main character's illness and become aware of the support and tender loving care they each need.

Contributor Bio
Dr. Kim Chilman-Blair, BSc, MBChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information to young people in comic book form. John Taddeo is a comic book writer and illustrator and the director of two award-winning animated shorts. He lives in New York City.

What's Up with Jo?
Medikidz Explain Brain Tumors
Kim Chilman-Blair, John Taddeo

Summary
By using a graphic novel format, this informative guide explains the science behind brain tumors and the effect that cancer has on the body in a way that is accessible to young readers. The Medikidz are a group of larger-than-life super heroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease: Axon is a brain specialist, Pump has the lowdown on the heart and blood vessels, and Skinderella knows all about the skin and bones. Appropriate humor and adventure offset facts about brain tumors, so young readers can understand Jo’s illness and become aware of the support and loving care that she needs.

Contributor Bio
Kim Chilman-Blair, BSc, MBChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information to young people in comic book form. She is the author of the Medikidz series. John Taddeo is a comic book writer and illustrator and the director of two award-winning animated shorts. He is the illustrator of the books in the Medikidz series. He lives in New York City.
¿Qué le pasa a la abuelita de Sam?
Los Medikidz explican el cáncer de pulmón
Kim Chilman-Blair, Shawn deLoache

Summary
Lung cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand lung cancer and its causes.

Contributor Bio
Kim Chilman-Blair, BSc, MB ChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information to young people. She is the author of the Medikidz series. Shawn deLoache is the lead graphic novelist for the children's health education series Medikidz and the author of the young adult novel Good Man. They both live in New York City.

What's Up with Sam's Grandma?
Medikidz Explain Lung Cancer
Kim Chilman-Blair, Shawn deLoache

Summary
Lung cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand lung cancer and its causes.

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¿Qué le pasa a nuestro papá?
Los Medikidz explican el cáncer colorrectal
Kim Chilman-Blair, Shawn deLoache

Summary
Colorectal cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. The Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand colorectal cancer and its causes.

Contributor Bio
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What's Up with Our Dad?
Medikidz Explain Colorectal Cancer
Kim Chilman-Blair, Shawn deLoache

Summary
Colorectal cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand colorectal cancer and its causes.

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¿Qué le pasa al abuelito de Jerome?
Los Medikidz explican el cáncer de próstata
Kim Chilman-Blair, Shawn deLoache

Summary
Prostate cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. The Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand prostate cancer and its causes.

Contributor Bio
Kim Chilman-Blair, BSc, MB ChB, is a medical writer and the founder and CEO of Medikidz, a company dedicated to providing peer-reviewed health information in comic book form to young people. She is the author of the Medikidz series. Shawn deLoache is the lead graphic novelist for the children’s health education series Medikidz and the author of the young adult novel Good Man. They both live in New York City.

What's Up with Jerome's Grandad?
Medikidz Explain Prostate Cancer
Kim Chilman-Blair, Shawn deLoache

Summary
Prostate cancer is explained in graphic novel format in this informative story that makes the science behind cancer accessible to young readers. The Medikidz are larger-than-life superheroes who live in Mediland, a living, moving virtual world within the human body. Each character is an expert on one component of human anatomy and the role it plays in fighting the disease. Using their extensive combined knowledge, the Medikidz conduct a journey through Mediland, exploring complex medical issues in a language and visual style that is attractive and accessible to tweens and teens. Appropriate humor and adventure are blended with accurate facts, so young readers can understand prostate cancer and its causes.

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Rompecabezas, escondites y batallas de comida
Marlene Kliman, Valerie Martin, Nuria Jaumot-Pascual

Summary
Developed by the Mixing in Math group at TERC, an education nonprofit, and based on research funded in part by the National Science Foundation, this book is packed with all kinds of math games for young minds. These projects and games, which use everyday materials such as paper towel tubes and cardboard boxes, can be used as icebreakers, party games, and group activities for indoors and out as well as special events throughout the calendar year. Whether in the car, on the bus, in a waiting room, or at the dinner table, the varied games and activates in this book serve as the perfect introduction to math for young children.

Contributor Bio
Marlene Kliman is the senior scientist and director of the Mixing in Math group at TERC (formerly Technical Education Research Centers) and is the author of Building Number Sense: The Number System, and a coauthor of How Many in All?, Number Games & Story Problems: Addition & Subtraction, and Ten Everyday Math Activities for Parents and Kids. She lives in Newton, Massachusetts. Valerie Martin is a senior web and graphic designer at TERC who specializes in conveying math and science concepts in a clear and visually appealing manner. She designs web- and print-based curricula, games, and educational resources for a wide range of audiences. She lives in Lincoln, Massachusetts. Nuria Jaumot-Pascual is a senior research associate at TERC.

Food Fights, Puzzles, and Hideouts
Marlene Kliman, Valerie Martin, Nuria Jaumot-Pascual

Summary
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**Cóndor**
João Pina

**Summary**
This book is a tribute to the memory of the victims of Operation Condor, a secret military plan implemented in 1975 by six Latin American countries ruled by right-wing military dictatorships to eliminate their political opponents. This plan resulted in "extrajudicial executions" of at least 60,000 people. For almost a decade, author João Pina has traveled extensively through Argentina, Brazil, Bolivia, Chile, Paraguay, and Uruguay to document what is left of the Condor years.

**Contributor Bio**
João Pina is the author of *Por teu livre pensamento*, in which 25 Portuguese former political prisoners recount their personal stories.

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**Condor**
João Pina

**Summary**
Detailing the clandestine campaign of Operation Condor—a secret military plan implemented in 1975 by six Latin American countries ruled by right-wing military dictatorships to eliminate their political opponents—this book stands as a tribute to the memory of the victims who lost their lives in the brutal violence. For nearly a decade, author João Pina, traveled extensively through Argentina, Brazil, Bolivia, Chile, Paraguay, and Uruguay to document what is left of the Condor years and report on a plan that resulted in extrajudicial executions of at least 60,000 people.

**Contributor Bio**
João Pina is a writer and a professional photographer. His first book, written in his native Portuguese, won several awards.
**En inglés, por supuesto**
Josephine Nobisso, Dasha Ziborova

**Summary**
Set in the Bronx during the 1950s, when postwar immigrant children were placed in their first American classrooms, this delightful story tells of the riotous linguistic misunderstandings of Josephine’s first day of school. The daughter of savvy Italian engineers, Josephine has lived in the city long enough to have learned a few words in English, but is overcome when her teacher makes her stand up in front of the class and tell about her life in Italy—in English, of course. The result is a charming tale of adventures and multicultural miscommunications as Josephine attempts to make herself understood. Children will come to understand that sometimes people underestimate the talents and dignity of newcomers to the United States and will embark on a poignant journey as Josephine tells her incredible story the best way she knows how and attempts to understand her English-speaking teacher and classmates.

**Contributor Bio**
Josephine Nobisso is the author of 17 children's and adult books including Grandpa Loved and Grandma’s Scrapbook. She lives in Quogue, New York. Dasha Ziborova is the illustrator Crispin the Terrible. She lives in New York City.

**In English, of Course**
Josephine Nobisso, Dasha Ziborova

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The Weight of a Mass
A Tale of Faith
Josephine Nobisso, Katalin Szegedi

Summary
When a poor devout widow begs for a scrap of bread from a rich faithless baker, she promises to participate in the king’s wedding mass as payment for the baker’s generosity. The baker writes “One Mass” on a scrap of paper and places it on his scale to determine how much bread it is worth. To his and the entire town’s surprise, nothing in the shop, not even the gigantic wedding cakes made for the king, outweighs the simple piece of paper representing the true worth of a mass. Luminous old-world watercolor paintings grace the interior of the book and lend an air of solemnity and sacred beauty to the story.

Contributor Bio
Josephine Nobisso is the author of 17 children’s and adult books, including Grandpa Loved and Grandma’s Scrapbook. She lives in Quogue, New York. Katalin Szegedi has illustrated numerous children’s books and was awarded the Most Beautiful Children’s Book Award by the Society of Hungarian Publishers and Distributors.
El peso de una misa

Un relato de fe

Josephine Nobisso, Katalin Szegedi

Summary

When a poor devout widow begs for a scrap of bread from a rich faithless baker, she promises to participate in the king’s wedding mass as payment for the baker’s generosity. The baker writes “One Mass” on a scrap of paper and places it on his scale to determine how much bread it is worth. To his and the entire town’s surprise, nothing in the shop, not even the gigantic wedding cakes made for the king, outweighs the simple piece of paper representing the true worth of a mass. Luminous old-world watercolor paintings grace the interior of the book to lend an air of solemnity and sacred beauty to the story.

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The Weight of a Mass

A Tale of Faith

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Por qué creemos en dios(es)
Una guía concisa de la ciencia de la fe
J. Anderson Thomson, Clare Aukofer, Richard Dawkins...

Summary
In this groundbreaking volume, J. Anderson Thomson Jr., MD, and Clare Aukofer offer a succinct yet comprehensive study of how and why the human mind generates religious belief. Dr. Thomson, a highly respected practicing psychiatrist with credentials in forensic psychiatry and evolutionary psychology, methodically investigates the components and causes of religious belief in the same way any scientist would investigate the movement of astronomical bodies or the evolution of life over time—that is, as a purely natural phenomenon. Providing compelling evidence from psychology, the cognitive neurosciences, and related fields, he, with Ms. Aukofer, presents an easily accessible and exceptionally convincing case that god(s) were created by man—not vice versa. With this slim volume, Dr. Thomson establishes himself as a must-read thinker and leading voice on the primacy of reason and science over superstition and religion.

Contributor Bio
J. Anderson Thomson Jr., MD, is a staff psychiatrist at the University of Virginia’s Student Health Center and Institute of Law, Psychiatry, and Public Policy. He maintains a private practice of adult and forensic psychiatry and serves as a trustee of the Richard Dawkins Foundation for Reason and Science. Clare Aukofer is a medical writer and editor. They both live in Charlottesville, Virginia.

Richard Dawkins is an ethologist, an evolutionary biologist, and a writer. He is an emeritus fellow of New College, Oxford, and was formerly the University of Oxford’s Professor for Public Understanding of Science. Among his previous books are The Ancestor’s Tale, The God Delusion, and The Selfish Gene.

Why We Believe in God(s)
A Concise Guide to the Science of Faith
J. Anderson Thomson, Clare Aukofer, Richard Dawkins...

Summary
In this groundbreaking volume, J. Anderson Thomson Jr., MD, with Clare Aukofer, offers a succinct yet comprehensive study of how and why the human mind generates religious belief. Dr. Thomson, a highly respected practicing psychiatrist with credentials in forensic psychiatry and evolutionary psychology, methodically investigates the components and causes of religious belief in the same way any scientist would investigate the movement of astronomical bodies or the evolution of life over time—that is, as a purely natural phenomenon. Providing compelling evidence from psychology, the cognitive neurosciences, and related fields, he, with Ms. Aukofer, presents an easily accessible and exceptionally convincing case that god(s) were created by man—not vice versa. With this slim volume, Dr. Thomson establishes himself as a must-read thinker and leading voice on the primacy of reason and science over superstition and religion.

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No tan rápido
Cómo orientar a sus adolescentes acerca de los peligros de conducir
Sandy Spavone, Tim Hollister

Summary
Most driving literature for parents focuses on how to teach a teen to drive, without explaining why teen driving is so dangerous in the first place or giving parents a plan to preempt the hazards teens face. By contrast, No tan rápido empowers and guides parents to understand the causes and situations that most often lead to teen crashes and to take specific, proactive steps—before and each time a teen driver gets behind the wheel—to counteract them. This authoritative guide tackles hot button issues such as texting and distracted driving, parenting attitudes (conscious and unconscious), and teen impairment and fatigue—and includes a combination of topics not found in other teen driving guides, such as:

- How brain development affects driving
- Why driver’s ed does not produce safe drivers
- How and why to prepare a “flight plan” for each drive before handing over the keys
- How and when to say no

Proceeds from the sale of this book support the Reid Samuel Hollister Memorial Fund, which subsidizes infant and toddler education in greater Hartford, Connecticut, and worthy traffic safety causes.

Contributor Bio
Tim Hollister became a national authority and spokesperson for safer teen driving after losing his 17-year-old son Reid in a car crash in 2006. He served on a Connecticut state task force that overhauled his state’s teen driving laws; is the creator of From Reid’s Dad, a national blog for parents of teen drivers; and regularly makes appearances on television and radio. He was awarded the 2012 AAA Southern New England Traffic Safety Hero of the Year Award as well as the U.S. Department of Transportation National Public Service Award, the nation’s highest civilian award for traffic safety.

Sandy Spavone is the executive director for National Organizations for Youth Safety, a coalition of national organizations that promote youth empowerment a...

Not So Fast
Parenting Your Teen Through the Dangers of Driving
Tim Hollister, Sandy Spavone

Summary
Most driving literature for parents focuses on how to teach a teen to drive, without explaining why teen driving is so dangerous in the first place or giving parents a plan to preempt the hazards teens face. By contrast, Not So Fast empowers and guides parents to understand the causes and situations that most often lead to teen crashes and to take specific, proactive steps—before and each time a teen driver gets behind the wheel—to counteract them. This authoritative guide tackles hot button issues such as texting and distracted driving, parenting attitudes (conscious and unconscious), and teen impairment and fatigue—and includes a combination of topics not found in other teen driving guides, such as:

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Jenni Rivera

La Diva de la Banda

Michael Puente

Summary
When a tragic plane crash took the life of singer and actress Jenni Rivera on December 9, 2012, the world lost an artist whose talents transcended borders and even languages. One of this generation's most beloved singers, Rivera achieved 15 platinum and 5 double platinum records while selling more than 15 million albums total. Popular in both the United States and Mexico, Rivera played to sold-out crowds across North America, and in 2009, she was nominated for a record 11 Billboard Awards. Jenni Rivera: La Diva de la Banda is a photographic tribute to this beloved artist, featuring unique images of a star who lit up both the stage and the screen. Featuring nearly 100 full-color photographs, this book provides fans with a glimpse into this star's life—from her commercial debut in the late 1990s to her ascent to the top of the Billboard charts in the 2000s. This keepsake also explores Rivera's wide-ranging talents as an entrepreneur and a television actress.

Cuando un accidente de avión le quitó la vida a la cantante y actriz Jenni Rivera el 9 de diciembre de 2012, el mundo perdió a una...

Contributor Bio

Michael Puente is an award-winning journalist with more than 20 years of experience. He is currently a reporter for Chicago Public Media, WBEZ 91.5 FM and was named best reporter by the Indiana Associated Press Broadcasters Association in 2008. He lives in Chicago.

Jenni Rivera

The Diva of Banda Music

Michael Puente

Summary
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Contributor Bio

Michael Puente is an award-winning journalist with more than 20 years of experience. He is currently a reporter for Chicago Public Media, WBEZ 91.5 FM and was named best reporter by the Indiana Associated Press Broadcasters Association in 2008. He lives in Chicago.
Como Llego A Ser Grande...
Carlos Zambrano
Pedro Miranda, Marcos Witt

Summary
Though baseball fans everywhere have come to know Carlos Zambrano, or El Toro, as the bat-crashing, Barrett-smashing, finger-pointing, homer-slugging ace of the Cubs, what they don't know about him is that he has a great sense of humor, plays jokes on all his friends, has a very strong Christian faith, and grew up playing in the streets of Venezuela with shoes filled with such big holes he was nearly barefoot long before signing his recent record-breaking contract. This Spanish language edition of Zambrano's life story and is ideal for anyone fighting against tough odds and looking for inspiration.

Contributor Bio
Pedro Miranda is a professional writer. Marcos Witt is a Latin Grammy Award-winning singer and pastor.

The Big Z
The Carlos Zambrano Story
Pedro Miranda

Summary
Though baseball fans everywhere have come to know Carlos Zambrano, or El Toro, as the bat-crashing, Barrett-smashing, finger-pointing, homer-slugging ace of the Cubs, what they don't know about him is that he has a great sense of humor, plays jokes on all his friends, has a very strong Christian faith, and grew up playing in the streets of Venezuela with shoes filled with such big holes he was nearly barefoot long before signing his recent record-breaking contract. This biography chronicle Zambrano's life story and is ideal for anyone fighting against tough odds and looking for inspiration.

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**Diabetes mellitus** *(11th Edition)*  
*Una guía práctica*  
Sue K Milchovich, Barbara Dunn-Long, RD

**Summary**
Now updated to include the latest developments in medicine and practices for diabetes treatment, as well as the most current information on new medication delivery methods, this comprehensive guide covers every aspect of living with diabetes. This user-friendly book takes a look at both the medical and nutritional sides of the disease and teaches diabetics how to balance diet, medication, and exercise for optimal health from the start. The diet and exercise plans that are included feature portion sizes and sample meal plans along with low-impact workout routines and have been revised to reflect new food pyramid guidelines and current minimum exercise suggestions. While an absolute cure for diabetes has not yet been discovered, this health manual makes living with the disease manageable.

**Contributor Bio**
*Sue K. Milchovich, RN, BSN, CDE*, is a member of the American Diabetes Association and has been a certified diabetes educator for more than 25 years. She lives in Covina, California. *Barbara Dunn-Long, RD*, is a registered dietitian in private practice and is involved in diabetes education. She is a member of the American Diabetes Association. She lives in Villa Park, California.

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**Diabetes Mellitus** *(11th Edition)*  
A Practical Handbook  
Sue K Milchovich, Barbara Dunn-Long, RD

**Summary**
From proper dieting to the latest medical treatments—a complete guide to managing life with diabetes

Now updated to include the latest developments in medicine and practices for diabetes treatment, as well as the most current information on new medication delivery methods, this comprehensive guide covers every aspect of living with diabetes. This user-friendly book takes a look at both the medical and nutritional sides of the disease and teaches diabetics how to balance diet, medication, and exercise for optimal health from the start. The diet and exercise plans that are included feature portion sizes and sample meal plans along with low-impact workout routines and have been revised to reflect new food pyramid guidelines and current minimum exercise suggestions. While an absolute cure for diabetes has not yet been discovered, this health manual makes living with the disease manageable.

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Mi bebé y yo (5th Edition)
Una guía esencial para el embarazo y el cuidado de tu recién nacido
Deborah D. Stewart, Jenny B. Harvey

Summary
Offering solid guidance for mothers and mothers-to-be whose reading skills are limited and who may have limited access to adequate health care, this guide focuses on basics like prenatal care, lifestyle choices, nutritional advice, and baby’s first few months. This fifth edition includes updated and expanded information on mental health issues, including postpartum depression and anxiety, for both moms and partners; hot topics such as immunizations, breastfeeding, and coping with inconsolable crying; best-practice guidelines for car seats, safe sleep, babywearing, and fall prevention; the value of having effective support during labor, birth, and the postpartum period; and insurance coverage, including the Affordable Care Act, and medical assistance for low-income pregnant women. Checklists, a glossary, and an expanded list of reliable internet resources round out this invaluable book.

Contributor Bio
Deborah D. Stewart has written low-reading-level materials focused on the health issues of mothers and children from pregnancy through the early years of childhood. She is the author of Best Start: Your Baby’s First Year. She lives in Portland, Oregon. Jenny B. Harvey has a background in human development, family support, psychology, parent education, and crisis intervention, she has worked and volunteered in a variety of health agencies and community programs serving diverse populations of families with young children. She lives in Seattle.

Baby & Me (5th Edition)
The Essential Guide to Pregnancy and Newborn Care
Deborah D. Stewart, Jenny B. Harvey

Summary
A simply written guide about pregnancy, childbirth, infant health, and safety

Offering solid guidance for mothers and mothers-to-be whose reading skills are limited and who may have limited access to adequate health care, this guide focuses on basics like prenatal care, lifestyle choices, nutritional advice, and baby’s first few months. This fifth edition includes updated and expanded information on mental health issues, including postpartum depression and anxiety, for both moms and partners; hot topics such as immunizations, breastfeeding, and coping with inconsolable crying; best-practice guidelines for car seats, safe sleep, babywearing, and fall prevention; the value of having effective support during labor, birth, and the postpartum period; and insurance coverage, including the Affordable Care Act, and medical assistance for low-income pregnant women. Checklists, a glossary, and an expanded list of reliable internet resources round out this invaluable book.

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Tomando control de su salud (4th Edition)
Una guía para el manejo de las enfermedades del corazón, diabetes, asma, bronquitis, enfisema y otros problemas crónicos
Virginia González, Maria Hernández-Marín, Kate Lor...

Summary
Completamente rediseñada para facilitar la lectura y actualizada con lo último en investigaciones e información acerca de las prácticas actuales, los medicamentos, las cuestiones legales y las enfermedades específicas, esta nueva edición de un re...

Contributor Bio
Virginia Gonzalez, MPH, is a chronic disease health educator and consultant to the Stanford Patient Education Research Center. She lives in San Jose, California. Maria Hernández-Marín is a member of Stanford University School of Medicine. She lives in Santa Clara, California. Kate Lorig, RN, DrPH, is a director and a professor emerita at Stanford University School of Medicine. She lives in Mountain View, California. Halsted Holman, MD, is a professor emeritus at Stanford University School of Medicine. He lives in Stanford, California. David Sobel, MD, MPH, is the director of patient education and health promotion at the Kaiser Permanente Medical Group in northern California. He lives in San Jose, California. Diana Laurent, MPH, is a chronic disease...

Living a Healthy Life with Chronic Conditions (4th Edition)
Self-Management of Heart Disease, Arthritis, Diabetes, Depression, Asthma, Bronchitis, Emphysema and Other Physical and Mental Health Conditions
Kate Lorig, Halsted Holman, David Sobel, Diana Lau...

Summary
Completamente rediseñada para facilitar la lectura y actualizada con lo último en investigaciones e información acerca de las prácticas actuales, los medicamentos, las cuestiones legales y las enfermedades específicas, esta nueva edición de un re...

Contributor Bio
Kate Lorig, RN, DrPH, is a director and associate professor at the Stanford University School of Medicine’s Patient Education Research Center. She lives in Mountain View, California. Halsted Holman, MD, is professor of medicine at Stanford University School of Medicine. He lives in Stanford, California. David Sobel, MD, is the director of patient education and health promotion at the Kaiser Permanente Medical Care Program in Northern California. He lives in San Jose, California. Diana Laurent, MPH, is a health educator at the Stanford University School of Medicine’s Patient Education Research Center. She lives in Palo Alto, California. Virginia Gonzalez, MPH, is a health educator at the Stanford University School of Medicine’s Patient Educa...
**Libro de la presión sanguínea (3rd Edition)**
Cómo bajarla y mantenerla baja
Stephen P. Fortmann, Prudence E. Breitrose

**Summary**
Now in its third edition, this basic work explains the latest data on the effects of medication, diet, and exercise on blood pressure. It defines the essential terminology—such as diastolic and systolic—emphasizes stress reduction techniques, and offers science-based insight into the causes and control of this widespread condition.

Ahora en su tercera edición, esta obra explica la información más reciente sobre los efectos de los medicamentos, la dieta y el ejercicio sobre la presión sanguínea. Define los términos esenciales como diástole y sistole, enfatizando técnicas de reducción del estrés y ofreciendo percepciones para controlar esta condición común.

**Contributor Bio**
Stephen P. Fortmann, MD, is the director of the Stanford Heart Disease Prevention Research Center at the Stanford University School of Medicine. Prudence E. Breitrose, MA, is an editor of health education materials and a chief writer for the Stanford Heart Disease Prevention Research Center.

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**The Blood Pressure Book (3rd Edition)**
How to Get It Down and Keep It Down
Stephen P. Fortmann, Prudence E. Breitrose

**Summary**
Now in its third edition, this basic work explains the latest data on the effects of medication, diet, and exercise on blood pressure. It defines the essential terminology (such as diastolic and systolic), emphasizes stress reduction techniques, and offers science-based insight into the causes and control of this widespread condition.

**Contributor Bio**
Stephen P. Fortmann, MD, is the director of the Stanford Heart Disease Prevention Research Center at the Stanford University School of Medicine. Prudence Breitrose, MA, is an editor of health education materials and chief writer for the Stanford Heart Disease Prevention Research Center.
8 pasos para una espalda sin dolor
Recuerde cuando no dolía
Esther Gokhale

Summary
With a fresh approach to a common problem, this self-help guide to overcoming back pain advocates adopting the natural, healthy posture of athletes, young children, and people from traditional societies the world over. Arguing that most of what our culture has taught us about posture is misguided—even unhealthy—and exploring the current epidemic of back pain, many of the commonly cited reasons for the degeneration of spinal discs and the stress on muscles that leads to back pain are examined and debunked. The historical and anthropological roots of poor posture in Western cultures are studied as is the absence of back pain complaints in the cultures of Africa, Asia, South America, and rural Europe. Eight detailed chapters provide illustrated step-by-step instructions for making simple, powerful changes to seated, standing, and sleeping positions. No special equipment or exercise is required, and effects are often immediate.

Contributor Bio
Esther Gokhale, LAc, is the founder of the Esther Gokhale Wellness Center, a licensed acupuncturist, and the creator of the Gokhale Method™, a revolutionary approach that helps people achieve better health through better structure.

8 Steps to a Pain-Free Back
Natural Posture Solutions for Pain in the Back, Neck, Shoulder, Hip, Knee, and Foot
Esther Gokhale, Susan Adams

Summary
With a fresh approach to a common problem, this self-help guide to overcoming back pain advocates adopting the natural, healthy posture of athletes, young children, and people from traditional societies the world over. Arguing that most of what our culture has taught us about posture is misguided—even unhealthy—and exploring the current epidemic of back pain, many of the commonly cited reasons for the degeneration of spinal discs and the stress on muscles that leads to back pain are examined and debunked. The historical and anthropological roots of poor posture in Western cultures are studied as is the absence of back pain complaints in the cultures of Africa, Asia, South America, and rural Europe. Eight detailed chapters provide illustrated step-by-step instructions for making simple, powerful changes to seated, standing, and sleeping positions. No special equipment or exercise is required, and effects are often immediate.

Contributor Bio
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El Buda en tu espejo
Budismo práctico en la búsqueda del ser
Woody Hochswender, Ted Morino, Herbie Hancock, Gre...

Summary
Buddhism has taught for thousands of years that every person is a Buddha, or an enlightened being, and has the potential for true and lasting happiness. Through real-life examples, this book reveals the teachings of Nichiren and explains how adopting this outlook has positive effects on one's health, relationships, and career. Budismo ha enseñado por miles de años que cada persona es una Buda, o un humano ilustrado, y que todos tienen la capacidad de realizar felicidad eterna y verdadera. Con ejemplos de la vida cotidiana, este libro revela las enseñanzas de Nichiren y explica como adoptar estos pensamientos tiene efectos positivos en la salud, las relaciones y la vida profesional.

Contributor Bio
Woody Hochswender is a former New York Times reporter and editor at Esquire magazine. He lives in Sharon, Connecticut. Greg Martin and Ted Morino are vice general directors of the SGI-USA, the lay organization of Nichiren Buddhists. They both live in Los Angeles.

The Buddha in Your Mirror
Practical Buddhism and the Search for Self
Woody Hochswender, Greg Martin, Ted Morino

Summary
While the notion that “happiness can found within oneself” has recently become popular, Buddhism has taught for thousands of years that every person is a Buddha, or enlightened being, and has the potential for true and lasting happiness. Through real-life examples, the authors explain how adopting this outlook has positive effects on one’s health, relationships, and career, and gives new insights into world environmental concerns, peace issues, and other major social problems.

Contributor Bio
Woody Hochswender is a former reporter for the New York Times and editor at Esquire magazine. He lives in Sharon, Connecticut. Greg Martin and Ted Morino are vice general directors of the SGI-USA, the lay organization of Nichiren Buddhists. They live in Los Angeles.
Enseñando rebeldía
Historias de la lucha popular oaxaqueña
Diana Denham

Summary
Accompanied by photography and political art, this powerful compilation of testimonies from longtime organizers, artists, housewives, journalists, students, teachers, and others who participated in the Popular Assembly of the Peoples of Oaxaca provides a raw, honest look at the 2006 Oaxaca protests to the political situation in the Mexican state—protests that would become one of the most important social uprisings of the 21st century.

Acompañada de fotografías y arte político, esta compilación poderosa de testimonios de organizadores, artistas, amas de casa, periodistas, estudiantes, maestros y otros que participaron en la Asamblea Popular de los Pueblos de Oaxaca provee un vistazo abierto y honesto de las protestas oaxaqueñas del 2006 contra la situación política en el estado mexicano—protestas que se convertirían en una de las revueltas sociales más importantes del siglo XXI.

Contributor Bio
Diana Denham is the coordinator for C.A.S.A. Chapulín, a center for international solidarity based in Oaxaca, Mexico. She formerly worked with the Landless Movement for Agrarian Reform in Brazil and also produced The Right to Share in Our Wealth, a documentary film about a local political project by the Workers Party aimed at the inclusion of traditionally marginalized sectors of Brazilian society.

Colectivo C.A.S.A. is an organization that facilitates the work of international activists as human rights observers, independent journalists, and volunteers for grassroots organizations.

Teaching Rebellion
Stories from the Grassroots Mobilization in Oaxaca
Diana Denham

Summary
In 2006, Oaxaca, Mexico came alive with a broad and diverse movement that captivated the nation and earned the admiration of communities organizing for social justice around the world. The show of international solidarity for the people of Oaxaca was the most extensive since the Zapatista uprising in 1994. Fueled by long ignored social contradictions, what began as a teachers’ strike demanding more resources for education quickly turned into a massive movement that demanded direct, participatory democracy.

Hundreds of thousands of Oaxacans raised their voices against the abuses of the state government. They participated in marches of up to 800,000 people, occupied government buildings, took over radio stations, called for statewide labor and hunger strikes, held sit-ins, reclaimed spaces for public art and created altars for assassinated activists in public spaces. In the now legendary March of Pots and Pans, two thousand women peacefully took over and operated the state television channel for three weeks. Barricades that were built all over the city to prevent the passage of paramil...
El enfoque en los elementos fundamentales (Pack of 20)
40 elementos para un desarrollo sano

Summary
An overview of the asset-building approach (sold in packs of 20), complete with a list of the 40 Developmental Assets, asset-building activities, stories of assets in action, and asset-building ideas for youth and adults, is presented in a functional format for using with groups. A Search Institute bestseller, this revised edition is updated with new data in 2006.

Contributor Bio
Search Institute Press is a leading publishing company located in Minneapolis, Minnesota.

The Asset Approach: 40 Elements of Healthy Development (Pack of 20)

Summary
An overview of the asset-building approach (sold in packs of 20), complete with a list of the 40 Developmental Assets, asset-building activities, stories of assets in action, and asset-building ideas for youth and adults, is presented in a functional format for using with groups. A Search Institute bestseller, this revised edition is updated with new data in 2006.
So Easy Comida de Bebe
Comida de Bebe Hecha en Casa en Menos de 30 Minutos Por Semana
Cheryl Tallman

Summary
This cookbook for all-natural, homemade baby food provides recipes and instruction for making stage 1–3 baby foods. Also included are the basics of introducing solid foods and how to develop healthy eating habits. In less than 30 minutes a week, parents can save money, reduce childhood obesity, and avoid processed-food safety concerns with this easy and straightforward system.

Este libro de cocina de comida para bebés casera y completamente natural provee recetas e instrucciones para preparar comidas para las tres etapas de desarrollo. Se incluye también información básica sobre introducir alimentos sólidos y desarrollar hábitos saludables de comida. En menos de 30 minutos a la semana, los padres pueden ahorrar dinero, reducir el riesgo de obesidad infantil y evitar inquietudes sobre la sanidad de alimentos procesados con este sistema fácil y sencillo.

Contributor Bio
Cheryl Tallman is an authority on the subject of healthy eating habits for infants, toddlers, and children, and the coauthor of So Easy Baby Food, So Easy Baby Food Kit, and So Easy Toddler Food. She lives in Petoskey, Michigan.

So Easy Baby Food Basics
Homemade Baby Food in Less Than 30 Minutes Per Week
Cheryl Tallman

Summary
This cookbook for all-natural, homemade baby food provides recipes and instruction for making stage 1–3 baby foods. Also included are the basics of introducing solid foods and how to develop healthy eating habits. In less than 30 minutes a week, parents can save money, reduce childhood obesity, and avoid processed-food safety concerns with this easy and straightforward system.

Contributor Bio
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So Easy Comida Para Ninos Pequenos
Sugerencias y Recetas Sencillas Para Sobrevivir los Anos de ninos Pequenos
Joan Ahlers, Cheryl Tallman

Summary
With survival tips on common toddler eating behaviors and 35 easy recipes designed to win over even the pickiest child, this cookbook is the perfect all-in-one reference for parents. The recipes use common ingredients and are explained through simple steps, while also featuring nutrition facts and menu ideas. Recipes include a breakfast burrito, pineapple kabobs, homemade pizza, and creamy cauliflower soup.

Con consejos para sobrevivir las conductas alimentarias comunes de niños pequeños y 35 recetas fáciles diseñadas para apaciguar hasta el niño más quisquilloso, este libro de cocina es la referencia perfecta para los padres. Las recetas usan ingredientes comunes y se explican a través de pasos simples, e incluyen también información nutricional e ideas para menús. Entre las recetas se incluyen un burrito para el desayuno, broquetas de piña, pizza casera y una cremosa sopa de coliflor.

Contributor Bio
Joan Ahlers is the cofounder, with her sister Cheryl, of www.FreshBaby.com, a site dedicated to raising children with healthy eating habits. She lives in Los Alamos, New Mexico. Cheryl Tallman is an authority on the subject of healthy eating habits for infants, toddlers, and children, and the author of So Easy Baby Food Basics. She lives in Petoskey, Michigan. They are the coauthors of So Easy Baby Food and So Easy Baby Food Kit.

So Easy Toddler Food (2nd Edition)
Survival Tips & Simple Recipes for the Toddler Years
Cheryl Tallman

Summary
With survival tips on common toddler eating behaviors and 40 easy recipes designed to win over the pickiest child, the updated edition of this cookbook is the perfect all-in-one reference for parents. The recipes use common ingredients, are explained through simple steps and photos, and feature nutrition facts and menu ideas. Recipes include a breakfast burrito, pineapple kabobs, homemade pizza, and creamy cauliflower soup. This new edition also features practical advice and tips for toddler eating behaviors; healthy eating topics; and introduction to the MyPlate system; dos and don’ts to avoid food battles; and engaging kitchen activities.

Contributor Bio
Cheryl Tallman is an authority on the subject of healthy eating habits for infants, toddlers, and children. She is the author of So Easy Baby Food Basics and coauthor of So Easy Baby Food and So Easy Baby Food Kit. She lives in Petoskey, Michigan.
El Capitalismo en un Callejón sin Salida

Destructión de empleo, sobreproducción y crisis en la era de la alta tecnología

Fred Goldstein, Manuel Talens, Atenea Acevedo

Summary

Explaining how the recent U.S. economic crisis, which quickly spread around the world, marked a turning point in the history of capitalism, this book contends that the system will not bounce back and will not return to the normal capitalist boom-and-bust cycle. Using youth unemployment as a key measure of stagnation of a system in decline, as well as Marxist analytical tools, it shows how global capitalism has reached a tipping point. Other featured examples demonstrate how capitalism is not only wrecking the environment, but has outgrown the planet and threatens its very existence, nearing a resurgence of global class struggle at levels not seen since the 1930s.

Contributor Bio

Fred Goldstein is a contributing editor for Workers World and the author of Low Wage Capitalism. He lives in New York City.

Capitalismo en un Callejón sin Salida

Destructión de empleo, sobreproducción y crisis en la era de la alta tecnología

Fred Goldstein, Manuel Talens, Atenea Acevedo

Summary

Explicando cómo la crisis económica americana reciente, la cual se extendió rápidamente por todo el mundo, representó un punto decisivo en la historia del capitalismo, este libro sostiene que el sistema no se recuperará y no regresará al ciclo capitalista normal de auge y contracción. Usando el desempleo juvenil como una medida clave del estancamiento de un sistema en declive, así como herramientas analíticas marxistas, demue...
Self-Calming Cards
Elizabeth Crary, Mits Katayama

Summary
How can children cope with anger, with anxiety or with frustration? How about the "mad" dance? Or kneading bread? Or defusing the stress with silliness? These are among the soothing and coping strategies described and illustrated in a 36-card full-color deck. Includes step-by-step instructions in English and Spanish for introducing both the concept of self-calming and such calming activities as blowing bubbles, stringing beads, singing, jumping rope and soaking in a warm bath. Approved by the California Department of Education for supplemental use in the classroom.

Contributor Bio
Elizabeth Crary is the award-winning author of more than 40 children’s and child-guidance publications. She has taught parenting education, with an emphasis on problem-solving and skill-building methods, and established Parenting Press in 1979. Mits Katayama is the illustrator of Help! The Kids Are at It Again, Self-Calming Cards, Unplugging Power Struggles, When You’re Happy, When You’re Mad, When You’re Shy, When You’re Silly, and PEP Talk quarterly for parent educators. They both live in Seattle.