iPg

Nature & Outdoors Titles
Spring 2020
Appalachian Trail Data Book — 2020 (42nd Edition)
Daniel Chazin

Summary
For 2020, the length of the Appalachian Trail from Maine to Georgia (or vice versa) is officially 2,193.0 miles, as documented in this classic work. Sometimes termed "the bible of A.T. hiking" because of its use in essential hike planning, each year's Data Book consolidates the most basic information from 11 detailed official guidebooks into a lightweight table of distances between major Appalachian Trail shelters, road-crossings, and features. It is divided according to the guidebook volumes and updated each December to account for Trail relocations, new (or removed) shelters, and other changes. In addition to codes for lodging, food, water, and other essentials, the Data Book is keyed to both the individual guidebook sections and to the separate maps.

Contributor Bio
Daniel Chazin, an attorney and longtime volunteer/editor with the New York-New Jersey Trail Conference, has been the editor of the annual A.T. Data Book since 1983. He also is the editor of the Appalachian Trail Guide to New York-New Jersey and chair of the publications committee of the NY-NJ Trail Conference.

Appalachian Long Distance Hikers Association, Robe...

Summary
With professionally crafted elevation profiles, 50 maps, and comprehensive tables for more at-a-glance information on-trail. The Appalachian Trail Conservancy and the Appalachian Long Distance Hikers Association collaborate each year on a guide especially designed for potential thru-hikers who want the basic information for a five- to six-month trek in the woods, at a reasonable price, but also want the adventure of finding out the extras for themselves. A favorite of section-hikers and dreamers, too. Still the only such guide written by volunteers for which all the proceeds are returned to the Trail by these two nonprofits. With fact-checking research by more than three dozen thru-hiker volunteers in 14 states, backed by the first-hand information of the trail's volunteer and staff maintainers and managers and extensive information from the 2020 "A.T. Data Book." Equipment-makers' toll-free numbers, post office hours, much more included.

Contributor Bio
ALDHA (Appalachian Long-Distance Hikers Association) is an organization of past, present, and future hikers of the Appalachian Trail. It was formed in 1981 by previous thru-hikers of the Appalachian Trail but soon become a "users groups" for backpackers and hikers of all the U.S. scenic trails and most major hiking paths abroad. The Appalachian Long Distance Hikers Association, formed in 1981, is the only organized users' group for the Appalachian Trail, meeting annually for a three-day festival but also engaged in volunteer projects such as shelter work trips and hostel repairs. Sylvester leads a team of 25 volunteer field editors who contribute annual updates for the Companion.
High Drama
The Rise, Fall, and Rebirth of American Competition Climbing
John Burgman

Summary
One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic debut in 2020.

High Drama explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social classes, and backgrounds. Climbing magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

Contributor Bio
John Burgman has been reporting on competition climbing for the better part of a decade. He writes regularly for Climbing and Climbing Business Journal. He is a Fulbright grant recipient and the author of two previous books, Why We Climb: A Dirtbag's Quest for Vertical Reason and Island Solitaire.

Pondweeds, Bur-reeds and their Relatives of British Columbia
T. Christopher Brayshaw

Summary
"A must for any botanical collection." – Ross Archibald, The Victoria Naturalist Monocotyledons are a major group of flowering plants that have embryos with only one seed leaf. This group comprises four orders and 14 families of plants in freshwater and marine environments. The most populous families are pondweeds and bur-reeds, but others are water-plantains, arrow-grasses, sea-grasses, arums (including Skunk Cabbage), duckweeds, water-meals and cat-tails. Dr. Brayshaw’s finely detailed illustrations and diagnostic keys help identify all species in this book.

Contributor Bio
T. Christopher Brayshaw (1919–2015) was Curator Emeritus of Botany at the Royal BC Museum. He wrote major works on several important groups of plants in British Columbia.
A Natural Year
Michael Fewer

Summary
Described by Lonely Planet as ‘one of Ireland’s best-known walkers’, Michael Fewer in A Natural Year observes the everyday nature of Irish gardens, parks and countryside over the course and development of the four seasons. Based on his personal nature diaries, kept at his homes in south Dublin and rural Waterford, he delights in the beauty and the complexity of the everyday natural world around us. You don’t have to go to the Galapagos to see the unusual. Did you know, for instance, that the common wood pigeon feeds its young in a way that only pelicans and flamingos share, and like pelicans, our dipper swims underwater to find its food? The author encourages observation and enquiry and suggests how study of and involvement in the natural world on our doorstep can be a sure antidote to the stresses of modern urban life. At a time when it’s more important than ever for us all to be aware of the crisis that faces our wildlife and natural environment, people need to know more about the natural world around them, the treasures that are being needlessly lost, and the threat to our way of...

Contributor Bio
Michael Fewer combined architecture with academia for many years before focusing on writing about history, the environment, landscape, travel and walking. Author of more than 20 books about walking and nature in Ireland and over 400 articles, he is a regular Irish Times columnist and contributor to numerous television and radio programmes.

So You Want to Heal the Planet
Kayla Clibborn, Sophie Willcox

Summary
Want to save the planet, but don’t know where to start? Climate change may be scary, but changing your habits doesn’t have to be. So take a deep breath, fill up your reusable coffee cup, and follow this simple, not-too-scary guide to living a more sustainable, eco-friendly life.

Contributor Bio
Kayla Clibborn is an Australian author and editor. Sophie Willcox is an exciting young illustrator with a talent for creating fashionable imagery and telling stories with her art.

Your Note: gift
Seven Worlds One Planet
Natural Wonders from Every Continent
Jonny Keeling, Scott Alexander, David Attenborough

Summary
Welcome home. A place 200 million years in the making. Long ago, our planet had only one gigantic land mass. Then something monumental happened. That supercontinent ruptured and seven different worlds were born. Each of those worlds—or continents—evolved, and continues to evolve, its own way of life. From the jungle of the Congo or the majestic Himalayas to the densely populated wilds of Europe or the comparatively isolated Australasia, Seven Worlds, One Planet explores the natural wonders that give each of our continents its distinct character. Following the animals that have made these iconic environments their home, it discovers spectacular wildlife stories that reveal what makes each of these seven worlds unique. With a foreword by Sir David Attenborough and over 250 breathtaking images, this book is a stunning exploration of the planet, and the worlds within it, that we call home.

Contributor Bio
Jonny Keeling is the executive producer of Seven Worlds, One Planet. A longtime BBC collaborator, he has produced and directed numerous wildlife mini-series and documentaries, including The Life of Mammals, Planet Earth, Man Vs Wolf and The Zoo. He also worked on BBC’s wildly popular Planet Earth II. Scott Alexander is the series producer of Seven Worlds, One Planet. He has spent over 20 years with BBC Studios’ Natural History Unit, filming on all seven continents.

Your Note: gift

Park Life
The Memoirs of a Royal Parks Gamekeeper
John Bartram, John Karter, David Attenborough

Summary
"Retire? You can't retire!" Sir David Attenborough told John Bartram, when the man who has been gamekeeper and senior wildlife officer for Richmond Park for the past 30 years announced his intention to step away from the role, bidding farewell to the iconic park which has been his home, the backdrop for a career many would give anything for, and a way of life for so long. During a career spanning four decades John has been the behind-the-scenes mastermind ensuring the welfare and maintenance of Richmond Park's world-famous herd of deer—widely thought of as the finest herd in captivity. Working with these fabled creatures has demanded balancing their needs with the very real, and often fatal, dangers the park’s visitors pose to his herd, and John pulls no punches when it comes to his opinion on the deer's place in the scheme of things, the human “invaders” and the collision of their two worlds. A remarkable diary chronicling the final year of John’s charmed life as the guardian of Richmond Park, this memoir tells of the unique demands of each new season, and of the enormous wrench he ...

Contributor Bio
John Bartram started life as an apprentice blacksmith for Richmond council in 1970 and two years later joined their parks department where he stayed for eight years working in a tree unit. He began his career as a gamekeeper in 1980 with Kew Gardens, where he met his wife, Maggie, a wildlife artist, who he married in 1988. He took on the same role for Richmond Park in 1986, remaining in the post for 30 years, during which time his job title was changed to Senior Wildlife Officer. John and Maggie lived in Kingston Gate Lodge in Richmond Park before moving to Walton on Thames on his retirement in 2016. For relaxation he enjoys bird watching with Maggie, fishing, tending his allotment, and playing bowls. John Karter is a former writer for the Sunday Times, Times, and Independent, and the author of five published nonfiction books: Introducing Psychology of Relationships, The Love Delusion, On Training to be a Therapist, Frankie Dettori: The Illustrated Biography, and Lester: Return of a Legend, as well as a novella, The Profit. As an avid cyclist, walker, and nature lover, Karter conside...
A River with a City Problem
A History of Brisbane Floods
Margaret Cook

Summary
When floods devastated South East Queensland in 2011, who was to blame? Despite the inherent risk of living on a floodplain, most residents had pinned their hopes on Wivenhoe Dam to protect them, and when it failed to do so, dam operators were blamed for the scale of the catastrophic events that followed. A River with a City Problem is a compelling history of floods in the Brisbane River catchment, especially those in 1893, 1974 and 2011. Extensively researched, it highlights the force of nature, the vagaries of politics and the power of community. With many river cities facing urban development challenges, Cook makes a convincing argument for what must change to prevent further tragedy.

Contributor Bio
Margaret Cook holds a PhD in history from the University of Queensland. She is a member of the Professional Historians Association, has a significant body of work in environmental and social history and heritage conservation, and has worked in cultural tourism and the museum sector. Margaret is a former Deputy Chair of the Queensland Heritage Council and Vice President of the National Trust of Queensland and was inducted into the Ipswich Heritage Hall of Fame in 2015. She is currently a consultant historian and an Honorary Research Fellow at the University of Queensland and La Trobe University. Margaret lives in Ipswich with her husband and two sons.

Wild Flowers
Emily Carr, Emily Henrietta Woods

Summary
Wild Flowers is a collection of Emily Carr’s delightfully evocative impressions of native flowers and shrubs. She wrote these short pieces later in life and they rekindled in her strong childhood memories and associations. She delights in the brightness of buttercups that “let Spring’s secret out”, muses over the hardiness of stonecrop (“How any plant can grow on bare rock and be so fleshy leafed and fat is a marvel.”) and declares that “botanical science has un-skunked the skunk cabbage”. Carr’s playful words often bring a smile to readers. About catnip, she writes: “I did think it was kind of God to make a special flower for cats.” In a brief Foreword and Afterword, archivist and historian Kathryn Bridge gives context to Wild Flowers within the body of Carr’s previously published writings. Wild Flowers is illustrated with beautiful watercolours of wild plants by Emily Henrietta Woods, one of Carr’s childhood drawing teachers in Victoria. The originals of Carr’s manuscript and Woods’ botanical illustrations reside in collections of the BC Archives; neither have been published until ...

Contributor Bio
Beloved Canadian artist and writer Emily Carr (December 13, 1871—March 2, 1945) was born in Victoria, British Columbia. She studied art in the U.S., England and France until 1911, when she moved back to British Columbia. Carr was most heavily influenced by the landscapes and First Nations cultures of British Columbia and Alaska. In the 1920s she came into contact with members of the Group of Seven and was later invited to submit her works for inclusion in a Group of Seven exhibition. They named her The Mother of Modern Arts about five years later. Emily Henrietta Woods (1852-1916) came to Victoria from Ireland in 1865. Her talent for art gained her employment as a drawing teacher, and Emily Carr was one of her students. But her life’s work was the creation of over 200 life-size watercolours of wild flowers, some of which appear in this book.
The Collectors
Creating Hans Sloane's Extraordinary Herbarium
Robert Huxley

Summary
This lavishly illustrated book reveals the lives of the people who assembled the greatest botanical collection of the Early Modern period, with stories of adventure and discovery across every continent. Sir Hans Sloane’s herbarium, housed at the Natural History Museum in London, is probably the most extensive herbarium collection of its kind. It exemplifies the rich history of exploration and discovery in the period preceding Cook’s voyages, and it remains of considerable scientific and historical value today. Assembled between the 1680s and 1750s, it comprises an estimated 120,000 pressed plant specimens. More than 300 people contributed to its development across more than 70 countries.

Contributor Bio
Robert Huxley is former Head of Collections in the Botany Department of the Natural History Museum, London. He is a past President of the Society for the Preservation of Natural History Collections.

Plant Collecting for the Amateur
T. Christopher Brayshaw

Summary
This small, comprehensive guide offers practical advice on how to collect, dry and store plant specimens for botanical study. Intended for plant collectors who do not have access to herbarium equipment, this book describes how to use common household items to dry, press and store plants.

Contributor Bio
T. Christopher Brayshaw (1919–2015) was curator emeritus of botany at the Royal BC Museum. He wrote major works on several important groups of plants in British Columbia.
Sylvan Cities
An Urban Tree Guide
Helen Babbs

Summary
"Clever, pretty, fun and informative—what more can a reader ask for?" —Sara Maitland, author, *Gossip From the Forest*

We're surrounded in cities by trees, quiet colossuses that most of us don't know by name. Does that matter? It's certainly possible to appreciate a tree for its beauty, its shade, and its shelter without knowing whether it's an alder, an elder, a lime, or a beech. But look harder, and we begin to see the beauty beneath the bark—the tales of how trees are integral to medicine and art as they are furniture and firewood; the stories of why wild figs grow on the banks of Sheffield's rivers and why the ash tree is touched with magic and mischief.

As well as being an illustrated guide that will help you identify some of the species you see around town every day, *Sylvan City* is also a potted-journey through our cities' woody places and a literary hunt for where their wild things are. Inviting readers on an intricately illustrated journey into the urban forest, *Sylvan City* is both a practical guide to identifying 20 of the most common trees standing sentry on our street corners...

Contributor Bio
Helen Babbs is a writer, editor, and journalist, with a particular interest in urban wildlife. She is the author of *My Garden, the City and Me*, which was nominated for two garden writing awards, and *Adrift*. Helen's articles have been published by the *Guardian, Telegraph, Sunday Times*, and *New Statesman*, among others.

Catkin-Bearing Plants of British Columbia
T. Christopher Brayshaw

Summary
This book is the most comprehensive work on alders, birches, oaks, poplars, willows and other catkin-bearing plants in British Columbia. Dr. T.C. Brayshaw describes all 67 species—and many subspecies and varieties—each accompanied by a detailed line drawing and a distribution map. The book also includes diagnostic keys to the families, genera and species.

Contributor Bio
Dr. T.C. Brayshaw (1919–2014) worked for many years as curator of botany at the Royal BC Museum, then in his retirement as curator emeritus, when he wrote many of his books on botany, including this one. All of his books feature his precisely rendered botanical drawings.
Trees and Shrubs of British Columbia
T. Christopher Brayshaw

Summary
Trees and Shrubs of British Columbia is the definitive guide to all native and naturalized woody plants in the province. T. Christopher Brayshaw describes almost 300 species of trees and shrubs, as well as many subspecies and varieties. His beautifully detailed illustrations of leaves, flowers, fruits and woody parts are arranged to show the distinguishing traits in similar species. Diagnostic keys, comparative diagrams and a selection of colour photographs help make identification easy.

Contributor Bio
T. Christopher Brayshaw (1919–2015) was Curator Emeritus of Botany at the Royal BC Museum. He wrote major works on several important groups of plants in British Columbia.

Nature Guide to the Victoria Region
Ann Nightingale, Claudia Copley

Summary
The Victoria region is a natural wonderland—one of the most biologically rich areas of the country, with many plants and animals found nowhere else in Canada. Whether you’re a beginner or a seasoned naturalist, a visitor or a resident, this book will give you the knowledge you need to get the most out of your explorations of southeastern Vancouver Island. Ten local experts have contributed their knowledge about all things natural in this region, from mushrooms and dragonflies to owls and whales. They describe the species most likely to be seen here, and direct you to the best places to see them. Nature Guide to the Victoria Region is designed to help you understand the variety of habitats and natural wonders awaiting your discovery, all in a portable, easy-to-read format. It includes beautiful full-colour photographs, checklists and a map of all the great places to visit.

Contributor Bio
Ann Nightingale is president of the Rocky Point Bird Observatory, and Claudia Copley is the entomology collections manager at the Royal BC Museum. Both actively support the Victoria Natural History Society, as have the other naturalists and biologists who contributed to this book: Robert Cannings (dragonflies); Anna Hall (marine mammals); Gavin Hanke (fishes, reptiles and amphibians); Bryce Kendrick (fungi); Philip Lambert (intertidal life); James Miskelly (butterflies); David Nagorsen (land mammals); Leon Pavlick (plants); and David Stirling and Alan MacLeod (birds).
Weather for Hillwalkers (2nd Edition)
Malcolm Thomas, Julia Bradbury

The definitive guide to understanding and interpreting mountain weather systems

Summary
For years hillwalkers and climbers have struggled to understand the complexities of the weather systems. This book, written by a professional weather forecaster, provides both the beginner and the more experienced with an understanding of the basic principles of the cause of each of the elements of wind, rain, snow, cloud, fog, sun and thunder, and looks at how they are affected by mountains and high ground. The author also explains the basic terminology of depressions, warm and cold fronts and airmasses, how to interpret weather maps and how to make short-term weather forecasts from observation. Aimed at hillwalkers and climbers, it is also invaluable for anyone wanting to understand and interpret weather systems.

Contributor Bio
During his career a professional weather forecaster, Malcom Thomas's book Weather for Hillwalkers and Climbers became a classic work for those with an interest in this subject.

I Quit Plastics And You Can Too
Kate Nelson

Summary
Kate Nelson has been disposable-plastic free for a decade. She started small: stopping her use of plastic bags and water bottles, refusing straws and carrying a reusable cup for takeaway coffee. But unhappy with how much plastic she still handled in her day-to-day life, she knew she had to do more. It took years, but Kate has developed effective strategies that others can easily adopt. This inspiring and practical guide to reducing your use of plastic is packed with information, how-to’s and tips to help you cook, clean, shop, wear, and live plastic-free. Kate shows how to reduce your waste and live more simply and sustainably, no matter where you’re starting from. With over 60 recipes—covering nutrition, bodycare, hygiene and cleaning—Kate Nelson provides the tools you need to make small personal changes that have lasting global impact. Includes dual measures.

Contributor Bio
Kate Nelson started her journey in 2008 when she volunteered at Jean Michel Cousteau’s Ocean Futures Society. Since then she has lobbied government, pitched to corporates, spoken at schools all over the world, and founded an education and advocacy not-for-profit called “Save the Mermaids” to spread the sustainability message. She has been plastic-free for 10 years and continues to run workshops and educate 74,000+ social media followers on the joys of living simply and consciously.

Your Note: gift
The Sustainability Dilemma
Essays on British Columbia Forest and Environmental History
Robert Griffin, Richard A. Rajala

Summary
While some of the historical events we recount have been largely forgotten by the public and largely unexamined by scholars, they reflect an understanding of larger power dynamics that goes beyond the practice of sustained-yield and multiple-use forestry to touch upon important themes in the province’s social and cultural history—themes still relevant today. – from the Introduction In The Sustainability Dilemma, historians Robert Griffin and Richard A. Rajala delve into two of the more controversial issues British Columbians have faced over the past 60 years—the management of our forest industry and its impact on our freshwater ecosystems. Well-illustrated with black-and-white and colour photographs, this book looks closely at some of the key players and issues of the time—from E.C. Manning, C.D. Orchard and the proposal and implementation of sustained-yield policies in the 1930s and 1940s to Ray Williston, Jim Hart and two fish-forestry conflicts that captured province-wide attention in the 1960s and 1970s.

Contributor Bio
Dr. Robert Griffin served as history curator at the Royal BC Museum for more than 30 years and wrote many articles on the forest and mining industries. Since his retirement he has co-authored two books for the Royal BC Museum: Feeding the Family: 100 Years of Food and Drink in Victoria (with Nancy Oke; RBCM 2011) and Stewards of the People’s Forests: A Short History of the British Columbia Forest Service (with Lorne Hammond; RBCM 2014). Dr. Richard A. Rajala teaches history at the University of Victoria. His previous publications have won the Forest History Society’s Charles A. Weyerhaeuser, Theodore C. Blegen and Ralph W. Hidy awards. As a research associate at the Royal BC Museum he provided a comprehensive history of logging from Bella Coola to the Nass River in Up-Coast: Forest and Industry on British Columbia’s North Coast, 1870–2005 (RBCM 2006).

Bannock and Beans
A Cowboy's Account of the Bedaux Expedition
Bob White, Jay Sherwood

Summary
In 1934, in the middle of the Great Depression, millionaire Charles Bedaux spent $250,000 in an attempt to cross northern British Columbia in five motorized vehicles. The Bedaux Expedition ranks as one of the most audacious and unusual events in the province's history. Bannock and Beans tells the story of this extravagant failure from the perspective of one of the cowboys who worked on Bedaux's team. Bob White's reminiscences, recounted in the tradition of the cowboy storyteller, describe the hardships of cutting trails and hauling supplies on horseback, the beauty of the wilderness landscape and many of the unique aspects of the expedition. Bannock and Beans also reveals the complex character of the expedition's leader, Charles Bedaux, a French entrepreneur who made his fortune in the United States. The book includes White's experiences in Bedaux's attempts to develop a ranch in northern BC after the expedition. Editor Jay Sherwood supplements with original Bedaux Expedition correspondence and photographs to show Bedaux's strong attachment to the remote wilderness area of northern B...

Contributor Bio
Bob White (1902–86) was a career cowboy, born and raised in the remote Cypress Hills region of southwestern Saskatchewan. As a young man, White yearned for adventure, so headed west with a friend and ended up trapping and working on pack trains in northern BC, where he was hired to work for Charles Bedaux. In 1983, long after he had returned to Saskatchewan, White wrote his account of the Bedaux Expedition.
Food Plants of Coastal First Peoples
Nancy J. Turner

Summary
In Food Plants of Coastal First Peoples, renowned ethnobotonist Nancy J. Turner describes more than 100 plants traditionally harvested and eaten by coastal aboriginal groups. Each description contains botanical details and a colour photograph to help identify the plant, information on where to find it, and a discussion on traditional methods of harvesting and preparation. This popular book remains an essential guide for anyone interested in wild edible plants or traditional cultures of First Peoples living on the coast of British Columbia and adjacent areas in Alaska and Washington.

Contributor Bio
As professor of Environmental Studies at the University of Victoria and a research associate at the Royal BC Museum, Nancy J. Turner has written several books and articles on ethnobotany, including two companions to this book: Food Plants of Interior First Peoples and Plant Technology of First Peoples in British Columbia.

Food Plants of Interior First Peoples
Nancy J. Turner

Summary
Nancy Turner describes more than 150 plants traditionally harvested and eaten by First Peoples east of the Coast Mountains in British Columbia and northern Washington. Each description includes information on where to find the plant and a discussion on traditional methods of harvesting and preparation.

Contributor Bio
As professor of Environmental Studies at the University of Victoria and a research associate at the Royal BC Museum, Nancy J. Turner has written several books and articles on ethnobotany, including two companions to this book: Food Plants of Coastal First Peoples and Plant Technology of First Peoples in British Columbia.
**Plant Technology of the First Peoples of British Columbia**
Nancy J. Turner

**Summary**
“This excellent field guide to many plants native to British Columbia emphasizes the traditional technological uses of plant materials by the First Peoples of the region.... This well-organized, clearly written book contains a wealth of fascination information for both the ethnobotanist and the interested layperson.” – Nikki Tate-Stratton, Canadian Book Review Annual

In her third ethnobotany handbook, Nancy Turner focuses on the plants that provided heat, shelter, transportation, clothing, tools, nets, ropes, containers—all the necessities of life for First Peoples. She describes more than 100 of these plants, their various uses and their importance in the material cultures of First Nations in British Columbia and adjacent lands in Washington, Alberta, Alaska and Montana. She also shows how First Peoples have used plant materials to make decorations, scents, cleaning agents, insect repellents, toys and many other items.

**Contributor Bio**
Dr. Nancy J. Turner is a professor of Environmental Studies at the University of Victoria and a research associate at the Royal BC Museum. She has written several books and articles on ethnobotany, including two companions to this book: Food Plants of Coastal First Peoples and Food Plants of Interior First Peoples.

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**Saanich Ethnobotany**
Culturally Important Plants of the Wsánec People
Nancy J. Turner, Richard J. Hebda

**Summary**
Nancy Turner and Richard Hebda present the results of many years of working with botanical experts from the Saanich Nation on southern Vancouver Island. Elders Violet Williams, Elsie Claxton, Christopher Paul and Dave Elliott pass on their knowledge of plants and their uses to future generations of Saanich and Coast Salish people, and to anyone interested in native plants. Saanich Ethnobotany includes detailed information about the plants that were traditionally harvested to use in all aspects of Saanich life, such as for food and medicines, and to make tools, buildings and weapons. Each plant is listed by its common (English), scientific and Saanich names. Each listing contains a brief botanical description with a colour photograph, where to find the plant and how it was used traditionally by the Saanich people. This important book celebrates the richness and tremendous value of locally based knowledge in a rapidly changing world.

**Contributor Bio**
Dr. Nancy J. Turner is professor of Environmental Studies at the University of Victoria and a research associate at the Royal BC Museum. She has written several books and articles on ethnobotany, including Food Plants of Interior First Peoples and Plant Technology of First Peoples in British Columbia. Dr. Richard J. Hebda is curator of earth history and botany at the Royal BC Museum and adjunct professor of biology and earth and ocean sciences at the University of Victoria. He has written extensively on subjects related to botany and ethnobotany.
Mind Over Mountain
A Mental and Physical Climb to the Top
Robby Kojetin

A simple mistake at an indoor climbing gym sentenced 28-year-old Robby to a year in a wheelchair, shattering his aspirations of becoming a mountaineer and leaving him to face depression, anxiety and suicidal thoughts. Can he summon up the strength to embark on a remarkable feat of mental and physica...

Summary
Mind Over Mountain is a journey from the seat of a wheelchair to the summit of the highest mountain on Earth. A simple mistake at an indoor climbing gym sentenced 28-year-old Robby to a year in a wheelchair, shattering his aspirations of becoming a mountaineer. In the months that followed, Robby faced depression, anxiety, suicidal thoughts and a complete loss of a sense of his own identity. But from somewhere deep inside him he summoned up the strength to keep going even when all seemed lost, and from there he went on to embark on a journey that would become a remarkable feat of mental and physical strength. This story is more than a biography or an account of a mountaineering expedition—it's a trip into hell and back, an awe-inspiring effort to chase the ultimate dream and rebuild a life worth living for.

Contributor Bio
Robby Kojetin is a speaker on topics including depression, suicide anxiety, self care, recovery, and success. He has visited 34 countries, climbed five of the Seven Summits including Mount Everest and 10 summits of Kilimanjaro, set foot on six of the seven continents, swam in the Amazon, descended the deepest mine on Earth, and crossed the Ironman finish line.

Woman with the Iceberg Eyes
Oriana F. Wilson
Katherine MacInnes

A unique widow’s-eye perspective on the doomed Terra Nova expedition and its fall-out and a strong woman’s history revealed for the first time

Summary
Captain Scott’s adventure in the Antarctic, the most famous story of exploration in the world, played out on the great ice stage in the south. Oriana Wilson, wife of Scott’s best friend Dr Edward Wilson, was watching from the wings. She is the missing link between many of the most famous names, the lens through which their secrets are revealed. What really happened both in Antarctica and at home? This book presents a valuable and exciting perspective on the golden myth—the widow’s story. Ory’s status as an Antarctic widow gave her access to an unprecedented range of evidence on Scott’s team but it also allowed her into a man’s world at a time when the British Suffragettes were marching. True to her gender and her time, Ory began as the dutiful housewife, but emerged as a scientist and collector in her own right, and the first white woman to venture into the jungles of Darwin, Australia. Ory has been quiet for a century—this biography gives her a voice and gives us a unique view of the first half of the 20th century seen through her clear blue "iceberg eyes."

Contributor Bio
Katherine MacInnes is a former arts journalist and commissioning editor. Since has published three plays and four children’s books; has written for The Lady, Cotswold Life, Country Life, The Times and The Telegraph; and appears regularly on local BBC Radio.
My Feet Hurt: Walking the Cornish Coastal Footpath 2013
Mike Harris

Mike Harris and Chris Moore's first book details the story of their adventures walking the Cornish Coastal Footpath together to celebrate their respective 50th birthdays in 2013. After meeting up for a beer one night back in 2016 they realised they were forgetting the adventure and what exactly they...

Summary
Turning 50 is a big deal and there are a lot of different ways to celebrate this big day. This is the story of how Mike Harris decided to celebrate his big five-o. Along with his friend, Chris More, he decided to take a short stroll of about 200-220 miles around the Cornish Coastal footpath visiting pubs along the way. The trip proved both challenging, memorable and beautiful. Mike and Chris hope to inspire others to gather up their walking boots, as they describe their two-week journey around the coast.

Hydro Hero
John Wood

Summary
Join Hydro Hero, Creature Keeper, The Incredible Smog, and Super Binman in their quest to save the planet from the actions of the humans that came before them. From their ocean-based headquarters, Trashy Island, these four heroes are fighting to protect us—but they need some help. Put your planet-protecting skills to the test with quizzes and questions and find out if you have what it takes to join the Planet Protectors.

Contributor Bio
John Wood is an editor. He studied English Literature and Language at De Montfort University and is the author of the A Focus On series.
Journey to the Centre of the Earth
Or a Planet Full of Secrets
Jules Verne, Antonis Papatheodoulou, Iris Samartzi

Summary
A secret message put Axel and his uncle, Otto Lidenbrock, professor of mineralogy, into great adventures, leading them to descend all the way to the center of the earth! I carefully took the book in my hands, when suddenly through its pages slipped a small piece of paper folded in four. It was a secret message, the beginning of a great adventure for me and my uncle Otto Lidenbrock—the famous professor of mineralogy.

Contributor Bio
Jules Verne is the author of Journey to the Center of the Earth, Twenty Thousand Leagues Under the Sea, and Around the World in Eighty Days. Antonis Papatheodoulou has won the International Compostela Prize for picture books 2016, the Greek State Picturebook Award 2011 and 2012, the Illustrated Children’s Book Award of Diavazo literary magazine, the Illustrated Book Award of the Greek section of IBBY 2012 and the Non Fiction Award of the Greek section of IBBY 2015. Four of his titles have been included in the White Ravens list. Iris Samartzi’s One Last Letter won The Compostela 2016 International Prize.

Fort Fish
Juan Li

Summary
The happy lives of the citizens of Fort Fish are about to be turned upside down by what seems to be a natural disaster. But as events unfold, two survivors of the deadly tsunami, Sifu and his sister Shuiruo, learn that the disaster was anything but natural. Rather, it was the result of careless human activity. Despite the devastation of their home, their family, and their lives, Sifu, Shuiruo, and their friend Fuxi are not giving up, but are determined to lead their race to a new life on the Purple Planet. When an unexpected guest, the human girl Qiqi, arrives in Sifu’s home, the siblings must decide how to respond to this child of the land, a member of the race that has callously taken from them everything they love. In the remnants of Fort Fish, Sifu, Shuiruo, Fuxi, and Qiqi race against the continuing destruction of their home to lead all the survivors in fishdom to a happier, healthier life on the Purple Planet. But as soon as they set foot on their new would-be home, unexpected challenges arise that put the prospect of the continuation of their race at risk. Fort Fish does not s...

Contributor Bio
Li Juan was born in Sichuan’s Lezhi County in 1979 at the Xinjiang Production and Construction Corps Division 7 Group 123, located in the Tacheng District of Wusu, in Chepaizi Village. She began writing in 1999. A mother of a five-year-old child, she holds a doctorate, and is a college instructor. She has always been engaged in literary creation, and pays close attention to the natural and social ecology. She has written columns for Southern Weekend, Wen Hui Newspaper, and other publications. She has published several essays, including "Nine Essays on Snow," "My Altay," "Altay’s Corner," "Please Sing When Walking at Night," the "Sheep" trilogy, and "Winter Ranch," and also several essays in the traditional Chinese version. She has won the People’s Literary Award, the Shanghai Literature Award, the Flower Literature Award, the Tianshan Art Award, and the Zhu Ziqing Essay Award, among others.
Willy and Lilly's Adventures with Weather
Bill Blenk, Jennifer Stanonis

Summary
The four seasons bring all sorts of weather, and Willy and Lilly adventure through it together. Join this dynamic duo and their adorable pets as they learn why the days get shorter in the winter, how the weather changes with the seasons, and what weather forecasts can tell us (like when it’s best to play inside!). Written by a meteorologist, this delightfully illustrated text presents challenging scientific concepts in a kid-friendly fashion and even includes a glossary of weather words perfect for extending the story for young readers.

Contributor Bio
Meteorologist and Mom Jennifer Stanonis has covered and forecasted tornadoes, snowstorms, forest fires, floods, arctic blasts and more during her decades as a television meteorologist. The seeds that grew into Willy and Lilly’s Adventures with Weather were sown while taking her twins on walks in all sorts of weather in Buffalo, New York, where the northern California native now resides with her husband and three young children. When Bill Blenk isn’t drawing, he enjoys activities in all kinds of weather. He creates art and animation for local and national clients for print, broadcast and video game use, and also teaches visual and digital media arts and animation. Whether he’s riding his bike or heading down the slopes, he enjoys all four seasons in Western New York.

Survivor Kid
A Practical Guide to Wilderness Survival
Denise Long

Summary
Anyone can get lost while camping or on a hike and Survivor Kid teaches young adventurers the survival skills they need if they ever find themselves lost or in a dangerous situation in the wild. Written by a search and rescue professional and lifelong camper, it’s filled with safe and practical advice on building shelters and fires, signaling for help, finding water and food, dealing with dangerous animals, learning how to navigate, and avoiding injuries in the wilderness. Ten projects include building a simple brush shelter, using a reflective surface to start a fire, testing your navigation skills with a treasure hunt, and casting animal tracks to improve your observation skills.

Contributor Bio
Denise Long is a licensed private investigator and a former search and rescue (SAR) professional, who teaches wilderness survival classes for kids. She holds BA and BS degrees in Criminal Justice and Psychology, and is a certified Crime Analyst. She was a fraud investigator on an FBI task force, a deputy probation officer, a crisis counselor, and a correctional officer. She has trained German Shepherds her entire life for search and rescue, pet therapy, and fun. She is a lifelong camper and nature enthusiast.
Canoeman Joe
Robin Radcliffe, Consie Powell

Summary
In the early 20th Century mining town of Ely, Minnesota, Joe Seliga taught himself how to build wood and canvas canoes. What began as a life full of curiosity and adventure grew into a passion for the land and its people. Joe held a deep appreciation of wild places, cherished his close-knit family, and found joy in using his hands to create a thing of beauty and utility. Along the way, he forged a tradition of respect and integrity for the wooden canoe: if you take care of it, it will take care of you. And Joe knew that the same could be said of the earth, a good friend and a lot of other things. This biographical picture book celebrates Joe’s life with canoes as well as the independent spirit that instilled a tradition of self-reliance in a whole generation of campers across the lake country of northern Minnesota.

Contributor Bio
Robin Radcliffe was born and raised in Wisconsin and grew up paddling the wilderness waterways of northern Minnesota as a boy and young man in a blue Seliga canoe, number 390. He eventually met Joe and came to respect his remarkable skill and the heritage his canoes represent. Robin attended the University of Wisconsin at River Falls and obtained his Doctor of Veterinary Medicine degree from the University of Minnesota in St. Paul. Today, Dr. Radcliffe leads an international research program to conserve the endangered rhinoceroses of the world. His first children’s book, entitled The Hornless Rhinoceros (US Fish & Wildlife Service, 2015), made the short-list for the 2016 Green Earth book award. Consie Powell, her husband, and their Newfoundland dogs all live and work in a bright and cozy off-grid house in the far-north woods of Minnesota.

John Muir
America’s Naturalist
Thomas Locker

Summary
A beautifully illustrated story of the life of this famous conservationist for young readers and teachers.

Contributor Bio
Thomas Locker has illustrated more than 30 books, many of which he has written, including Skytree, Walking with Henry, John Muir, Hudson: The Story of a River, and Rembrandt and Titus. His books have received many awards, including the Christopher Award, the Knickerbocker Lifetime Achievement Award, the John Burroughs Award, and The New York Times Award for best illustration.
Rachel Carson
Preserving a Sense of Wonder
Joseph Bruchac, Thomas Locker

The award-winning biography of the famous naturalist, now updated.

Summary
Winner of Learning magazine’s Teacher’s Choice Award

From a small town in Pennsylvania came a little girl who saw the magic in spring fog and heard the ocean’s song in her heart. This was the girl who one day would become the groundbreaking author of Silent Spring. In this engaging biography, now updated, young readers will experience the enchantment of nature as seen through the eyes of the budding naturalist, while learning about her childhood, her accomplishments, and her passion for nature. Combining Thomas Locker’s majestic artwork with Joseph Bruchac’s poetic text, Rachel Carson offers an educational and inspiring account of her life. Includes excerpts from Carson’s work and a timeline of major events.

Joseph Bruchac, co-author of The Keepers of the Earth series, is a nationally acclaimed Native American storyteller and writer who has authored more than seventy books of fiction, nonfiction, and poetry for adults and children. He lives in upstate New York.

Thomas Locker has illustrated more than thirty books, many of which he has written, including Skytree, Walking with Henry, John Muir, Hudson: The Story of a River, and Rembrandt and Titus. His books have received many awards, including the Christopher Award, the Knickerbocker Lifetime Achievement Award, the John Burroughs Award, and The New York Times Award for best illustration.

Next Time You See a Maple Seed
Emily Morgan

Summary
2015 REVERE Award Finalist, PreK-12 Learning Group, Association of American Publishers! A 2015 Outstanding Science Trade Book for Students K-12! It’s fun to toss maple seeds up in the air and watch them spin down to the ground like nature’s own helicopters. This book prompts inquisitive kids to learn about these marvels of aerial engineering, including their real name (no, not whirlybird), the work they do for maple trees, and how to uncover the little trees waiting to sprout from the seeds. Next Time You See a Maple Seed is a mini class in how tall trees grow from these tiny, twirling winged fruits. Awaken a sense of wonder in a child with the Next Time You See series from NSTA Kids. The books will inspire elementary-age children to experience the enchantment of everyday phenomena, such as maple seeds, Moon phases, pill bugs, fireflies, seashells, and sunsets. Free supplementary activities are available on the NSTA website.

Emily Morgan is an author-educator who knows how to connect with children both intellectually and emotionally. A former elementary and middle school teacher, she coauthors the series Picture-Perfect Science and the "Teaching Through Trade Books" column in Science and Children, NSTA’s elementary-level journal, and is the author of the Next Time You See series from NSTA Press.
Reflections on a Life in Exile
J.F. Riordan

A collection of essays by novelist J.F. Riordan, *Reflections on a Life in Exile* is easy to pick up, and hard to put down. By turns deeply spiritual and gently comic, these brief meditations range from the inconveniences of modern life to the shifting nature of grief. Whether it’s an unexpected revelation from a trip to the hardware store, a casual encounter with a tow-truck driver, the changing seasons, or a conversation with a store clerk grieving for a dog, J. F. Riordan captures and magnifies the passing beauty of the ordinary and the extraordinary that lingers near the surface of daily life.

Summary
A collection of essays by novelist J.F. Riordan, *Reflections on a Life in Exile* is easy to pick up, and hard to put down. By turns deeply spiritual and gently comic, these brief meditations range from the inconveniences of modern life to the shifting nature of grief. Whether it’s an unexpected revelation from a trip to the hardware store, a casual encounter with a tow-truck driver, the changing seasons, or a conversation with a store clerk grieving for a dog, J. F. Riordan captures and magnifies the passing beauty of the ordinary and the extraordinary that lingers near the surface of daily life.

Contributor Bio
J.F. Riordan was born in New Jersey and first moved to Michigan, then Wisconsin as a child. At the age of 14 she decided to become an opera singer, and was fortunate in the aftermath to have been able to sing. At 16, after two years of high school, she went to the University of New Mexico to study voice, continued her music studies in Chicago and Milwaukee, and ultimately became a professional singer. Homesick after years of travel, she came home to the Midwest, finished her college degree, and became certified to teach high school. She taught for three years in the inner city before taking a position as a program officer for a foundation. She lives in exile from Washington Island with her husband and two dogs. North of the Tension Line is her first novel.

American National Parks: Alaska, Northern & Eastern USA
Melanie Pawlitzki, Sabine von Kienlin

Summary
Wide, breathtaking landscapes; crystal-clear, blue lakes; high, snow-covered mountain peaks—but also wild grizzlies, buffalos, mustangs, and rare animal species: this is North America. With nearly sixty national parks, the United States is preserving a living monument to the continent’s pristine nature in an effort to make it accessible to everyone. This volume presents twenty-six parks in more than 450 photographs. Each has its own character and individual charm.

Contributor Bio
Melanie Pawlitzki, who holds a doctorate in American Studies, discovered her love of traveling at an early age. She works as a freelance editor and photographer near Munich. Sabine von Kienlin’s passions include traveling and discovering the world, along with art and media. She financed her studies as a flight attendant and traveled almost the whole of America and the most diverse places on earth. Since 2001, the art historian and trained radio presenter has been working as a freelance author.
Building a Better Runner
Science-Based Training for Peak Performance
Terry Hamlin, Bill Rodgers

Summary
Building A Better Runner is your ultimate guide to distance running. Whether you are a teenager who enjoys running the mile, a hobby runner who wants to be fitter and faster, or a high-level athlete aiming for Olympic gold, this book has training tips and plans to suit your needs. There is a specific way that the body improves. If the right phases of training are used at the right times, then an athlete (from a beginner or hobby runner to an elite, high-level runner) can benefit from this scheduling. By using a scientific method developed by author and runner Terry Hamlin, this book utilizes physiology, biochemistry, and periods of stress and recovery to create the most effective program for runners looking to better themselves athletically. Hamlin wants runners to understand how the body works on a kinetic and cellular level. Additionally, he hopes to help runners understand that it’s possible to remove your frustration with not improving and make the sport of running an exciting, lifelong pursuit. Are you ready to run the distance?

Contributor Bio
Terry Hamlin began to run to stay in shape for surfing. He went on to the University of South Carolina, where he was offered a partial scholarship in his sophomore year and accepted. He has always considered himself a road racer. Two friends, Frank Shorter and Steve Prefontaine, were having great success on the track and road, so Hamlin upped his mileage in 1974. When another friend, Bill Rodgers, won the 1975 Boston Marathon, Hamlin began to focus on the sport even more and learned all he could through his biochemistry/psychology dual major about what made him and other runners "tick." Hamlin was ranked in the top twenty distance runners in America in 1979. He won dozens of races from the mile to the marathon. In fact, a team he put together in 1978 still holds the US Twenty-Four-Hour Relay Record. In 1977, while working full-time as a chemist at the Medical University of South Carolina, Hamlin and Dr. Marcus Newberry put together the famed Cooper River Bridge Run. That same year, Terry created the Charleston Running Club, one of the best running groups in America. Hamlin is a full-...

Japan's Kumano Kodo Pilgrimage
Katrina Davis

Summary
Guidebook to Japan's Kumano Kodo, a series of UNESCO-listed pilgrimage routes that crisscross the mountainous Kii peninsula, south of Osaka. Centred on three Shinto-Buddhist shrines known as the Kumano Sanzan, the ancient trails blend great hiking and exceptional natural beauty with a unique insight into Japan’s rich history, culture and spirituality. The guide covers the 64km Nakasendo and 63km Kohechi trails in full, as well as the Choishimichi route to Koyasan (20km), the Honsha loop (17km) and highlights of the Iseji trail. It can be used to plan and undertake an independent trek or to enrich an organised tour.

Clear route description and mapping is accompanied by comprehensive details of accommodation and facilities, as well as notes on local points of interest and inspirational colour photography. You'll find a wealth of practical information to help with planning, covering transport, climate, accommodation, budgeting, equipment and safety, as well as fascinating background information on history, religion and wildlife. There is also a Japanese glossary and helpful advice on Japa...

Contributor Bio
Originally from Melbourne, after graduating from university, Katrina Davis moved to Japan. Working as an adventure tour guide in Japan helped Kat develop her skills to seek out the local hotspots and also develop a love for hiking. ‘A wise man climbs Mt Fuji, a fool climbs it twice’ is a popular Japanese saying, so Kat climbed it 7 times. From Japan to Canada to London where Kat is now based, she quit her office job in 2013 to walk the Camino de Santiago and has never looked back. She has since completed seven Caminos and walked over 10,000km in Spain, Portugal, England, Italy, Japan and America, including the 4240km Pacific Crest Trail from Mexico to Canada.
Chamonix to Zermatt (6th Edition, Revised)
The Classic Walker's Haute Route
Kev Reynolds

Guidebook to the iconic 225km Walker's Haute Route between Chamonix and Zermatt through the French and Swiss Alps. Described in 14 stages of between 9 and 23km, with alternative options. Includes the dramatic Europaweg high-level traverse.

Summary
A guidebook to the classic Chamonix to Zermatt trek from Mont Blanc to the Matterhorn. The 225km Walker's Haute Route through the French and Swiss Alps crosses 11 passes, gains more than 14,000m in height and is a strong contender for the title of Most Beautiful Walk in Europe. The high-level route is described in 14 day stages, with optional variants, and is suitable for walkers with a good level of fitness and some previous alpine trekking experience. The final approach to Zermatt adopts the dramatic Europaweg, a high-level traverse of the east wall of the Mattertal, crossing the 500-metre suspension bridge above Randa. An alternative valley route to Zermatt can be taken if this does not appeal.

Alongside clear route descriptions and mapping for each stage of the trek, there is essential practical information on travel to Chamonix and return from Zermatt, as well as advice on accommodation in alpine villages and mountain refuges, trekking safety, equipment, itinerary planning and preparation.

Taking 2 weeks to complete, this challenging but rewarding trek encompasses views of the gre...

Contributor Bio
Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

Kids Camp!
Activities for the Backyard or Wilderness
Laurie Carlson, Judith Dammel

Summary
Activities to help young campers build an awareness of the environment, learn about insect and animal behavior, boost their self-esteem, and learn the basics for fun, successful camping.

Contributor Bio
Laurie Carlson is the author of Colonial Kids, Westward Ho!, More Than Moccasins, and Green Thumbs. She has taught preschool, primary grades, and children's art classes. She lives in Cheney, Washington.
Survival
How to Survive Anything, Anywhere
Guy Campbell

From how to survive a tornado, carry someone to safety or read an orienteering compass, to how to make a catapult, build an igloo, survive a snakebite or avalanche, and much more. Survival explains all the skills you’ll need to get through even the toughest day.

Summary
If you can keep your head, when all about you are losing theirs; if you can meet triumph and disaster and treat those two impostors just the same (and even if you can’t), then this is the perfect book for you. It’s time to take control and be a hero! From how to survive a tornado, carry someone to safety and read an orienteering compass, to how to make a catapult, build an igloo, survive a snakebite or avalanche, and much more. Survival explains all the skills you’ll need to get through the toughest day. This book is part of the Buster Know-How series, a collection of books that teaches adventurous and imaginative kids everything they will ever need to know about getting by in this wide, whacky world.

Contributor Bio
Guy Campbell is a writer and graphic designer. He started the Creative and Graphics company Moran Campbell da Vinci in 1990 producing corporate ID, advertising and packaging. He is the author of more than 40 books for children.

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Camping with Kids
Hundreds of Fun Things to Do!
Simon McGrath, Julia Bradbury

Summary
This colorful book is brimming with great campsite-based ideas to keep little ones interested, entertained and even a little challenged, from dawn until dusk. If any of the younger family members have ever said that camping is boring, this book will change their minds. With hundreds of activities based on traditional camping favorites but updated for modern families, kids will love the ideas on getting back to nature, learning survival skills, weather-watching, cooking and storytelling—and they’ll learn from them, too. Creative ideas like making a moth-catcher, building a dam and making world-class hot chocolate have been thoughtfully planned to ensure that every hour of the day is enjoyed to the max.

Contributor Bio
Simon McGrath is Editor-in-Chief of Camping & Caravanning, the world’s oldest and largest circulating title for all types of camping. Julia Bradbury is the president of the Camping & Caravanning Club, and the host of Countryfile and Britain’s Best Walks.
Appalachian Trail Guide to New Hampshire-Vermont (Revised)  
Cynthia Taylor-Miller

Official guidebook and maps for the Appalachian Trail in New Hampshire and Vermont, including the White Mountains and Green Mountain National Forest.

Summary
The official guide to the 311 miles of the Appalachian Trail in New Hampshire and Vermont--some of the highest, most rugged, and most scenic of the entire 2,191-mile route across the eastern mountains. Covers the White Mountains of New Hampshire, the Green Mountains of Vermont, the valley in between, and the first sections into the neighboring states of Maine and Massachusetts. Detailed mileage descriptions on one page face off against background on history and natural landmarks on the other, with schematic elevation profiles and maps for each section. The book comes packaged in a sturdy shelf-ready box with eight essential maps (on four sheets of waterproof, tear-proof plastic paper) showing the route and nearby communities and roads at a scale of an inch to a mile. Detailed elevation profiles show you at a glance what lies ahead. Both the guidebook and maps are composed by veteran hikers of the area, backed up by the local clubs of volunteers, the Appalachian Trail Conservancy staff who are charged with managing the storied footpath for the public, and professional cartographers.

Contributor Bio
Cynthia Taylor-Miller has thru-hiked the Appalachian Trail twice (once as a honeymooner) and undertook this complete revision of the New Hampshire-Vermont guide, her third edition--all based on field research across these two rugged states. She is a veteran hiker and biker of many long-distance trails in the United States, long active in the Appalachian Long Distance Hikers Association and its primary publication.

Get Your Kids Hiking
How to Start Them Young and Keep it Fun!
Jeff Alt

Hiking is a great way to relax, connect with nature, and enjoy time with your family. Bringing your kids along can be rewarding for you and for them, but it can also add new challenges and concerns to your trip. Get Your Kids Hiking is loaded with everything you need to know to hit the trail with ki...

Summary
Hiking is a great way to relax, connect with nature, and enjoy time with your family. Bringing your kids along can be rewarding for you and for them, but it can also add new challenges and concerns to your trip. Get Your Kids Hiking is loaded with everything you need to know to hit the trail with kids; from gear to simple proven techniques that will make your hike safe and fun. Written with both the novice and the seasoned hiker in mind, Jeff Alt provides all the information you need to take your child out on the trail.

This book offers:
- Age-appropriate ways to include your child in all aspects of the hike
- Checklists of what to pack for any type of hike
- Kid-friendly menus
- Advice for hiking with a child who has special needs.

Get Your Kids Hiking is the playbook to inspire an appreciation for the great outdoors in your children and keep your young child or teenager interested in a family hiking trip.

Contributor Bio
Jeff Alt's adventures have been featured on ESPN, Hallmark Channel, in the AP, and more. Alt is a celebrated author and a talented speaker. He is the author of Four Boots One Journey, Get Your Kids Hiking, and A Walk for Sunshine. A Walk for Sunshine, won the Gold in the 2009 Book of the Year awards sponsored by ForeWord Reviews, it took first place winner in the 2009 National Best Books Awards Sponsored by USA Book
**Campfires and Loon Calls**

**Travels in the Boundary Waters**

Jerry Apps, Steve Apps

Best-selling author Jerry Apps takes readers on a journey to the Boundary Waters, sharing advice and ruminations on nature and place.

**Summary**

Jerry Apps shares 25 years of wilderness canoeing experience—wicked thunderstorms, inquisitive bears, swamping a canoe, and watching the night sky filled with stars—as well as advice from how to set up a camp and protect food from hungry bears, to minimalist cooking, appreciating a rainy day, and a history of the Boundary Waters region.

**Contributor Bio**

Jerry Apps writes novels and nonfiction books about the outdoors, country life, and rural living. He received the 2008 First Place Nature Writing Award from the Midwest Independent Publishers Association and the 2007 Major Achievement Award from the Council for Wisconsin writers. He and his wife live in Madison, WI. His website is www.jerryapps.com.

**This Water Goes North**

Dennis Weidemann

Summary

From the tranquil farmland waters of Minnesota to the treacherous wilderness rapids of Manitoba, four young men in two old canoes experience an adventure that every kid talks about, but few take. With leaky tents, little experience, and no TV cameras or big-time sponsors, the lads set out in 1979 to paddle 1,400 miles north to Hudson Bay. Why? Why not! Driven by a youthful sense of adventure, they took the chance of a lifetime just to see what lay around the next turn. Sit in their canoe as they glide through smooth waters and survive rushing rivers. Experience with them the desolation of true wilderness and go on humorous escapades with local characters. With graceful storytelling, Dennis Weidemann weaves this richly diverse tale of near disasters, splendid sunsets, bootleggers, Mounties, polar bears, and the indomitable spirit of youth. Share the dream that still lives, and that will surely inspire others.

**Contributor Bio**

Dennis Weidemann is a canoeist, an educator, and the director of communications for a nonprofit organization dedicated to preserving quiet places. He lives in Madison, Wisconsin.
**Fishing's Best Short Stories**

Paul D. Staudohar

**Summary**

These 25 unforgettable fishing stories boast fast action, dramatic plot twists, and intriguing characters, from the sinister to the hilarious. Spanning the entire 20th century, they offer a bounty of fishing adventures: the solitary sportsman casting in a fast trout stream; expensive ocean charters seeking grouper; a couple of kids with bamboo poles and high hopes for the big one. The world-class authors include Stephen King, Bob Shacochis, Thomas McGuane, and E. Annie Proulx; timeless storytellers such as Guy de Maupassant and the Brothers Grimm; and early- and mid-century favorites like Stephen Vincent Benét, Philip Wylie, Henry Van Dyke, and others. Sports enthusiasts and story lovers alike will find this collection irresistible.

**Contributor Bio**

Paul D. Staudohar is the editor of six other collections of sports short stories including Baseball's Best Short Stories, Boxing's Best Short Stories, Sports Best Short Stories, Football's Best Short Stories, Golf's Best Short Stories, and Hunting's Best Short Stories. He is a professor of business administration at California State University at Hayward. He lives in Lafayette, California.

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**The Voices of Rivers**

Matthew Dickerson

**Summary**

Dickerson's lovingly crafted narratives take us to waters from sockeye spawning streams of Alaska's Lake Clark and Katmai National Parks, to Rocky Mountain rivers in the national parks and forests of Montana and Wyoming, to the little brook trout creeks in his home waters of Maine. Along the way we will fall in love with arctic streams, glacial rivers flowing green with flour, alpine brooks tumbling out of melting snow, and little estuaries where lobsters and brook trout swim within a few yards of each other; with wide deep lakes, little mountain tarns with crystal clear water, and tannin-laden beaver ponds the color of tea. The narratives are creative, personal, and compelling, yet informed by science and history as well as close observation and the eye of a naturalist. The characters in the stories are fascinating, from fly fishing guides to fisheries biologists to wranglers to Dickerson himself who often explores the rivers with a fly rod in hand, but whose writing transcends any sort of fishing narrative. But the most important characters are the rivers themselves whose stories D...

**Contributor Bio**

Matthew Dickerson was a June 2017 artist-in-residence at Glacier National Park and a May 2018 artist-in-residence at Acadia National Park. He is the author of several works of fiction and creative non-fiction, as well as literary explorations of mythopoeic literature with a particular focus on environmental aspects of the writings of J.R.R. Tolkien and C.S. Lewis.

His previous narrative non-fiction nature writing includes several books about rivers and the trout that dwell in them: *Downstream* and *Trout in the Desert*. His most recent novel is a work of medieval historical fiction titled *The Rood and the Torc*, set in 7th-Century Europe and inspired by a fragment of the medieval poem *Beowulf*. He is also the co-author of *Ents, Elves, and Eriador: the Environmental Vision of J.R.R. Tolkien, Narnia and the Fields of Arbol: the Environmental Vision of C.S. Lewis*, and *From Homer to Harry Potter: a Handbook of Myth and Fantasy*.

Dickerson is a professor at Middlebury College in Vermont where he has had affiliations with the Computer Science Department, Environmental Studies Program, Writing Program.
Red Summer
The Danger and Madness of Commercial Salmon Fishing in Alaska
Bill Carter

Summary
Painting a visceral portrait of the life of commercial fishermen in the remote Eskimo village of Egekik, Alaska, this intense memoir depicts the author's four summers spent with a crew of seasonal salmon netters. Distinguishing itself from a typical adventure, this recollection relates the unforgiving supervision of the experienced female crew-chief, who along with her rugged shipmates lives by the credo: do the work or leave. From an encounter with an overly-inquisitive grizzly bear and being swamped by a mother-ship in open waters to the customary run-ins with colorful locals, this record is certain to appeal to adventurers, nature lovers, and armchair travelers alike. In the tradition of Jon Krakauer, Peter Matthiessen, and Sebastien Junger, this is an honest and vivid story of what it means to leave so-called civilization behind for a life full of danger, excitement, untold beauty, and physically grueling work.

Contributor Bio
Bill Carter is a former commercial fisherman and an award-winning documentary filmmaker and photographer. He has written for Men's Journal, Outside, Rolling Stone, and Spin and is the author of Fools Rush In. His documentary film, Miss Sarajevo, was awarded the International Monitor Award, the Golden Hugo Award, and the Maverick Director Award. He lives in Bisbee, Arizona.

Freshwater Gamefish of North America Poster
Joseph R. Tomelleri

Summary
Composed of the finest illustrations of freshwater gamefish found in the United States and Canada, this attractive assortment of 34 unique fish is ideal for anglers. Scientifically precise and stunningly beautiful, the fish—shown in relative scale and arranged by family—have been reproduced at the highest fidelity to capture the accuracy and splendor of the original artwork. With the inclusion of the top gamefish—bass, sunfish, pike, trout, catfish, and beyond—this premium poster is the perfect gift for fishermen who wish to identify their catch and appreciate the beauty of native North American freshwater quarry.

Contributor Bio
Joseph R. Tomelleri is an illustrator whose work has appeared in About Trout, Cutthroat: Native Trout of the West, Fishes of Alabama, and Trout and Salmon of North America. His work is featured in the Trout of North America Eighteen Card Set and the Trout of North America Poster. He lives in Leawood, Kansas.
Sunfishes of North America
Joseph R. Tomelleri

Summary
Accurately illustrated to capture the intricate detail of 15 different types of sunfishes, this essential collection of "sunnies" is artfully presented on one charming poster. Featuring stunningly beautiful reproductions, these ordinary North American fishes are arranged by relative scale and include both the common and scientific names. A favorite among fisherman for their tenacious and catchable nature and for the nostalgia associated with what many remember as their first fish, this celebration of America’s best-loved fishes is ideal for identification and will enhance any angler’s art collection.

Contributor Bio
Joseph R. Tomelleri is an illustrator whose work has appeared in About Trout, Cutthroat: Native Trout of the West, Fishes of Alabama, and Trout and Salmon of North America. His work is featured in the Trout of North America Eighteen Card Set and the Trout of North America Poster. He lives in Leawood, Kansas.

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Trout of North America Poster
Joseph R. Tomelleri

Summary
Masterfully illustrated and designed to capture the intricate details of 34 species of trout found in American waters, this essential collection of elite angler quarry are dutifully presented on one delightful poster. With faithful attention to detail and accuracy and representative in relative scale, each fish—from the tiny golden trout to the massive steelhead—is painstakingly replicated at 40 percent of average size. Reflective of the immense popularity of fishing among avid anglers throughout America and the world, and essential as a reference for easy identification of each distinct species, this colorful and fastidiously accurate poster—by the foremost authority on trout illustration in the country—is a truly remarkable addition to any fisherman’s functional art collection.

Contributor Bio
Joseph R. Tomelleri is an illustrator whose work has appeared in About Trout, Cutthroat: Native Trout of the West, Fishes of Alabama, and Trout and Salmon of North America. His work is featured in the Trout of North America Eighteen Card Set and the Trout of North America Poster. He lives in Leawood, Kansas.
Fly Fishing for Striped Bass
Rich Murphy

Summary
The average angler can enjoy the sport of fly fishing for the rebounding populations of striped bass as they migrate from the Carolinas to Maine with this practical guide to tackle, casting and retrieving techniques, striped behavior and biology, and habitat-specific fishing tactics. Remarkable close-up and underwater photos of the bass in their natural marine environments, spectacular satellite photos of the coastal waters of New England, and photographs of 33 original fly designs round out the presentation.

Contributor Bio
Rich Murphy is a hydraulic engineer and a featured speaker at fly-fishing clubs on the East Coast. He lives in Georgetown, Massachusetts.

How to Catch the Biggest Trout of Your Life
Landon R. Mayer

Summary
This inspirational handbook demonstrates time-tested approaches to catching elusive, giant “trophy” trout. Focusing on strategy and technique, this beautifully illustrated guide for both beginning and advanced fly fishermen explains the best methods to employ when fishing for large trout. Tips on locating giant trout, understanding the behavior of the species, and fooling the fish into biting are included.

Contributor Bio
Landon R. Mayer operates Extreme Fly Fishing, a professional guide company in the Rocky Mountains that specializes in teaching anglers to target trophy trout. He lives in Colorado Springs, Colorado.
**Trout in the Desert**

On Fly Fishing, Human Habits, and the Cold Waters of the Arid Southwest  
Matthew Dickerson

**Summary**

Matthew Dickerson takes his readers from tiny mountain streams in the southern Rockies of New Mexico to the mighty Colorado River at the head of the Grand Canyon, to the Hill Country of Texas, exploring these various waters that manage to hold cold-loving trout in the midst of the hot desert landscapes of the American southwest. This lovingly described journey brings us through Dickerson's own life of discovery and his love of fly fishing, trout, and the rivers where trout live. Though neither an historical nor a scientific text, the writing is informed by both. The book is illustrated by original prints from Texas artist Barbara Whitehead.

**Contributor Bio**


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**Man Up!**

The Real Man’s Book of Manly Knowledge  
Rod Green

Man Up! teaches the importance of self-reliance, common sense and useful but often long-neglected skills. With this book every man will be able to overcome whatever perils and difficulties he might encounter in the course of an adventurous life.

**Summary**

This is a book for the independent and adventurous-minded man. It offers useful but often long-neglected skills and imparts wisdom gleaned from many sources, including servicemen, explorers, mountaineers, sailors and adventurers of every kind. Here, among many other manly virtues, the reader can learn how to navigate by the sun and stars, tickle a trout, survive a sandstorm, safely cross a swollen river, land a light aircraft, cope with suspected poisoning, or break up a dogfight. In an age when people are less and less self-reliant, Man Up! shows how, with a little forethought and a lot of good sense (and just a few handy implements), coupled with sound background knowledge and the right attitude, difficult and potentially risky situations can be confronted and dealt with. Cheerfully written and admirably concise, the book reaches back to the knowledge and experience of yesteryear, when help was never just a mobile call away, GPS didn’t exist, and toughness and independence were valued far above technology. Whether lighting a fire in a downpour, treating a broken limb or harvesting ...

**Contributor Bio**

Rod Green’s many publications include books on Special Forces, the Army Air Corps and the building of the RMS Titanic. Recently he has written *The Car: The History of the Automobile*, as well as co-writing *How Britain Worked with Guy Martin*. 

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Jog On
A Journal for Women Who Run
Spencer Wilson

Summary
Add a little humor to your fitness routine with this delightful women’s running journal. Complete with beautiful illustrations and inspiring quotes to get you ready for a run, there's also space to jot down notes giving the book a journal-like quality. A perfect gift for women who love to run, featuring beautiful cover finishes and a ribbon bookmark.

Contributor Bio
Spencer Wilson is an illustrator, printmaker and co-founder of the illustration, design and animation company Peepshow Collective Ltd.

Practical Junk Rig
Design Aerodynamics & Handling
H. G. Hasler, J. K. McLeod

Summary
The authoritative source used by designers and builders worldwide for designing, building, and sailing a Chinese junk-rig

This encyclopedic volume synthesizes 25 years of research and development of this unique rig as adapted to Western craft. It is a work that has been welcomed by the growing number of yachtmen and designers throughout the world who already enjoy the benefits of the junk rig or who wish to do so. Practical Junk Rig examines the design and aerodynamic theory behind junk rigs and discusses how best to sail them. It outlines the rig in detail, the principles that underlie it, considers possible alternative shapes and arrangements and analyzes performance, all assisted by a wealth of detailed line illustrations.

Contributor Bio
H. G. Hasler was a lieutenant colonel in the Royal Marines and was awarded the OBE for his services in Norway in 1940 and the DSO for leading a daring raid on German shipping in 1942. He was the author of cruising guides, invented the modern yacht wind vane self-steering gear, and founded the Single-Handed Transatlantic Race in 1960 and the Round Britain Race. J. K. McLeod became close friends with HG Hasler in 1961, sailing Hasler's junk-rig Jester on Loch Ness where Hasler was setting up the first Loch Ness Monster investigation. He became Hasler's partner in 1963 and was his enthusiastic disciple until Hasler's untimely death. He currently sails his own 47-foot Chinese schooner Rón Glas to further develop the advantages of the junk rig.
**Yacht Designs**
William Garden

**Summary**
Garden's career as both a yacht designer and builder spanned well over six decades and untold hundreds of boats. Garden's writing style is just as far-ranging and eclectic as his boats, whimsical and informative, light-hearted yet solidly grounded, serious, thought-provoking and thoroughly engaging. The original edition of *Yacht Designs* was published in 1977 and, after several printings, had gone completely out of print. Bill Garden revised and expanded the essays from the original edition and added over 30 more boats, many never before published, and even a few dream ships that were never built. Each essay is as different as the boat it describes, sometimes explaining the building process or a particular aspect of it in detail, or the events that led to a design, or the individuals involved, or the evolution of a yacht type, or Bill’s own unique outlook on life and the boats he loved. Discover why Bill Garden has been an inspiration to succeeding generations of yacht designers!

**Contributor Bio**
*William Garden* was a self-confessed recluse who lived and worked in British Columbia. His island workshop, Toad’s Landing, was a haven of boat design and boatbuilding. Bill Garden’s work is an inspiration to succeeding generations of yacht designers.

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**50 Walks In Lake District**
AA Publishing

**Summary**
The books feature all the practical detail you need, accompanied by fascinating background reading on the history and wildlife of the area, and clear mapping for ease of use. Every route has been colour coded according to difficulty. All walks are annotated with local points of interest and places to stop for refreshments. Every walk is given a summary of distance, time, gradient, level of difficulty, type of surface and access, landscape, dog friendliness, parking and public toilets.

**Contributor Bio**
*AA Publishing* is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
Four Counties & the Welsh Canals No. 4
Collins Maps

Summary
The number 1 choice for all users of the inland waterways. This established, popular and practical guide covers the canals and waterways in Wales and to the south of Liverpool.

Covered in this guide are: Caldon Canal, Llangollen Canal, Monmouthshire & Brecon Canal, Neath & Tennant and Swansea Canals, Montgomery Canal, Shropshire Union Canal, Staffordshire & Worcestershire Canal, Trent & Mersey Canal, River Weaver.

The detailed Ordnance Survey maps clearly show the location of essential features such as locks, towpaths and boating facilities, as well as pubs, shops and restaurants in the area. There are comprehensive navigational notes and descriptive text on the history of each canal, and on local services and places of interest, for which postcodes are included ideal for use with sat-navs.

This practical A5 guide features 'lie flat' spiral binding and 'book mark' back cover flap for ease of reference.

In print for over 40 years, the Collins/Nicholson guides to the waterways have always been a vital part of journeys along Britain's canals and rivers. These bestselling guides are designed...

Contributor Bio
Explore the world through accurate and up-to-date mapping.

Walking in Italy's Cinque Terre
Monterosso al Mare, Vernazza, Corniglia, Manarola and Riomaggiore
Gillian Price

Guidebook to walking Italy's stunning Cinque Terre. Describes 15 routes in and around the five famous fishing villages of Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore. Breathtakingly beautiful, this UNESCO World Heritage coastline is a walker's (and foodie's) dream destination.

Summary
This guidebook presents 16 graded walks exploring the world-famous Cinque Terre villages of Liguria in Italy. Suitable for beginners and experienced walkers, routes take in the villages of Monterosso, Vernazza, Manarola, Corniglia, Riomaggiore, as well as neighbouring Levanto, Campiglia and Porto Venere. It describes the most popular pathways as well as less trodden routes to hidden gems.

Route descriptions and maps for each walk are accompanied by information on how to get around by public transport (train, ferry and bus), with background notes on history, culture, wildlife and flora, and suggestions on where to sleep and what to eat. In short, everything you could possibly need to get the most out of a holiday in this unique corner of the Italian Riviera.

One of the best loved places in Italy, the Cinque Terre are UNESCO World Heritage listed, a string of centuries old fishing villages where colourful houses, terraced fields and vineyards perch on plunging cliffs above a breathtaking coastline. It's a paradise for walkers and food-lovers, who can follow age-old routes constructed by...

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.
Walking in Umbria (2nd Edition, Revised)
40 Walks in the 'Green Heart' of Italy
Gillian Price

This guidebook describes 40 walks in Umbria, among the ancient towns of Assisi, Perugia, Orvieto and Norcia. Known as the 'green heart' of Italy, the region of Umbria is home to hills reaching up to the Apennines and Sibillini mountains, as well as ancient villages, Roman and Etruscan ruins, dense w...

Summary
This guidebook by Italian walking expert Gillian Price describes 40 varied day walks in the region of Umbria, taking in the towns of Assisi, Perugia, Orvieto and Norcia. The walks range from 2.5km to 19km in length, the majority of the routes are circular, and several wonderful traverses have been included, with the return to the start point always possible by public transport.

This guidebook also includes lots of practical information about recommended gear and maps to take and tips on local food, wildlife and culture, as well as useful tourist, accommodation and transport information and a brief Italian-English glossary.

Set between Rome and Florence, the region is dotted with UNESCO World Heritage towns. The landscape, like that of neighbouring Tuscany, is one of rolling hills and deep woodlands, without the crowds of other well-known holiday regions in Italy. Walks cross flower meadows, wander down river valleys and also climb onto rugged hills and Apennine mountains, visiting Roman and Etruscan ruins as well as myriad ancient villages.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

Walking Lake Como and Maggiore
Gillian Price

Summary
This guidebook describes 30 walks around Lakes Como and Maggiore in Northern Italy. The routes range from 3 to 20km in length and are graded 1 to 3. There is something for everyone, from easy leisurely strolls for first-time walkers to strenuous climbs up panoramic peaks.

The clear maps, inspirational photographs and information about accommodation and public transport options help to make this guidebook an ideal companion to exploring the exceptional scenery, views and culture of the Italian Lakes. A basic English-Italian glossary is also included.

Picturesque Lago Maggiore has been working its magic on writers and visitors for centuries. Blessed with a mild climate and delightful position close to the Alps, it attracts flocks of admirers to its shores and islands adorned with sumptuous villas and gorgeous ornamental gardens, a legacy of the late Renaissance. Ever magnificent, the splendours of Lago di Como were broadcast by the likes of Pliny and Strabone back in ancient Roman times. Overseas visitors are attracted by the breathtaking scenery and romantic atmosphere, augmented by the...

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.
Walking Lake Garda and Iseo
Gillian Price

Summary
This guidebook describes 20 walks around Lakes Garda and Iseo in Northern Italy. The routes range from 4 to 13km in length and are graded 1 to 3. There is something for everyone, from easy leisurely strolls for first-time walkers to strenuous climbs up panoramic peaks.

The clear maps, inspirational photographs and information about accommodation and public transport options help to make this guidebook an ideal companion to exploring the exceptional scenery, views and culture of the Italian Lakes. A basic English-Italian glossary is also included.

Formed by ancient glaciers and hemmed in by awesome towering cliffs, Lago di Garda boasts a superb network of well-marked trails exploring alpine ridges and peaks, in addition to ancient stepped ways to fascinating industrial archeology sites. The southern shores are very Mediterranean in flavour, lined with olive groves and vineyards. Beautiful Lago d’Iseo is one of Italy’s well-kept secrets. Well out of view until you actually reach its shores, it boasts an attractive mountainous island, appropriately named Monteisola.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

The Kungsleden - Walking Sweden's Royal Trail
Mike Laing

Summary
Sweden’s most famous long-distance trail, the Kungsleden (King's Trail) traverses the land of the Sámi people and the midnight sun, stretching 460km between Abisko and Hemavan. Around half the route lies within the Arctic Circle showcasing an ever-changing landscape of snowy mountains, deep glacial valleys, open fell, expansive lakes and verdant forest. The fully waymarked trail is comprised of five continuous and distinct sections: these can be walked individually or a thru-hike will take around a month. The guide also includes the popular Abisko to Nikkaluokta circuit, which can be completed in a week, and an ascent of Kebnekaise, Sweden’s highest peak at 2098m.

In addition to clear route description and mapping, you’ll find a wealth of practical advice covering accommodation and facilities, equipment and resupply and detailed notes on how to get to and from the section start and finish-points. A Swedish and Fell Sámi glossary can be found in the appendix. Although there are plentiful opportunities for wild camping, three of the five trail sections are equipped with huts (many inclu...

Contributor Bio
Mike Laing is a freelance mountaineering instructor based in Snowdonia, North Wales. He has travelled, climbed and trekked extensively in Greenland, South America, Africa, Europe and the Himalaya. This is his first guidebook for which he completed the Kungsleden as a through hike in 2017 and visited again twice in 2018 to complete and update his research. Mike is a full member of the Association of Mountaineering Instructors (AMI) and operates his own business, Snowdonia Climbing.
Shorter Treks in the Pyrenees
Brian Johnson

Summary
A guidebook to seven circular treks exploring the Pyrenees of France and Spain. The treks are designed with accommodation in mountain refuges or mountain villages at the end of each stage, though there are plenty of options to camp for those who prefer to backpack. Detailed descriptions for each stage of the route are accompanied by sketch maps and elevation profiles.

Route 1: Tour of the Basque Country - This route takes you over the steep rolling hills (in both France and Spain) at the western end of the Pyrenees. Accommodation is mainly in Basque villages with steep climbs leading to long walks along easy grassy ridges.

Route 2: Pic du Midi d’Ossau - This route takes in the magnificent limestone scenery at the western end of the High Pyrenees by combining the popular Tour du Pic du Midi d’Ossau, in France, with the best sections of the quieter La Senda de Camille on the Spanish side of the border.

Route 3: Tour de Vignemale and La Alta Ruta de Los Perdidos - This is the most demanding trek in the guide with easy scrambling over steep passes. The magnificent trek through the alpine te...

Contributor Bio
Brian Johnson is passionate about raising up worshipers who take hold of their true identity and pursue intimacy with God above all else. Brian and his wife, Jenn, are advocates of living a lifestyle built on vulnerability, faithfulness, and connection to community. Brian and Jenn reside in Redding, California, with their four wonderful children, Haley, Téa, Braden, and Ryder Moses.

The Pyrenean Haute Route (3rd Edition, Revised)
Tom Martens

Summary
A guidebook for trekking the Pyrenean Haute Route, which zig-zags across the Franco-Spanish border and stays close to the main ridge in the highest and most spectacular central Pyrenees. It covers 800km with a total of 40km ascent, so is only suitable for experienced mountain walkers. The route is s...

Contributor Bio
Tom Martens grew up in Belgium and first visited the Pyrenees in 2008 with a friend who had made him enthusiast about the mountain chain. This first exploration was so enchanting that he has been back every year since then. He has hiked extensively in the national parks and has traversed the whole length of the Pyrenees several times. He has guided groups of youngsters on long, intensive hikes and climbed many of the peaks in the Pyrenees. So far, he has spent 300 nights in the Pyrenees, mostly bivouacking. He has a special interest in mountain wildlife. Other regions where you can often find him hiking include Scotland and Estonia, where he currently lives.
Walks and Climbs in the Pyrenees (Revised)
Kev Reynolds

Guidebook to 170 selected walks, multi-day tours and moderate summit ascents in the Central and High Pyrenees of France, Spain and Andorra. Graded routes lasting from 1hr to 12 days explore this diverse mountain range. Includes Monte Perdido, Pic du Midi d'Ossau, Vignemale, Ordesa National Park and...

Summary
Essential guidebook of walks and climbs in the Pyrenees, one of Europe's finest mountain ranges. The guide includes 170 day walks, multi-day walks, climbing routes and mountaineering ascents, and covers all valleys and peaks on both sides of the border with France and Spain, with through routes and peaks to bag.

The guidebook divides the range into 21 sections, including Andorra, the Ordesa National Park, the Carlit Massif, Gavarnie and the Cirque du Lescun to name a few. Each area includes practical information on travel, accommodation and mountain refuges, as well sketch mapping. Between short, half-hour walks, to 12-day treks and 25 summits, this guidebook will help any walker, climber or trekker experience the best of the Pyrenees.

The active walker, trekker and climber is spoilt for choice. There are exquisite valleys and passes to wander and summits of 3000m and more within the reach of most hill walkers. The landscape is full of diversity and contrast, with Alpine-style peaks, small glaciers, deep gorges and more than 1000 mountain lakes. The range is also known as the ‘flower g...

Contributor Bio
Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers’ Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

Walking in the Engadine - Switzerland (3rd Edition, Revised)
Kev Reynolds

A guidebook to 100 day walks in the Engadine, Val Bregaglia, neighbouring valleys and the Engadine National Park. Varying from gentle rambles to adventurous high-level routes for the experienced mountain walker. The routes range from 4 to 16km long, visiting forests and meadows, high mountain landscape...

Summary
Walking in the Engadine contains detailed route descriptions for 100 day walk routes that vary from 4 to 16km long in length. The routes cover a variety of terrain from luscious meadows and craggy mountains to glaciers and snowpeaks. Most of the walks described in this guidebook have been chosen with a particular viewpoint, lake, alp hamlet, hut or pass as the destination, while the principal objective of each walk is to enjoy a day's exercise among stimulating scenery.

There's something for every walker's taste: gentle valley rambles for a family outing; craggy mid-mountain walks for the more adventurous; high-level routes that lead across glacier, snowfield and rugged passes for the experienced mountain trekker.

Tucked away in the south-east corner of Switzerland, the Engadine is a region of lakes and mountains, home of the country's only national park, guardian of the Romansch language and location for some of the most sublime villages in all the Alps.

Contributor Bio
Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers’ Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.
Walks and Treks in Croatia (3rd Edition, Revised)
30 Routes for Mountain Walking, National Parks and Coastal Trails
Rudolf Abraham

This guide describes day walks and treks in all Croatia's main hiking areas and national parks on the mainland, from the forested hills around Zagreb, to the roof of Croatia on the Bosnian border, and the national parks of Northern Velebit, Paklenica, Risnjak, UNESCO-listed Plitvice Lakes and more.

Summary
This guide describes 20 walks and 7 short treks in beautiful Croatia. Around half the routes focus on the striking limestone ranges of Gorski kotar and Velebit, which form part of the Dinaric Alps, but there are also routes in Dalmatia and on the Istri an peninsula, as well as four walks centred around the capital, Zagreb. They are easily accessible from the coastal resorts and main cities such as Zagreb, Rijeka and Split, and the guide includes advice on the most convenient bases.

Showcasing Croatia's majestic scenery, the routes range from short, easy walks to more challenging treks and mountain traverses. Step-by-step route description is accompanied by clear mapping, and there are notes highlighting where refreshments are available on or near the trails. The treks make use of mountain huts and shelters, details of which are provided, although it is also possible to camp. The guide also includes information on local points of interest, fascinating overviews of Croatian history, plants and wildlife and a comprehensive English-Croatian glossary.

Many routes take in the dramatic karst l...

Contributor Bio
Rudolf Abraham is an award-winning travel writer and photographer specialising in Croatia and eastern Europe. He is the author of eight books (five of them on Croatia) and has contributed to over a dozen more, and his work is published widely in magazines. He first visited Croatia in 1998, lived in Zagreb for two years, and continues to spend several weeks a year in his favourite country in Europe.

Bamboo
Simone Schleifer

Summary
Bamboo has gained the name of “plant steel” in the field of construction. Since ancient times, it has been widely used in Asia and Latin America. For many years bamboo had lost its role as a construction material in parts of the world where it grows indigenously due to an increase in the use of more modern material. It was gradually replaced by concrete, steel, and wood and became known as a “poor man’s wood.” Thanks to the research and design carried out by key worldwide architects and engineers in recent decades, this attractive natural material is being reconsidered as a construction and basic design material. This book features international examples of current projects where bamboo has been used as the main material.

Contributor Bio
During her time working for an international publisher in Barcelona, Simone Schleifer edited numerous architectural books.
**Beth Chatto**

**A Life with Plants**

Catherine Horwood

**Summary**

Beth Chatto was the inspiration behind the "right plant, right place" ethos that lies at the heart of modern gardening. She also wrote some of the best-loved gardening books of the 20th century, among them The Dry Garden, The Damp Garden, and Beth Chatto’s Gravel Garden. Some years before her death in May 2018, aged 94, Beth authorized Catherine Horwood to write her biography, with exclusive access to her archive. It also includes extracts from Beth’s notebooks and diaries, never previously published, bringing Beth’s own distinctive and much-loved voice into the book. Most of the photographs from Beth’s personal archives, have also never been seen in print before. For Beth’s legions of fans, here is the personal story behind her beliefs and the struggles and determination that brought her success.

**Contributor Bio**

Catherine Horwood is a social historian whose books include Women and Their Gardens: A History from the Elizabethan Era to Today.

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**Save The Planet**

**An Amazonian Tribal Leader Fights for His People, The Rainforest, and The Earth**

Almir Narayamoga Suruí, Corine Sombrun, Julia Graw...

**Summary**

Almir Sarayamoga Suruí, the Amazonian tribal chieftain of the indigenous Suruí people, is a leader in the fight to save the rainforest not only for the preservation of his land and people, but for the Earth’s and humanity’s survival as well. Joining forces with such high-tech corporations as Apple and Google Earth, Suruí has become a guardian of his people and a global activist, despite death threats and million dollar bounties on his head. A recipient of the Global Citizen Award in 2012, Suruí has calculated the direct cost of the loss of our rainforests—"the lungs of the Earth"—in terms of the total amount of Co2 that their destruction would release into the atmosphere, and the monetary loss that this would entail, and by using this carbon deficit formula, has leased access to pharmaceutical and cosmetic companies who have joined him in the stewardship of these endangered lands, their flora, fauna, and people.

**Contributor Bio**

Almir Sarayamoga Suruí was the first member of his tribe to graduate from college (with a degree in biology) and the youngest of the Suruí tribe to be made chief, at age 17. He has traveled the world to unite the indigenous people of the equatorial rain forests in their fight to save these vital regions of the earth. Corine Sombrun is an adventure and environmental journalist whose books include Journal of an Apprentice Shaman and In The Footsteps of Geronimo. Julia Grawemeyer is a professor of French Literature at Denison University, Granville, Ohio.
Let Them Paddle
Coming of Age on the Water
Alan Kesselheim

A beautiful collection of essays describing the different river adventures one family undertook for each child’s coming of age celebration.

Summary
A beautifully woven travel narrative describing the river adventures undertaken by Alan Kesselheim’s family to recognize and celebrate the coming of age of each of his three children. The rivers paddled include the Kazan River in Nunavut, Canada, the Yellowstone River in Montana, and the Rio Grande in Texas and Mexico.

Contributor Bio
Alan S. Kesselheim has worked as a freelance writer for 30 years. He is the author of 10 books and hundreds of magazine articles in a handful of publications, including Canoe and Kayak Magazine. In addition to his writing work, Kesselheim has taught writing workshops throughout North America and teaches occasional classes at Montana State University. He is best known for his exploits as a wilderness adventurer and canoeist and is a veteran of many extended expeditions, including two year-long canoe journeys across Canada. Kesselheim has incorporated his three children into his wilderness adventure lifestyle and has every expectation that they will carry on the tradition. He lives in Bozeman, Montana, with his wife and children.

Woodland Manitou
Heidi Barr

Summary
Woodland Manitou: To Be on Earth is a collection of essays rooted in the rhythm of the natural world. Through the turn of the seasons, Heidi Barr illustrates how the cycles of the earth have informed her everyday life from community to vocation to the food that finds its way to the dinner table. Through gardening, simple living, and prioritizing sustainability, Barr paints a picture of how remaining close to the earth provides a solid foundation even as the climate changes and the story of the world shifts. Part stories, part wonderings, and part call to act, this collection of meditations invites reflection, encourages awareness, and inspires action.

Contributor Bio
Award winning author of several books, Heidi Barr is committed to cultivating ways of being that are life-giving and sustainable for people, communities and the planet. She works as a wellness coach, holds a Master’s degree in Faith and Health Ministries and occasionally partners with organic farms and yoga teachers to offer retreat experiences. At home in Minnesota, she lives with her husband and daughter where they tend a large vegetable garden, explore nature and do their best to live simply. Visit her at heidibarr.com or connect on social media: Facebook: @HeidiBarrwriter
The Appalachian Trail Food Planner: Second Edition
Recipes and Menus for a 2,000-Mile Hike
Lou Adsmond

Summary
Appalachian Trail long-distance hikers do not diet. They need 4,000 or more calories a day, have to carry them all on their backs and still work all of them off and more! (Well, the guys tend to lose more weight than the women.) Lou Adsmond wanted to make it work for her husband and son and it did. Here are her schedules for mail drops of food, recipes for at-home advance cooking and directions for on-the-trail preparation and cooking—the latter are on small cut-out tabs that can be dropped inside those Ziploc bags full of ingredients. It's a 2,175-mile course of meals. The Appalachian Trail runs from Springer Mountain, GA to Katahdin, ME. Millions of day hikers and thru hikers (those who walk the entire trail) visit this National Scenic Trail. Everything you need to:-Plan varied meals-Schedule food drops-Keep hikers happy!

Outdoor Learning Environments
Spaces for Exploration, Discovery and Risk-Taking in the Early Years
Helen Little, Sue Elliott, Shirley Wyver

Summary
Educators have a key pedagogical role to promote early year's outdoor play in natural environments. Active outdoor play that involves risk-taking has been linked to positive effects on social health and behavior as well as promoting physical activity and motor skill development. At the same time, it has been recognized that opportunities for children to experience outdoor learning have been reduced in recent decades due to the impacts of technology, urbanization and social change. This book brings together renowned authors with research and professional experience in a range of disciplines to provide a comprehensive guide to developing positive and engaging outdoor learning environments in the early years. Part 1 looks at pedagogy and outdoor environments and considers the value of risk-taking and developing a young child's appreciation of the natural world. Part 2 examines the key principles involved in the design and planning of such spaces including applying the relevant equipment standards and regulations. Part 3 explores how educators can develop an understanding of children's o...
**A Ditch in Time**

**The City, the West and Water**
Patricia Nelson Limerick, Jason L. Hanson

A study of water and its unique role and history in the West, as well as in the nation.

**Summary**
Tracing the origins and growth of the Denver Water Department, this study of water and its unique role and history in the West, as well as in the nation, raises questions about the complex relationship among cities, suburbs, and rural areas, allowing us to consider this precious resource and its past, present, and future with both optimism and realism.

**Contributor Bio**
Patricia Nelson Limerick is the faculty director and board chair of the Center of the American West at Colorado University, where she is also a professor of history and environmental studies. She has received a MacArthur Fellowship and a number of other awards and honors. She currently serves as the vice president for the Teaching Division of the American Historical Association. Her most widely read book, *The Legacy of Conquest*, is in its twenty-fifth year of publication. Jason L. Hanson is a member of the research faculty at the Center of the American West at the University of Colorado at Boulder, where his work focuses on natural resource use and the environment. He lives in Denver.

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**Feral Cities**

**Adventures with Animals in the Urban Jungle**
Tristan Donovan

**Summary**
We tend to think of cities as a realm apart, somehow separate from nature, but nothing could be further from the truth. In *Feral Cities*, Tristan Donovan digs below the urban gloss to uncover the wild creatures that we share our streets and homes with, and profiles the brave and fascinating people who try to manage them. Along the way readers will meet the wall-eating snails that are invading Miami, the boars that roam Berlin, and the monkey gangs of Cape Town. From feral chickens and carpet-roaming bugs to coyotes hanging out in sandwich shops and birds crashing into skyscrapers, *Feral Cities* takes readers on a journey through streets and neighborhoods that are far more alive than we often realize, shows how animals are adjusting to urban living, and asks what messages the wildlife in our metropolises have for us.

**Contributor Bio**
Tristan Donovan is the author of two widely praised books, *Replay: The History of Video Games* and *Fizz: How Soda Shook Up the World*. His journalism has appeared in many major newspapers, magazines, and websites. He has a degree in ecology.
**Animate Earth (2nd Edition)**

*Science, Intuition and Gaia*

Stephan Harding, Brian Goodwin, Lynn Margulis

**Summary**

In *Animate Earth* Stephan Harding explores how Gaian science can help us to develop a sense of connectedness with the "more-than-human" world. His work is based on careful integration of rational scientific analysis with our intuition, sensing and feeling - a vitally important task at this time of severe ecological and climate crisis. Stephan Harding replaces the cold, objectifying language of science with a way of speaking of our planet as a sentient, living being rather than as a dead, inert mechanism. The book is a contemporary attempt to rediscover anima mundi (the soul of the world) through Gaian science. *Animate Earth* argues that we need to establish a right relationship with the planet as a living entity in which we are indissolubly embedded - and to which, in the final analysis, we are all accountable. The book inspires the reader to connect with a profound sense of the intrinsic value of the Earth, and to discover what it means to live as harmoniously as possible within a sentient creature of planetary proportions. This expanded second edition includes a new chapter on fungi,...

**Contributor Bio**

**Dr. Stephan Harding** holds a doctorate in ecology from the University of Oxford. He is the Co-ordinator of the MSc in Holistic Science at Schumacher College, where he is also Resident Ecologist and a teacher on the short course program.

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**Deserts of the World**

Susanne Mack, Anthony Ham

**Summary**

Imagine a sea of sand dunes the size of a European country, a world in motion, exquisite ridge lines perfectly sculpted by the winds and stretching to a layered horizon. Or a remote mountain massif in black rock or sandstone, hewn by the elements and marked in red ochre with the passage of ancient rock artists. Or a salt pan shimmering to a seemingly endless horizon. Welcome to the world’s deserts, a realm of astonishing and dramatic beauty, as much places of the soul and the imagination as actual physical terrain.

**Contributor Bio**

**Susanne Mack** has been working as a freelance picture editor for international book and calendar publishers since 1999. She specializes in selecting the right pictures for travel guides, nonfiction, and illustrated books and lives near Munich. **Anthony Ham** is a freelance writer who specializes in Spain, Africa, the Arctic, Outback Australia, and the Middle East.
Among the Ancients
Adventures in the Eastern Old-Growth Forests
Joan Maloof

Summary
Finalist for the Eric Hoffer Award
A natural history primer packed with travel ideas, this tour of 26 old-growth forests—one in each state east of the Mississippi River and all open to the public—aims to dispel the misconception that these forests are located only on the west coast. With intelligence and lyricism, the book highlights the adventure in getting to each forest and what visitors will find when they arrive. From giant hemlock groves in Pennsylvania to a lonely stand of pines in Wisconsin, each journey provides face-to-face experiences with forests containing majestic trees and a rich diversity of life. As an impassioned plea to preserve and support the few untouched stretches of forest that remain, the discussion touches upon the perseverance of these locations despite modern development, as well as the vital link between old-growth forests and humanity’s own survival.

Contributor Bio
Joan Maloof is professor emeritus of biology and environmental studies at Salisbury University and director of the nonprofit Old Growth Forest Network. She lives in Quantico, Maryland.

Voice in the Wild
A Memoir
Laurie Sarkadi

Summary
After plans to live in Africa shatter, young journalist Laurie Sarkadi moves to the Subarctic city of Yellowknife seeking wilderness and adventure. She covers the changing socio-political worlds of Dene and Inuit in the late '80s—catching glimpses of their traditional, animal-dependent ways—before settling into her own off-grid existence in the boreal forest. There, she experiences motherhood and its remarkable synchronicities with the lives of caribou, dragonflies and other creatures.

As a mother, and as a journalist, Sarkadi speaks up for abused women and children, creating controversies that entangle her in long, legal battles. When she looks to animals and the natural world for solace, she encounters magic. Lessons from the natural world arrive weekly, if not daily: black bears roam her dreams, as well as her deck, teaching introspection; wolves inspire her to persevere.

This evocative memoir explores a more than two-decade long physical and spiritual journey into the wild spaces of northern Canada, around the globe and deep within.

Contributor Bio
Laurie Sarkadi is an award-winning writer, producer and editor of EDGE YK magazine. She moved to Yellowknife as the Edmonton Journal’s northern bureau chief then spent sixteen years telling northerners’ stories through CBC radio and television. Her non-fiction has appeared in Canadian Geographic, The Globe and Mail, thewalrus.ca and the anthologies: Dropped Threads 3 and Kitchen Talk. She lives off-grid in the Northwest Territories with her husband and has three sons.
Australia
Anthony Ham, Donna Wheeler

Summary
Australia, situated between the Indian and Pacific Oceans, is rich in rainforest, deserts, and mountains. Geological wonders such as the Uluru, the Outback or the Great Barrier Reef characterize the country, as do the coastline of dream beaches and surfing paradises with offshore islands. This book shows in more than 500 pictures the uniqueness of the animal world above and under water along with the untouched nature and the cultural sides of the metropolises like Sydney, Melbourne, Perth, and Canberra.

Contributor Bio
Anthony Ham is a freelance writer who specializes in Spain, Africa, the Arctic, Outback Australia, and the Middle East. Donna Wheeler is the author of several travel guidebooks. She has published on contemporary art, architecture and design, food, wine, and history in a variety of publications.

Before We Lost the Lake
A Natural and Human History of Sumas Valley
Chad Reimer

Summary
By examining the brutal death of Sumas Lake, historian Chad Reimer revives aspects of Sto:lo culture and emboldens the cause for environmental conservation.

In his new book, Before We Lost the Lake, Chad Reimer sets out to truly reclaim Sumas Lake, to restore it to its proper place in the history of...

Contributor Bio
Chad Reimer has a BA Honours in History from the University of British Columbia and an MA and PhD in History from York University. He wrote Chilliwack's Chinatowns for the Chinese Canadian Historical Society of BC and Writing British Columbia History with UBC Press. Reimer has also been published in BC History and...
Alpine Flowers
How to Recognize Over 200 Alpine Flowers
Gillian Price

A pocket field guidebook for identifying 230 of the most commonly found alpine flowers of the Alps. Categorised by colour for quick identification, each alpine flower has a photograph and description of its key features. Flower names are given in English, French, German, Italian and Latin, with note...

Summary
This pocket guide carries a description and clear colour photograph of each flower, along with its name in English, French, German, Italian and Latin. The 230 flowers featured are grouped by colour to aid quick identification. With notes on curious historical facts and the origin of some plant names, this is a perfect companion on Alpine walks for anyone interested in the unique plant life of the Alps. It happens to all visitors to the Alps - walkers, climbers and tourists alike. Out of the corner of your eye you spot a curious flower. Taking a mental snapshot of the image, you store it away and think 'must look that up when I get back'. This easy to use guide is small, relevant and easy to carry.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

Mountains of the Heart
A Natural History of the Appalachians
Scott Weidensaul

Summary
Part natural history, part poetry, Mountains of the Heart is full of hidden gems and less traveled parts of the Appalachian Mountains

Stretching almost unbroken from Alabama to Belle Isle, Newfoundland, the Appalachians are one of the oldest mountain ranges in the world. In Mountains of the Heart, renowned author and avid naturalist Scott Weidensaul shows how geology, ecology, climate, evolution, and 500 million years of history have shaped one of the continent's greatest landscapes into an ecosystem of unmatched beauty. This edition celebrates the book's 20th anniversary of publication and includes a new foreword from the author.

Contributor Bio
Scott Weidensaul is an author and naturalist who has written more than two dozen books on natural history, including Pulitzer Prize finalist Living on the Wind: Across the Hemisphere with Migratory Birds, The Ghost with Trembling Wings, Of a Feather: A Brief History of American Birding, and The First Frontier: The Forgotten History of Struggle, Savagery and Endurance in Early America. He lectures widely on wildlife and environmental topics, and is an active field researcher, specializing in birds of prey and hummingbirds. He lives in Schuylkill Haven, Pennsylvania.
Chirripó
Photo Journey to Costa Rica’s highest peak
Arturo Pardo, Giancarlo Pucci, Sergio Pucci

Summary
Chirripó is a visual journey of Central America’s coolest pilgrimage, a new photographic chronicle inside the sacred national park guarding 90% of Central America’s highlands. Following four days shared by four friends, this is an outdoor storytelling adventure for hikers, environmental advocates, and summit seekers, featuring sunrises, sunsets, peaks, and lagoons.

Contributor Bio
Arturo Pardo is a journalist and political scientist. He graduated with a degree in Business Administration from the University of Costa Rica. After more than twelve years holding managerial positions in consumer markets and the tourism industry, Giancarlo Pucci founded his first social enterprise, the Magical Trees Foundation. Giancarlo is a graduate of the Masters in Strategic Leadership for Sustainability Program in Karlskrona, Sweden. He started as a photographer in 2010 and uses it as a means to reconnect with nature and himself. Sergio Pucci studied Business Administration, photography, and graphic design. He has practiced photography for more than eighteen years and has worked as a freelance photographer for the last thirteen, participating in sixteen individual and collective photo exhibits, including at the World Museum in San Francisco, California; The Munich Theater, Germany; Natural History Museum in London; and the Geraadsbergen Museum, Belgium. In 2014 one of his images was selected by one of the most prestigious photography contests in the world, BBC & London Natural H...

Blue Planet II
A New World of Hidden Depths
James Honeyborne, Mark Brownlow, Sir David Attenborough

Summary
Our understanding of ocean life has changed dramatically in the last decade, with new species, new behaviors, and new habitats being discovered at a rapid rate. Blue Planet II, which accompanies an epic 7-part series, is a ground-breaking new look at the richness and variety of underwater life across our planet. With 300 breathtaking photographs and stills from the BBC Natural History Unit’s spectacular footage, each chapter brings to life a different habitat of the oceanic world. Voyages of migration show how each of the oceans on our planet are connected; coral reefs and arctic ice communities are revealed as thriving underwater cities; while shorelines throw up continual challenges to those living there or passing through. A final chapter explores the science and technology of the Ocean enterprise—not only how they were able to capture these amazing stories on film, but what the future holds for marine life based on these discoveries.

Contributor Bio
James Honeyborne, executive producer of Blue Planet II, was series producer on the BBC’s Africa, and his other television credits include Wildlife on One and The Natural World. He is also director of feature-length wildlife drama Meerkats: The Movie. Mark Brownlow is the series producer of Blue Planet II. He was a producer on Planet Earth and has produced many natural history documentaries for the BBC, including Hidden Kingdoms and Ocean Giants. David Attenborough is a naturalist who is best known for writing and presenting the Life series, as well as narrating The Blue Planet, Frozen Planet, and Planet Earth.
**Underwater Guide to the Red Sea**

Lawson Wood

**Summary**

The Red Sea has over 1,000 species of invertebrate and over 200 species of soft and hard coral, forming the basis of a marine eco-system which includes 1,100 species of fish, of which just under 20% are endemic. The high level of endemism is one of the main factors that makes scuba diving in Egypt so attractive.

The dive sites offer unobstructed opportunities to spot tropical marine life in crystal-clear waters, ranging from sharks and dolphins to gorgonian fans and feather-stars. Diving types include shallow patch reefs, drift dives and walls, and a collection of some of the most interesting wrecks you are likely to find anywhere, including the world-famous *Carnatic* and *Thistlegorm* wrecks. Many of the reefs stretch out far into the sea and form intricate labyrinths of plateaus, lagoons, caves and gardens.

Divided into three parts, the book provides a general introduction to diving and snorkelling in the Red Sea including what to expect and where to base yourself; a guide to the best sites for diving and snorkelling; and a photographic identification of 280 of the most common spec...

**Contributor Bio**

Lawson Wood has been fortunate to make his passion his career, and has authored and co-authored over 45 books, mainly about the underwater world. He is a founding member of the Marine Conservation Society, and made history by becoming the first person to be a member of the Royal Photographic Society and Fellow of the British Institute of Professional Photographers solely for underwater photography.
**Wild Fierce Life**  
_Dangerous Moments on the Outer Coast_  
Joanna Streetly

**Summary**

_Wild Fierce Life_ is a heart-stopping collection of true stories from the Pacific Coast that build a vivid portrait of life on the continental edge and one woman’s evolving place within it.

Author Joanna Streetly arrived on the west coast of Vancouver Island when she was nineteen, and soon adapted to the challenges of working on boats of all sorts, guiding multi-day wilderness kayak trips along the BC coast, and living in remote situations often without electricity or running water.

From a near-death experience while swimming at night to an enigmatic encounter with a cougar, these stories capture the joys and dangers of living in a wild environment. Streetly’s vivid storytelling evokes a sincere respect for nature, both its fragility and its power.

Full of unflinching self-examination and a fidelity to the landscape of Vancouver Island’s outer coast, these stories reveal the interplay between inner and outer landscapes—the evolution of a woman uncovering the pleasures and dangers of the wild life.

**Contributor Bio**

Joanna Streetly grew up in Trinidad and moved to Vancouver to study Outdoor Recreation and Wilderness Leadership. In 1990 she moved to Tofino, where she has lived ever since. While transitioning to writing and editing, she worked as a naturalist guide and sea kayak instructor. Most recently, her writing can be found in _Best Canadian Essays 2017_, and in numerous anthologies, magazines and literary journals. She is the author of _Paddling Through Time_ (Raincoast Books) and _Silent Inlet_ (Oolichan). Her published work includes fiction, non-fiction and poetry. She lives afloat in the Tofino harbour with her partner, Marcel, and daughter, Toby.

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**Conducting Meaningful Interpretation**  
_A Field Guide for Success_  
Carolyn Widner Ward, Alan Wilkinson

**Summary**

Covering everything from the history of interpretation, to strategies and tools for effective communication, to the future of the profession, this reference guide is a vital resource for guides and interpreters in natural resource management programs. Includes tips on traditional campfire programs, high-tech audiovisual presentations, presenting to special groups and much more.

**Contributor Bio**

Dr. Carolyn J. Widner Ward grew up exploring the Blue Ridge Mountains of Virginia. She has taught at three universities in the U.S. and Canada and is currently a professor at Humboldt State University in northern California. She received her PhD from Virginia Tech and is editor of the _Journal of Interpretation Research_. Alan E. Wilkinson had a 25-year career with California State Parks as a field ranger, interpreter, supervisor, and regional specialist. He has taught at Humboldt State University and is the coauthor with Carolyn Widner Ward of the _Basic Interpretation Learning System_. Wilkinson currently lives in Humboldt county with his wife Barbara.
Ecological Intelligence
Rediscovering Ourselves in Nature
Ian McCallum

Summary
Defines a new way of thinking about the unprecedented environmental pressures of our day. McCallum offers a compelling argument that we must think differently about ourselves and the earth if we are to take seriously the survival of wilderness areas.

Contributor Bio
Ian McCallum is a medical doctor, Jungian psychologist, wilderness guide, and founder of the Wilderness Leadership School in the Cape of Good Hope. He is the author of the novel Thorns to Kilimanjaro and a poetry collection, Wild Gifts. In the 1970s he played fullback for Springbok, South Africa's national union rugby team.

Red Alert!
Saving the Planet with Indigenous Knowledge
Daniel Wildcat

The first published Native American response to the environmental crisis facing our planet.

Summary
What the world needs today is a good dose of indigenous realism, says Native American scholar Daniel Wildcat in this thoughtful, forward-looking treatise. Red Alert! seeks to debunk the modern myths that humankind is the center of creation.

Contributor Bio
Daniel R. Wildcat (Yuchi, Muscogee) is the director of the American Indian studies program and the Haskell Environmental Research Studies Center at Haskell Indian Nations University in Lawrence, Kansas. He is the coauthor with Vine Deloria Jr. of Power and Place: Indian Education in America.
The Future Has Other Plans
Planning Holistically to Conserve Natural and Cultural Heritage
Jon Kohl, Steve McCool

Summary
Crisis has enveloped the more than 200,000 nationally and regionally protected natural and cultural heritage sites around the world. Heritage managers – those who manage natural sites such as national parks, wilderness areas, and biosphere reserves, as well as those who manage cultural sites including historic monuments, battlefields, heritage cities, and ancient rock art sites – face an urgent need to confront this crisis, and each day that they don't, more of our planet's common heritage disappears. Although heritage management and implementation suffer from a lack of money, time, personnel, information, and political will, The Future Has Other Plans argues that deeper causes to current problems lurk in the discipline itself. Drawing on decades of practical experience in global heritage management and case studies from around the world, Jon Kohl and Steve McCool provide an innovative solution for conserving these valuable protected areas. Merging interdisciplinary and evolving management paradigms, the authors introduce a new kind of holistic planning approach that integrates the p...

Contributor Bio
Jon Kohl is coordinator and founder of the PUP Global Heritage Consortium, a non-profit global network dedicated to introducing emerging paradigms into the heritage management and planning field to stem the crisis of unimplemented management plans. He launched the Public Use Planning Process while working at RARE Center for Tropical Conservation in Honduras. Steve McCool is Professor Emeritus, Wildland Recreation Management, the Department of Society and Conservation of the College of Forestry and Conservation, University of Montana, and Associate, Center for Protected Area Management, Colorado State University. He is a member of the World Commission on Protected Areas and currently serves on its Tourism and Protected Areas Specialist Group.

Come Together
Dana Simson

Summary
This is an engaging handbook to launch a movement of individuals to tackle global warming by simply retooling our daily actions. Easy proactive steps develop a long term perspective based in civility, integrity and an invigorating love for our earth. Save money, lose clutter, live well, feel happy and healthier as you pull for the planet.

Make smart changes through a bottoms up strategy for now where each of us is empowered to make a difference in little ways that trend to big solutions. The Movement of One is both the individual and all of us connected in this common goal. Pass this book on. We are the change.

Contributor Bio
Dana Simson is a life-long environmentalist and climate change activist. She and her husband live in a 200-year-old house on an island in the Chesapeake Bay. This magical place, abundant with wildlife and natural beauty inspires her daily. She has written and illustrated 14 books and worked with many companies internationally to design home decor and products. Dana drives with a tideclock on the dash of her car. She lets the fish and bluecrabs have the right of way on the commute home. She is also the illustrator for the upcoming Green Writers Press children's picture book, Janey Monarch Seed.
**One Man’s Maine**

*Essays on a Love Affair*

Jim Krosschell

Winner of the Maine Literary Award for Maine-themed nonfiction, 6/2018., and awarded a bronze medal in the national Foreword Reviews Book of the Year award for the category ecology & environmental essays. These 16 paired essays probe Maine's iconic images in the vein of E. B. White.

**Summary**

Maine is a talisman of the American imagination, offering beauty and wildlife to tourists and natives. Over the last few years, Jim has published many essays about the wonders and challenges of Maine's environment, and *One Man’s Maine* collects and edits them into sixteen pairs. The first essays of each pair employ the natural icons of Maine—lobster, moose, blueberries, lupine—to reach into matters of human significance. These are familiar essays that combine science and belief, observation and emotion. The second essays are broader and more discursive and take on a fuller range of experiences in this beloved state.

**Contributor Bio**

Jim Krosschell has been supporting the Maine Turnpike for 30 years. After a career in science publishing in the Boston area, he began to spend more time in Maine and writing much more regularly. More than 50 journals and magazines have published his personal essays, most about Maine, and his book *Owls Head Revisited* was published in 2015 by North Country Press. He is also president of the Board of Directors, Coastal Mountains Land Trust, in Camden, Maine.

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**Resilience and Resistance**

*Building Sustainable Communities for a Post Oil Age*

Tim Stevenson

*Resilience and Resistance: Building Sustainable Communities for a Post Oil Age* is a collection of columns that had their origin in the local Brattleboro newspapers, *The Commons* and the *Reformer*. Together with a couple of original pieces, they serve as the contents of this book.

They have been arrange...

**Summary**

*Resilience and Resistance: Building Sustainable Communities for a Post Oil Age* is a collection of columns that had their origin in the local Brattleboro newspapers, *The Commons* and the *Reformer*. Together with a couple of original pieces, they serve as the contents of this book.

They have been arranged, not in the order they were written, but in a way that hopefully suggests the evolution of Post Oil Solutions over its 10 years. From its start (and continuation) as a community organizing project that operates in the belief that a successful transition to a world beyond fossil fuels involves building sustainable communities whose people are adaptable and resilient, collaborative and sufficient. Then to our good fortune at striking a responsive chord with many folks in the larger Windham County, and nearby Massachusetts and New Hampshire region around local food and the many ways it serves to build community. And then most recently has been our focus with climate change, as well as other political issues, like GMOs and food sovereignty, and social justice, in general. All of these are la...

**Contributor Bio**

Founding Director of community organizer with Post Oil Solutions, Tim Stevenson has done community organizing much of his adult life around such issues as welfare rights, peace & war, box stores, and nuclear power plants. He lives with his wife, Sherry, in Athens, where in their imperfect ways, they do the best they can to walk the talk. He also thinks a lot about his two children and 2 grandchildren living in a world of climate change.
Greener than Thou
Are You Really An Environmentalist?
Terry L. Anderson, Laura E. Huggins

Summary
In a powerful argument for free market environmentalism, Terry Anderson and Laura Huggins break down liberal and conservative stereotypes of what it means to be an environmentalist. They show that, by forming local coalitions around market principles, stereotypes are replaced by pragmatic solutions that improve environmental quality without necessarily increasing red tape.

Contributor Bio
Terry Anderson, the John and Jean DeNault Senior Fellow at the Hoover Institution, is the executive director of PERC - the Property and Environment Research Center, a think tank focusing on market solutions to environmental problems located in Bozeman, Montana, and professor emeritus at Montana State University. Laura E. Huggins is a research fellow at the Hoover Institution. Huggins specializes in free market environmentalism, property rights, and population policy. She is primarily interested in the role of economic processes in shaping natural resource policy and in promoting market principles to a wide audience in order to help resolve environmental dilemmas.

The War and Environment Reader
Gar Smith

Summary
While many books have examined the broader topic of military conflict, most neglect to focus on damage military violence inflicts on regional—and global—ecosystems. The War and Environment Reader provides a critical analysis of the devastating consequences of "war on the environment" with perspectives drawn from a wide array of diverse voices and global perspectives. The contributors include scores of writers and activists, many with first-hand field experience of war's impacts on nature. Authors include: Medea Benjamin, Helen Caldicott, Marjorie Cohn, Daniel Ellsberg, Robert Fisk, Ann Jones, Michael Klare, Winona LaDuke, Jerry Mander, Margaret Mead, Vandana Shiva, David Swanson, Jody Williams and S. Brian Willson.

Contributor Bio
Gar Smith is editor emeritus of Earth Island Journal and co-founder of Environmentalists Against War. He lives in Berkeley, California, where he serves as director of the nonprofit Academic Publishing Inc. Smith is the author of Nuclear Roulette: The Truth About the Most Dangerous Energy Source on Earth.
Meandering
Notes of a Mississippi Riverlorian
Mike Link, Kate Crowley

Summary
Meandering is a combination of journeys Mike has taken in the car, on a variety of boats, on a bike and on foot to discover the variations and stories of the Mississippi. As the backbone of the continent, draining thirty-one states and two provinces between the Rockies and the Appalachians, the Mississippi collects both the waters and the stories of North America. Now as a paddlewheel Riverlorian, Mike travels the river sharing these stories, and this book collects both the adventures and the stories so the reader can understand both the Great River and the diversity it represents.

Contributor Bio
Mike Link retired as the founding director of the Audubon Center of the North Woods, has authored twenty-eight books, and continues to be a trip guide for Off the Beaten Path and Road Scholar trips, a riverlorian on paddlewheel trips, and a graduate instructor for Hamline University. Mike and his wife Kate Crowley became the only couple to walk around Lake Superior in 2010 and continue to give keynote talks about this and other adventures. With five grandchildren and family and friends, Mike and Kate enjoy sharing their love of nature and their concerns about freshwater. Mike Link retired as the founding director of the Audubon Center of the North Woods, has authored twenty-eight books, and continues to be a trip guide for Off the Beaten Path and Road Scholar trips, a riverlorian on paddlewheel trips, and a graduate instructor for Hamline University. Mike and his wife Kate Crowley became the only couple to walk around Lake Superior in 2010 and continue to give keynote talks about this and other adventures. With five grandchildren and family and friends, Mike and Kate enjoy sharing th...

Boom, Bust, Boom
A Story About Copper, the Metal That Runs the World
Bill Carter, Luis Alberto Urrea

Summary
In following the time-honored journalistic tenet that the best stories are the ones you find in your own backyard, Bill Carter begins this account of the all-pervasive presence of copper in our lives and its cost on our health, economy, and our environment with a simple personal discovery: the presence of arsenic from leftover mine tailings in his backyard garden in the former copper mining town of Bisbee, Arizona. This revelation led him on a quest to find out as much as possible about the mineral copper, its wonderful and mysterious properties, its history in human evolution, and its omnipresence in contemporary life, being found in everything from toothpaste to cellphones. Carter explores several mining areas, past, present, and projected both in the United States and around the world, and details the environmental and health implications involved in open-surface extraction of copper ore. From boardrooms of investors in London to the mountains of Indonesia, Carter connects the dots from his humble backyard garden to the CEOs of the multibillion-dollar global copper industry, confir...

Contributor Bio
Bill Carter is a freelance journalist, filmmaker, photographer and the author of two previous books, Fools Rush In and Red Summer. His articles have been published in numerous publications, including Men’s Journal, Outside, and Rolling Stone. He directed the award-winning documentary, Miss Sarajevo. He lives in Sedona, Arizona. Luis Alberto Urrea is a professor of writing at the University of Illinois–Chicago and the author of the bestselling novel The Hummingbird’s Daughter and the nonfiction book, The Devil’s Highway. He lives in Chicago.
Designing Regenerative Cultures
Daniel Christian Wahl

**Summary**
This is a 'Whole Earth Catalog' for the 21st century: an impressive and wide-ranging analysis of what's wrong with our societies, organizations, ideologies, worldviews and cultures - and how to put them right. The book covers the finance system, agriculture, design, ecology, economy, sustainability, organizations and society at large. In this remarkable book, Daniel Wahl explores ways in which we can reframe and understand the crises that we currently face, and he explores how we can live our way into the future. Moving from patterns of thinking and believing to our practice of education, design and community living, he systematically shows how we can stop chasing the mirage of certainty and control in a complex and unpredictable world. The book asks how can we collaborate in the creation of diverse regenerative cultures adapted to the unique biocultural conditions of place? How can we create conditions conducive to life? *** "This book is a valuable contribution to the important discussion of the worldview and value system we need to redesign our businesses, economies, and technolog...
Sustainable Energy - Without the Hot Air
David JC MacKay

Summary
Addressing the sustainable energy crisis in an objective manner, this enlightening book analyzes the relevant numbers and organizes a plan for change on both a personal level and an international scale—for Europe, the United States, and the world. In case study format, this informative reference answers questions surrounding nuclear energy, the potential of sustainable fossil fuels, and the possibilities of sharing renewable power with foreign countries. While underlining the difficulty of minimizing consumption, the tone remains positive as it debunks misinformation and clearly explains the calculations of expenditure per person to encourage people to make individual changes that will benefit the world at large.

Contributor Bio
David MacKay is a professor in the department of physics at Cambridge University, a member of the World Economic Forum’s Global Agenda Council on Climate Change, and a regular lecturer on sustainable energy.

The Transition Handbook
From Oil Dependency to Local Resilience
Rob Hopkins
Portage from the Past
John P. Endres, Helen Endres

Summary
For more than forty years, J P Endres directed a camp in northern Minnesota. There, he taught generations of youngsters the value of nature, the importance of working together, and the joys that can come from a life lead with purpose and meaning. Here are reflections from his life as a camp director, a father, a son, a husband, an educator, and a man for whom love of wilderness shaped a career. Portage from the Past is part adventure story, part exploration of the importance of nature in our lives, and part reflection on helping young people grow into adults.

How Dams Fall
Will Falk

Summary
"The Colorado River speaks," Will Falk insists in How Dams Fall. Written while Falk was involved in the first-ever American federal lawsuit seeking personhood and rights of nature for a major ecosystem, the Colorado River, this essay, at once lyrical and analytical, explores the American cultural, and his personal, relationship with one of the world’s most famous—and most misunderstood—rivers. Responsible for speaking on the Colorado’s behalf in court, Falk spent weeks traveling with the river asking her who she is and what she needs. With brutal honesty and an unflinching commitment to witnessing the river’s wounds in all their painful detail, How Dams Fall is an intimate conversation between a human and a river. In a time when the Colorado River is at record low levels and water shortages look inevitable, this essay is a must-read for outdoor enthusiasts, naturalists, water advocates, and anyone who has ever fallen in love with the natural world.

Contributor Bio
Will Falk is a biophilic essayist, poet, and lawyer. The natural world speaks, but rarely in English. Wind and water, soil and stone, fin, fur, and feather are only a few dialects. Will’s work is how he listens. He believes the intensifying destruction of the natural world is the most pressing issue confronting us today and he aims his writing at stopping this destruction. His writing has been published by Earth Island Journal, the Dark Mountain Project, CounterPunch, Whole Terrain, and the San Diego Free Press, among others.
### Between the Boundaries

**Adam Somerset**

**Summary**

Between the Boundaries comprises twenty-six essays that follow the course of a single year and cover topics that range from the habits of beavers to the progression of Artificial Intelligence, journeying from Wales to Australia with many stops in between. The origins for most have come about by chance; an impromptu stop on a journey has revealed something unexpected and interesting, a poster, a brochure or a website suggesting an event that promised to be out of the ordinary. Politics, technology, art, poetry, and gardening are just some of the subjects on offer here. The author visits a new assessment of the Elizabethan polymath John Dee, and compares the relative claims to accuracy of different portrayals of Dylan Thomas. He visits a former nuclear bunker, now made into an unpeopled data centre.

**Contributor Bio**

Adam Somerset has lived in Ceredigion since 1991. He had previously worked for fifteen years in London in the telecommunications and pharmaceutical industries. In 2007 he began to review theatre and performance in Wales. He has since written 1000 reviews and articles, principally on theatre but also on art and photography, television and radio, history and politics. His articles have been published by the Cambrian News, Cyfrwng, the Institute of Welsh Affairs, New Welsh Reader, Planet Magazine, Theatre Wales and Wales Arts Review.

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### The Bone Pile

**Essays on Nature and Culture**

**Maximilian Werner**

**Summary**

In *The Bone Pile: Essays on Nature and Culture*, author Maximilian Werner uses the vehicles of fly fishing, every day experience, and some of our most sacred rituals to explore the origins and limitations of our behavior and ideas. These essays range from the quasi-mystical to the polemical and from the polemical to the ecological. However different each of these essays may be, together they represent an incisive study of human and nonhuman life and of the environment that unites us.

**Contributor Bio**

Maximilian Werner is the author of four books, including the natural history and memoir *Evolved: Chronicles of a Pleistocene Mind* and the memoir *Gravity Hill*. He is an Assistant Professor in the Department of Writing and Rhetoric Studies at the University of Utah, where he teaches several courses, including Environmental Writing and Writing about War.
Learning with Nature
A How-to Guide to Inspiring Children Through Outdoor Games and Activities
Marina Robb, Victoria Mew, Anna Richardson

Summary
An extensive book of outdoor activities suitable for a wide range of children and environments

Learning with Nature is full of fun activities and games to get children outdoors, to explore, have fun, make things, and learn about nature and help them grow up happy and healthy. Suitable for groups of children between ages 3 and 16, the graded activities help children develop key practical and social skills, awareness of their place in the world, and respect for the natural world, all while enjoying the great outdoors. Written by experienced forest school practitioners, using tried-and-tested games and activities, it provides comprehensive information for enriching children’s learning through nature. The games and activities are clearly categorized, with step-by-step instructions, an age guide, a list of resources needed, and invisible learning points. This book is a unique must-have resource for families, schools, youth groups, and anyone working with children.

Contributor Bio
Marina Robb is the founder and managing director of Circle of Life Rediscovery CIC, a leading outdoor organization. She draws upon many years of working with young people of all ages and backgrounds to create unique and fun learning experiences. Victoria Mew founded Cultivating Curiosity, an organization that works outdoors with people of all ages facilitating deep nature connection. She is also a qualified forest school practitioner. Anna Richardson is teacher of foraging workshops and creates local community projects that enable people to share and learn together to reconnect with nature.

101 Water Wise Ways
Helen Moffett

This book, a "can-do" collection of more than 101 water-wise tips, is a guide to changing your relationship with water. Long-term, immediate, big, small, from the sensible to the quirky, from kitchens to bathrooms, businesses to institutions, there’s something here for everyone.

Three provinces in So...

Summary
This book, a “can-do” collection of more than 101 water-wise tips, is a guide to changing your relationship with water. Long-term, immediate, big, small, from the sensible to the quirky, from kitchens to bathrooms, businesses to institutions, there’s something here for everyone.

Three provinces in South Africa have been declared national disaster zones because of drought, and Cape Town still faces the real possibility of running out of water entirely in the near future.

Contributor Bio
Helen Moffett is an editor, activist and academic. She grew up on farms where water was a precious resource, and now lives in Noordhoek in Cape Town, South Africa. She has authored, co-authored or compiled fifteen books, ranging from university textbooks to cricket to erotica. She blogs about water under the “Green Hat” tab on www.helenmoffett.com.
**All Hell Broke Loose**

*Experiences of Young People During the Armistice Day 1940 Blizzard*

**William H. Hull**

**Summary**

How young people coped with the storm of the century - 59 people died in Minnesota on November 11, 1940 when the worst blizzard ever hit Minnesota unexpectedly. Violet walked from Seven Corners in Minneapolis to 32nd street with snow over her knees, in subzero temperature, with only saddle oxfords and a light wrap. Farmers lost thousands of turkeys - Herb tells of rendering a half million frozen gobblers. Alvin in Warroad barely got his boat back to the dock. Andy and a group of Iron Rangers, preparing for deer hunting the next weekend, spent this weekend struggling through the blizzard, barely saving their lives. Dwight, of Marshall, crawled 200 yards to build a fire for a man about to freeze to death. Sherman kept isolated Albert Lea in touch with the world. Read these stories and many more in *All Hell Broke Loose*, and experience the blizzard.

**Contributor Bio**

**William H. Hull** received a M.A. degree from Southern Methodist University in Dallas, Texas. Later, he moved to Minnesota, where he collected first-hand accounts about the terrible storm of 1940.

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**Wilderness Management**

*Stewardship and Protection of Resources and Values*

**John C. Hendee, Chad P. Dawson**

**Summary**

This revised edition of the 30-year-old classic textbook retains relevant material from earlier editions while embracing new literature, experiences, policies, and approaches that have emerged during the past decade.

**Contributor Bio**

Professor Resource, Recreation, and Tourism, and Director of the University of Idaho Wilderness Research Center, **John C. Hendee** is editor-in-chief of the International Journal of Wilderness and a director of the WILD Foundation. **Chad P. Dawson** is professor of Recreation Resources Management in the College of Environmental Science and Forestry at the State University of New York at Syracuse (ESF-SUNY).
Native Plants of the Sydney Region
From Newcastle to Nowra and West to the Dividing Range
Alan Fairley, Philip Moore

Summary
A completely revised new edition of this classic handbook of native plants found from Newcastle to Nowra. With 1,400 color photographs and its authoritative text, this is a magnificent reference for anyone who loves the Australian bush.

In a handy portable format, *Native Plants of the Sydney Region* is the ideal companion for anyone who wants to put names to the plants they see in the bush.

Covering an area from Newcastle to Nowra, and westwards to the Great Dividing Range, *Native Plants of the Sydney Region* contains plant species from remote areas as well as those common in remnant suburban bushland. Many of the species described are also found along the whole of Australia's east coast and west to the slopes and plains. This book is based on the authors' earlier editions of *Native Plants of the Sydney District*, which became the standard reference for bushwalkers, gardeners, bush care workers, environmentalists, botanists, landscape architects, and students. It has been completely rewritten with descriptions of nearly 1,400 plant species, some only recently discovered, as well as many n...

Contributor Bio
Alan Fairley has published more than 30 nature books, including walking guides and field guides, and has lectured at TAFE colleges on native plant identification. Philip Moore is a retired nuclear scientist with a passion for native flora. He is the author of *A Guide to Plants of Inland Australia*.

Christopher Nyerges, Ed Begley, Jr.

Summary
An array of abundant wild foods is available to hikers, campers, foragers, or anyone interested in living closer to the earth. Written by a leading expert on wild foods and a well-known teacher of survival skills, *Guide to Wild Foods and Useful Plants* is more than a listing of plant types—it teaches how to recognize edible plants and where to find them, their medicinal and nutritional properties, and their growing cycles. This new edition features more than 70 plants found all around the United States along with more than 100 full color photos plus handy leaf, fruit, and seed keys to help readers identify the plants. It also includes fascinating folklore about plants, personal anecdotes about trips and meals, and simple and tasty recipes.

Contributor Bio
Christopher Nyerges is the director of the School of Self-Reliance, where he has taught classes on wild foods and survival skills since 1974. He is an associate editor of *Wilderness Way* and West Coast editor of *Wild Food Forum*. He has published hundreds of articles on wild foods, gardening, self-reliance, and survival skills in *American Survival Guide*, *Whole Life Times*, *Mother Earth News*, *Herbalist*, and many other magazines.
Plant Love
The Scandalous Truth About the Sex Life of Plants
Michael Allaby

Summary
Who knew that bee orchids trick insects into having sex with them, avocado flowers are female one day and male the next, and some flowers are the insect equivalent of nightclubs where males and females meet and mate? Author Mike Allaby reveals more than 200 of nature's most unseemly creations in this sensational exposé. The sexual antics of plants are far more varied than those of people, and plants have preferences and techniques for which we have no equivalent. Being rooted to the spot, many rely on pollinators for assistance—and forget birds and bees, we're talking kangaroos, giraffes, and vampire bats. Botanical illustrations throw light on the gallery of pimps, hookers, and gigolos who may be lurking in your back garden and spice up this compendium of scurrilous botany which—be warned—may shock the worldliest of gardeners.

Contributor Bio
Michael Allaby is the award-winning popular science author of more than 100 books on plants and ecology. He edits science dictionaries for Oxford University Press.

Edible Mushrooms
A Forager's Guide to the Wild Fungi of Britain and Europe
Geoff Dann

Summary
An up-to-date, comprehensive and brilliantly illustrated book on fungi foraging in Britain and Europe. It covers every known edible species, and all the poisonous groups, as well as a few very common species and a handful of mushrooms included for their interesting or unusual characteristics. - Identify edible and poisonous mushrooms. - Distinguish between 'looklike' species. - Know when is the best time and place to hunt for each species. - Identify edible species which should be left alone because they are threatened. Perfect for all ability levels - from absolute beginner to the experienced fungi forager who'd like to become an expert. Each edible species is ranked according to its difficulty/danger level, so beginners can start with the easiest ones, while experienced foragers can learn how to safely forage for the trickier species that other mushroom foraging guides leave out.

Contributor Bio
Geoff Dann is the only full-time fungi-foraging professional in England, an ex-software engineer, who rode the upsurge in interest in mushroom foraging in the UK to turn a long-term passion into a career. In addition to his popular mushroom walks, teaching people about edible and toxic fungi as they come across them in the wild, he also presents guest slots on television and writes articles.
The Wisdom of Trees
Max Adams

Summary
A passionate and informative celebration of trees and of man’s ingenuity in exploiting their resources: the perfect gift for anyone who cares about the natural world.

Trees are marvels of nature, still-standing giants of extraordinary longevity. In a beautifully written sequence of essays, anecdotes, and profiles of species from yew to scots pine, Max Adams explores both the amazing biology of trees and humanity’s relationship with wood and forest across the centuries. Embellished with images from John Evelyn’s classic Sylva (1664), this beautifully designed gift book offers both a natural and a cultural history of trees, and will delight anyone who cares about the natural world and our interaction with it.

Contributor Bio
Max Adams is the author of The Prometheans and The King in the North. He is a teacher of woodland and tree histories and a woodland manager.

A Naturalist's Guide to the Trees of Southeast Asia
Leng Guan Saw

Summary
Photographic identification guide to 286 native and introduced species of tree, shrub and palm most commonly seen in Southeast Asia. High quality images from the region’s top nature photographers including bark, flower and fruit details are accompanied by detailed species descriptions, which include nomenclature, identifying features, distribution and ecology, as well as uses, where relevant. The user-friendly introduction covers climate seasonality, urban habitats, tree diversity in Southeast Asia and an explanation of the classification system.

Contributor Bio
Dr Saw Leng Guan, FASc is the curator of the Penang Botanic Gardens and a Fellow of the Academy of Sciences Malaysia. Before retiring he was the director of the Forest Biodiversity Division of the Forest Research Institute Malaysia. His research interest includes the tropical plants of Malaysia and Southeast Asia, in particular palms. He is also interested in ecology, plant conservation, plant geography and linking science to policy. He currently contributes as editor and author to the Flora of Peninsular Malaysia and Tree Flora of Sabah and Sarawak projects. In 2016, Dr Saw was awarded the Royal Botanic Gardens Edinburgh (RBGE) Medal for his contributions towards botanical research and conservation in Malaysia.
Trees of the World
Tomas Micek, Hans Torwesten

Summary
Travel from Europe, across Africa and the Americas to Australia as you learn about the baobab, the yucca, the dracaena, and many others. The book describes thirty species and genera and contains useful information and distribution maps along with an impressive picture index.

Contributor Bio
Tomas Micek travels the world as a freelance photographer. He specializes in unique nature photography.

Sibley's Common Trees of Eastern North America
David Allen Sibley

Summary
Featuring the most well-known 50 tree species in eastern North America, these high-quality, illustrated posters showcase beautifully rendered paintings designed to highlight the intricate details of each tree. For ease of comparison and identification, reproductions of similar tree types—from magnolia and birch to oak and ash to maple and elm—are grouped together. Using the foothills of the Rocky Mountains as the dividing line for east and west, this informative poster can be used for easy identification of trees found across North America. Printed and packaged using recycled papers, this stunning poster will enhance any tree-lovers’ wall.

Contributor Bio
Sibley's Waterfowl of North America
David Allen Sibley

Summary
Covering an array of more than 45 species of geese, swans, and ducks, this dynamic poster will bring vibrant life to any wall. Reproduced in relative scale, multiple images of each species are shown—including the black-bellied whistling duck, the blue-winged teal, the surf scoter, and the long-tailed duck—to convey the differences in sizes and to make them identifiable in the wild. Birders, art-lovers, and naturalists alike will discover that this high-quality poster is a fine addition to any collection.

Contributor Bio

Tales from the Edge of the Woods
Willem Lange

Summary
"If you live here by choice," Willem Lange writes of the northern New England he's called home for half a century, "you pay your dues, take what you can get, and endure what you have to. It's well worth it."

These eighteen reminiscences, character sketches, and sometimes heart-rending accounts of life...

Contributor Bio
Willem Lange is a short-story writer, commentator and host on Vermont Public Radio and New Hampshire Public Television. He also has a weekly column in The Valley News, the major newspaper in the NH/VT Upper Valley area. In addition to the Yuletide readings of his Christmas story, Favor Johnson, a staple on Public Radio for fifteen years, his annual readings of Charles Dickens’ A Christmas Carol -- on stage, on Vermont
Laurie Penrose

Summary
A Traveller's Guide to 199 Michigan Waterfalls is a must-have resource for visitors and includes maps, descriptions, pictures, history, and directions for getting to the waterfalls. The 30th Anniversary Edition has a new introduction by the author as well as several new waterfalls to visit. For over 30 years, it has been the go-to guidebook for nature enthusiasts, who appreciate the concise directions to each falls.

Contributor Bio
Laurie Penrose was born in Lansing, Michigan, and lives in West Branch. The Penrose family has a deep love for the Great Lakes, and they worked together on this volume as well as several others. Laurie's parents, Bill and Ruth, are avid outdoor photographers, and are responsible for the photographs in this book as well as three other Penrose family books. Her brother Bill brings his attention to detail as he creates the maps found throughout all their guidebooks.

Fragile
Valda Bailey

Summary
I am driven by an exploration of color and form. My objective is to create multi-layered images that depict the subtleties of the landscape around us. I am more concerned with portraying an interpretation than a literal representation of what I see before me. I have found a way of working using multiple exposures and intentional camera movement which helps me simplify the detail in a scene. It is a way of working which is controllable to a certain degree, but still has a great deal of unpredictability about it and it is this aspect which is both challenging and rewarding. Fragility can be conveyed in many ways. It can be expressed with light or shape or color or movement and I hope this diversity is represented here. Paradoxically, fragile elements often appear to embody a tenacity and strength which refers back to the contradictions mentioned above. It is the embodiment of all these characteristics that I have tried to portray in this book.

Contributor Bio
Valda Bailey is a freelance photographer living in Sussex who first became passionate about photography when she was 14. Her approach to photography is greatly informed by her background in painting and her influences come as much from artists as photographers. She has spent time in New York under the expert tutelage of noted street photographer Jay Maisel and has been greatly influenced by his teaching about light, color and gesture. Her work has been featured in broadsheet newspapers, national and international publications and she has recently been invited to teach for Light and Land Photographic Workshops run by Charlie Waite. She has exhibited most recently in London and last summer was the first woman to be invited to join six other photographers to exhibit at the biennial Masters of Vision.
From Dawn to Dusk
Mastering the Light in Landscape Photography
Ross Hoddinott, Mark Bauer

Summary
This photography guide has a unique structure that leads the reader on an hour-by-hour, picture-by-picture journey from dawn to dusk, and then on into the night. Each chapter focuses on the benefits and challenges of shooting in the available light at a particular time of the day, highlighting suitable landscape types, styles of photography and processing techniques of that moment. There are regular “technique” panels to help readers hone their camera skills, and each chapter concludes with an awe-inspiring double-page image that demonstrates the results that are possible—accompanied by an extended caption and a personal anecdote from the photographer.

Contributor Bio
Ross Hoddinott and Mark Bauer are both award-winning professional photographers, and this is their third practical, hands-on guide to landscape photography, after The Art of Landscape Photography and The Landscape Photography Workshop.

Texas
Tanya Lloyd Kyi

From the first 17th-century Spanish missions to Johnson Space Center’s mission control, no other state exemplifies the independent spirit of the frontier more than Texas. It’s the largest state in the continental US, hosting 11 different distinct ecological regions, from desert valleys to wooded mo...

Summary
From the first 17th-century Spanish missions to Johnson Space Center’s mission control, no other state exemplifies the independent spirit of the frontier more than Texas. It’s the largest state in the continental US, hosting 11 different distinct ecological regions, from desert valleys to wooded mountain slopes. Explore the brush country of the Rio Grande and step among the yucca and cacti of the south Texan desert. Walk through the dusty forts and settlements of the Big Bend and ride horseback through a ranch larger than all of Rhode Island. See the Lone Star State in this photographic tribute of everything from the High Plains to the Gulf Coast.

Contributor Bio
Tanya Lloyd Kyi is a freelance graphic designer and writer. She grew up in Creston, British Columbia, but now lives in Vancouver.
Composition in the Landscape
An Inspirational and Technical Guide for Photographers
Peter Watson

Summary
All the knowledge you need to compose stunning digital landscape photographs

The landscape is not only endlessly varied it is also constantly changing, and this is what makes it such a fascinating and challenging subject. Using a fabulous collection of landscape photography, Peter Watson gives you both the inspiration and knowledge you need to compose stunning digital photographs. Starting with an explanation of what makes a good landscape for photography, the book guides you through picking the best viewpoint, using the light to your advantage and creating depth and impact. The book features 260 color photos with captions that include all the technical information.

Contributor Bio
Peter Watson is a contributing photographer to several image libraries and his work appears extensively in books, magazines, and calendars, as well as on greeting cards and in exhibitions. He is the author of Capturing the Light and Light in the Landscape.

Mastering Landscape Photography
David Taylor

Summary
The definitive guide to capturing beautiful and compelling images outdoors

Landscape photography can be a solitary experience, but award-winning landscape photographer David Taylor believes creativity requires a certain amount of peaceful contemplation to flourish. What skills or requirements, therefore, does a successful landscape photographer need? An ability not to mind getting cold or wet is one that springs to immediately to mind, but a landscape photographer also has to understand how the weather and the seasons affect the landscape. Navigational skills are useful to find potential subjects. Above all, empathy for the natural world is a prerequisite. Beginning with a comprehensive guide to the choice of cameras, lenses, and other equipment and accessories, Taylor goes on to discuss the fundamentals of exposure—aperture, shutter speed, ISO, dynamic range—and an appreciation of the effects of light on the landscape, at various times of the day and in all types of weather. Practical advice on planning for an outdoor shoot covers the basics of assembling a travel kit, using maps and...

Contributor Bio
David Taylor is an award-winning landscape and travel photographer.
Masters of Landscape Photography
Ross Hoddinott

Summary
Landscape photography is one of the most popular genres for amateur photographers. Mastering the genre, however, takes time: time to perfect exposure, color, composition, and—perhaps above all else—the ability to see and record the landscape in a way that will make your photographs stand above the rest. This guide delves into the world of 16 leading lights, each with their own unique take on how, where, and why the landscape should be recorded. Through probing interviews and beautifully reproduced images, the reader is given an insight into the artist’s working practices, from equipment to techniques. Glorious color photographs sit beside atmospheric monochrome, the latest digital techniques rub shoulders with traditional film-based imaging, and conventional landscape mores are countered by experimental artworks, guaranteeing something to inspire every reader. Contributors include Marc Adamus, Valda Bailey, Sandra Bartocha, Mark Bauer, Thierry Bornier, Jonathan Chritchley, Joe Cornish, Ross Hoddinott, Daniel Kordan, Mikko Lagerstedt, Tom Mackie, David Noton, Colin Prior, Hans Strand,...

Contributor Bio
Ross Hoddinott has won Young Wildlife Photographer of the Year and British Wildlife Photographer of the Year. His books include Digital Exposure Handbook, The Art of Landscape Photography, and Digital Macro Photography.

The Art of Landscape Photography
Ross Hoddinott, Mark Bauer

Summary
Showcases the principles of composition and aesthetic design, with numerous examples to illustrate the compositional points being discussed

There are many general titles on landscape photography, but few that really tackle the issue of composition in great depth. This guide assumes a good working knowledge of the technical basics—such as correct exposure, filtration, and sharpness—and concentrates on the “heart and soul” of landscape photography: the principles of composition and aesthetic design to convey meaning and emotion. While technique is not ignored, the emphasis is on how it impacts on the aesthetics of the image—for example, using filtration to enhance the mood of a scene rather than simply to balance the extremes of contrast. Because of the nature of the subject matter, this is very much a picture-led book, with numerous example pictures to illustrate the compositional points being discussed. At the back of the book there will be thumbnails of all the pictures used, with a summary of the technical details—camera, lens, ISO, shutter speed, aperture, filtration—to ensure that...

Contributor Bio
Mark Bauer is a regular contributor to photographic press, currently writing for Digital SLR magazine, Photography Monthly and Landscape Photography. He has written three books and is also a multi-award winner in the prestigious Landscape Photographer of the Year competition. Ross Hoddinott is a regular contributor to a number of magazines, including Outdoor Photography and Digital SLR Photography. He has enjoyed multiple successes in the prestigious Wildlife Photographer of the Year competition and in 2008 was on the judging panel. In 2009, Ross was named British Wildlife Photographer of the Year at the annual BWPA awards. Ross is the author of five photography books.
The Landscape Photography Workshop
Mark Bauer, Ross Hoddinott

Summary
Learn the art of capturing awe-inspiring landscape shots with this workshop within a book

Two leading landscape photographers come together to share their wealth of experience and teaching skills in this new title. This book aims to take the reader from the very basics of equipment and exposure through to advanced techniques. Landscape essentials, such as composition and filtration, are covered in depth and explained in a precise yet easy-to-understand manner. This book also has chapters dedicated to post-processing and printing, enabling the reader to go successfully from camera to print, plus a number of practical assignments to encourage development. Frequently asked questions are answered in an informal, jargon-free tone, and numerous color photographs, simple practical exercises, and tips and techniques round out this essential tome on landscape photography best practices.

Contributor Bio
Mark Bauer is rapidly establishing a reputation as one of the UK’s leading landscape photographers. He is a regular contributor to photographic press, currently writing for Digital SLR magazine, Photography Monthly and Landscape Photography. He has written three books and is also a multi-award winner in the prestigious Landscape Photographer of the Year competition. Ross Hoddinott is one of the UK’s leading outdoor photographers. He is a regular contributor to a number of magazines, including Outdoor Photography and Digital SLR Photography. He has enjoyed multiple successes in the prestigious Wildlife Photographer of the Year competition and in 2008 was on the judging panel. In 2009, Ross was named British Wildlife Photographer of the Year at the annual BWPA awards. Ross is the author of five photography books.

Massapequa: A Pictorial History Through The Eyes of Baby Boomers
Rich Klein, Lisa Glass Fiebert

Summary
Two photographers who met in their 1967 kindergarten class and who remained schoolmates through their high school graduation in 1979, reunited 30 years later to work on Massapequa: A Pictorial History Though The Eyes of Baby Boomers. Co-authors Rich Klein and Lisa Glass-Fiebert had a simple vision for the book: to dramatically capture through their camera lenses the places around Massapequa and Massapequa Park that baby boomers would most identify with: where they went to school, where they ate and shopped, where they prayed and where they played. Aside from the photos shot by Glass-Fiebert and Klein, the book includes some nostalgic photos culled from other alum. There is a section of essays from noted Pequa alumni, including journalists Steven Greenhouse of The New York Times and Carol Sottili of The Washington Post; authors Betsy Israel and Tom Terwilliger, who was Mr. America; musician Wade Preston, the lead in the Broadway show “Movin’ Out”, and world renowned wrestling coach, Al Bevilacqua, who taught Seinfeld how to drive and who advised Tom Cruise for his wrestling scenes in ...
The Ultimate Guide to Digital Nature Photography

The Mountain Trail Photo Team

Summary

Today's digital cameras are wonderful creative tools for nature photographers, but they can be a challenge to master—a problem that is thoroughly solved by the lessons provided in this guide by 10 of the most respected nature photographers in America. Representing the knowledge of professionals who have produced photography books and calendars, worked for nature magazines, and taught hundreds of photography workshop students, the book offers a step-by-step approach to improve both artistic vision and technical skills. Topics covered include equipment selection, use of digital functions, tips for capturing natural light, rules of composition, and special effects. Practical advice about launching a full-time nature photography career is also included.

Contributor Bio

The Mountain Trail Photo Team is made up of 10 of the most talented and respected nature photographers in the nation: Marc Adamus, Richard Bernabe, Jim Clark, Jerry Greer, Bill Lea, Ian Plant, Joseph Rossbach, George Stocking, Nye Simmons, and Guy Tal.

Lessons in Landscape

80 Techniques for Taking Better Photographs

Peter Watson

Summary

If you have ever wondered how the top photographers manage to produce such stunning landscapes, this book has all the answers. It presents a collection of 80 practical lessons that have been tried and tested in the field. Tips and techniques are provided to help you choose the right equipment and use it correctly in every situation. You will learn the essentials of composition, practice professional methods for observing the landscape creatively, and discover how to use light to maximum effect. A number of simple post-processing adjustments are also explained. These are easy to undertake and will enable you to fine-tune your photographs and boost their appearance without spoiling their integrity: creating processed landscape images that have impact yet remain authentic.

Contributor Bio

Peter Watson is a contributing photographer to several image libraries and his work appears extensively in books, magazines and calendars, as well as on greeting cards and in exhibitions. He is the author of Views Across the Landscape and Composition in the Landscape.
**A Line in the Tar Sands**  
*Struggles for Environmental Justice*  
Toban Black, Stephen D'Arcy, Tony Weis, Joshua Kahn...

**Summary**

The fight over the tar sands in North America is among the epic environmental and social justice battles of our time, and one of the first that has managed to marry quite explicitly concern for frontline communities and immediate local hazards with fear for the future of the entire planet. Tar sands “development” comes with an enormous environmental and human cost. But tar sands opponents—fighting a powerful international industry—are likened to terrorists; government environmental scientists are muzzled; and public hearings are concealed and rushed. Yet, despite the formidable political and economic power behind the tar sands, many opponents are actively building international networks of resistance, challenging pipeline plans while resisting threats to Indigenous sovereignty and democratic participation. Including leading voices involved in the struggle against the tar sands, *A Line in the Tar Sands* offers a critical analysis of the impact of the tar sands and the challenges opponents face in their efforts to organize effective resistance. Contributors include Angela Carter, Bill M…

**Contributor Bio**

**Toban Black** is a community organizer and a PhD candidate in sociology at the University of Western Ontario, with research focused on environmental justice, the political economy of energy systems, and theories of social change. **Stephen D’Arcy** is an associate professor and chair in the department of philosophy at Huron University College. He is the author of *Languages of the Unheard: The Ethics of Militant Protest*. **Tony Weis** is an associate professor in geography at the University of Western Ontario. He is the author of *The Global Food Economy: The Battle for the Future of Farming and The Ecological Hoofprint: The Global Burden of Industrial Livestock*. They all live in London, Ontario. **Joshua Kahn Russell** is the U.S. Actions Coordinator and trainings program manager for 350.org, a trainer with the Ruckus Society, and coauthor of *Organizing Cools the Planet*. He lives in Berkeley, California. **Naomi Klein** is an award-winning journalist, syndicated columnist, and author of the international bestseller, *The Shock Doctrine: The Rise of Disaster Capitalism*. Her first book *No Logo: Taking Aim*…

**Organizing Cools the Planet**  
*Tools and Reflections on Navigating the Climate Crisis*  
Joshua Kahn, Hilary Moore

**Summary**

*Organizing Cools The Planet* weaves together stories, analysis, organizing tools, and provocative questions, to offer a snapshot of U.S. climate activism and provide pathways for readers to participate in it. Authors share hard lessons learned, reflect on strategy, and grapple with the challenges of their roles as organizers who do not come from “frontline” communities, but work to amplify and build a climate justice movement led by low-income people, communities of color, Indigenous, youth and other constituencies most directly impacted by the crisis. Rooted in the authors’ experiences organizing in local, national, and international arenas, this pamphlet grapples with the challenges and overwhelming odds young activists face today. *Organizing Cools the Planet* challenges readers to look at the scale of ecological collapse with open eyes, without falling prey to disempowering doomsday narratives. It asks key pressing questions for those who wish to take our generational challenge seriously. This pamphlet is for anyone who wants to build a movement with the resiliency to navigate one o…

**Contributor Bio**

**Joshua Kahn Russell** is a strategy and non-violent direct action trainer with the Ruckus Society, and serves communities impacted by fossil fuel extraction. He works internationally with the Climate Justice Now! network to bring justice to the United Nations Framework Convention on Climate Change and has been a leading voice in the International Youth Climate Movement. Joshua spent four years as Rainforest Action Network’s Grassroots Actions Manager, campaigning to end our addiction to coal and oil. His articles have appeared in *Yes! Magazine*, Left Turn Magazine, Peacework Magazine, Upping the Anti, and Z Magazine. **Hilary Moore** is a core organizer with Rising Tide Bay Area, a grassroots all-volunteer organization focused on direct action and education to confront the root causes of climate change. She is a founding organizer of the Mobilization for Climate Justice-West, a grassroots coalition of advocacy, community-based, and direct action organizations in the Bay Area dedicated to keeping frontline communities at the forefront of the struggle. She is finishing a graduate degree with …
**The End**

**What Science and Religion Tell Us about the Apocalypse**

Phil Torres, Russell Blackford

**Summary**

We live in a genuinely unique period of human history, one in which the alarmist's hackneyed warning that "The end is near!" could actually come true. The world is cluttered with increasingly powerful advanced technologies. Global warming and biodiversity loss are unchecked catastrophes that will likely push society to the brink of collapse. How are we to respond to this situation? What can we do to maximize the probability of a positive outcome for our species? *The End* surveys the expanding wilderness of big-picture hazards before us. It offers a comprehensive and detailed analysis of our evolving existential predicament, which includes risks from synthetic biology, nanotechnology, nuclear weaponry, and (possibly, soon) superintelligence. But understanding the science of risks isn't enough to effectively mitigate them: one must also understand the social, political, and especially religious contexts in which advanced technologies are being developed. *The End* provides this knowledge by showing how faith-based belief in religious eschatologies (or end-times narratives) is inching us e...

**Contributor Bio**

**Phil Torres** is a philosopher who writes about emerging technologies, existential risks, and religious eschatology. He's published articles in a wide range of academic journals, is a regular contributor at the Institute for Ethics and Emerging Technologies, and is the author of *A Crisis of Faith: Atheism, Emerging Technologies, and the Future of Humanity*. He lives in Carrboro, North Carolina. Russell Blackford is an Australian philosopher, literary critic, and writer.

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**Spiritual Ecology**

**10 Practices to Reawaken the Sacred in Everyday Life**

Llewellyn Vaughan-Lee, Hilary Hart

**Summary**

*Spiritual Ecology: 10 Practices to Reawaken the Sacred in Everyday Life* offers inspiring and practical guidance for reconnecting to the sacred in everyday life and transforming our relationship with the Earth. Describing the power of simple, daily practices such as Walking, Gardening, Cooking with Love, and Prayer, this small book supports profound changes in how we think about and respond to the ecological crisis of our times.

*Spiritual Ecology: 10 Practices to Reawaken the Sacred in Everyday Life* follows our groundbreaking *Spiritual Ecology: The Cry of the Earth*, now in its second edition, which included spiritual perspectives on climate change, species loss, deforestation, and other aspects of our present environmental crises from renowned spiritual teachers, scientists, and indigenous leaders. That book drew an overwhelmingly positive reaction from readers, many of whom are asking: “What can I do?”

*Spiritual Ecology: 10 Practices to Reawaken the Sacred in Everyday Life* answers that question with inspiring, personal anecdotes from the author – Sufi teacher Llewellyn Vaughan-Lee – a...

**Contributor Bio**

**Llewellyn Vaughan-Lee** is a Sufi teacher who has lectured extensively throughout the United States, Canada, and Europe. He is the founder of the Golden Sufi Center and is the author of more than 20 books, including *For Love of the Real, Return of the Feminine and the World Soul*, and *Prayer of the Heart*. **Hilary Hart** is a writer and editor. She is the author of *The Unknown She*.
Introducing Meteorology
A Guide to the Weather
Jon Shonk

Introducing Meteorology provides a succinct overview of the science of the. The initial chapters describe the development of the science, the atmosphere and the forces which govern the weather. The author then discusses weather influences at global and local scales before describing the science of w...

Summary
In many parts of the world the weather forms a daily topic of conversation, In others it hardly changes from one week to the next. However, human life is governed by the weather which affects much of our activity, from farming to fishing and from shopping to holiday-making. Introducing Meteorology has been written to provide a succinct overview of the science of the weather for students and for interested amateurs wanting a topical guide to this complex science. The initial chapters describe the development of the science, the atmosphere and the forces which govern the weather. The author then discusses weather influences at global and local scales before describing the science of weather forecasting. Copiously illustrated, this book is intended for those whose interest in meteorology has been stimulated, perhaps by media coverage of dramatic weather events, and who want to know more. Technical terms are kept to a minimum and are explained in a glossary.

Contributor Bio
Dr Jon Shonk is a researcher in the Department of Meteorology at the university of Reading, one of the leading meteorology centres in the world.

Sedimentary Structures (4th Edition)
John Collinson, Nigel Mountney

Completely revised new edition, in colour for the first time, of an established textbook in sedimentology.

Summary
Now enhanced with colour photographs and illustrations, this thoroughly revised fourth edition of Sedimentary Structures enhances its status as a major textbook in geology. Since its first publication in 1982, Sedimentary Structures has established and maintained itself as a pre-eminent resource that sets out a clear methodology and philosophy for understanding present-day sediments and sedimentary rocks as the product of dynamic processes. The fourth edition of this classic textbook introduces erosional, depositional and post-depositional sedimentary processes in an easily accessible way. It shows how sedimentary structures can be interpreted, across a wide range of scales, in terms of those processes.

Sedimentary structures produced by erosion, deposition and post-depositional change are all clearly explained and related to the processes that formed them. Hydrodynamic and aerodynamic controls on the development of subaqueous and aeolian bedforms are discussed, as are the styles of deformation to which sediments can be subjected after deposition. Structures that characterize depositio...

Contributor Bio
John Collinson, formerly Professor of Sedimentology at the University of Bergen, Norway, and until recently ran his own geological consultancy. Nigel Mountney is Professor of Sedimentology in the School of Earth and Environment at the University of Leeds where he is the Director of the Fluvial & Eolian Research Group; additionally, he is a former Chief Editor of Sedimentology, a leading academic journal.
**The Ocean Book**

How endangered are our seas?
Esther Gonstalla

**Summary**

*The Ocean Book* is full of easy-to-read, beautiful infographics that present the key issues facing our oceans. Rising sea levels, growing rubbish patches, and overfishing are putting our oceans in grave danger. Though we love our oceans, we must learn to cherish them. This book will help readers realize how we cause the problems and how we can solve them.

**Contributor Bio**

**Esther Gonstalla**, award-winning designer of *The Atom Book*, is much in demand for her use of infographics to make facts beautiful. She counts National Geographic among her many clients.

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**Meant to Be Wild**

The Struggle to Save Endangered Species through Captive Breeding
Jan DeBlieu

**Summary**

Jan DeBlieu's landmark work on captive breeding is a riveting analysis of one of the most controversial issues of our time.

**Contributor Bio**

Jan DeBlieu first became interested in ecology and conservation while attending the University of Delaware. During the past 20 years, her articles have appeared in newspapers and magazines across the country. In the course of her work she has traveled extensively across North America and has spent time with wildlife biologist in the United States, Central America, and the Caribbean.
Love, Sex & Mushrooms
Adventures of a Woman in Science
Cardy Raper

This fully-illustrated book is intended for lay readers, including scientists who are unfamiliar with fungi. Scientific jargon is avoided whenever possible. Numerous illustrations are included to enhance the text. The personal story woven into this memoir includes in-depth descriptions of associates...

Summary
When a young girl, Cardy Raper told her mother, “When I grow up I want to be a scientist and make grand discoveries!” Her mother responded, “You could become a nurse.” Science was a man’s world then. Cardy refused to take “no” for an answer.

Her dream seemed attainable when she met her mentor, Professor John “Red” Raper at the University of Chicago who said “Yes, you can be a scientist!” They became soul mates, fell in love, married, and moved to Harvard, and did research together on the versatile sex life of fungi.

Red’s untimely death left Cardy alone in the competitive world of cutting-edge science. She carried on, obtained a doctoral degree, and established her own laboratory where she conducted pioneering research on the genetic and molecular determinants of sexual reproduction in a mushroom-bearing fungus with 20,000 different sexes. This fungus has served as a model organism for exploring the way in which sensing molecules, such as pheromones, function to communicate in more complex organisms.

Contributor Bio
Cardy Raper received a Masters in Science degree from The University of Chicago and a PhD from Harvard University. She has been extensively published in national and international scientific journals and was named a University of Vermont Research Professor Emerita in Microbiology and Molecular Genetics. She was recently honored by being elected Fellow of the American Association for the Advancement of Science. She is the author of A Woman of Science: An Extraordinary Journey of Love, Discovery, and the Sex Life of Mushrooms.

Portraits of Trees of Hong Kong and Southern China
Sally Bunker, Chun Chiu Pang, Richard Sanders

Summary
Hong Kong possesses an impressively diverse tree flora with 390 native species. This book celebrates the incredible diversity, beauty, and biology of the territory’s tree species, highlighting over 100 important species that are individually illustrated in exquisitely detailed watercolour paintings by Sally Grace Bunker, an acclaimed botanical artist. The illustrations are accompanied by text that teases out a diversity of associated narratives for each species, ranging from the history of global exploration and scientific discoveries, the ecology and biology of each species, and the various ways in which they have been utilized and their cultural associations.

Contributor Bio
Richard M. K. Saunders is a Professor of Biology at the University of Hong Kong. Chun-Chiu Pang is currently a Post-doctoral Fellow at the University of Hong Kong. Sally Bunker is a full member and a higher diploma holder of the Society of Botanical Artists (UK).
A Naturalist's Guide to the Flowers of Sri Lanka
Gehan de Silva Wijeyeratne

Summary
Photographic identification guide to the 280 flower species most commonly seen in Sri Lanka which is perfect for resident and visitor alike. Over 300 high quality photographs from Sri Lanka's top nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution and habitat. The user-friendly introduction covers geography and climate, the different habitats and flower structure. Also included is a complete checklist of the flowers of Sri Lanka

Contributor Bio
Gehan de Silva Wijeyeratne is one of Sri Lanka's most high profile wildlife personalities. Gehan graduated in Civil Engineering from the Imperial College of Science, Technology & Medicine. He went on to qualify as a Chartered Accountant in London and become a risk management specialist in banking. He is passionate about Sri Lanka's natural history and has authored and photographed over 300 articles for national and international newspapers and magazines on Sri Lankan biodiversity, travel and bus

Wild Flowers of the Mediterranean
Peter and Ingrid Schoenfelder

Summary
The plant world of the Mediterranean region is remarkable for its great diversity of species and forms. This user-friendly pocket nature guide is organized by colour to help identify over 500 commonly seen flowers, shrubs, trees, grasses and ferns. Detailed descriptions give the common and scientific names as well as the flowering time. They also provide information on characteristic features, occurrence and distribution.

As an extra at-a-glance aid over 45 eye-catching ornamental plants are featured on the flaps.

Contributor Bio
Ingrid and Peter Schönfelderare a husband-and-wife team: Ingrid studied pharmacy and Peter biology and geography. Peter Schönfelder lectures in botany at the University of Regensburg in Germany.
**Rooted in the Earth**

*Reclaiming the African American Environmental Heritage*

Dianne D. Glave

**Summary**

Crossing the ocean on a slave ship, working the land under threat of violence, eluding racists in nighttime chases through moonless fields and woodlands, stumbling across a murder victim hanging from a tree—these are images associated with the African American experience of nature. Over the decades, many African Americans have come to accept that natural areas are dangerous. Unfamiliar with the culture’s rich environmental heritage, people overlook the knowledge and skills required at every turn in black history: thriving in natural settings in ancestral African lands, using and discovering farming techniques to survive during slavery and Reconstruction, and navigating escape routes to freedom, all of which required remarkable outdoor talents and a level of expertise far beyond what's needed to hike or camp in a national forest or park. In *Rooted in the Earth*, environmental historian Dianne D. Glave overturns the stereotype that a meaningful attachment to nature and the outdoors is contrary to the black experience. In tracing the history of African Americans’ relationship...

**Contributor Bio**

**Dianne D. Glave** teaches in the department of history at Morehouse College. She is the coeditor of *To Love the Wind and the Rain: African Americans and Environmental History.*

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**The Order of the Trees**

Katy Farber

Found as a baby, on a bed of moss under an old growth tree, Cedar’s beginning was a mystery. As she began her sixth grade year, Cedar resembled her namesake with her wild mane of brown hair, her sinewy body, and deer-like eyes. She makes her first true friend, a new student, Phillip, with whom she s...

**Summary**

Found as a baby, on a bed of moss under an old growth tree, Cedar’s beginning was a mystery. As she began her sixth grade year, Cedar resembled her namesake with her wild mane of brown hair, her sinewy body, and deer-like eyes. She makes her first true friend, a new student, Phillip, with whom she shares her special woodland spot along with the gifts it brings.

When Cedar falls suddenly ill, Phillip discovers that her health is connected to the fate of the forest where she was found. Their special woods are threatened by an impending development, so they create a plan to save it which includes a hospital, a getaway car, and a protest.

**Contributor Bio**

Katy Farber is a professional development coordinator, author, and blogger from Vermont. She writes about education, parenting, the environment and sustainability for various websites and publications. Her middle grade novel, *The Order of the Trees* (Green Writers Press 2015), was an Honor Book in the Nature Generation’s Green Earth Book Awards. katyfarber.com
**Wild Ocean**

*Sharks, Whales, Rays, and Other Endangered Sea Creatures*

Matt Dembicki

The first graphic anthology about endangered sea creatures.

**Summary**

The world’s oceans represent the last wild frontier on Earth. In this graphic novel collection, Matt Dembicki, editor and artist of the award-winning *Trickster*, pulls together stories of twelve iconic endangered sea animals. Produced in cooperation with the non-profit PangeaSeed, these compelling scientific vignettes also educate and foster a passion to conserve the oceans’ resources.

**Contributor Bio**

**Matt Dembicki** previously edited and contributed to the Eisner-nominated and Aesop Prize-winning *Trickster: Native American Tales: A Graphic Collection*. He also served at the helm of *District Comics: An Unconventional History of Washington, D.C.*, an Harvey Award-nominated anthology that was named as one of the best books of 2012 by the *Washington Post*.

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**Collins Student Atlas (6th Edition)**

Collins UK

**Summary**

The *Collins Student Atlas* has been specifically designed for students aged 14-16, but its well-researched and uncluttered design makes it suitable for all students. It features up-to-date reference and thematic mapping, mapping skills, country-by-country statistics and a fully comprehensive index to all names appearing on reference maps. Thematic maps and accompanying graphs and tables cover topics such as Tourism, Telecommunications, Environmental and socio-economic topics. All maps have been fully updated using the latest statistical information available. The inclusion of a selective list of web addresses on each thematic page motivates students to explore more deeply into a topic. High quality satellite imagery, selectively used within special topic or study areas, supports data on the maps and is used to illustrate key environmental issues. Extensive lists of statistics for demographic and socio-economic facts provide up-to-date data for students wishing to create their own graphs to support individual geography, tourism, mathematics, economics or IT projects. New features: Deve...

**Contributor Bio**

Explore the world through accurate and up-to-date mapping with *Collins UK*. 
Enough Apples
Kim Kane, Lucia Masciullo

Summary
When an orchardist’s apple trees are crowded out by looming development, he learns how to transform his altered world so he can continue to bake the perfect apple pie. An inspiring story about urban greening and creative adaptation to change.

Contributor Bio
Kim Kane is an award-winning author whose books include Esther’s Rainbow, Family Forest, and The Unexpected Crocodile. Lucia Masciullo is an illustrator whose work includes The Ballad of Henry Hoplingsea and Together Always.

Where Do Recyclable Materials Go?
Read Think Recycle
Sabbithry Persad

Summary
Winner, Mom’s Choice Silver Award

After their dog Bubbles chases after the recycling truck, Tiana and her family set off on a search to the Materials Recovery Facility, learning about recycling along the way. Exploring the MRF on their adventure, they see how papers, plastics, metals, and glass are collected, sorted, and baled, and then sent to be made into new products. Based on facts about the process of recycling in industrial countries, this book will help children understand the importance of recycling to save natural resources, as well as how they can take action in their own communities.

Contributor Bio
Sabbithry Persad is the author of Operation: Reuse It! and We Can Reduce: Precycle It! She lives in Orlando, Florida.
TuTu Goes Green
Tulani Thomas

Summary
In this fun and engaging book, an adorable little girl named TuTu sets out on a quest to spread the message of how children can contribute to saving the environment. Children will learn how small changes to their daily routines such as recycling old notebooks, turning out the lights, and using reusable shopping bags can play a huge role in helping the environment. Vibrant and colorful illustrations help make often difficult terms and topics more digestible and easy to understand.

Contributor Bio
Tulani Thomas is a former CPA and corporate attorney and is currently a mother of two. She lives in South Orange, New Jersey.

The Shooing Cave
Ingrid Lee, Johnny Hollick

Summary
A brave boy explores a dark cave. When he encounters the mysterious Stark, he tries to ignore it and shoo it away. But amid the wonders of the cave, the curious Stark keeps showing up, until the boy can ignore him no longer. In recounting the story of a fantastic cave creature, a father explains the features of a karst cave to his little boy. A short addendum describes and defines cave features, with photographs.

Contributor Bio
Ingrid Lee is a writer of fiction and nonfiction for young people, whose books have been translated into multiple languages. When she is not writing or exploring, she teaches art and English. Johnny Hollick is a mixed media artist and performer from Toronto and a graduate of the University of Toronto Fine Arts program. His paintings and multimedia performances have been featured in galleries and elsewhere. Presently, his work is largely collage-based, generated digitally from textures, then reworked physically with scissors and wit.
A-Maze-ing Natural Phenomena
Discover the Science in Nature
Eryl Nash, Sarah Dennis

Summary
Uncover the magic in nature and be inspired by the science behind these seven natural phenomena. From rainbows and volcanoes, to bioluminescent waves and flowers flourishing in dry, arid deserts, the world around us never ceases to amaze. Young explorers will read step-by-step, scientific explanations and then explore the phenomena through the exciting mazes.

Contributor Bio
Eryl Nash is a children's book author and editor with expertise in communicating science to young readers. Sarah Dennis illustrated The Year We Fell Apart by Emily Martin.

Sticker Play Scene: Woods & Forests
Andrea Pinnington, Caz Buckingham

Summary
Encourage imaginative play and help children learn about nature, woods, and forests with this on-the-go activity pack

Inside this pack is a fold-out play scene, two sticker sheets, and a simple identification guide to help children learn about woods and forests. It helps develop imaginative play skills and offers more than the usual packs of stickers.

Contributor Bio
Caz Buckingham trained as an illustrator and graphic designer. She worked for more than 20 years for large corporate publishers before setting up Fine Feather Press with her business partner, Andrea Pinnington. Caz's distinctive designs and illustrations are a combination of artwork and photography that draw children into the world of plants and animals. Andrea Pinnington is the author of numerous children's activity books, including Animals, My Body, and The Princess Creativity Book. Caz and Andrea take all the photographs for their books. This provides the inspiration for their titles, which are designed to give parents the tools with which to engage their children with nature.
Let's Look for Trees
A Spot & Learn, Stick & Play Book
Andrea Pinnington, Caz Buckingham

Summary
Get children outside with these fun activities which form the perfect introduction to trees

Get children outside with this fun activity book that forms the perfect introduction to the majestic world of trees. Being able to recognize even a few trees is a skill that will stay with children for life. There are two spreads devoted to easy and hard trees to spot that shows the leaves, flowers, and fruits where appropriate, and where children can tick off the things they see. Two final pages focus on the life cycle of the oak tree and the seasons of the year in keeping with many science school curricula. When children have finished trying to find different trees, they can have fun playing with the stickers on the fold-out woodland play scene at the back.

Contributor Bio
Caz Buckingham is an illustrator and graphic designer. She worked for more than 20 years for large corporate publishers before setting up Fine Feather Press with her business partner, Andrea Pinnington. Caz's distinctive designs and illustrations are a combination of artwork and photography that draw children into the world of plants and animals. Andrea Pinnington is the author of numerous children's activity books, including Animals, My Body, and The Princess Creativity Book. Caz and Andrea take all the photographs for their books.

Let's Look in Woods & Forests
A Spot & Learn, Stick & Play Book
Andrea Pinnington, Caz Buckingham

Summary
Get children outside with these fun activities which form the perfect introduction to forests

Woods and forests are exciting and mysterious places, and this book forms the perfect first introduction to the topic. It takes a look at the most common woodland plants and animals, and is ideal for getting children outside and giving them something fun to do. It includes a general introduction to this habitat, an array of fascinating facts, a guide to the most common leaf shapes, and a look at the food that forests provide. At the heart of the book lies the easy and hard "what can you spot?" pages with a colorful picture gallery of woodland life to find and tick off. When children aren't out and about looking for things, there are 30 stickers to use on the fold-out woodland play scene at the back of the book.

Contributor Bio
Caz Buckingham trained as an illustrator and graphic designer. She worked for more than 20 years for large corporate publishers before setting up Fine Feather Press with her business partner, Andrea Pinnington. Caz's distinctive designs and illustrations are a combination of artwork and photography that draw children into the world of plants and animals. Andrea Pinnington is the author of numerous children's activity books, including Animals, My Body, and The Princess Creativity Book. Caz and Andrea take all the photographs for their books. This provides the inspiration for their titles, which are designed to give parents the tools with which to engage their children with nature.
Things, Natural, Wild, and Free
The Life of Aldo Leopold
Marybeth Lorbiecki

A biography in story form following the life of one of the most well-known conservationists in American history.

Summary
Adventure — as a child Aldo Leopold was always looking for it as he wandered over the bluffs along the Mississippi with his dog, Spud. This led Leopold to become a forester, wildlife scientist, author, and one of the most important conservationists in history. Award-winning author Marybeth Lorbiecki brings Leopold to life in this vivid new biography with historical photographs.

Contributor Bio
Marybeth Lorbiecki, M.A., is author of more than 25 books for children and adults, most of them award-winners, and she teaches upper level college writing and the study of children's literature as an adjunct university professor. Like her hero Aldo Leopold, her works often explore the relationships of people to each other and to the natural world. Her adult biography, Aldo Leopold: A Fierce Green Fire, earned a Minnesota Book Award and a Distinguished Contribution to History Award from the State Historical Society of Wisconsin.

Walking with Henry
The Life and Works of Henry David Thoreau
Thomas Locker

Discover Thoreau's Truth, Beauty and Goodness through nature inspired illustrations.

Summary
Footstep by footstep, this wonderous introduction to the poet-philosopher offers readers of all ages the chance to understand Thoreau's belief that wilderness offers truth, beauty, and goodness to us all. He was a serious field biologist who studied nature, but also a man who showed us that nature was more than facts to be assembled, arranged, and measured.

Contributor Bio
Thomas Locker has illustrated more than 30 books, many of which he has written, including Skytree, Walking with Henry, John Muir, Hudson: The Story of a River, and Rembrandt and Titus. His books have received many awards, including the Christopher Award, the Knickerbocker Lifetime Achievement Award, the John Burroughs Award, and the New York Times Award for best illustration.
Rubbish & Recycling
Harriet Brundle

Summary
More than ever, we need to think about the ways our actions affect the environment. This exciting and engaging series explains how we can consider our impact on Planet Earth and suggests ways we can help to protect our planet. What is rubbish? Why is recycling important? How does a tin can become a bike? All these questions and more are discussed here, in this interesting and child-friendly look at rubbish and recycling in the 21st century.

Contributor Bio
Harriet Brundle is an up and coming non-fiction author whose first book was published in 2014. Since then she has been a full-time author and has over 30 books published on a diverse range of subjects, from racism to science, geography and religion.

The Bicycle Fence (New edition)
Recycling Creatively with L.T.
Tom Noll, Brandon Fall

Summary
Little Tommy is not so little any more. He has outgrown his shoes, clothes and bicycle all in one summer! L.T. (as he is now called) longs for a brand new bike, but when his father builds him one from recycled junkyard parts, L.T. is embarrassed to ride it to school. Can he come up with a creative i...

ABOUT THE SERIES: "Trash to Treasure" Series * Recycling Creatively with L.T.

Gold Mom’s Choice Award® Winners for Children’s Picture Books!

L.T. has become THE NEW RECYCLING HERO! The series is about his adventures in recycling creatively with its' colorful, whimsical illustrations, nostalgic look and inspiring messages reminding us all that... We Still Need to Recycle, Go Green, Be Environmentally Friendly and Help Save Our Planet...for our future generations. L.T. will inspire and empower young ones; by helping them to understand that everyday tasks like reducing waste, reusing, re-purposing things and recycling has a real positive effect in our lives and in the world.

This educational series is non-fiction and is based on events from the author's own childhood. It will inspire young readers to rethink, reinvent, recreate, reuse and recycle in ways that are both practical and fun!

"The Bicycle Fence"

Little Tommy is not so little any more. He has outgrown his shoes, clothes and bicycle all in one summer! L.T. (as he is now called) longs for a brand new bike, but when his father ...

Contributor Bio
Tom is a native of Somerset, Ohio and is an artist, sculptor, landscape designer, recycler and advocate for going green. He is well known in the Washington, DC metro area for his regular and imaginative White...
Exploring the Seashore
Holly Duhig

Summary
Get out and about with the Geo-Kids! Let our intrepid team of inquisitive explorers take you on a forage through a field, see what there is to see at the sea, wander through the woodland, and understand how nature thrives among our urban spaces. Get your GPS, grab a notepad, and join the Geo-Kids on their expeditions! Let's go!

Contributor Bio
Holly Duhig is the author of the Science Fiction to Science Fact series, the Space Explorer series, and the World Culture series.

Oceans
Madeline Tyler

Summary
Go with the flow and take a piece of the pie in this exciting real-life series. Explore topics such as the weather, animals, oceans and plants and use our Smart Charts to see the world by numbers. How much rain falls in the UK every year? Which animals eat the most—and sleep the least? How many people ride the New York Subway every day? Get data-driven answers to all this and more in this colorful and engaging series.
The Wind at Work (2nd Edition)
An Activity Guide to Windmills
Gretchen Woelfle

Summary
Explaining how the wind works, what windmills have contributed to the past, and why they offer environmental promise today as a source of clean, renewable energy, this revised and updated edition offers a glimpse into all the current and historical uses for wind power. Featuring new information on wind energy technology and wind farms, new photographs, and 24 wind-related activities—from keeping track of household energy use and conducting science experiments to cooking traditional meals and creating arts and crafts—this handy resource offers kids interested in the science of energy and green technologies an engaging, interactive, and contemporary overview of wind power.

Contributor Bio
Gretchen Woelfle traveled across America and the Netherlands to visit windmills and to talk to people who work with them. She has been known to drive down rough country roads in North America and Europe to see giant wind turbines up close. At home in Los Angeles, Woelfle writes historical fiction and biographies for children of all ages. Katje the Windmill Cat was inspired by her windmill research. All the World’s A Stage: A Novel in Five Acts travels back to Shakespeare’s London. Jeannette Rankin: Political Pioneer, Write on, Mercy: The Secret Life of Mercy Otis Warren, and Mumbet’s Declaration of Independence celebrate heroines of the American history.

Hudson: The Story of a River
Robert C Baron, Thomas Locker

Summary
In a series of lyrical paintings, Thomas Locker captures the majesty of the Hudson for readers, both young and young at heart.

Contributor Bio
Robert C. Baron, the founder and chairman of Fulcrum Publishing, is a historian, scientist, and the author or contributor to 25 books, including Pioneers and Plodders: The American Entrepreneurial Spirit. Thomas Locker has illustrated more than 30 books, many of which he has written, including Skytree, Walking with Henry, John Muir, Hudson: The Story of a River, and Rembrandt and Titus. His books have received many awards, including the Christopher Award, the Knickerbocker Lifetime Achievement Award, the John Burroughs Award, and The New York Times Award for best illustration.
**Atlas of the Earth**
Daniel Moignot

**Summary**
Find out how landscapes are formed over millions of years; discover how wind, water, and ice sculpt valleys and mountains; and see a new island emerge as a volcano erupts.

**Contributor Bio**
Daniel Moignot is a children's book creator.

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**Volcanoes**
Sylvaine Peyrols, Christian Broutin, Daniel Moignot...

**Summary**
Where does the fire in volcanoes come from? How does magma find its way to the Earth's surface? What is the Earth's crust? What does a volcanologist do?

**Contributor Bio**
Sylvaine Peyrols is the author of *The Body, Earth and Sky, Farm Animals, How the Body Works,* and *The Ladybird.*
How Does the Wind Blow?

Lawrence F. Lowery

Summary

Wind is invisible, but watchful students can see how air in motion be detected by movement around them. This simple book introduces the different intensities of the wind, from gentle breezes that make flags flutter to powerful tornadoes that can lift a house. As the book progresses, readers discover how wind intensities can be measured, and they indirectly become acquainted with the Beaufort Wind Scale used by meteorologists. Throughout the book, the text flows like poetry, moving young readers along as easily as the wind makes little boats sail across the water. *How Does the Wind Blow?* is part of the I Wonder Why book series, written to ignite the curiosity of children in grades K–6 while encouraging them to become avid readers. These books explore the marvels of geology, land forms, weather, environments, and other phenomena related to science and nature. Included in each volume is a Parent/Teacher Handbook with coordinating activities. The I Wonder Why series is written by an award-winning science educator and published by NSTA Kids, a division of NSTA Press.

Contributor Bio

**Lawrence Lowery** taught in the Oakland, CA, public schools before becoming a professor of science education at the University of California, Berkeley. He has more than 40 years' experience creating science activities and programs, developing curricula, and writing articles and books, including the NSTA Press publication *The Everyday Science Sourcebook* and the I Wonder Why series.

Wild Weather

Level 3

Ladybird

Summary

Antarctica is very cold, but Death Valley is very hot. Read about monsoons, tornadoes, and hurricanes in places with wild weather!

Contributor Bio

**Ladybird**
Our Planet: Our Home
Pam Daoust

Perfect read-aloud book for young children and new readers just discovering the wonders of Planet Earth. Engaging verse and colorful photography gently teach environmental awareness, appreciation of diversity and beginning conservation. Ages 3-8 (Also suitable for parents and grandparents of all age...)

Summary
Our Planet: Our Home is the perfect read-aloud book for young children and new readers just discovering the wonders of Planet Earth. Engaging verse and colorful photography gently teach environmental awareness, appreciation of diversity and beginning conservation. Written by an award-winning author, Our Planet: Our Home is destined to be cherished and reread until it's dog-eared. Ages 3-8 (Also suitable for parents and grandparents of all ages!)

Contributor Bio
Pam Daoust is the award-winning author of THE HONU WHO KNEW TOO MUCH, A Fable for Grownups And Children, and THE STORY OF JACK, The Pit Bull Who Became A Hero. (2016 GOLD MEDAL WINNER - eLit Awards. 2016 SILVER MEDAL WINNER - Readers' Favorite Award.) Under her pen name, Katharine Kincaid, she has written twenty-two historical romances, which have been published around the globe, and two novellas.

Animal Conservation
Harriet Brundle

Summary
More than ever, we need to think about the ways our actions affect the environment. This exciting and engaging series explains how we can consider our impact on Planet Earth and suggests ways we can help to protect our planet. What does "endangered" mean? Why are animals in danger? How can we help? All these questions and more are discussed in this interesting and child-friendly look at endangered animals in the 21st century.

Contributor Bio
Harriet Brundle is an up and coming non-fiction author whose first book was published in 2014. Since then she has been a full-time author and has over 30 books published on a diverse range of subjects, from racism to science, geography and religion.
Climate Change
Harriet Brundle

Summary
More than ever, we need to think about the ways our actions affect the environment. This exciting and engaging series explains how we can consider our impact on Planet Earth and suggests ways we can help to protect our planet. What is climate change? Why is it important? How can we help stop it? All these questions and more are discussed here, in this interesting and child-friendly look at climate change in the 21st century.

Contributor Bio
Harriet Brundle is an up and coming non-fiction author whose first book was published in 2014. Since then she has been a full-time author and has over 30 books published on a diverse range of subjects, from racism to science, geography and religion.

Friends of the Earth
A History of American Environmentalism with 21 Activities
Pat McCarthy

Summary
From John Muir pushing a president and a nation into setting aside vast preserves—including Yosemite, Sequoia, Mt. Rainer, and the Grand Canyon—to Julia “Butterfly” Hill saving a 1,000-year-old redwood while bringing to light the devastation of our old-growth forests, *Friends of the Earth* chronicles the efforts of the men and women who dedicated their lives to protecting the United States’ natural heritage. Other notable profiles include John James Audubon, who introduced the study of birds to North America; Marjory Stoneman Douglas, who worked to conserve the Florida Everglades; and Rachel Carson, who opened the world’s eyes to the dangers of pesticides. Together, these environmentalists’ inspiring life stories tell the history of American environmentalism, from its inception to the present day. In this comprehensive resource, children also learn how to put their concerns into action. Step-by-step instructions on how to build a birdfeeder, conduct a water quality survey, start a compost pile, create their own recycled paper, and test for acid rain are included, as well as a time lin...
Exploring a Field
Holly Duhig

Summary
Get out and about with the Geo-Kids! Let our intrepid team of inquisitive explorers take you on a forage through a field, see what there is to see at the sea, wander through the woodland, and understand how nature thrives among our urban spaces. Get your GPS, grab a notepad, and join the Geo-Kids on their expeditions! Let’s go!

Contributor Bio
Holly Duhig is the author of the Science Fiction to Science Fact series, the Space Explorer series, and the World Culture series.

Habitats Infographics
Harriet Brundle

Summary
This title discusses the diversity of life on our planet and uses infographics to explore how plants and animals have made their homes in every habitat that the world has to offer.

Contributor Bio
Harriet Brundle is the author of more than 30 nonfiction books for children, including titles in the Materials series, the World Issues series, and the Your Faith series.
Habitats
Steffi Cavell-Clarke

Summary
With this series, you will be able to impress your friends with extreme facts on all things science. Discover mind-blowing statistics and hair-raising truths that will leave your friends and family gobsmacked!

Contributor Bio
Steffi Cavell-Clarke is an author with a degree in English Literature. She is the author of the Discover & Learn series and the Go Exploring! Continents and Oceans series.

America's Wetlands
Guide to Plants and Animals
Marianne Wallace

Summary
Full-color illustrations and lively descriptions help in identifying wetland types (swamp, marsh, or pond), plants, and animals.

Contributor Bio
Marianne D. Wallace is a natural science illustrator and writer whose work has appeared in over 30 books and publications. She has also been an elementary school science teacher, a botanic garden tour guide, and a writer for the US Forest Service. She lives in the foothills of Southern California.
**Environments of Our Earth**

Lawrence F. Lowery

**Summary**
Take a world tour between the covers of a book! *Environments of Our Earth* guides children through six types of regions that are shaped by rainfall—or the lack thereof. Readers take a journey that starts with dense tropical rainforests and woodlands, travels through grassy savannas and prairies, and ends at dry steppes and deserts. Throughout the book, attentive readers can compare how and why each region is alike and different. They will also discover fun facts about the wettest and driest places on Earth and the amazing effect rainfall has on plants, animals, and people. *Environments of Our Earth* is part of the I Wonder Why book series, written to ignite the curiosity of children in grades K–6 while encouraging them to become avid readers. These books explore the marvels of geology, land forms, weather, environments, and other phenomena related to science and nature. Included in each volume is a Parent/Teacher Handbook with coordinating activities. The I Wonder Why series is written by an award-winning science educator and published by NSTA Kids, a division of NSTA Press.

**Contributor Bio**
Lawrence Lowery taught in the Oakland, CA, public schools before becoming a professor of science education at the University of California, Berkeley. He has more than 40 years' experience creating science activities and programs, developing curricula, and writing articles and books, including the NSTA Press publication *The Everyday Science Sourcebook* and the I Wonder Why series.

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**Exploring the Woodland**

Holly Duhig

**Summary**
Get out and about with the Geo-Kids! Let our intrepid team of inquisitive explorers take you on a forage through a field, see what there is to see at the sea, wander through the woodland, and understand how nature thrives among our urban spaces. Get your GPS, grab a notepad, and join the Geo-Kids on their expeditions! Let’s go!

**Contributor Bio**
Holly Duhig is the author of the Science Fiction to Science Fact series, the Space Explorer series, and the World Culture series.
Treecology
30 Activities and Observations for Exploring the World of Trees and Forests
Monica Russo, Kevin Byron

Summary
National Outdoor Book Award Honorable Mention in the Children's category
2017 Outstanding Science Trade Books for Students K-12 (National Science Teachers Association - Children's Book Council)
Finalist for the 2017 AAAS / Subaru SB&F Excellence in Science Book exemplify outstanding and engaging science writing and illustration for young readers

Did you know... Trees have many talents—they can feed and house animals, create windbreaks, protect watersheds, and help prevent soil erosion. Researchers believe they have found the oldest tree in the world—a spruce in Sweden that has been alive for about 9,500 years. Even dead and decaying trees and stumps are often teeming with life!

Young nature enthusiasts will learn these and many other fascinating facts about the wonderful world of trees in Treecology. This fun and interactive resource includes plentiful full-color photos and drawings and clear, kid-friendly discussions of tree structures, families, and foods; the interaction between trees and the wildlife that depend on them; tree and forest–related jobs and preservation, and much more...

Contributor Bio
Monica Russo is the author and illustrator of several children's nature books including Birdology, Tree Almanac, Amazing Insects, and others. Kevin Byron is a photographer who specializes in nature and wildlife images. His work has appeared in many publications including Watching Nature, BirdScope magazine, and the New York Times. They live in Kennebunk, Maine.

Woods and Forests
Ute Fuhr, Raoul Sautai

Summary
Discover the beauty and majesty of forests all over the Earth. Find out why they are so important for our future. Learn about the trees, the plants, the insects, the flowers, and the animals which inhabit our woods and forests.

Contributor Bio
Our Very Own Tree: I Wonder Why
Lawrence F. Lowery

Summary
What happens when two friends take an interest in an oak tree? They begin to notice more about the world around them, such as the seasons changing and squirrels making homes. They are inspired to do independent research, from studying acorns to looking up scientific terms, and to be creative by composing pictures and poems. And they discover new things, such as their tree’s structure and characteristics—all because they stopped to look around them. As warm and dreamy as a summer day, Our Very Own Tree will inspire readers to seek out their very own places in nature. Our Very Own Tree is part of the I Wonder Why book series, written to ignite the curiosity of children in grades K–3 while encouraging them to become avid readers. These books explore the marvels of animals, plants, and other phenomena related to biology. Included in each volume is a Parent/Teacher Handbook with coordinating activities. The I Wonder Why series is written by an award-winning science educator and published by NSTA Kids, a division of NSTA Press.

Contributor Bio
Lawrence Lowery taught in the Oakland, CA, public schools before becoming a professor of science education at the University of California, Berkeley. He has more than 40 years’ experience creating science activities and programs, developing curricula, and writing articles and books, including the NSTA Press publication The Everyday Science Sourcebook and the I Wonder Why series.

The Tree by Diane's House: I Wonder Why
Lawrence F. Lowery

Summary
This book about life cycles and the food chain begs to be read out loud. Written in the rhythm of "The House That Jack Built," The Tree by Diane's House tells the story of a budding tree and a growing girl. As the tree grows from seed to sycamore, its leaves become meals for caterpillars, which become food for birds. Diane witnesses what happens when living things depend on one another—until they can’t do so anymore. This bittersweet tale provides a thought-provoking ending for young readers about the circle of life in the natural world. The Tree by Diane's House is part of the I Wonder Why book series, written to ignite the curiosity of children in grades K–3 while encouraging them to become avid readers. These books explore the marvels of animals, plants, and other phenomena related to biology. Included in each volume is a Parent/Teacher Handbook with coordinating activities. The I Wonder Why series is written by an award-winning science educator and published by NSTA Kids, a division of NSTA Press.

Contributor Bio
Lawrence Lowery taught in the Oakland, CA, public schools before becoming a professor of science education at the University of California, Berkeley. He has more than 40 years’ experience creating science activities and programs, developing curricula, and writing articles and books, including the NSTA Press publication The Everyday Science Sourcebook and the I Wonder Why series.