Snow & Mountain Titles
Spring 2020
High Drama
The Rise, Fall, and Rebirth of American Competition Climbing
John Burgman, Kynan Waggoner

Summary
One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic debut in 2020.

*High Drama* explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social classes, and backgrounds. *Climbing* magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

Contributor Bio
John Burgman has been reporting on competition climbing for the better part of a decade. He writes regularly for *Climbing* and *Climbing Business Journal*. He is a Fulbright grant recipient and the author of two previous books, *Why We Climb: A Dirtbag's Quest for Vertical Reason* and *Island Solitaire*. Kynan Waggoner is the former CEO of USA Climbing, the national governing body of the sport of competition climbing in the United States.

Mind Over Mountain
A Mental and Physical Climb to the Top
Robby Kojetin

A simple mistake at an indoor climbing gym sentenced 28-year-old Robby to a year in a wheelchair, shattering his aspirations of becoming a mountaineer and leaving him to face depression, anxiety and suicidal thoughts. Can he summon up the strength to embark on a remarkable feat of mental and physical strength...

Summary
*Mind Over Mountain* is a journey from the seat of a wheelchair to the summit of the highest mountain on Earth. A simple mistake at an indoor climbing gym sentenced 28-year-old Robby to a year in a wheelchair, shattering his aspirations of becoming a mountaineer. In the months that followed, Robby faced depression, anxiety, suicidal thoughts and a complete loss of a sense of his own identity. But from somewhere deep inside him he summoned up the strength to keep going even when all seemed lost, and from there he went on to embark on a journey that would become a remarkable feat of mental and physical strength. This story is more than a biography or an account of a mountaineering expedition—it's a trip into hell and back, an awe-inspiring effort to chase the ultimate dream and rebuild a life worth living for.

Contributor Bio
Robby Kojetin is a speaker on topics including depression, suicide anxiety, self care, recovery, and success. He has visited 34 countries, climbed five of the Seven Summits including Mount Everest and 10 summits of Kilimanjaro, set foot on six of the seven continents, swam in the Amazon, descended the deepest mine on Earth, and crossed the Ironman finish line.
Polar Animals (Animal Planet Animal Bites)

Everything younger readers ages 4-8 want to know about their absolute favorite animals living in both polar climates, presented habitat by habitat.

Summary

With more than 200 gorgeous animal photos of penguins, polar bears, sea lions, walruses, reindeer and others, Animal Planet Polar Animals is a fun, habitat-by-habitat guide that provides kids in the first years of schooling with the perfect bite-sized view of their favorite animals living in both polar climates. Arranged thematically with focus on animal behavior and family relationships, young readers will explore sections about animal bodies, baby animals, food, play time, conservation, and more. Special book features designed for this age group include Quick Bites sidebars with cool animal facts, simple infographics, and illustrated maps of the coldest places on Earth.

For more Animal Bites books, check out Animal Planet Ocean Animals!

A portion of the proceeds will benefit Animal Planet's R.O.A.R. (Reach Out. Act. Respond.) project which partners with leading animal organization to make the world a better place for domestic and wild animals.

Contributor Bio

The leading media brand for all things animal, Animal Planet delivers engaging, insightful and high-quality entertainment to families worldwide. Launched in 1997, Animal Planet today has a unique global reach. It is broadcast in more than 95 households and 165 other countries, in 24 languages. Animal Planet books and programming capture the innate drama and compelling characters of the animal kingdom, from the natural world to domestic pets.

Also Available

Baby Animals (Animal Planet Animal Bites) - Trade Paperback - 3/7/2017 $12.95 9781618931788
Animals on the Move (Animal Planet Animal Bites) - Trade Paperback - 3/7/2017 $12.95 9781618931795
Farm Animals (Animal Planet Animal Bites) - Trade Paperback - 6/21/2016 $12.95 9781618934130
Wild Animals (Animal Planet Animal Bites) - Trade Paperback - 6/21/2016 $12.95 9781618934147

Drop In!

A Snowboarding Life

Billy Morgan, Mark Turley

Summary

Snowboarding maverick Billy Morgan has dedicated his life to redefining what is possible. With two world firsts to his name, he is also the first British male to win an Olympic medal on snow. Emerging from working-class origins in Southampton, Morgan came late to the traditionally bourgeois world of snowsports. Driven by a latent love for fun, he reaches far beyond the cliches of stoner kids and street slang to explore the courage required at his sport's highest levels. Morgan's specialist event, Big Air, involves flying off a 50-meter ramp at 70 miles per hour, spinning and twisting while airborne, then landing. Even within the death-defying world of adventure sports, it is one of the most dangerous disciplines imaginable. In this groundbreaking autobiography, Morgan outlines the culture, ethos, and philosophy of his sport. A sport in which one wrong move can cause life-changing injury. A sport whose party-animal practitioners feel peculiarly attuned with nature. Stomped! is a testament to human potential.
Grandma Gatewood's Walk
The Inspiring Story of the Woman Who Saved the Appalachian Trail
Ben Montgomery

Summary
2014 National Outdoor Book Award Winner in History / Biography

Emma Gatewood told her family she was going on a walk and left her small Ohio hometown with a change of clothes and less than two hundred dollars. The next anybody heard from her, this genteel, farm-reared, sixty-seven-year-old great-grandmother had walked 800 miles along the 2,050-mile Appalachian Trail. By September 1955 she stood atop Maine’s Mount Katahdin, sang “America, the Beautiful,” and proclaimed, “I said I’ll do it, and I’ve done it.”

Driven by a painful marriage, Grandma Gatewood not only hiked the trail alone, she was the first person—man or woman—to walk it twice and three times. At age seventy-one, she hiked the 2,000-mile Oregon Trail. Gatewood became a hiking celebrity, and appeared on TV with Groucho Marx and Art Linkletter. The public attention she brought to the trail was unprecedented. Her vocal criticism of the lousy, difficult stretches led to bolstered maintenance, and very likely saved the trail from extinction.

Author Ben Montgomery interviewed surviving family members and hikers Gatewood met along ...

Contributor Bio
Ben Montgomery is a staff writer at the Tampa Bay Times and cofounder of the Auburn Chautauqua, a Southern writers’ collective. He was a finalist for the Pulitzer Prize in 2010 and has won many other national writing awards. He lives in Florida.

Colorado's Thirteeners (2nd Edition)
From Hikes to Climbs
Gerry Roach, Jennifer Roach

Summary
Although climbing Colorado's 14,000-foot peaks has become increasingly popular in recent years for both state natives and visitors, many of the best climbs in the state are actually 13,000-foot peaks. With an even mix of hikes, scrambles, and climbs, as well as an average of almost four routes per peak, there is something for everyone in Colorado's Thirteeners. This book includes accurate and user-friendly information on 59 major peaks in six mountain ranges; 202 routes on the major peaks; 71 routes on 71 additional peaks; 96 trailheads with detailed driving directions; distance, elevation gain, difficulty scale and effort rating for each route; and full-color, annotated illustrations.

Contributor Bio
Gerry Roach has climbed in dozens of states and countries, including 28 Alaskan expeditions, 10 Andean expeditions, and seven Himalayan expeditions. After climbing Mt. Everest in 1983, he became the second person to climb the highest peak on each of the seven continents. He lives in Montrose, Colorado, with his wife and climbing partner, Jennifer Roach. Jennifer Roach is an expert on Colorado’s mountains, who has climbed all of its Fourteeners, Thirteeners, and most of the Twelvers. She has led many Colorado Mountain Club and is also a coauthor with Gerry of Colorado’s Lost Creek Wilderness.

Previous Editions
Colorado's Thirteeners 13800 to 13999 FT - 5/1/2001 $19.95 9781555914196
Queen of the Mountaineers
The Trailblazing Life of Fanny Bullock Workman
Cathryn J. Prince

Summary
Fanny Bullock Workman was a complicated and restless woman who defied the rigid Victorian morals she found as restrictive as a corset. With her frizzy brown hair tucked under a helmet, Workman was a force on and off the mountain. Instrumental in breaking the British stranglehold on Himalayan mountain climbing, this American woman climbed more peaks than any of her peers and became the first woman to map the far reaches of the Himalayas and the second to address the Royal Geographic Society of London, whose past members included Charles Darwin, Richard Francis Burton, and David Livingstone. Her books—replete with photographs, illustrations, and descriptions of meteorological conditions, glaciology, and the effect of high altitudes on humans—remained useful decades after their publication. Paving the way for a legion of female climbers, Workman's legacy lives on in scholarship prizes at Wellesley, Smith, Radcliffe, and Bryn Mawr. Author and journalist Cathryn J. Prince brings Fanny Bullock Workman to life, revealing how she navigated the male-dominated world of alpine clubs and adventur...

Contributor Bio
Cathryn J. Prince is the author of American Daredevil, Death in the Baltic, and Shot from the Sky. She has worked as a correspondent for the Christian Science Monitor in Switzerland and in New York, where she reported on the United Nations, and is a frequent contributor to The Times of Israel.

Includes Antarctic Peninsula, Falkland Islands, South Georgia and Ross Sea
Peter Carey, Craig Franklin

Summary
Now packed with even more breathtaking color photographs, wildlife descriptions, and detailed area maps, this updated fourth edition of this bestselling Antarctica travel guide includes fascinating, full accounts of interesting places, spectacular landscapes, and local plants and wildlife—from penguins and other seabirds to whales, seals, and myriad mammals. A definitive field guide to Antarctica, this book caters to South Pole visitors traveling by luxury liner, adventure cruise, or private boat. Written by experienced Antarctic scientists and travel guides who are recognized experts in the continent’s wildlife, conservation, and political history, every page offers gorgeous color photographs of the great white south. This new edition pays special attention to explaining the threats to Antarctic conservation, including from climate change, global warming, and plastics pollution, and includes tips on how visitors can minimize their own impact and help preserve this unique continent.

Contributor Bio
Peter Carey is a zoologist whose work has included studies of penguin behaviour, sea-bird ecology, fish physiology, and the social behaviour of seals. Craig Franklin is a professor in zoology at The University of Queensland, Australia. He has published over 260 scientific works.
The Art of Skiing
Vintage Posters from the Golden Age of Winter Sport
Jenny de Gex

Summary
From the 19th to 20th century, skiing underwent great changes as it rose in popularity—as did the advertisements and art of the sport, which have since become collectors’ items.

Immigrant Scandinavian gold miners chasing the Gold Rush mid-19th century introduced skiing to the United States. By the turn of the 20th century, skiing had emerged from its utilitarian origins to become a fashionable sport in both Europe and North America, and a wave of new, stylish resorts emerged. By the 1930s, skiing was by far the most popular winter pastime for the rich and famous—combining adventure, fashion, and exclusivity. The graphic art of the posters advertising this burgeoning sport have become collectors’ items. The Art of Skiing is a beautiful collection of the finest examples of poster art. Organized by country and resort, it uses posters from the Beekley Collection—the largest private collection of ski art in the world—to reflect the changing trends in skiing fashion and technique, and investigates the most popular resorts, their establishment, and their development.

Contributor Bio
Jenny De Gex has brought her expertise as a visual interpreter to more than 100 books, on subjects from 17th century food to modern travel and interior design.

Home Is Everywhere
The Unbelievably True Story of One Man’s Journey to Map America
Charles L. Novak

Summary
As a young man living in rural Kansas in the 1940s, Charles Novak took a job with the federal government—not because he liked the work but because he heard it paid well. That job shaped his life in ways he could never have imagined. As a surveyor for the U.S. Coast and Geodetic Survey, Charles was tasked with measuring the unmapped American landscape. Over the years this would take him from being eaten up by mosquitoes in Alaska, to eating steak and lobster on oil rigs in Louisiana. His career became even more adventurous when his family later hit the road with him, making their home in a caravan of trailers as the survey team traversed the nation. The measurements taken by Charles and the team eventually helped build today’s GPS technology. But such a contribution was the furthest thing from the minds of Charles and his family as they experienced life on the road during a time of astounding change in American life. From segregated trains, to Cold War military bases, and back to Kansas, Charles’s family found that home is more than a place on a map.

Contributor Bio
Charles L. Novak was born in Haddam, Kansas in 1929. During his time on the road with the U.S. Coast and Geodetic Survey, Charles met his wife, Jean, and they had three children. He retired from the Survey in 1985 but continued work in a position with the U.S. Boundary Commission. He now lives permanently in Scottsdale, Arizona.
**Charting the World**

**Geography and Maps from Cave Paintings to GPS with 21 Activities**  
Richard Panchyk

**Summary**  
As soon as early humans began to scratch images on cave walls, they began to create maps. And while these first drawings were used to find hunting grounds or avoid danger, they later developed into far more complex navigational tools. *Charting the World* tells the fascinating history of maps and mapmaking, navigators and explorers, and the ways that technology has enhanced our ability to understand the world around us. Richly illustrated with full-color maps and diagrams, it gives children an in-depth appreciation of geographical concepts and principles and shows them how to unlock the wealth of information maps contain. It also features 21 hands-on activities for readers to put their new skills to the test.  
Children will: build a three-dimensional island model using a contour map, engrave a simple map on an aluminum "printing plate," determine the elevation of hills in their neighborhood, draw a treasure map and have a friend search for the hidden stash, create a nautical chart of a small puddle, survey their backyard or local park, navigate a course using a compass, and m...

**Contributor Bio**  
**Richard Panchyk** is the author of *World War II for Kids*, *Franklin Delano Roosevelt for Kids*, and *Galileo for Kids*, and the coauthor of *Engineering the City*.

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**After The Wind**

**Tragedy on Everest One Survivor's Story**  
Lou Kasischke

**Summary**  
May 10, 1996 is the date of the most historic tragedy in Mount Everest history. Eight climbers died. Lou Kasischke was there. He lived that story. The climbing events and the forces of nature were at the extreme, especially when things went wrong. The drama near the summit was high. But the crux of the story has much in common with everyday life. This was Lou’s struggle with himself 400 feet from the summit, when he faced a tough decision and conflicting internal voices about what to do. The story is an example of how and where to go for the guidance and strength needed in such moments. Lou tells the story about what happened and what went wrong. But Lou’s personal story is more than about being there. It’s also about his long aftermath journey to understand his experience, to find meaning in it, and to find guidance from it for his future goals and challenges. The story is both sad and triumphant.

**Contributor Bio**  
**Lou Kasischke** has lived his entire life in Michigan, but his enduring love of the mountains and alpine endurance sports have taken him to many remote parts of the world, on all seven continents. Lou's education includes a Bachelor of Arts degree in business and a Juris doctor degree in law from Michigan State University. Risk management was the major focus of his business degree from MSU. Already as a student, Lou was fascinated by risk, risk evaluation, and the concepts of taking and managing risk. For a career centered in finance analysis and law, he also became a certified public accountant and earned an advanced Master of Laws degree. Lou’s work career experiences were multi-dimensional. In law, this included 35 years with Dykema Gossett, a national law firm, as a specialist in corporate and tax law and in representing venture capital businesses. He authored a leading book on corporate law and was selected by his colleagues for all editions of *The Best Lawyers in America*, which represents about one percent of the nation’s lawyers. In
Trekking Chamonix to Zermatt
The Classic Walker's Haute Route
Kev Reynolds

A guide to the classic Chamonix to Zermatt trek, from Mont Blanc to the Matterhorn, in the northern slopes of the Pennines Alps, described in 14 stages. In two weeks of mountain travel you will see the greatest collection of 4000 metre peaks in the Alps and visit some of the most spectacular valleys...

Summary
A guide to the classic Chamonix to Zermatt trek, from Mont Blanc to the Matterhorn, in the northern slopes of the Pennines Alps, described in 14 stages. In two weeks of mountain travel you will see the greatest collection of 4000 metre peaks in the Alps and visit some of the most spectacular valleys. You will discover delightful villages and remote hamlets, wander flower meadows and forests, skirt exquisite tarns that turn mountains on their heads, and clamber beside glaciers. The way intrudes on lonely stone-filled corries, with marmots along the boulders and ibex on the heights, and provides a surprise around every corner. The route crosses 11 passes, gains more than 12,000 metres in height and is a strong contender for the title of Most Beautiful Walk in Europe. This new edition has been thoroughly updated, and now includes the exciting two-day Europaweg - a true high-level path that carries the Haute Route way above the Matteral and into Zermatt - a worthy conclusion to a great trek.

Contributor Bio
Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

Aftershock
One Man's Quest and the Quake on Everest
Jules Mountain

Summary
Jules Mountain is a survivor. The odds of surviving his type of cancer were one in five. The odds of dying on Everest are one in 60, but these are severely shortened when factoring in an avalanche triggered by the 2015 Nepal earthquake. Jules lived to tell both tales, which he does in a way that conveys the agony and euphoria that extreme adventurers face, even when things go according to plan. And yet this is not merely an account of what happened in the aftermath of the most deadly disaster ever on the world’s most iconic mountain. It is an exploration—internal as well as physical—of how logic, compassion and risk assessment are affected by altitude, vested interests and the stress of extreme circumstances.

Contributor Bio
Having beaten the odds to survive an aggressive tumor, Jules Mountain decided to sell his businesses and concentrate on fulfilling a life-long ambition to climb Everest. He cheated death again when he was in the group of climbers who survived the avalanche triggered by the earthquake.
Cry from the Highest Mountain
20th Anniversary Edition
Tess Burrows, Dalai Lama, Joanna Lumley

Summary

If you had something really important to shout about, you could do worse than to climb to the point furthest from the center of the Earth—some 2,150 meters higher than the summit of Everest—to do it. Their goal was to raise money and awareness to help fund new schools in Tibet. Their mission was to shout out peace messages they had collected from children around the world in the lead up to the Millennium. They wanted to promote Earth Peace by highlighting Tibet and the Dalai Lama’s ideals. The team comprised Tess Burrows, a mother of three in her 50s; Migmar, a young Tibetan prepared to do anything for his country but who had never been on a mountain before; and two accomplished mountaineers in their 60s. For Tess, it became a struggle of body and mind, as she was symbolically compelled towards the highest point within herself.

Contributor Bio

Tess Burrows gained a degree in Ecological Science from Edinburgh University and moved to Australia to grow trees. In 1998 she founded Climb For Tibet with her partner Pete. Together they undertook various “peace climbs,” raising over £130,000 for building schools in Tibet for underprivileged children and other humanitarian and environmental projects.

A Day to Die For
1996: Everest’s Worst Disaster
Graham Ratcliffe

Summary

The truth about the 1996 Everest disaster by one of its survivors, uncovering crucial new information

On May 10 and 11, 1996, eight climbers perished in what remains the worst disaster in Everest’s history. Following the tragedy, numerous accounts were published, with Jon Krakauer’s Into Thin Air becoming an international bestseller—but the whole story has not been told. This book reveals for the first time the full, startling facts that led to the tragedy. Graham Ratcliffe, the first British climber to reach the summit of Mount Everest twice, was a firsthand witness, having spent the night on Everest’s South Col at 26,000 feet, sheltering from the deadly storm. For years, he has shouldered a burden of guilt, feeling that he and his teammates could have saved lives that fateful night. His quest for answers has led to discoveries so important to an understanding of the disaster that he now questions why these facts were not made public sooner. History is dotted with high-profile disasters that both horrify and capture the attention of the public, but very rarely is the prevailing view...

Contributor Bio

Graham Ratcliffe is a member of Henry Todd’s team who was also on Mount Everest’s South Col on May 10, 1996.
Last Great Australian Adventurer
Ben Carlin's Epic Journey Around the World by Amphibious Jeep
Gordon Bass

Summary
In 1948, Ben Carlin set out from New York City with an audacious, lunatic plan to circumnavigate the world in an army surplus amphibious jeep called Half-Safe. Fuelled by cigarettes and adrenaline, the Australian army major pushed his fragile, claustrophobic vehicle through fierce Atlantic hurricanes, across uncharted North African desert, into dense South-East Asian jungle and over the icy dark swells of the North Pacific. It was a 50,000-mile roll of the dice that by all rights should have killed him. When Ben finally pulled into Times Square a decade later, he found himself alone and forgotten, his legacy little more than a wake of women and empty whiskey bottles. And the worst was yet to come. Was it all a fool's errand? Or a pure manifestation of spirit? Where does a dream end and an obsession begin? What's an acceptable cost to pay, and to what lengths will a person go not to be left with the haunting question: what if? The Last Great Australian Adventurer is the compelling account of Ben Carlin's attempt to make an enduring mark on the world at the twilight of the Golden Age o...

Contributor Bio
Gordon Bass grew up in Texas but spent his childhood summers on excavations led by his father, George F. Bass, called the 'Indiana Jones of underwater archaeology' by TIME magazine. For the past 20 years Gordon has worked as a writer, editor and creative director for magazines, media brands and companies ranging from Maxim, Men's Journal, and Wired to Amazon and Time Inc. In 2013 he optioned a scripted television series to AMC, home to Mad Men and Breaking Bad. In addition to his work as a writer and editor, Gordon is an executive producer of the 2016 record Dirty Wonder by singer-songwriter K Phillips, who has toured in support of Counting Crows and Rob Thomas. Gordon has served as a director and communications chair of the Institute of Nautical Archaeology, which his father founded in 1975.

Going Up Is Easy
The First Woman to Ascend Everest Without Oxygen
Lydia Bradey, Laurence Fearnley

Summary
In 1988, Lydia Bradey became the first woman to climb Mount Everest without supplementary oxygen. She made the ascent alone and to date she is the only New Zealander to have made an oxygen-free ascent. Her climb was a truly remarkable achievement but also an internationally controversial one. Going Up Is Easy details for the first time the events surrounding Bradey's historic feat, as well as her many hair-raising expeditions through Alaska, Bhutan, Nepal, Pakistan, India, China, Europe, and New Zealand. In the spirit of John Krakauer's Into Thin Air or Joe Simpson's Touching the Void, this book celebrates a life lived on the edge. Through her stories, we encounter a woman propelled by curiosity and passion to become one of the greatest female high-altitude adventurers of recent times. Co-written with acclaimed novelist Laurence Fearnley, a long-time friend of Bradey, and stunningly illustrated throughout, Going Up Is Easy is a life story by turns dramatic, tender, funny, frank and inspiring.

Contributor Bio
Lydia Bradey is one of Australasia's foremost high-altitude mountaineers. She made her first ascent of Aoraki/Mount Cook while still a teenager. She then traveled to Alaska, Nepal, Bhutan and Pakistan, where, in 1987, she became the first Australasian woman to climb an 8000-meter peak. In 1988, she made a historic ascent of Mount Everest, becoming the first woman to reach the summit without supplementary oxygen. Employed as a professional mountain guide, she has made two further ascents of Everest as well as climbed and guided extensively throughout Nepal, Pakistan, Antarctica, South America, Africa and Europe. Laurence Fearnley is the author of The Hut Builder.
**Tomaž Humar**

Bernadette McDonald

**Summary**

In August, 2005, Tomaž Humar was trapped on a narrow ledge at 19,000 feet on the formidable Rupal Face of Nanga Parbat. He had been attempting a new route, directly up the middle of the highest mountain face in the world—solo. After six days he was out of food, almost out of fuel, and frequently buried by avalanches. Three helicopters were poised for a brief break in the weather to pluck him off the mountain. Because of the audacity of the climb, the fame of the climber, the high risk associated with the rescue, and the hourly reports posted on his base-camp website, the world was watching. Would this be the most spectacular rescue in climbing history? Or a tragic—and very public—death in the mountains? Years before, as communism was collapsing and the Balkans slid into chaos, Humar was unceremoniously conscripted into a dirty war that he despised, where he observed brutal and inhumane atrocities that disgusted him. Finally he did the unthinkable: he left and eventually arrived home in what had become a new country—Slovenia. He returned to climbing, and within very few years, he was ...

**Contributor Bio**

Bernadette McDonald is a former vice president of mountain culture at the Banff Center in Calgary, Alberta, and director of the Banff Mountain Film and Book Festivals. She is also the author of *I'll Call You in Kathmandu* and the coeditor of *Voices from the Summit* and *Whose Water Is It?*

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**Because It's There**

The Life of George Mallory

Dudley Green

**Summary**

According to the record books, the greatest mountain on Earth was conquered by Sir Edmund Hilary in 1958. However, there remains the enigma of the attempt by the mercurial George Mallory and his assistant, Andrew Irvine, over 3 decades earlier from the other side of Everest. After a prolonged absence and adverse weather conditions, it was assumed that the climbers had perished during the attempt. Recently though, Mallory’s body was discovered on the North side of the summit, a mere 2,000 feet from the top, opening speculation as to whether they died on the way up or down. The puzzle of whether Mallory was the first man to conquer Everest is brilliantly presented, for the first time in a book of this kind since the discovery of the body. Containing images of Mallory and Everest, and with a poignant foreword by Mallory’s son, this book is a significant contribution to this subject.
Heights of Madness
Jonny Muir

Summary
Swapping the nine-to-five grind for the freedom of the great outdoors, Johnny Muir set off on a 5,000-mile cycling and walking odyssey. His mission? To visit the summit of the United Kingdom's 92 countries—in 92 days. Never mind unexploded shells in Yorkshire, biting bugs in the Cairngorms, or the grueling task of climbing the equivalent of 14 Everests, The Heights of Madness is a celebration of Britain's high places. If you've ever wondered what the highest point in Norfolk is, or why 500,000 people climb Snowdon every year, this is the book for you.

Contributor Bio
Jonny Muir's early wanderings took him over the Lickey Hills, before he graduated to the giddier heights of the Lake District and Snowdonia.

Transcendent Summits
One Climber's Route to Self-Discovery
Gerry Roach

Summary
In his reflective autobiography Gerry Roach takes us back to his roots to re-discover a life-long passion for climbing.

Contributor Bio
Gerry Roach started climbing in Colorado in 1955. Among his numerous accomplishments, Gerry is the second person ever to climb the highest peak on each of the seven continents. In more than 50 years of mountaineering, he has climbed in dozens of states and countries.
The Sky's the Limit

The story of Vicky Jack and her quest to climb the seven summits
Anna Magnusson

Summary
There is a myth: that travel and exploration are the privileged pastimes of youth. Adventure has an age restriction, and the extraordinary an expiry date. Vicky Jack’s inspiring tale of courage, perseverance and strong-headedness reveals the falsity behind this myth as she becomes the oldest British woman to reach the summit of Mount Everest.

The Sky’s the Limit is the account of Vicky’s journey from the Munros of her native Scotland to the summit of the world’s highest peak. Her pilgrimage is full of trials as she battles through Antarctic storms, falls off Mt McKinley in Alaska, is shot at in Indonesia, and runs out of oxygen on Mt Everest; yet Vicky’s characteristic determination is never diluted as she strives towards her goal.

Anna Magnusson brilliantly captures Vicky’s sense of ambition, faithfully retelling this tale of inspiration, challenge and success. This story is both a reminder to all that it is never too late to chase a childhood ambition, and an encouragement to never give up on your dreams – no matter how out of reach they may seem.

Contributor Bio
Anna Magnusson is a writer, broadcaster and radio producer. In 2006 she published The Quarriers Story, a history of Quarriers Homes, once the biggest orphanage in Scotland, and now a leading care charity. She also edited The Time of our Lives (Rannoch Press, 2011), a collection of memories of wartime schoolgirls evacuated from Glasgow to Auchterarder. Anna is an award-winning radio producer and broadcaster who has made documentaries all over the world.

The Pilgrims' Way
Fact and Fiction of an Ancient Trackway
Derek Bright

Summary
Winding its way from Winchester to Canterbury, through the counties of Hampshire, Surrey, and Kent, can still be found one of England’s most ancient trackways. Well trodden and beloved of walkers throughout southern England, the Pilgrims’ Way serves as a hidden by-way linking those that travel along it with some of the countries oldest cathedrals, castles and abbeys, yet it remains an enigma to many of those who regularly follow its tracks. From the Neolithic through to the Victorian pilgrimists, Derek Bright brings together a mass of evidence and re-evaluates how we should view this ancient trackway that Ivan D. Margary described as one of the most important in Britain. Using evidence of roadside crime, prohibitive legislation, and the everyday hazards facing wayfarers, he makes decisive arguments for how the road has served travelers over time.

Contributor Bio
Derek Bright is the Director of Walk Awhile, a walking holiday company, est. 2002. He holds a 2.1 Hons Degree from the University of Kent and was awarded the John Owen History Prize for his dissertation on the hop gardens of rural Kent. He has written articles for walking magazines on the subject of the Pilgrims' Way and last year (2009) was commissioned to write research articles for the Kent Downs AONB. His enthusiasm for history and making it come alive through walking, combined with Walk Awhile's research, audio and written background briefs, sells walking holidays to customers from all over the world who come to walk the Pilgrims' Way.
# York

**An Archaeological Walking Guide**  
Clifford Jones

**Summary**
York has a rich and significant historical heritage; founded by the Romans, captured by the Vikings, and venerated in the Middle Ages. This book allows the curious walker to delve into the archaeology of the city and learn new things from a new aspect, guided by the authoritative and ever-entertaining Clifford Jones. Further, the reader is encouraged to become part of the story of the city—involvedness is the key to this multilayered world. Be part of it—walk York!

**Contributor Bio**
Clifford Jones is an archeologist, lecturer, and author. He started digging at the age of nine with Sir Mortimer Wheeler as a mentor. Clifford came to public attention with his excavation at Muncaster Castle in 2002 (BBC Manchester special) and Gosforth Hall in 2005 (Granada Television program *Viking*) in which he found and excavated a 10th-century Viking hall. He is an acknowledged expert on Roman frontier infrastructure, and has conducted extensive research of Hadrian's Wall. He is the author of the forthcoming *Hadrian’s Wall: An Archaeological Walking Guide* and lives in Cumbria.

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# Everest Canada

**The Climb for Hope**  
Peter Austen

**Summary**
Somehow, the idea of charity balls and Mount Everest just don’t fit together. But neither does the idea of someone from backwoods BC organizing an Everest attempt, which normally involves millions of dollars, high-profile sponsors - even royal backing.

Prince George's Peter Austen proved that, while all that might be nice, it's not necessary. Working from, his living room, he assembled a cohesive, high-spirited team whose Everest adventure takes them to such far-flung places as Mount Communism in the former Soviet Union to Popocatepetl in Mexico to the red-light district of Bangkok. But the real adventure begins when they arrive in the fabled city of Kathmandu From there, not even landslides and hostile border guards can keep them from Chomolungma, the Mother Goddess of the World.

**Contributor Bio**
Dr. Peter Austen is a mountaineer, mountain guide, business consultant, author, educator and adventure company operator. He speaks five languages and has academic degrees from England, Canada, and the USA. He has lived in six countries and explored in 54 more over the past 40 years, returning intact from many famous peaks, including Everest in Tibet, Mount Communism in Russia, Mont Blanc in France, Mount Robson in Canada and Alpamayo in Peru. 'EverestCanada' is his first book.
Alpine Flowers
How to Recognize Over 200 Alpine Flowers
Gillian Price

A pocket field guidebook for identifying 230 of the most commonly found alpine flowers of the Alps. Categorised by colour for quick identification, each alpine flower has a photograph and description of its key features. Flower names are given in English, French, German, Italian and Latin, with note...

Summary
This pocket guide carries a description and clear colour photograph of each flower, along with its name in English, French, German, Italian and Latin. The 230 flowers featured are grouped by colour to aid quick identification. With notes on curious historical facts and the origin of some plant names, this is a perfect companion on Alpine walks for anyone interested in the unique plant life of the Alps. It happens to all visitors to the Alps - walkers, climbers and tourists alike. Out of the corner of your eye you spot a curious flower. Taking a mental snapshot of the image, you store it away and think 'must look that up when I get back'. This easy to use guide is small, relevant and easy to carry.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

Mountains of the Heart
A Natural History of the Appalachians
Scott Weidensaul

Summary
Part natural history, part poetry, Mountains of the Heart is full of hidden gems and less traveled parts of the Appalachian Mountains

Stretching almost unbroken from Alabama to Belle Isle, Newfoundland, the Appalachians are one of the oldest mountain ranges in the world. In Mountains of the Heart, renowned author and avid naturalist Scott Weidensaul shows how geology, ecology, climate, evolution, and 500 million years of history have shaped one of the continent's greatest landscapes into an ecosystem of unmatched beauty. This edition celebrates the book's 20th anniversary of publication and includes a new foreword from the author.

Contributor Bio
Scott Weidensaul is an author and naturalist who has written more than two dozen books on natural history, including Pulitzer Prize finalist Living on the Wind: Across the Hemisphere with Migratory Birds, The Ghost with Trembling Wings, Of a Feather: A Brief History of American Birding, and The First Frontier: The Forgotten History of Struggle, Savagery and Endurance in Early America. He lectures widely on wildlife and environmental topics, and is an active field researcher, specializing in birds of prey and hummingbirds. He lives in Schuylkill Haven, Pennsylvania.
**Chirripó**

*Photo Journey to Costa Rica’s highest peak*
Arturo Pardo, Giancarlo Pucci, Sergio Pucci

**Summary**

*Chirripó* is a visual journey of Central America’s coolest pilgrimage, a new photographic chronicle inside the sacred national park guarding 90% of Central America’s highlands. Following four days shared by four friends, this is an outdoor storytelling adventure for hikers, environmental advocates, and summit seekers, featuring sunrises, sunsets, peaks, and lagoons.

**Contributor Bio**

Arturo Pardo is a journalist and political scientist. He graduated with a degree in Business Administration from the University of Costa Rica. After more than twelve years holding managerial positions in consumer markets and the tourism industry, Giancarlo Pucci founded his first social enterprise, the Magical Trees Foundation. Giancarlo is a graduate of the Masters in Strategic Leadership for Sustainability Program in Karlskrona, Sweden. He started as a photographer in 2010 and uses it as a means to reconnect with nature and himself. Sergio Pucci studied Business Administration, photography, and graphic design. He has practiced photography for more than eighteen years and has worked as a freelance photographer for the last thirteen, participating in sixteen individual and collective photo exhibits, including at the World Museum in San Francisco, California; The Munich Theater, Germany; Natural History Museum in London; and the Geraadsbergen Museum, Belgium. In 2014 one of his images was selected by one of the most prestigious photography contests in the world, BBC & London Natural H...

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**Everest Revealed**

*The Private Diaries and Sketches of Edward Norton, 1922-24*
Christopher Norton

**Summary**

E.F. (‘Teddy’) Norton was a member of the 1922 Everest expedition and the leader of the 1924 attempt on the mountain. In 1922 he reached a then record height of 26,985ft. Two years later he set a world altitude record without oxygen of 28,126ft, a record that stood for fifty-four years. A few days after, his fellow climbers Mallory and Irvine disappeared high on the mountain, a mystery that has fascinated subsequent generations and remains a topic of fierce debate today. The qualities of leadership which Norton showed that year in the face of appalling adversities have led to him being regarded as one of the greatest of all Everest expedition leaders. His official account of the expedition has since become a classic. Norton’s private diaries and sketches, published here for the first time, give a lively impression of the joys and trials of the early Everest expeditions, shedding new light on the climbing campaigns. They also record the landscapes, wildlife, flowers and people encountered en route, and provide a glimpse of the lost world of pre-war Tibet in vivid colour.

**Contributor Bio**

Christopher Norton is a professor of medieval art and architecture. He is the grandson of E.F. Norton, the pioneering Everest climber and leader of the 1924 Everest expedition. The Norton family owns E.F. Norton’s diaries and sketchbooks from both the legendary 1922 and 1924 Everest expeditions.
**Nature's Peace**
Peter Wright

Nature's Peace celebrates the Watershed landscapes as never before through stunning photographs, and vivid descriptions of the land's history and its future.

**Summary**
*Imagine that you are a raindrop about to land on Scotland. Your destiny, dear raindrop, is that when you do touch-down, you will start on a journey, by bog, burn and river, before finally emptying into either the Atlantic Ocean or the North Sea. Which it is to be will depend upon which side of the spine of the country – the Watershed, or water divide – you have first landed.*

Nature`s Peace is an original and spectacular visual journey along the spine of Scotland, which introduces in full colour a landscape feature that is without equal. Here is an opportunity to explore something of its magnificence; to appreciate in full the distinctive qualities that are to be enjoyed by all. Be prepared though, for it is uncompromising – nature alone made it.

**Contributor Bio**
PETER WRIGHT left school aged 14 and, after a year at Newbattle Abbey College, pursued a career in Community Education and youth work in Scotland. He has an extensive commitment to the voluntary sector, especially in founding or assisting in the development of new initiatives, including being the co-founder of the John Muir Award within the John Muir Trust and the founder of Youth in Trust within the National Trust for Scotland. Peter lives near Edinburgh with his wife. He has three children and a granddaughter. He has walked the entire watershed of Scotland.

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**Mountainscape**
Greg Whitton

**Summary**
The mountains of the UK are diminutive in scale when compared to the great ranges of each continent, the Himalaya, the Rockies, the Alps, but what they lack in scale, they make up for in raw wildness. The weather in the UK changes constantly. There is no place where this is more true than on and around the mountains and hills of England, Scotland, & Wales. One minute is can be hot and blazing with sunshine, the next it can be freezing and snowing, This monograph captures those emotions perfectly and beautifully.

**Contributor Bio**
Greg Whitton is an up-and-coming landscape and nature photographer living in the midlands of the UK. Having moved to the Midlands to be more central to all the mountain ranges of the UK, he spends most of his photographic endeavours scaling to locations rarely visited by a tripod. He was named in the 2014 Outdoor Photographer of the Year category and overall winner.
**Everest**
Ammonite Press, Royal Geographical Society, Jan Mo...

**Summary**
A lavish photographic record of the first ascent of Mount Everest on May 29, 1953

Approximately 400 unique photographs, along with descriptive captions, transport the reader from base camp to the snow-clad slopes and ridges of Mount Everest, and to the peak itself. The Earth's highest mountain, with a peak 8,848m (29,029ft) above sea level, located in the Himalayas between Nepal and China, has long been a lure for mountaineers and explorers. The dangers of altitude sickness, adverse weather conditions, and ferocious winds make the peak tantalizingly difficult to attain. The ninth British expedition, led by John Hunt, made two attempts in 1953. The first climbing pair came to within 300ft of the summit on May 26th, but were forced to turn back after experiencing oxygen problems. Two days later New Zealander Edmund Hillary and Tenzing Norgay, a Nepali Sherpa, made a second assault, reaching the summit at 11:30 am on May 29th via the South Col Route. The Royal Geographical Society's extensive archives contain an astonishingly detailed and intimate record of the unsuccessful expeditions i...

**Contributor Bio**
Ammonite Press is a unique independent publisher of high-quality, picture-led books. Royal Geographical Society is the UK's learned society and professional body for geography, founded in 1830 for the advancement of geographical sciences. Jan Morris CBE is the author of more than 50 books, including the Travellers' Tales series and The World: Travels 1950-2000. Her honors include the CBE and the Golden Pen Award.

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**Disko Bay**
Nancy Campbell

**Summary**
This collection surveys the culture of arctic Greenland from prehistory to the present, with a focus on the hardships experienced by indigenous communities under colonial rule during the nineteenth and twentieth centuries. The poems address the tensions between modern life and traditional means of subsistence in the Arctic, and explore themes of cross-cultural communication, cultural and species extinction, landscape and climate change. Many of the poems use forms that are strongly linked to oral performance such as ballads and pantoums.

**Contributor Bio**
Nancy Campbell is a writer and artist with a strong interest in the polar regions. She has conducted residencies at ecological and research institutions in Iceland, Denmark and the US, and is a Hawthornden Fellow. In the UK, Nancy has been Writer in Residence for Words Across Northumberland (2013) and Visual and Performing Artist in Residence at the University of Oxford (2013-2014). Her books include The Night Hunter, Tikilluarit and How To Say 'I Love You' In Greenlandic, which received the Birgit Skjöld Award; her translations from Greenlandic have been nominated for the Pushcart Prize.
The Western Highlands of Scotland
Con Gillen

Field guide to the one of the most popular areas in the UK for geological field trips and studies.

Summary
This guide is for those who wish to understand the interplay between rocks and scenery in a truly classic geology in Europe. Nowhere else in Britain is this link to be more clearly observed. Key geological localities that make the Scottish Highlands a unique region for the study of geology are linked together geographically in a series of journeys.

The Western Highlands contain some of the oldest rocks in Europe in a landscape formed more than a billion years ago that has re-emerged from the depths. Geologists have been examining these rocks since the early nineteenth century and, in spite of intense research in this tiny fraction of the Earth's surface, major controversies still surround some of the rock formations. Many fundamentally important concepts in geology were first developed here and then applied elsewhere around the world. The region is an outstanding natural laboratory for the study of mountain building and folding, including the discovery that thick sequences of rocks have been turned completely upside down, and pushed sideways for over 100 kilometres.

Contributor Bio
Dr Con Gillen is a graduate of Glasgow, Aberdeen and The Open universities. His research has centred on the area around Scourie and Loch Laxford, in northwest Sutherland. For 24 years he was head of lifelong learning at Edinburgh University.

Bold Horizon
High-country Place, People and Story
Matthew Higgins

Summary
What is it like in Australia's high country? Matthew Higgins traces the mountain experience in a rich variety of ways. First, he talks of his own times in the alps as a bushwalker, cross-country skier, historian and oral-history interviewer. Then Matthew profiles a range of people who have worked, lived, or played in the mountains: stockmen; skiers; Indigenous parks officers; rangers; brumby runners (brumby is the word for the wild horses found on the Australian Alps); foresters; authors; tourism operators; and others. Central themes of place, people and story are interwoven with concerns about environmental impact and climate change. An extensive collection of beautiful images helps to tell this magnificent mountain story, from Kosciuszko to Kandra, Brindabella to Bimberi, and Bogong to Tidbinbilla and beyond. Matthew Higgins has been walking, skiing and researching the Australian high country for decades. He has worked at leading national cultural institutions in Canberra and written numbers of books and numerous articles, while regularly speaking about Australia's Alps to a range...
Canterbury Foothills & Forests (2nd Edition)
A Walking and Tramping Guide
Pat Barrett

Summary
This new edition of Pat Barrett’s popular guide to walking excursions in the greater Canterbury region contains hikes suitable for a range of fitness levels, from families with children to those who aspire to challenging climbs to some of the higher summits. The walks and climbs are organized by region—Rangitata region, Ashburton Lakes and Rakaia Valley, Waimakariri Plains region, Waimakariri Basin and Arthur’s Pass National Park, and the Lewis Pass region—and include useful information such as photographs and full-color maps, walk times, walk grades, access information, nearby natural attractions, and notes on the weather, terrain, and equipment needed. Pat’s personal accounts of some of his favorite walks and climbs will inspire even “armchair trampers” to get out and enjoy the natural splendor of this magnificent region.

Contributor Bio
Pat Barrett is an outdoorsman with 40 years’ experience. He is the author of six walking and tramping guides, including Southern Lakes Tracks & Trails, and is a regular contributor to Wilderness magazine, as well as to the Press and the Dominion Post.

Scotland's Best Small Mountains
Kirstie Shirra

Walking guidebook to 40 of the best small mountains in Scotland under 3000ft (non-Munros). The best for beauty, views, character, history and location, and all suitable for walkers, the guidebook explores hills in the far north, Torridon, Lochaber, the Great Glen, the Cairngorms, Glencoe, Arrochar, ...

Summary
Many of Scotland’s finest mountains are neglected by walkers, purely because they lack a few feet in height. The aim of this new guidebook is to champion the best of them, selected for character, location, views, historical significance, technical difficulty or simply beauty. From the surreal and striking landscape of The Storr in Skye to the imposing and technical ridges of Beinn Dearg Mor in the northwest, this guide is an antidote to Munro-bagging. This book covers eight of Scotland’s most scenic areas, from the Sutherland and the far north to the Borders. Suitable for a wide range of abilities, there are great small mountains to explore. The 40 ascents described are mainly circular with optional variations also suggested to give you the flexibility to extend or short cut as you wish, and all are illustrated with color photographs and OS mapping.

Contributor Bio
Kirstie Shirra is a freelance writer and environmental campaigner. Climbing mountains since she could walk, she has traveled throughout Europe and the Americas but always ends up back in the wonderful mountains of northwest Scotland where she now lives.
The Grande Escursione Appenninica Through Tuscany And Emilia-Romagna
Gillian Price

This guidebook describes the Grande Escursione Appenninica (GEA), a nearly 400km long, three week trek crossing the Apennines in 23 stages, from Bocca Trabaria to Passo Due Santi on the edge of Liguria. The route dips in and out of Tuscany and Emilia-Romagna, never dropping below 400 metres. Best wal...

Summary
This guidebook describes the Grande Escursione Appenninica (GEA), a nearly 400km long, three week trek crossing the Apennines in 23 stages, from Bocca Trabaria to Passo Due Santi on the edge of Liguria. The route dips in and out of Tuscany and Emilia-Romagna, never dropping below 400 metres. Best walked between spring and autumn, it is suitable for any reasonably fit walker, and this guidebook provides step-by-step route descriptions, accompanied by detailed mapping. There are transport options for joining and leaving the walk at a number of points, making it perfect for undertaking in small sections or single-day walks. There are suggestions for accommodation en route in comfortable guest houses and alpine-style huts, making it essential reading for anyone undertaking the GEA. The Apennines are Italy’s best-kept secret. Forming the rugged spine of the Italian peninsula, this range provides thousands of kilometres of marked trails over rocky crests and ridges and explores extensive forests and meadows, following routes established long ago by traders, pilgrims and shepherds and little...

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

Trekking the Westweg
Through Germany’s Black Forest
Kat Morgenstern

This guide covers the Westweg, or Westway, one of Germany's classic long-distance routes. Starting in Pforzheim on the northern edge of the Black Forest, it runs south for 285km to Basel in Switzerland. Along the way it passes the region's highlights such as the source of the Danube, Lake Titisee and ...

Summary
This guidebook is all you need to discover The Westweg, a 285km walk along the length Germany's Black Forest from Pforzheim to Basel. This classic long-distance trail takes around two weeks to walk, in stages of 15-28km. The route is well way-marked and suitable for experienced hikers and those new to long distance walking, though some sections are steep. The Westweg incorporates many of the region's highlights, such the Schwarzwald National Park, the source of the Danube and Lake Titisee. At Titisee there is a choice to make: the western route taking in the Black Forest's highest peak Feldberg and the vineyards of the Markgräflerland, or the quieter eastern route via the Herzogenhorn peak and on to Basel, with all its cultural attractions and old-world charm.

With well-maintained and waymarked trails, an efficient public transport system and conveniently placed huts and farmhouse inns, the Black Forest is one of Germany's best-loved walking destinations. Soft-contoured, forest-clad hills, interspersed with pastures and picturesque villages combine on with far-ranging vistas right acr...

Contributor Bio
Born and raised in Berlin, Kat Morgenstern is a grassroots herbalist, ethnobotanist, writer and ecotravel professional. She has spent most of her adult life in the UK, US and France but currently lives in Germany’s southern Black Forest, where she loves to roam the hills and forests.
**Walking on the Amalfi Coast** *(2nd Edition, New edition)*  
**Ischia, Capri, Sorrento, Positano and Amalfi**  
Gillian Price

Guidebook describing 32 day hikes on Italy’s beautiful Amalfi Coast. The areas covered include Amalfi, Sorrento, Positano and Monti Lattari, and the idyllic islands of Capri and Ischia. The region is criss-crossed by ancient mule tracks and pilgrim routes, offering a variety of hikes from family str...

**Summary**

The 32 routes in this guidebook explore the coastline between Sorrento and Amalfi, together with the islands of Capri and Ischia. Ranging from 3km to 11km, the hikes are all designed to be fitted into a single day, with a panoramic picnic stop halfway round and perhaps a plunge into the sparkling Mediterranean at the end. Hikes are graded on a scale of 1-3 and are suitable for a range of abilities, from family strolls to strenuous treks across rugged terrain.

Recognised as a World Heritage Site, the steep southern edge of the Sorrento peninsula on the Gulf of Naples is famous for its medieval villages perched atop plunging cliffs, with their near-vertical vineyards and lemon orchards and the famous volcano Vesuvius an ever-present backdrop.

Split into the five sections of Ischia, Capri, Sorrento, Positano and Amalfi, each hike includes relevant public transport information as well as a sketch map. The book also provides local and practical information, accommodation options and an Italian–English glossary.

**Contributor Bio**

After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

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**Walking the Munros Volume 1** *(3rd Edition, New edition)*  
**Southern, Central and Western Highlands**  
Steve Kew

The Munros – the Scottish mountains over 3000ft – boast some of the most dramatic mountain scenery in Britain. Volume 1 of a two-part set, this guide details 69 exciting and challenging routes to climb 139 Munros, covering the southern, central and western highlands. Suitable for those with experien...

**Summary**

This guidebook presents 69 challenging and inspiring routes to climb 139 Munro mountains, including Scotland's highest peak, Ben Nevis. Part of a two-part set, this first volume covers the southern, central and western Highlands (south of the Great Glen), taking in stunning areas such as Glen Coe, Glen Shee, Lochaber and Mull. Covering popular and lesser-known routes, it is ideal both for Munro-baggers and those who simply love great mountain walking, and is a convenient size for slipping in a rucksack.

The half-day and full-day walks and scrambles range from 7km to 48km (with the option to reduce walking distance on some of the longer routes by cycling the approach). Detailed route description and 1:100,000 mapping is accompanied by information on difficulty, mapping, parking, access and nearby accommodation. The guide also includes handy lists of Munros, by height and alphabetically - perfect for peak-baggers - as well as useful details on Gaelic names.

Including the iconic Ben Nevis, Buachaille Etive Mòr and Aonach Eagach ridge as well as the Mamores, Grey Corries and Arrochar Alps...

**Contributor Bio**

Steve Kew is a freelance journalist and keen mountaineer. He started climbing in 1970, and since then has walked and climbed extensively in the Himalayas, Alps and the mountain ranges of Britain. He currently lives in southwest Scotland, and is an active member of the Galloway Mountain Rescue Team and the Mountain Rescue Committee. His previous writing includes three books, many articles for newspapers and magazines, and radio drama for the BBC.
Northern Highlands and the Cairngorms
Steve Kew

The Munros – the Scottish mountains over 3000ft – boast some of the most dramatic mountain scenery in Britain. Volume 2 of a two-part set, this guide details 70 exciting and challenging routes to climb 143 Munros in the Cairngorms, northern highlands and Isle of Skye. It is aimed at those with exper...

Summary
The Munros – the Scottish mountains over 3000ft – boast some of the most dramatic mountain scenery in Britain. Volume 2 of a two-part set, this guide details 70 exciting and challenging routes to climb 143 Munros in the Cairngorms, northern highlands and Isle of Skye. It is aimed at those with experience of mountain walking, as many of the routes are in remote areas and some involve scrambling. The volume features classic ascents in many popular locations, for example, the breathtaking Cuillin of Skye.

Alongside 1:100,000 mapping and colour photography, the guide provides comprehensive information on tackling this famous collection of mountains with useful details on Gaelic names, mountain safety (including localised concerns), when to go, accommodation and access. Also included is a full list of all 282 Munros -- a useful resource for peak-baggers.

Volume 1 covers the Munros of the southern, central and western highlands.

Contributor Bio
Steve Kew is a freelance journalist and keen mountaineer. He started climbing in 1970, and since then has walked and climbed extensively in the Himalayas, Alps and the mountain ranges of Britain. He currently lives in southwest Scotland, and is an active member of the Galloway Mountain Rescue Team and the Mountain Rescue Committee. His previous writing includes three books, many articles for newspapers and magazines, and radio drama for the BBC.

The Mercantour and Alpi Marittime Parks
Gillian Price

This guide to trekking the Maritime Alps on the border of France and Italy offers a wide selection of routes in an area with great walking potential. There are 18 graded day walks of between 6 and 20km, suitable for reasonably fit walkers with no previous mountain experience required. The book also ...

Summary
Guidebook to walking and trekking in the Maritime Alps on the border of Italy and France, just north of Nice. It includes 18 graded day walks, on both the French and the Italian sides, ranging from 6km to 20km in length and suitable for a range of abilities. There are also 6 long treks, including a 5-day traverse of the Parc National du Mercantour and a 7-day traverse of the Parco Naturale delle Alpi Marittime.

Detailed route descriptions sit alongside colour maps, and there is full information about accommodation options down in the valleys and up in the mountains. Useful French-English and Italian-English glossaries of walking terminology are included, too.

Rising to over 3000m above the sun-drenched French Riviera, the Maritime Alps form the western edge of the mighty Alpine chain. Wildflower lovers will also appreciate the remarkable range of flowers, including many unique to the area. Worlds away from the hustle and bustle and crowds of the coast this is a marvellous area for novice walkers and seasoned long-distance trekkers alike.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.
Forbidden Mountains *(Unabridged)*

Vivien Lougheed

Whatever could possess a 53-year-old grandmother to brave untold hardships in order to illegally enter forbidden Tibet via nigh-impassable roads?

**Summary**

*Forbidden Mountains* describes the unforgettable journey of two women who embark on the ultimate adventure: to sneak into Tibet from northern Pakistan and cross the country via the South Route, largely unknown to outsiders. Tibet’s occupying force - China - has devised unique punishments for travelers who defy its no-go policy, but Vivien and Joanne decide it’s worth the risks to visit one of the world’s most mysterious and holy lands.

**Contributor Bio**

Born in Winnipeg in 1943, **Vivien Lougheed** was raised by her Polish grandparents who instilled within her a desire for adventure. From her home base of Prince George she has traveled extensively throughout British Columbia, China, Pakistan, the Mediterranean, Central and South America, Africa, the Himalayas of Tibet and Nepal. In her first book, 'Central America by Chickenbus' (1986), she all but coined the term that is now synonymous with local transportation and travelling on the cheap. Since then she has written more than ten books including ‘Kluane National Park Hiking Guide, Forbidden Mountains, TungstenJohn’, (co-written with her husband) and ‘From the Chilcotin to the Chilkoot: Selected Hikes of Northern BC’

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**Everest**

George Craig

**Summary**

Charting the world’s fascination with the great mountain, this photographic tribute is published to coincide with the 60th anniversary of Sir Edmund Hillary and Tenzing Norgay’s 1953 successful conquest of Everest

Packed with stunning photography, this book chronicles the story of the mountain and those who attempted—some successfully, others with fatal consequences—the ultimate test of bravery. It starts with Everest’s discovery in the 19th century and takes readers through the early expeditions, the tragic disappearance of Mallory and Irving in 1924, the euphoria of Hillary and Tenzing’s successful summit in 1953, the riddle of the Abominable Snowman, the astonishing discovery of Mallory’s body in 1999, right up to the most recent triumphs and tragedies. Full of beautiful images of some of the world’s most breathtaking scenery, this chronicle of the majestic mountain recounts the struggle of those mountaineers willing to push their bodies to the limits of physical endurance by risking their lives in pursuit of the ultimate goal—to stand on top of the world.

**Contributor Bio**

**George Craig** has followed the fascination of mountaineers with Everest for many years.
Mountaineering in the Moroccan High Atlas

Des Clark

This guidebook describes 50 walks, climbs and scrambles in the Moroccan High Atlas. The routes were written with winter conditions in mind and are suitable for experienced winter mountaineers and walkers. The routes cover 30 peaks and are all above 3000m with the highest being Jbel Toubkal at 4167m.

Summary

The Atlas mountains stretch across Morocco, Algeria and Tunisia, reaching their highest peaks in the High Atlas range of Morocco. In terms of mountaineering they are at a stage of development and exploration comparable to that of the European Alps 100 years ago. There are countless unclimbed snow gullies, rarely traversed ridges and largely unexplored areas, just waiting to be discovered.

This guide provides single and multi-day winter walks, climbs and scrambles over 40 selected peaks, all no less than 3000m, so that routes from right across the range are covered. These provide a huge variety of scenery and terrain for walkers, climbers and scramblers.

With daily flights to Marrakech from Europe, access to this remarkable range is becoming increasingly easy. The High Atlas mountains of Morocco offer a wealth of mountaineering potential and exploration to those willing to embrace the challenge and adventure.

Contributor Bio

Des Clark is a qualified International Mountain Leader who has his permanent home in southern Morocco, close to the High Atlas mountains. Here he runs his own mountaineering and trekking business, guiding trips in winter, spring and autumn throughout the Atlas range.

Trekking Aconcagua and the Southern Andes (Revised)

Horcones and Vacas Valley Ascent Routes

Jim Ryan

Guidebook to climbing Aconcagua in Argentina. With descriptions for the Normal route (taking 12 days) or the Vacas Valley route (14 days). The treks cover difficult mountain terrain up to 6962m and are suitable for experienced walkers and mountaineers. Also features other treks in the southern Andes...

Summary

The definitive guidebook to climbing Aconcagua in South America. At 6962m, Aconcagua is the highest peak outside the Himalayas and is accessible to both trekkers and mountaineers. The book covers two popular trekking routes: the Normal (Horcones Valley) route and the Vacas Valley (Polish Glacier) route. It also includes trekking routes up Tupungato, the Maipo Volcano, and other acclimatisation treks, with suggestions for things to see and do around Mendoza and Santiago City.

The guide provides a wealth of practical and indispensable information for those taking on the challenge of Aconcagua. There is information on travel to South America and to the start of the trek, and essential know-how on preparing for high-altitude mountaineering, including advice on equipment, coping with altitude, and strategies for acclimatisation. It gives expert advice on permits, food and water, hiring guides and mules, and staying healthy.

With maps and colour photos and supplemented by background information on the mountain, its history, geology, wildlife and local culture, this is a comprehensive and mus...

Contributor Bio

An engineer by profession, Jim Ryan has travelled, and written extensively, on some of the great walks of the world, in Nepal, Lesotho, Tanzania and on the island of Reunion. Aconcagua and the region around it made a great impression on him on his first expedition there almost 10 years ago.
Unjustifiable Risk?
The Story of British Climbing
Simon Thompson

A social, economic and cultural history of British rock climbing and mountaineering charting the conditions that gave rise to the sport, and the achievements and motives of those who have shaped its development over 200 years. Today's climbers share a desire to escape from urban society but what mak...

Summary
To the impartial observer Britain does not appear to have any mountains. Yet the British invented the sport of mountain climbing and for two periods in history British climbers led the world in the pursuit of this beautiful and dangerous obsession. Unjustifiable Risk is the story of the social, economic and cultural conditions that gave rise to the sport, and the achievements and motives of the scientists and poets, parsons and anarchists, villains and judges, ascetics and drunks that have shaped its development over the past two hundred years. The history of climbing inevitably reflects the wider changes that have occurred in British society, including class, gender, nationalism and war, but the sport has also contributed to changing social attitudes to nature and beauty, heroism and death. Over the years, increasing wealth, leisure and mobility have gradually transformed climbing from an activity undertaken by an eccentric and privileged minority into a sub-division of the leisure and tourist industry, while competition, improved technology and information, and increasing specialis...

Contributor Bio
Simon started climbing at age 16 and has been fascinated by the sport ever since. A former director of Anglo American and chairman of Tarmac, he has lived in seven different countries and currently sits on the boards of companies headquartered in Russia, Sweden, the UK and the USA, but he continues to escape to the mountains whenever time permits.

Complete Caving Manual
Andy Sparrow

Summary
Underground cave systems have a unique fascination for explorers, with their soaring caverns, breath-taking formations, and potential for finding uncharted passageways. Illustrated throughout with stunning photographs and explanatory diagrams, The Complete Caving Manual is a comprehensive guide to safe, responsible caving for novices and experts alike. Topics covered include: how caves and cave formations develop; modern caving equipment; planning and preparation for a caving trip; party leadership; horizontal techniques; vertical techniques and rope work; dealing with emergencies; exploring underground; cave flora and fauna, and where to cave.

Contributor Bio
Andy Sparrow is the director of the films A Rock and A Hard Place and Sold.
**Rock Climbing**
*A Guide to Skills, Techniques and Training*
Jack Griffiths

**Summary**
A comprehensive guide for novice climbers starting out in the sport, and experienced climbers who want to improve their rope work, technique, and knowledge of rock climbing.

Focusing on indoor and summer rock climbing, this book covers essential safety skills for bouldering, top roping, sport, traditional, and multi-pitch climbing as well as offering a complete kit list for each of these styles. Technique training to improve climbing movement is shown through step-by-step photography. The book also covers abseiling, self-rescue skills, mental training and tactics, how to train for power and endurance, and the history and ethics of rock climbing.

**Contributor Bio**
Jack Griffiths has been involved in rock climbing as an athlete and an instructor for more than 15 years. He has climbed world-renowned routes in traditional, sport, and alpine styles and has coached members of the British Youth Team, as well as private clients of all abilities.

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**50 Shades of Hillwalking**
Ralph Storer

In 50 wide-ranging tales of adventure and misadventure, Ralph Storer takes his usual quirky look at the peculiar pursuit of messing about on mountains. Walking, climbing, mountain biking, caving... he’s tried it all but admits to expertise only in the lost art of festerling. With room also for contemplation and argument, his 50 Shades will amuse, inspire and inform.

Follow in his footsteps as he roves from the Lake District to the Alps, from Snowdonia to Scandinavia, from the Scottish Highlands to the deserts and canyons of America. Warm to his intrepid exploits of derring-do and not-so-derring-do as he gets snowbound in a tent, gets stuck on ice falls and in caves, and falls off mountain bikes and sand dunes.

Culled from not-yet-a-lifetime of eclectic escapades both at home and abroad, his highly entertaining experiences will resonate with anyone whose aspirations outstrip their ability.

**Contributor Bio**
Despite being a Sassenach by birth, Ralph Storer has lived in Scotland since studying psychology at Dundee University. Before becoming a full-time writer, he worked in the field of commercial and educational computing, initially as a computer programmer and more recently as a lecturer at Napier University of Edinburgh. He is an experienced hill-walker who has hiked and backpacked extensively around the world. His guidebooks to the Scottish Highlands, which includes best-selling 100 Best Routes on Scottish Mountains, have become standard reference works on the subject.
Prelude to Everest
Alexander Kellas, Himalayan Mountaineer
Ian R. Mitchell, George W. Rodway

Acclaimed hillwalking writers Ian R Mitchell and George Rodway tell the fascinating story of Aberdeen-born Alexander Kellas, and his contribution to mountaineering in the early 20th century.

Summary
Acclaimed hillwalking writers Ian R Mitchell and George Rodway tell the fascinating story of Aberdeen-born Alexander Kellas, and his contribution to mountaineering from the 20th century to the present day. Now a largely neglected figure, Kellas is the pioneer of high altitude physiology, his climbing routes still in evidence today. Follow Kellas’ journey, which takes him from the Scottish Cairngorms to the Himalaya, and discover how his struggles and explorations have impacted upon mountaineering today.

Contributor Bio
Originally from Aberdeen, Ian Mitchell has lived in Glasgow for the past thirty years. Winner of the Boardman Tasker Prize for Mountain Literature for A View from the Ridge, historian Ian R. Mitchell gave up teaching to write full time. Ian’s background in historical research, coupled with indepth personal experience of East Berlin in the 1980s, allows him to create an authentic historical novel. His previous exercise in historical fiction, Mountain Outlaw, was described by the renowned historian E J Hobsbawm as ‘fascinating...a fine piece of work...more support for my ideas on social banditry.’George Rodway PhD is an Assistant Professor in the School of Medicine at the University of Utah and Research Fellow at University College London’s Centre for Altitude, Space and Extreme Environment Medicine. He is the author of many scientific and historical articles and has been an active mountaineer in the Americas, the Himalaya and Europe for over 30 years. George lives in Utah, USA.

Ribbon of Wildness (New edition)
Discovering the Watershed of Scotland
Peter Wright

The Watershed of Scotland is a line that separates east from west; that divides those river basin areas which drain towards the North Sea on the one hand, and those which flow west into the Atlantic Ocean on the other. It's a line that meanders from Peel Fell on the English border all the way to the...
Among Secret Beauties
A Memoir of Mountaineering in New Zealand and Himalayas
Brian Wilkins

Summary
Climbing entered the world stage in the 1950s: this was the era that produced not only Sir Edmund Hillary but a strong body of world-class New Zealand climbers. In this important and dramatic book Brian Wilkins, who was part of the adventure, shares his experiences of climbing in the Southern Alps and the Himalayas. During the New Zealand Alpine Club expedition to the Himalayas in 1954, the year after Everest, Wilkins was the climber most closely associated with Hillary. Hillary’s two narrow escapes from death during the expedition saw Wilkins in a unique position to gauge the character and actions of this legendary figure at a formative stage in the famous climber’s career. Wilkins’ New Zealand climbing includes the first ascent of the northeast ridge of Mt Aspiring, a gripping drama of survival and human endurance and a test of the ethics of mountaineering. In this account he also submits the writings of his contemporaries to robust critical attention, writing with warm gentle humour, honesty and insight.

Contributor Bio
Brian Wilkins retired in 1988 from a career lecturing in pharmaceutical chemistry. He has been a keen tramper and climber all his life. Brian is the father of Damien Wilkins, Director of the International Institute of Modern Letters at Victoria University of Wellington.

Only Two For Everest
How a First Ascent by Riddiford and Cotter Shaped Climbing History
Lynley McKinnon

Summary
The First New Zealand Himalayan Expedition, in 1951, was initiated by Earle Riddiford, who with Ed Cotter and Pasang Dawa Lama made the first ascent of Mukut Parbat, their target peak in the Garhwal Himalaya. Accompanying them on that expedition, though not to that summit, were two other New Zealand climbers, Edmund Hillary and George Lowe. Hearing of the success on Mukut Parbat, the New Zealand Alpine Club suggested to the Alpine Club in London that acclimatized New Zealanders would be a valuable asset on the forthcoming 1951 British Reconnaissance of Mt Everest, to be led by Eric Shipton. This resulted in an invitation for two New Zealanders to join the party: thrilling news the four climbers received while they were ensconced in the hill-country village of Ranikhet. A day and a half of bitter dispute rent the party asunder. Which two should go to Everest? In this enthralling narrative, journalist Lyn McKinnon tells the stories of Earle Riddiford and Ed Cotter, two extraordinary New Zealanders whose climbing achievements were forever eclipsed by the exploits of others.

Contributor Bio
During a dual career in education and journalism, Lyn McKinnon taught English and communications at secondary and tertiary level. She was awarded a Woolf Fisher fellowship for teaching, has worked for a number of publications and also run a bookshop. After retiring from teaching, she wrote a Centennial history of Amuri Area School, then served as an editor for the New Zealand Rural Press and contributing editor for The Deer Farmer, receiving several national journalism awards.
To the Mountains
A collection of New Zealand alpine writing
Laurence Fearnley, Paul Hersey

Summary
This stylish and affordable hardback is an exciting compendium of adventure and nature writing, history, philosophy and literature, from the quirky to the sublime. Aimed at real mountaineers as well as the armchair variety.

Contributor Bio
Laurence Fearnley is an award-winning novelist and nonfiction writer based in Dunedin. The Hut Builder won the fiction category of the 2011 NZ Post Book Awards and was shortlisted for the 2010 Boardman Tasker Prize for Mountain Writing. In 2015 she worked alongside mountaineer Lydia Bradey to write Going Up Is Easy, a finalist in the Banff Mountain Literature Award. Laurence was awarded an Artists to Antarctica fellowship in 2003 and held the Robert Burns Fellow at the University of Otago in 2007. Paul Hersey's previous jobs have included newspaper reporter, ice climbing instructor, fisheries enforcement officer, and outdoors retail store manager. Now based in Dunedin, he spends much of his time either climbing or surfing, or writing on various outdoor themes. Paul's book Our Mountains (New Holland, 2013) won the adventure travel section award at the 2017 NZ Mountain Film and Book Festival. He also wrote Merino Country (Penguin Random House, 2016) and is a contributor to New Zealand Geographic, Alpinist, The Surfer's Journal and North & South.

One Man's Everest
The Autobiography of Kenton Cool
Kenton Cool

Summary
Kenton Cool has summited Everest 11 times; is the first person in history to climb the three Everest peaks, the so-called Triple Crown, in one climb, a feat previously thought impossible; and was nominated for the prestigious piolet d'Or in 2004 for climbing a previously unclimbed route on Annapurna III. In 2012 he fulfilled the Olympic Games pledge of placing a 1924 gold medal on the Everest summit. His accomplishments are all the more extraordinary considering a 1996 incident when, while climbing in Wales, he broke a handhold and fell to the ground, shattering his heel bones. Initially told he would never walk unaided again, Kenton spent four weeks in hospital, had three operations, three and a half months in a wheelchair, and months of rehab. Today he is still in pain, and after a long day in the mountains it's not uncommon to see him struggling to walk or moving around on his hands and knees. Yet he still climbs. This book tells why.

Contributor Bio
Kenton Cool is a British mountaineer who has climbed Mount Everest 11 times successfully.
A Passion for Mountains
Hannah Burrows-Smith, Iain Peter

Summary
A Passion for Mountains presents a compilation of stories written by members of the British Mountain Guides. Documenting both personal climbing and mountaineering adventures as well as those shared with clients, the stories in this book represent the diversity of the mountain activities these professionals thrive on: from first ascents on British winter cliffs to thought-provoking ascents of north faces in the European Alps, and from the big walls of Yosemite and Patagonia to endurance when facing the challenges of the high Himalaya. This fascinating account of mountaineering gives an insight into the climbing adventures that contribute to every Guide’s experience, and explores the difficulties that even some of the world’s most experienced mountaineers encounter when making decisions in the mountains. It gives us a unique perspective into what motivates and drives climbers; where they find fulfilment and reward, and at the same time how they deal with failure.

Contributor Bio
Hannah Burrows-Smith is a British Mountain Guide who has spent many years climbing and skiing in the Scottish Highlands and widely throughout Europe.

Scenic Playground
The Story Behind New Zealand's Mountain Tourism
Peter Alsop, Dave Bamford, Lee Davidson

Summary
A MAGNIFICENT ILLUSTRATED HISTORY OF NEW ZEALAND’S MOUNTAIN TOURISM INDUSTRY This lavish book explores the story behind the promotion of New Zealand’s mountains — through posters, advertisements, hand-coloured photos and more. It explains how the country built its reputation as an alpine playground and, alongside, how mountains became central to belonging to Aotearoa.

Contributor Bio
Peter Alsop is a senior executive who has worked across the public and private sectors. He is a keen collector of New Zealand art, with particular interests in tourism publicity, hand-coloured photography and mid-century New Zealand landscape paintings. He is the author and co-author of five previous books. Dave Bamford is now an independent tourism advisor who has worked extensively in New Zealand on regional tourism strategies, business plans and national park recreational opportunities. Lee Davidson teaches in the Museum and Heritage Studies programme at Victoria University of Wellington.
**Snowboarding**
*Skills, Training, Techniques*
Dan Wakeham, Sophie Everard

**Summary**
*A practical guide for beginners and improving snowboarders—from how to set up your snowboard to preparing for competition*

Giving in-depth background to snowboarding, this guide teaches readers how to choose the right equipment and offers detailed explanations of the correct techniques for boardercross, halfpipe, slopestyle, big air, and rails. It also gives step-by-step instruction to maintaining a board, and covers the nutrition and fitness necessary to prepare for competition.

**Contributor Bio**
Dan Wakeham has worked in the snowboard industry for 20 years, from the shop floor to competing in the 2006 Olympics, and now a snowboard brand and athlete manager. Sophie Everard is a snowboarder and writer with more than 10 years experience within the snow sports industry.

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**The Classic Guide to Winter Sports**
Arnold Lunn

**Summary**
Well placed to discuss the art of skiing, Arnold Lunn was editor of the Climber’s Club Journal and the Alpine Ski Club Annual, founded the Oxford University Mountaineering Club, invented the skiing slalom race and was eventually knighted for his services to British Skiing and Anglo-Swiss relations. Originally published as a cheap handbook for skiing, this Classic Guide is devoted to the needs of the beginner, from the technical aspects of how to ski to what to wear while doing it, published during a time when the Alps were relatively unexplored by British skiers. As ski lifts were an unknown entity during the early twentieth century, Arnold Lunn traces the difficulties of a ski-runner and the problems encountered while mountaineering in the dangerous winter alps.
Life On the Edge
Extreme Adventures of Troy Henkels
Troy Henkels

Troy Henkels grew up in rural Iowa. In search of a more adventurous lifestyle he moved to Alaska more than two decades ago. He has undertaken countless expeditions and adventures, in Alaska and all over the world, with a focus on the Polar regions. When he isn’t traveling, he works as a remote Telec...

Summary
Troy Henkels grew up on an apple orchard in Dubuque, Iowa. After several years trying his hand at holding down a "real job," he set out in search of a more adventurous lifestyle and moved to Alaska. Although there have been tradeoffs, this approach to living life has served him well. It has taken him all over the world and on all sorts of adventures. Standing on top of Mount McKinley, shivering at the South Pole, warming up on beaches in the Virgin Islands, and trying to catch his breath on Mount Everest were not experiences he could have fit into a two-week vacation. Like all decisions in Troy's life that hinge on once-in-a-lifetime opportunities, quickly and without much contemplation, he always says yes. "Life on the Edge" takes him to some of the harshest environments on Earth: Alaska, Antarctica, Iceland, Everest, the Kalahari Desert, the North Pole, and the Bering Strait - six continents in all. When asked "Why do you climb?" "Why take risks?" "Why must you get to the top?" he simply says, there's a kind of trust and teamwork that you find nowhere else in life."

Contributor Bio
Troy Henkels passion for exploration has taken him to some of the harshest environments on Earth: the Kalahari Desert in Africa, Greenland, Iceland, the North and South Pole, the Bering Strait, and Mount Everest. Troy grew up on an apple orchard in rural Iowa. After pursuing a career in the corporate world, he quit to seek a more vivid lifestyle in Alaska. Since that time he has been on expeditions all over the world. As a mountaineer, Henkels has been on ten climbing expeditions in the Alaska Range including a successful ascent of North America's highest peak, Denali 6,193 meters (20,320 ft). Around the world, he has been on climbing expeditions in South America, Iceland, the Himalaya, and various remote peaks in Antarctica. Henkels has competed in several unique Alaskan adventure races including: Iditasport - a 100 mile winter endurance race across the interior of Alaska; Mt. Marathon - a mountain race, which ascends and descends 3000 feet in

Avalanche!
Assess and reduce risks from Avalanches
Robert Bolognesi

A practical pocket guidebook to help you learn the skill of snow avalanche prediction. Aimed at all winter snow sports enthusiasts, you can learn the skill of avalanche prediction, understand and predict avalanches, evaluate the risks and reduce the dangers. The book includes a Nivotest designed to ...

Summary
This little guide will assist a wider understanding of the phenomenon of avalanches, through the use of both objective data and the accounts of witnesses and survivors. It reveals some of the indications which, for those who know how to interpret them, will enable a local assessment of avalanche hazard to be made and a number of pitfalls to be avoided. Finally, it provides some rules of thumb, be it for freeriders, ski tourers, walkers or climbers, that will permit safer travel on the mountains. People say avalanches are unpredictable. Is that true? And even if it is, is that an excuse for throwing your life away? It is certainly true that no-one is in a position to claim that they can predict every avalanche, and it has to be said that some are particularly baffling, even for the most experienced. Nevertheless, an avalanche is not a supernatural event, and even without expert knowledge of the release mechanisms in all their complexity, it is still possible to identify the majority of hazardous situations.

Contributor Bio
Blyth Wright (translator) was formerly Assistant Director of the International School of Mountaineering in Leysin, Switzerland, then worked for 20 years as an Instructor at Scotland's Glenmore Lodge National Sports Centre. For the past 16 years he has acted as Co-ordinator of what is now the sport scotland Avalanche Information Service.
Winter Climbs Ben Nevis and Glen Coe
Alan Kimber, Mike Pescod

Guidebook to the best winter climbing routes around Ben Nevis and Glen Coe, with nearly 1000 buttresses, ridges and gullies described, all illustrated with photo topos. The best routes and access points and a wide choice of options for all grades and types of climb. Scottish winter climbing on Ben N...

Summary
Now with over 800 routes, and photo topos throughout, this seventh edition takes a Cicerone classic to new heights. These descriptions of the best winter climbing in Ben Nevis and Glen Coe include all the best new routes and access points, giving climbers a wide choice of routes of all grades and types – buttress, gully or ridge.

This guide covers all that is best on Ben Nevis, as well as Carn Dearg, Aonachs Mor and Beag, and Bidean nam Bian and its related summits, Buchaille Etive Mor, Beinn Udlaidh and outlying peaks in Glen Coe and new to this edition are the crags on Stob Coire an Laoigh and Mullach nan Coirean. New photography throughout and information on interpreting the new avalanche forecasts, as well as a section on judging which crags will be in good condition, will make this guide essential for all winter climbers.

Scottish winter climbing has become much more accessible to the novice and more appealing to the committed winter activist over recent years. Standards have been pushed forwards, developments in equipment have made it more enjoyable and safer and the internet is ...

Contributor Bio
Mike Pescod, an IFMGA Mountain Guide with 15 years’ experience of winter climbing, has taken on the mantle of revising this guidebook from Alan Kimber. This is his first book for Cicerone.

Snowboarder's Start-Up (2nd Edition)
A Beginner's Guide to Snowboarding
Doug Werner

Summary
Here is the essential beginner’s guide to the fastest growing sport in the country according to the National Sporting Goods Association. The most important questions—how to stop, how to turn, and how to avoid the crash and burn syndrome—are answered because the author takes the reader along as he learns the sport himself. Basic gear, preparation, technique, and safety are also discussed.

Contributor Bio
Doug Werner is the author of nine books in the Start-Up Sports series. He lives in San Diego, California.
Lost Railway Walks
Explore more than 100 of Britain’s lost railways
Julian Holland

Of Big Hills and Wee Men
Peter Kemp

Summary
Before us in the bright spring sunshine lay the entire Clyde valley, dominated by the vast sprawling mass of Glasgow, the dear green place. There was a time not too long ago when the old heavy industries would have made this view much less clear. But today we could see the Cowal Hills and Greenock in the west to the Pentlands in the East. From the time he bagged his first Munro Peter Kemp has remained an enthusiastic hillwalker and this book is a testament to his passion for Scotland’s outdoors and hillwalking culture.

Contributor Bio
Peter Kemp was born in Govan and raised in a grey, post-war Glasgow. With generations of shipbuilding in his veins, he followed the path that was laid for him, working on the construction of the QE2 as an apprentice patternmaker. He witnessed first hand the death of shipbuilding on the Clyde and the industrial turmoil of the time, yet amidst this world of heavy industry Peter managed to discover a different, more natural, world on his doorstep. The world of Scotland’s scenery inspired Peter’s lifelong passion for the great outdoors: since 1990 he has been giving people from all over the world over the hills, sharing the experience of Scotland’s scenery with them. After many years balancing the dichotomy of periods of frantic work with unemployment, Peter gave up building luxury yachts and is now living quietly in Glasgow with his wife of 32 years, May, and one of his four sons. Peter still ventures onto Scotland’s hills both on his own and as a guide, paints, and dabbles in politics as a trade union official.
Scotland's Mountains Before the Mountaineers
Ian R. Mitchell

Summary
Winner of the Outdoor Writers Guild Award for Excellence
In this new book on pre-mountaineering ascents and near ascents in the Highlands, we have at last a work which does justice to those who lived and worked, travelled and fought in the Highlands before Walter Scott. PROF. BRUCE LENMAN
Marvelous account of mountaineering's prehistory... as colourful as it is thought provoking

Contributor Bio
Originally from Aberdeen, Ian Mitchell has lived in Glasgow for the past thirty years. Winner of the Boardman Tasker Prize for Mountain Literature for A View from the Ridge, historian Ian R. Mitchell gave up teaching to write full time. Jan's background in historical research, coupled with in-depth personal experience of East Berlin in the 1980s, allows him to create an authentic historical novel. His previous exercise in historical fiction, Mountain Outlaw, was described by the renowned historian E J Hobsbawm as 'fascinating...a fine piece of work...more support for my ideas on social banditry.'

Walks and Scrambles in the Moroccan Anti-Atlas
41 Routes Including Jebel El Kest
David Wood

Summary
The walks and scrambles in this guidebook explore the wild and rugged landscapes of the Anti-Atlas mountains of southern Morocco, with Tafraout and the Ameln Valley as the main base. 41 adventurous routes of between 3 and 40km include Jebel el Kest, Adra Mkorn and Ait Mansour, with an outline of a 1 week long-distance trek across the north-west Anti-Atlas. Walks are mainly moderate to difficult, and scrambles are Grade 1 to Grade 3+, with ropes being required for some sections. Often remote and challenging, the routes are suitable for confident walkers and scramblers with good navigation skills.

Each route description is accompanied by mapping, with some photo topos to aid route finding in tricky sections. The guidebook also gives background information on the people, culture and history of the region, as well as a wealth of advice on planning a trip, making it an indispensable guide to exploring this dramatic region.

The mountains and landscapes of the Anti-Atlas extend over 300km north east from the Atlantic Ocean to Jebel Sirwa (3305m). This guidebook covers an area of more than 400...

Contributor Bio
Based in West Lancashire, David is a keen walker, photographer and rock climber. As a frequent traveller he has followed his pursuits in over twenty counties across five continents.

David worked initially in the police service, following which he taught in secondary and adult education. He subsequently worked as a psychologist with children and adults in the public sector.
**Walking on Gran Canaria**  
Paddy Dillon  

Walking on Gran Canaria describes 45 day walks in eight areas of the island. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries. Gran Canaria, one of the larger Canary Islands is a hugely popular spot for tourists, but offers man...

**Summary**  
This guide, the fourth in a series of five to the Canary Islands, offers 45 walks including a five-day coast-to-coast route on the long-distance GR 131 - an island-hopping trail that stretches across all seven of the Canaries. All routes

**Contributor Bio**  
Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

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**Hiking and Trekking in the Japan Alps and Mount Fuji**  
*Northern, Central and Southern Alps*  
Tom Fay, Wes Lang  

English-language guidebook to the Japan Alps, featuring 27 walks and treks in the North, Central and South Alps, and the Mt Fuji area. Routes range from short, easy walks to long, tough treks and thrilling scrambles. Covers popular areas of Hakuba, Tateyama, Kamikochi, Kawaguchiko. With full informa...

**Summary**  
Guidebook to the magnificent Japan Alps, which stretch across the middle of the main island of Honshu, and iconic Mount Fuji. The guide describes nine day-walks and thirteen treks of 2-8 days covering the North, Central and South Alps, as well as the four main routes up Mount Fuji - Japan's highest mountain at 3776m - and a further route on neighbouring Mount Kurodake.

The routes visit many of the region's key summits, including several over 3000m. They are graded according to difficulty, although several entail steep ascents and difficult terrain and a few include scrambling and exposure, calling for a sure foot and a good head for heights. Comprehensive step-by-step route descriptions are accompanied by clear mapping. The Japan Alps and Mount Fuji boast a well-developed walking infrastructure, and the routes make use of the many mountain huts and campgrounds, full details of which are given in the guide. Some also include the opportunity to visit a traditional hot-spring bath for a refreshing soak after your hike.

You will find all the information you will need to plan a successful w...

**Contributor Bio**  
Tom Fay is a British writer and teacher based in Osaka, and he has been living in Japan for well over a decade. Growing up in the hills of North Wales, the mountains of Snowdonia were his first outdoor 'love', and he still returns there year after year. He has since hiked and climbed in many places including Scotland, Iceland, China, South Korea, New Zealand, the Himalayas and every corner of Japan. Tom writes about travel...
**All Along the River**
*Tales from the Thames*
Pauline Conolly

**Summary**
*All Along the River: Tales from the Thames* is an engaging and humorous guide to England’s most famous river, serving as a companion volume to more practical books about the Thames Path and the river’s settlements. Both quirky and fun, it is packed with information about literary associations, local recipes, folklore, and a good many murders and mysteries! Pauline Conolly has spent the last two decades wandering the banks of the River Thames, investigating its social history and exploring from the river’s source in a Gloucestershire field to the flood barrier in London. Her journeys have even taken her further, to the point where this majestic and historic river finally enters the North Sea. If you’ve ever wanted to know more about the River Thames but didn’t know where to start, *All Along the River* is the book for you.

**Contributor Bio**
Pauline Conolly has written for a wide range of publications, and is a member of the Society of Authors. Her penchant for British history and humor have come together in *All Along the River*, which is her second book. Her first, *The Water Doctor’s Daughters*, was also published by Robert Hale.

**Walking in Austria (Revised)**
*101 Routes - Day Walks, Multi-day Treks and Classic Hut-to-Hut Tours*
Kev Reynolds

This guidebook describes 101 varied walks in Austria, from day walks to multi-day treks. Walks are graded from 1 to 3 with something to suit every level of ambition. Ten of Austria’s most stunning regions are covered, including the Rätikon, Silvretta and Ötztal Alps, with routes ranging from 3 to 120...

**Summary**
A comprehensive guidebook detailing walking routes in Austria. The 101 walks reflect the diversity of this popular region and cover Austria’s magnificent Alps - including the Rätikon, Silvretta, Stubai and Zillertal - as well as the Dachsteinengebirge, Hohe Tauern and the Karawanken. Graded according to difficulty and ranging from short walks of a few kilometres to day hikes and multi-day hut-to-hut tours, from the classic to the lesser-known, there is something to suit every level of ability and ambition.

A full description of each route is accompanied by clear sketch maps. This book has all the information you need to make the most of an active walking holiday in Austria, including information on public transport, accommodation, gear required and safety issues, full details of over 100 mountain huts and a German-English glossary.

Austria is one of Europe's most walker-friendly countries. Its 40,000km of well-maintained and waymarked trails pass more than a thousand Austrian mountain huts and countless attractive villages, hospitable hotels, inns and restaurants. It also boasts an ext...
**Trekking in Slovenia** *(Revised)*

The Slovene High Level Route

Justi Carey, Roy Clark

A guidebook for trekking the Slovene High Level Route across Slovenia. The 500km hike from Maribor, near the Austrian border, to Ankaran on the Adriatic coast, is described as a series of 3 to 6 day treks. The route runs through the regions of Pohorje, the Julian Alps and Kamnik-Savinja Alps, the Ka...

**Summary**

A guidebook to trekking the Slovene Mountain Trail, crossing Slovenia from Austria to the Adriatic. The 550km route is presented in a series of 12 3 to 6-day treks of all levels of difficulty, all featuring start and finish points that can be accessed by public transport. They can be completed as single sections or linked to create a longer trip. Each day is graded: low-grade walking is mostly on tracks or lanes with no steep ascents, whereas the most difficult stages may involve steep and technical terrain including fixed protection or sections of via ferrata, for which a helmet, self-belaying equipment and the appropriate experience are required.

In addition to clear route description and mapping, the guide provides all the practical information you will need to plan your trip, covering transport, accommodation and safety, as well as background notes on geology, plants and wildlife.

From Maribor, close by the Austrian border in the north-east, to Ankaran on the Adriatic coast in the south-west, the route covers outstanding mountain and upland walking: the vast forested plateau of Poh...

**Contributor Bio**

Roy Clark and Justi Carey started visiting the British mountains in their teens, a discovery which shaped their whole lives. In 2002 they moved to Slovenia in search of new challenges, and are currently living in the heart of the Julian Alps, where they are happily exploring this new area and culture.

The GR11 Trail *(6th Edition, Revised)*

Through the Spanish Pyrenees

Brian Johnson

The GR11 traverses the Spanish Pyrenees from Irún on the Atlantic coast to Cap de Creus on the Mediterranean, and often enjoys better weather than its French counterpart, the GR10. Leading over high passes and through sweeping valleys, the 820km route is presented in 47 stages. Trekkers require expen...

**Summary**

This comprehensive guidebook to the GR11 trail, which runs 820km from the Atlantic to the Mediterranean, provides everything trekkers will need to take up the challenge - detailed route description, excellent photographs, lots of background information and unique custom-produced maps. This glorious traverse of the Pyrenees, on the Spanish side, is a serious challenge - passing over a succession of high alpine passes where boulderfields, scree slopes and occasional snowfields may need to be crossed. It is presented in 47 stages of 8-31km.

It is well waymarked and has regular opportunities to top up on food and drink, described within the routes and in a detailed place-by-place appendix at the back. Also included are bad weather options - although the weather is often good along this route - detours to find accommodation at some points, and advice on where to stay, supplies, language and logistics, as well as a glossary including Aragon, Basque and Catalan words, to help you find your way.

**Contributor Bio**

Brian Johnson is a critically-acclaimed worship leader, senior worship Pastor at Bethel church in Redding, California, and the co-founder of Bethel Music. He is a survivor of panic and anxiety disorder, and through his struggle, he's experienced the tangible grace of a comforting God. Together with his wife, Jenn, Brian uses his experiences and his profound belief in a present God to craft intimate and resonate worship songs for the church, both locally and throughout the world. Brian and Jenn make their home in Redding California with their four wonderful children, Haley, Téa, Braden, and Ryder Moses.
The GR20 Corsica (4th Edition, Revised)
Complete Guide to the High Level Route
Paddy Dillon

This guidebook describes the classic GR20 trek, the north to south traverse of the rugged mountains of Corsica. Starting in Corsica's north-west, in picturesque Calenzana, the route winds south-east, through the heart of Corsica, finishing on the eastern side of the island, just north of Porto Vecchio...

Summary
This guidebook describes the classic GR20 trek, the north to south traverse of the rugged mountains of Corsica. Starting in Corsica's north-west, in picturesque Calenzana, the route winds south-east, through the heart of Corsica, finishing on the eastern side of the island, just north of Porto Vecchio in the township of Conca. Described in 16 stages with high level/low level alternatives for relevant stages, the route is roughly 200km in length and takes approximately two weeks to complete. The GR20 climbs high into the mountains. It is demanding trek and only suitable for experienced walkers.

Step-by-step descriptions of each stage are accompanied by 1:50,000 mapping, together with information on ascent/descent, terrain, and food, water and shelter en route. Also included is invaluable information such as path conditions, what to take, and getting to/from and around Corsica. This comprehensive guide also includes information on the history and geology of Corsica, together with notes on the local plants and wildlife.

An island of surreal beauty, Corsica showcases dramatic mountains, e...

Contributor Bio
Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada.

The Tour of Monte Rosa
A Trekker's Guide
Hilary Sharp

This guide provides eight stages of route description and comprehensive planning and background details to the Tour of Monte Rosa, a challenging and very varied adventure that takes a high route around the massif, in a circuit that begins and ends in Zermatt, southern Switzerland.

Situated on the Swiss–Italian frontier, the spectacular Monte Rosa range boasts 10 summits over 4000m and is the largest massif in western Europe. Spectacular from all angles, this mountaineer's paradise of true wilderness allows walkers to experience a remoteness rarely found in the Alps.

The spectacular scenery is not all that the tour offers: the contrast between the Swiss and Italian sides of the range adds immeasurably to the whole experience and walkers are advised to take the time to explore some of the charming hamlets and villages found en route and to savour fully the different food and drink, history and culture that make up this alpine region.

Contributor Bio
Hilary Sharp is a qualified Accompagnatrice en Montagne (International Mountain Leader) based permanently in the village of Vallorcine, near Chamonix-Mont-Blanc in the French Alps. A native Brit, she runs her own trekking business, leading guided walks and treks. Hilary has contributed to several British walking magazines and hiking guides. This is her fifth guidebook for Cicerone.
Trekking in the Silvretta and Rätikon Alps
Kev Reynolds

This guide describes three treks, between 5 and 8 days, in the Silvretta and Rätikon Alps starting near Klosters, and 12 half-day hut-to-hut routes. These contrasting ranges form a line on the borders of Switzerland, Austria and Liechtenstein. The Tour of the Silvretta, the Prättigauer Höhenweg and ...
Walking in Provence - West
Drôme Provençal, Vaucluse, Var
Janette Norton

This guide offers 30 circular day walks in the western half of Provence, the large sun-kissed coastal region of south-east France. Spanning from the Baronnies in the north to the Ste-Baume ridge in the south, the walks are set in the areas of the Drôme Provençale, Vaucluse and the Var.

Provence is a …

Summary
This guide offers 30 circular day walks in the western half of Provence, the large sun-kissed coastal region of south-east France. Spanning from the Baronnies in the north to the Ste-Baume ridge in the south, the walks are set in the areas of the Drôme Provençale, Vaucluse and the Var.

Provence is a colourful paradise, with a backdrop of dramatic mountain ridges and deep river gorges. History is everywhere, in medieval villages, arcaded streets, abbeys, churches and castles. The sun attracts many visitors to the coast, but the diverse countryside inland provides so much more.

Suitable for all walkers of average fitness levels, the walks are graded for difficulty from short, easy routes to more challenging walks that can include precipitous sections, but no special equipment is needed.

Contributor Bio
Janette Norton lived in France, near Geneva, for over 30 years with her physicist husband, Alan, raising four children and working in the marketing field. Her love of mountain walking dated from the time she was a guide in her twenties, and the proximity of the Alps and Jura to her home inspired her to continue her passion. After her children grew up, she branched out to explore other areas of France.

Hiking and Biking in the Black Forest (Revised)
Morgenstern Kat

Hiking and Biking in the Black Forest describes day walks, multi-stage treks and 5 cycle routes covering the north, central and southern regions of Germany’s Black Forest. Easy routes for families and multi-day journeys to explore the many forests, villages, castles and hills near Strasbourg, Baden-…

Summary
15 day walks, 3 multi-stage treks and 5 cycle routes are described covering the north, central and southern areas of Germany’s Black Forest. The walks and cycle routes are evenly distributed across all three areas and comprise both long distance routes and day walks, although each stage of every long distance walk can also be done as individual day tour. The chosen routes include the main Black Forest destinations, such as Feldberg, Belchen Schauinsland, Hornisgrinde and Mummelsee, as well as Allerheiligen Abbey and waterfalls and the source of the Danube, to name but a few. Two of the three long distance routes are certified quality trails: Schluchtensteig (120km), which means gorge trail traverses the Wutachschlucht, one of the last untamed river systems in Germany, and Zweitälersteig (108km) a highly diverse circular route which leads through some of the most beautiful and contrasting parts of the Central Black Forest. Seensteig (71km) partially follows the central ridge of the Black Forest mountain range, offering unsurpassed views along the way. The cycle routes (4 day rides, an…

Contributor Bio
Born and raised in Berlin, Germany, Kat Morgenstern discovered her passion for travel early on. At the tender age of 18, she left Germany to begin a journey that has taken her halfway around the world and is still in progress today. Professionally, Kat is a grassroots herbalist, ethnobiologist, writer and ecotravel professional. She is the founder and director of Sacred Earth, a network and educational resource for ‘plant people’ of all species, and of Sacred Earth Travel.
**Trekking Munich to Venice**

The Traumpfad, 'Dream Way', a Classic Trek Across the Eastern Alps

John Hayes

This guidebook describes the Traumpfad or the 'Dream Way' - a 570km route across the Alps, from Munich to Venice. The trek is divided into 5 sections, with each section broken down into day stages of between 4hrs and 9hrs. The route, which takes one month to complete and involves 27,000 metres of cl...

**Summary**

This guidebook describes the 570km (354 mile) Traumpfad or 'Dream Way', an Alpine trek from Munich's Mariënplatz to the Piazza San Marco in Venice. The route is broken into 30 stages of between 5hrs 30mins and 9hrs, graded according to difficulty, with 5 alternative stages and the option to spend a day traversing a section of via ferrata in the Dolomites. Previous experience of Alpine trekking is not necessary as the route is suitable for most able walkers: however, a head for heights is essential.

Known as 'Europe's playground', the Alps boast an unrivalled walking infrastructure and breath-taking views of angular peaks, flower-strewn valleys and verdant slopes. Hugely popular with German trekkers but little-known in the English-speaking world, Der Traumpfad revels in this stunning scenery. The route passes through German Bavaria then Austria before entering the Italian Tyrol, taking advantage of the region's extensive network of mountain huts for accommodation en route.

With custom-designed mapping and stunning colour photography, the guide has all you need to get the best from you...

**Contributor Bio**

John Hayes is a retired management consultant with degrees from Liverpool University and University College London. Immediately after finishing work in 2011 he embarked on an epic 5,000km trek across Europe, walking from Tarifa in Spain to Budapest. The veteran of numerous long treks in the Alps, Spain and the Himalayas, John has written for numerous walking and trekking magazines. John first walked the GR1 in early 2013 and has made two return trips. When exploring new routes in Spain John enjoys the advice and support of local hikers and mountain guides.

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**Walker's Map Ben Nevis, Fort William & Glen Coe**

AA Publishing

**Summary**

Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
Walker's Map Brighton & The South Downs

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

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Walker's Map Bristol, Bath & The Mendips

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
Walker's Map Central Lake District

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK's largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

Walker's Map Chichester & The South Downs

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK's largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
**Walker's Map Edinburgh**

AA Publishing

**Summary**

Covering an area of 19.31 square miles and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of detail ensures nothing gets missed and you won't get lost.

**Contributor Bio**

AA Publishing is the UK's largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

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**Walker's Map Exmoor**

AA Publishing

**Summary**

Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

AA Publishing is the UK's largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
**Walker's Map Lands End & The Lizard**

**AA Publishing**

**Summary**
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

**AA Publishing** is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

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**Walker's Map Lyme Bay**

**AA Publishing**

**Summary**
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

**AA Publishing** is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
Walker's Map North York Moors (western)

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

Walker's Map Snowdon & Conwy Valley

AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
**Walker's Map The Chilterns**
AA Publishing

**Summary**
Covering an area of 50km$^2$ and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

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**Walker's Map The Cotswolds**
AA Publishing

**Summary**
Covering an area of 19.31 square miles and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of detail ensures nothing gets missed and you won't get lost.

**Contributor Bio**
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
**Walker's Map The Norfolk Broads**

**Summary**
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

**AA Publishing** is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

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**Walker's Map West & Central Brecon Beacons**

**Summary**

One of a brand new range of 30 AA sheet maps utilising the 1:25,000 data supplied by the Ordnance Survey. The maps have the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of the details ensures nothing gets missed and you won't get lost.

**Contributor Bio**

**AA Publishing** is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.
Walker's Map Wye Valley & The Forest of Dean
AA Publishing

Summary
Covering an area of 50km^2 and with a large scale of 1:25,000, this map has the familiar look and style of OS mapping, with improved coverage of the featured areas. Aimed at outdoor enthusiasts in particular, the level of details ensures nothing gets missed and you won't get lost.

Contributor Bio
AA Publishing is the UK’s largest travel publisher, with an extensive range of inspiring travel guides, dependable driving books, and trusted maps and atlases.

Great British Walks
100 Unique Walks Through Our Most Stunning Countryside
Cavan Scott, Julia Bradbury

Summary
A practical guidebook featuring a range of outings, from gentle strolls through peaceful scenery to more challenging journeys to the very heart of the great British wilderness. Combining insightful and descriptive writing about the British countryside with easy-to-follow practical information and clear, detailed mapping, this guide will inspire travelers to explore some of the most striking areas that the nation has to offer. The 100 walks are spread across varying terrain and cover regions across the country, from the Peak District and Lake District in the Heart of England to the highlands of Scotland and the rolling hills of the South East. This compact guide offers the tried-and-tested knowledge of the Countryfile Magazine team—providing detailed descriptions of routes and levels of difficulty, comprehensive Ordnance Survey mapping, and practical information to help travelers plan their trips.

Contributor Bio
Cavan Scott started Countryfile Magazine, which celebrates the British countryside. He has written for more than 30 British magazines and newspapers.
**CAMRA's Lake District Pub Walks**

Bob Steel

**Summary**

*CAMRA's Lake District Pub Walks* is a practical, pocket-sized guide to some of the best pubs and best walking in the Lake District—England's largest national park. This guide features 30 walks of varying lengths, aimed at both the casual walker and more serious hiker, and explores some of the region's fascinating cultural heritage and local attractions. Each route has been selected for its inspiring landscape, historic interest, and its beer—with the walks taking you on a tour of the best real ale pubs the area has to offer. Full-color, ordnance survey maps and detailed route information, alongside pub listings with opening hours and details of draught beers, make *CAMRA's Lake District Pub Walks* the essential guide for anyone wanting to see—and taste—the very best of a stunningly beautiful part of England.

**Contributor Bio**

**Bob Steel** is a geographer by profession and has been a teacher for much of his life. He has written many magazine and newspaper articles and is author of CAMRA's best-selling *Peak District Pub Walks, Edinburgh Pub Walks, and London Pub Walks*.

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**CAMRA's London Pub Walks (2nd Edition)**

Bob Steel

**Summary**

From the bucolic charms of Hampstead Heath to the bustle of Marylebone, this pocket-sized guide will lead the serious rambler and more casual walker on voyages of discovery, each with great pubs at its heart. The walks are clearly mapped and illustrated, with detailed information on how to link multiple walks together. Over 160 pubs are featured on 30 walks and 3 special city tours by bus, tram and riverbus. Detailed pub listings are accompanied by notes on cultural and historic items of interest to be discovered along each route.

**Contributor Bio**

**Bob Steel** is the author of the CAMRA Pub Walks series.
**Edinburgh Pub Walks**
Bob Steel

**Summary**
Explore the many faces of Scotland's capital city, while never straying too far from a decent pint
Featuring walks in the heart of Edinburgh, as well as routes through its historic suburbs and nearby towns along the Firth of Forth, all accessible by public transport, this pocket-sized guide encourages visitors to stray off the Royal Mile and explore the history, architecture, and landscape of the city. The 25 town, park, and coastal walks have trails of varying lengths to suit everyone from the casual pub goer to active walkers. Each pub has been selected for its high-quality real ale, its location, and its architectural heritage. Full contact details and opening times are given for each pub, as well as information on beer range. Special feature boxes give detailed insights into fascinating local places, Scottish pub culture, and history, and useful accommodation suggestions and public transport information are provided. Fully-illustrated throughout, high-quality street-level mapping helps readers navigate easily and join up trails for longer walks.

**Contributor Bio**
Bob Steel is the author of London Pub Walks and Peak District Pub Walks.

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**South East Pub Walks**
Bob Steel

**Summary**
A practical, pocket-sized guide to some of the best pubs and walking routes in the south eastern corner of England
Aimed at both casual walkers and serious hikers, this guide features walks throughout the south east counties that border London, along with details of the region's heritage and special attractions. Each route has been carefully chosen for its inspiring landscape, historic interest, and its beer, with the walks taking travelers on a tour of the best real ale pubs the area has to offer. Full-color maps; detailed information on routes, accommodation, and public transportation; special feature boxes giving detailed insights into fascinating local attractions and history; and pub listings with opening hours and details of draught beers make this the essential guide for anyone wanting to see—and taste—the very best of a stunningly beautiful part of England.

**Contributor Bio**
Bob Steel is a geographer and the author of Edinburgh Pub Walks and London Pub Walks.
**Lake District: High Fell Walks**
Vivienne Crow

From classic horseshoes, such as the Newlands Round and the Fairfield Horseshoe, and traditional ascents of England's most iconic mountains, including its highest peaks Scafell Pike, Scafell, Helvellyn and Skiddaw, to well-trodden routes onto some of the quieter summits including Gray Crag and Beda...

**Summary**
This Guide contains 30 graded walks. From classic horseshoes, such as the Newlands Round and the Fairfield Horseshoe, and traditional ascents of England’s most iconic mountains, including its highest peaks Scafell Pike, Scafell, Helvellyn and Skiddaw, to well-trodden routes onto some of the quieter summits including Gray Crag and Beda Fell, the 30 routes in this guide comprise all the best high-level fell walks to be had in England’s beautiful and much-loved Lake District National Park.

Also featuring quieter routes onto popular fells including Blencathra and Red Screes, the walks range from 7–23km and are graded for difficulty. Covering both rocky terrain and grassy hills, with occasional boggy ground, most of them are relatively easy-to-follow in clear conditions, but may require good navigational skills in mist.

**Contributor Bio**
Vivienne is a freelance writer and photographer specialising in the outdoors. A journalist since 1990, she abandoned the constraints of a desk job on regional newspapers in 2001 to go travelling in Asia and New Zealand. On her return, she decided to focus on the activities she loves the most – hill-walking, writing, travelling and photography. Needless to say, she’s never looked back! Based near the Lake District, she has written several books on the national park and on Cumbria, mostly walking guides, and is well-known in north Cumbria for her hugely popular walking columns, which appear in several local newspapers. She also writes outdoor features for magazines and does a lot of work for conservation and tourism bodies, researching and writing walks leaflets and interpretation panels. Vivienne is a member of the Outdoor Writers and Photographers Guild and the Society of Authors. Her website is www.viviennecrow.co.uk.

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**The Isle of Skye**
Terry Marsh

Guidebook with 87 walks and scrambles on the Isle of Skye. Walks visit the most awe-inspiring scenery on Skye, including Sleat and south-east Skye, Strath, Minginish, Duirinish, Waternish, Trotternish and the Cuillin. Walks range from coastal walks to Munros with exposure for experienced scramblers....

**Summary**
This guidebook describes 87 walks and scrambles on the Isle of Skye, visiting the island’s most awe-inspiring scenery including Sleat and South-East Skye, Strath, Minginish, Duirinish, Waternish, Trotternish and the Cuillin.

The routes explore many different landscapes on the island, ranging from coastal walks, lonely lochans, coastal cliffs and forests to Munros and mountain traverses, with exposure for experienced scramblers. There are hard, demanding days as tough as anything in the British Isles and the walks are in wonderfully isolated situations. The guide includes notes on history and geology as well as all useful local information.

The Isle of Skye is a place of elemental forces, a land that man has barely scratched.

**Contributor Bio**
Terry Marsh is a well-known outdoor writer. As a leading light in the Outdoor Writers and Photographers Guild, he has written extensively on long-distance trails in the UK and also about Scotland's national parks.
Walking Ben Nevis and Glen Coe (Revised)
100 Low, Mid, and High Level Walks
Ronald Turnbull

Guidebook to walking in Scotland's Ben Nevis and Glen Coe region, featuring 100 graded walks of 2 to 21 miles. Routes include low-level, mid-level and high-level walks, with the high-level walks showcasing 44 Munro summits. Routes are organised by location, being in and around: Fort William and Glen...

Summary
Guidebook to walking in Scotland's Ben Nevis and Glen Coe region, featuring 100 graded walks of 2 to 21 miles. Routes include low-level, mid-level and high-level walks, with the high-level walks showcasing 44 Munro summits. Routes are organised by location, being in and around: Fort William and Glen Nevis; Ben Nevis and the Aonachs; Grey Corries and Spean Bridge; Mamores; Kinlochleven; Glen Coe; Bidean nam Bian; and Glen Etive.

Home to some of the finest walking in the UK, the Ben Nevis and Glen Coe region offers the thrill of summiting many a Munro, as well innumerable lower hill walks oft forgotten in the lure of greater heights. It is a region of sublime scenery, challenging ascents, rugged ridgelines and rewarding vistas.

1:50,000 OS mapping accompanies low-level and mid-level route descriptions, while hand-drawn sketch maps at a larger scale accompany the mountain routes. Information on GPS, compass use, safety in the mountains and walking conditions are also included, as is practical advice relating to transport, food and shelter.

Contributor Bio
Ronald Turnbull lives close to the Carsphairn and Lowther Hills. He was one of the first people to walk the Southern Upland Way. He is a runner as well as a walker, and in 1986 was awarded the Long Distance Trophy of the Fell Running Association for a non-stop journey over the 148 hills of Southern Scotland.

Walking Hadrian's Wall Path (Revised)
National Trail Described West-East and East-West
Mark Richards

Guidebook and integral map booklet to walking the 84-mile Hadrian's Wall Path National Trail along the Roman Wall from Bowness-on-Solway to Wallsend, Newcastle. The trail typically takes a week to walk, and is suitable for beginners as well as walkers with greater experience. The route is described ...

Summary
Guidebook and integral map booklet to walking the 84-mile Hadrian's Wall Path National Trail along the Roman Wall from Bowness-on-Solway to Wallsend, Newcastle. The trail typically takes a week to walk, and is suitable for beginners as well as walkers with greater experience. The route is described in both directions, and the guidebook also features extensions to Maryport on Cumbria's far west coast and South Shields in the east.

Clear step-by-step route descriptions are illustrated by 1:100,000 OS map extracts. The guidebook comes with a convenient map booklet of 1:25,000 scale OS maps showing the full route. The route description links together with the map booklet at each stage along the way, and the compact format is conveniently sized for slipping into a jacket pocket or the top of a rucksack. (Note: the map booklet can also be purchased separately.)

A wealth of information on the history of the Wall is included, as well as a wide range of practical information for walkers, from accommodation and itinerary planning, to details on public transport and refreshments.

Contributor Bio
Mark Richards lives in Cumbria, on the fringe of the Lake District and has written a series of Fellranger guides covering the region, as well as Great Mountain Days in the Lake District. He has also written a guide to Hadrian's Wall, and several to the Peak District in England.
Walking Offa's Dyke Path (New edition)
Following the English-Welsh Border
Mike Dunn

This guidebook describes Offa's Dyke Path National Trail, following the longest linear earthwork in Britain, running 177 miles along the English-Welsh border between Sedbury (near Chepstow) and Prestatyn on the north Wales Coast, linking the Severn Estuary and the Irish Sea, contouring above the Wye...

Summary
This guidebook describes Offa's Dyke Path National Trail, following the longest linear earthwork in Britain, running 177 miles along the English-Welsh border between Sedbury (near Chepstow) and Prestatyn on the north Wales Coast, linking the Severn Estuary and the Irish Sea, contouring above the Wye and Dee, visiting hillforts and Norman castles and exploring the hidden heritage of the Marches. The book splits one of Britain's classic trails into 12 stages, with suggestions for alternative 8 and 16 day schedules. This is a long but not too difficult walk for walkers of all abilities.

Step-by-step route descriptions are accompanied by 1:100,000 OS mapping. A trek planner gives at a glance information about facilities, public transport and accommodation available along the route. A separate convenient booklet of 1:25,000 OS maps provides all the mapping needed to complete the trail.

The walk is astonishingly varied, taking in the lower Wye gorge, the Severn and the Dee rift valley, the pastures and woodlands of the border country, the remote moorland of the Black Mountains and the Clwyd...

Contributor Bio
Mike Dunn was born in Leicester but has lived in Penarth in the Vale of Glamorgan for over 30 years. He worked for the Welsh Assembly Government, latterly specialising in environmental and conservation issues, and has written widely on landscape, walking, pubs and real ale. Mike's favourite locations for walking are the Welsh borders, the Hebridean Islands and the Lake District.

Long-Distance Route from Fort William to Inverness
Dillon Paddy

The essential guidebook to walking the Great Glen Way, a 79-mile National Trail that runs along the Great Glen between Fort William and Inverness. The Great Glen is one of the most remarkable features in the Scottish landscape - a ruler-straight valley along an ancient fault line through the Highland...

Summary
The essential guidebook to walking the Great Glen Way, a 79-mile National Trail that runs along the Great Glen between Fort William and Inverness. The Great Glen is one of the most remarkable features in the Scottish landscape - a ruler-straight valley along an ancient fault line through the Highlands. Ideal as an introduction to long-distance walking, the Great Glen Way can easily be walked within a week, and most walkers will aim to complete the route in five or six days. The guidebook provides the walker with practical information, maps and clear route descriptions for every stage of the trek and lists the facilities found along the way. A separate OS map booklet shows the trail, which can be walked in either direction.

The Great Glen Way stretches alongside the scenic Caledonian Canal, which links Loch Lochy and Loch Oich with the famous Loch Ness. The route uses undulating forest tracks, lakeside paths, old drove roads and military roads, as well as contrasting stretches over heather moorlands or through city suburbs. Walkers can enjoy the scenery and wildlife, delve into the his...

Contributor Bio
Paddy Dillon is a prolific walker and guidebook writer, with over 40 books to his name and contributions to 25 other books, many for Cicerone. He has written extensively for several outdoor magazines and other publications and appeared on radio and television. An indefatigable long-distance walker, Paddy has walked the Arctic Circle Trail in both directions.
**Walking The Pembrokeshire Coast Path National Trail (Revised)**

Dennis Kelsall, Jan Kelsall

This guidebook describes the Pembrokeshire Coast Path National Trail. The scenic 180 mile (291km) long-distance walk from Amroth to St Dogmaels takes around 2 weeks to walk, with soaring rugged cliffs, tranquil inlets and broad sandy beaches. With planning schedules, route description and accommodat...

**Summary**

There is immense variety in both the scenery and natural life of the Pembrokeshire coast, and its exploration can be equally satisfying for serious walkers and those more inclined to potter. At any time of the year there is much to see as the continuing cycle of nature successively reveals its different moods and aspects. This guide is designed to assist in the planning of a long-distance walk as well as to provide a companion to point out some of the interesting features along the way. The contorted nature of the coast creates many sections that can conveniently be walked on a day basis, and a separate chapter suggests some possibilities. An accommodation guide, distance charts and access and transport points provide additional information, together with an informative introduction (which includes the region’s geology, history, flora and fauna, topography and weather conditions). The long-distance walk is divided into 15 clear sections of between 7 and 19 miles.

**Contributor Bio**

Dennis and Jan Kelsall are professional outdoor writers and photographers, contributing to various magazines and producing a weekly walking feature for the Lancashire Evening Post. They have a keen interest in the environment, its geology, flora and wildlife.

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**Walking The Wales Coast Path**

Llwybr Arfordir Cymru

Paddy Dillon

This practical, pocket-sized guidebook is to the 870-mile Wales Coast Path. Describing the route in 57 daily stages from Chester to Chepstow, which can be adapted by walkers to suit their own abilities and preferred pace.

The coast path covers the entire Welsh coastline, linking historic castles, pas...

**Summary**

Single guidebook to walking the whole Wales Coast Path - 870 miles the length of Wales from Chester to Chepstow, including Anglesey, described in 57 stages grouped into 8 regions. Passes through Snowdonia and Pembrokeshire National Parks and many AONBs and can be linked with the Offa's Dyke Path for a complete circuit. With custom 1:100K maps.

**Contributor Bio**

Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.
100 Classic Coastal Walks in Scotland
Andrew Dempster

100 Classic Coastal Walks in Scotland is the essential guide to experiencing Scotland's truly dramatic, extensive and ever-varying coastline on foot.

Summary

The essential guide to experiencing Scotland's truly dramatic, extensive, and ever-varying coastline on foot

Compiled in a user-friendly format with maps and illustrations throughout, this guide provides a wealth of walking possibilities for anyone with an interest in outdoor pursuits, with many suitable for children. Scotland and its islands encompass more than 10,000 miles of coastline that are as diverse and breathtaking as the country's inland scenery. The 100 wildly varied routes outlined here take in the quaint fishing ports, long sun-bleached strands, and vast golf links of the east coast; the grand Gothic cliffs, natural arches, and storm-tossed seastacks that comprise much of the fractured edge of the Atlantic; the kaleidoscopic wildflower carpet of the Western Isles machair; the remote, romantic castles and ancient clearance settlements of Skye; and myriad idyllic secluded beaches and breathtaking cliff-top vantage points. This unique guide covers the whole spectrum, from hour-long beach strolls to serious full-day hikes that require mountain gear and total commitment.

Contributor Bio

Andrew Dempster is the author of several other books, including Classic Mountain Scrambles in Scotland and The Grahams: A Guide to Scotland.

Hadrian's Wall
Clifford Jones

The essential walk on Hadrian's Wall

Hadrian's Wall is the defining monument of the Roman empire and the best known of the Roman walls in Britain. Starting in England, the Wall follows the rugged course of the Tyne Valley and the Scottish border towards the Solway Firth. The Wall was built by the Romans to keep out the Picts and the Scots, and to protect the grain and wine from the Low Countries that they provided for the Roman legions in the north. The Wall ended the Roman era in Britain, and was dismantled in the 5th century, when the British tribes defeated the Roman army. It is now a world heritage site.

Hadrian's Wall is an essential walk for all lovers of history and ancient monuments. The Wall is a perfect example of Roman engineering and design, and its construction is a testament to the Roman Empire's strength and power. The Wall is also a fascinating place to explore, with its ruins and remains scattered throughout the landscape. The Wall is a UNESCO World Heritage Site and is a popular destination for tourists and history enthusiasts.

Hadrian's Wall is a perfect place for a day trip or a longer stay. The Wall can be accessed from a number of towns and villages along its route, including Carlisle, Newcastle, and Edinburgh. The Wall is a great place to explore on foot, with a number of walking trails and routes available. The Wall is also a popular destination for cyclists, with a number of cycling paths and routes available along its route.

Hadrian's Wall is a fascinating and important place to visit, and it is a must-see destination for anyone interested in history or ancient monuments.
The Cotswold Way
An Archaeological Walking Guide
Tim Copeland

Summary
The Cotswold Way crosses some of the most densely populated and varied landscapes from the each period of the past. The route also has some nationally important archaeological sites along, behind and in front of it. This book introduces the serious trail walker or the local 'single-stretch' day rambler to the types of archaeological monuments along the Cotswold Way route. It then follows each of the six sections of the route describing the individual sites and their background along the trail. For those who wish to explore the Cotswold plateau behind the route there will be recommended archaeological walks, and for each type of walker the 'archaeological' panoramas in front of the Cotswold Escarpment are identified and explained.

Contributor Bio
Tim Copeland, FSA taught archaeology at the Universities of Bristol and Gloucestershire. He is a Fellow of the Society of Antiquaries, and Chairman of the Council of Europe’s Cultural Heritage Committee. He is the author of Akeman Street: Moving through Iron Age and Roman Landscapes and Roman Gloucestershire, and lives in Cheltenham.

Walking in Ireland
50 Walks Through the Heart and Soul of Ireland
Christopher Somerville

Summary
The very best walks in Ireland, from the Nephin Beg Mountains in Mayo to Dingle Way in Kerry

Walking has never been a more popular pastime and nowhere is more beautiful for walkers to explore than Ireland. In this beautifully written and superbly researched guide, Christopher Somerville draws on his very popular Walk of the Week column for the Irish Independent, to present the finest excursions, each paired with a beautiful handpainted picture map. Practical instructions for the walks are married with evocative and informative passages on the history, flora and fauna, culture, and topography of the land. Whether it’s exploring the Burren in its floral glory or seeing the Walls of Derry, or even sitting at home in your armchair planning your travels, this book will prove popular with walkers, vacationers, and anyone who loves the Irish landscape.

Contributor Bio
Christopher Somerville is a travel author who has has written more than 30 books, including AAA Spiral Guide: Ireland, Britain and Ireland’s Best Wild Places, and National Geographic Traveler: Ireland.
**From High Places**  
*A Journey Through Ireland’s Great Mountains*  
Adrian Hendroff

*From High Places* celebrates Ireland’s mountains and hills with 200 color photos, cultural history and detailed accounts of walking routes.

**Summary**

A celebration of Ireland's high places, full of scenic images and detailed accounts of walking routes  
A powerful collection of stunning images taken from the peaks of Ireland’s mountains, this book will transport readers from the quartzite giants of Connemara, the wild summits of Donegal, the sweeping mountains of Mourne, to the towering peaks of Kerry. In addition to these images, the author describes his own unique experiences exploring these mountain areas and interweaves these with an account of the local history, folklore, and geology. Whether readers are beginners or experienced hill-walkers, they will be inspired to set out and explore the magnificent mountains Ireland has to offer.

**Contributor Bio**

Adrian Hendroff is a writer, photographer, and qualified mountain leader who is one of the few individuals to have ascended all 268 of the summits of Ireland’s mountains. His articles have been featured in *Irish Mountain Log* and *The Irish Times Go*.

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*Two-Way National Trail Description*  
Kev Reynolds

Guidebook to walking the Cotswold Way National Trail between Chipping Campden and Bath, across the Cotswolds AONB. The 102 mile (163km) route is described in both directions over 13 stages, of between 6 and 10 miles, depending on the existence of overnight accommodation. Camping options are sparse a...

**Summary**

Guidebook to walking the Cotswold Way National Trail between Chipping Campden and Bath, across the Cotswolds AONB. The 102 mile (163km) route is described in both directions over 13 stages, of between 6 and 10 miles, depending on the existence of overnight accommodation. Camping options are sparse along the route.

This guidebook is illustrated with maps and the author’s own full-colour photographs. The stage-by-stage route description is accompanied by overview maps at a scale of 1:100,000 (1cm to 1 mile). A more detailed map of the Way is supplied in booklet form, at a scale of 1:25,000, slid into the back of the book.

The Cotswold Way became a National Trail in May 2007, despite having been a much-loved walking route for more than 35 years. It follows the Cotswold escarpment, with dramatic and far-reaching views across the Severn Vale towards the Welsh hills, plunging down to visit honey-coloured villages, old market towns and the elegant and historic city of Bath.

**Contributor Bio**

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers’ Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.
**Ski Touring and Snowshoeing in the Dolomites**

**50 Winter Routes**
James Rushforth

Guide to 50 ski touring and snowshoeing routes in the Dolomites. The routes, which carry an Alpine (and when appropriate, a Volo/Toponeige) grading, range from 5km to 16km and can take anywhere from 2 to 7 hours to complete. Good knowledge of mountainous terrain, backcountry snowpack and winter cond...

**Summary**

Guide to 50 ski touring and snowshoeing routes in the Dolomites. The routes, which carry an Alpine (and when appropriate, a Volo/Toponeige) grading, range from 5km to 16km and can take anywhere from 2 to 7 hours to complete. Good knowledge of mountainous terrain, backcountry snowpack and winter conditions is a must. The routes are based in and around areas such as Cortina, Arabba, Corvara and Canazei and have been selected for their beauty, accessibility and the likelihood of favourable winter conditions.

Regarded as one of the most beautiful mountain ranges in the world, the Dolomites offer endless winter escapades. Those who venture off the beaten track and into the backcountry (whether by ski or by shoe) will discover a veritable winter wonderland.

Route descriptions are accompanied by 1:50K mapping and photo topos, together with information such as total ascent and descent (as well as aspect), expected duration of route and equipment required. Also provided is invaluable practical advice on things such as mountain safety and navigation, equipment, transport options to and around th...

**Contributor Bio**

James’ interest in mountaineering began at a young age, spending family holidays in the Lake District and North Wales, yet it wasn’t long before his passion for rock took him further afield to explore the mountains of northern Europe. He moved to the Italian Dolomites where he began notching up a series of ascents and began his writing career by penning a number of articles about his climbs for the noted website UK Climbing. This in turn led to his first publication, *Rock Climbs and Via Ferrata - The Dolomites*. published by Rockfax.

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**The Via Francigena Canterbury to Rome - Part 2**

**The Great St Bernard Pass to Rome**
Alison Raju

An essential guidebook for anyone planning to walk the Via Francigena pilgrim route from Canterbury to Rome. Part 2 describes 940km of the pilgrimage from the Great St Bernard Pass to Rome. Contains all the planning information you need for your journey, including details of facilities and accommoda...

**Summary**

This comprehensive guidebook covers the second half of the Via Francigena - a 1900km pilgrim route that crosses Europe from Canterbury to Rome. From the halfway point at the Great St Bernard Pass in the Alps, this book splits the second half of the pilgrimage into five sections (with further start points in Vercelli, Passo della Cisa, Lucca and Siena) and concludes by arriving at St Peter’s Square in Rome. All five start points are places where pilgrims can easily reach or leave the route by means of public transport, should they wish to tackle the journey in shorter stages. Illustrated with clear, original sketch maps and colour photographs, the step-by-step route description also includes detailed information about historical sites and all facilities available along the way.

**Contributor Bio**

Alison Raju is a former language teacher and author of three other Cicerone guides to pilgrim routes: 'Way of St James: Pyrenees - Santiago', 'Via de la Plata' and 'The Pilgrim Road to Nidaros: Oslo - Trondheim'.

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Travel / Europe
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6.7 in H | 4.6 in W | 0.7 in T | 0.7 lb Wt
### Walking in Abruzzo (Revised)

**Stuart Haines**

Essential guidebook for walking in the Abruzzo, a wild region of Italy incorporating the Abruzzo, Maiella, and Gran Sasso national parks and the Sirente-Velino regional park. 30 day-walks are described including an ascent of Como Grande, the highest point in Italy outside the Alps. The area is easil...

#### Summary

The essential guidebook for walking in Abruzzo, a wild and beautiful region of Italy which includes the Maiella and Gran Sasso national parks and Sirente-Velino regional park. 40 walks include the Val di Rose, the Prati di Tivo, and an ascent of Corno Grande, the highest point in the Apennines of peninsular Italy. Walks range from 4km to 25km and there are routes for all abilities. Alongside detailed route descriptions and maps there is advice on where to stay, access and parking information to get you to the start, and a useful Italian-English glossary.

Despite being close to Rome, Abruzzo is one of Italy's least known and populated regions - a spectacular and harmonious blend of snowy mountains, grassy plains and forested canyons; of hillside olive groves, vineyards and long sandy beaches. Its stunning natural environments are protected in three national parks, one regional park and many smaller reserves. Thousands of years of history are reflected in a multitude of abandoned castles, hilltop villages and ancient farmsteads; religious dedication echoed in splendid abbeys, silent c...

#### Contributor Bio

Stuart Haines explored Europe's mountains for many years before settling in the Apennines of central Italy, where Abruzzo became his playground and inspiration. There he indulged his passions of walking and exploring. Now a resident of both Bristol in the UK and Sulmona in Italy, he runs a walking holidays business in Abruzzo and loves to help people explore.

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### Walking in Italy's Stelvio National Park

**Gillian Price**

Guidebook to the Stelvio National Park in the Italian Rhaetian Alps. The 38 day walks and hikes described offer a wide variety of routes on well-maintained and signposted paths, linking a network of picturesque villages and hospitable mountain refuges. The Stelvio National Park borders the Dolomites...

#### Summary

Bordering the Dolomites to the east, and Switzerland to the west, the Stelvio National Park in the Ortler Alps is one of the most extensive protected areas in the Alps. The unspoilt landscape ranges from valley farmland and villages that have been occupied for centuries, forested hillsides and alpine meadows, up to a wilderness of rugged glaciated summits and ridges, the highest of which is Ortler, at 3905m. The 38 routes in this guide offer a wide variety of summertime day walks on well-maintained and signed pathways that link a network of picturesque villages and hospitable mountain refuges.

#### Contributor Bio

After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.
Walking Lake Garda and Iseo

Gillian Price

Summary
This guidebook describes 20 walks around Lakes Garda and Iseo in Northern Italy. The routes range from 4 to 13km in length and are graded 1 to 3. There is something for everyone, from easy leisurely strolls for first-time walkers to strenuous climbs up panoramic peaks. The clear maps, inspirational photographs and information about accommodation and public transport options help to make this guidebook an ideal companion to exploring the exceptional scenery, views and culture of the Italian Lakes. A basic English-Italian glossary is also included.

Formed by ancient glaciers and hemmed in by awesome towering cliffs, Lago di Garda boasts a superb network of well-marked trails exploring alpine ridges and peaks, in addition to ancient stepped ways to fascinating industrial archeology sites. The southern shores are very Mediterranean in flavour, lined with olive groves and vineyards. Beautiful Lago d’Iseo is one of Italy’s well-kept secrets. Well out of view until you actually reach its shores, it boasts an attractive mountainous island, appropriately named Monteisola.

Contributor Bio
After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

The GR1: Spain’s Sendero Historicó

Across Northern Spain from Leon to Catalonia

John Hayes

Summary
This guidebook is for trekkers tackling all or part of the GR1 (Sendero Historicó) - 1250km of waymarked route across northern Spain through the Pyrenean foothills from Puerto to Tarna at the western end to near L’Escala on the Mediterranean coast. Broken into 7 sections and 53 stages, the walking goes through remote landscapes, but accommodation is available every day, and the terrain is not difficult.

Providing all the information trekkers will need, the guide combines practical information about planning your own itinerary, when to go, what to take and the accommodation, cuisine and terrain with general information about the varied geology and history of the area. Route description is accompanied by contoured mapping and stage and section summary information, as well as detailed information about any accommodation available en route.

The GR1 meanders through some of the best scenery northern Spain has to offer while visiting many medieval churches and castles from the time of the Christian kingdoms, the reconquest, the crusades and Spanish Unification as well as key locations in the...

Contributor Bio
John Hayes is a retired management consultant with degrees from Liverpool University and University College London. Immediately after finishing work in 2011 he embarked on an epic 5,000km trek across Europe, walking from Tarifa in Spain to Budapest. The veteran of numerous long treks in the Alps, Spain and the Himalayas, John has written for numerous walking and trekking magazines. John first walked the GR1 in early 2013 and has made two return trips. When exploring new routes in Spain John enjoys the advice and support of Juan Holgado, whose website JuanHolgado.com is one of best known local sources on Spanish walking.
**The Pyrenean Haute Route (3rd Edition, Revised)**
Tom Martens

A guidebook for trekking the Pyrenean Haute Route, which zig-zags across the Franco-Spanish border and stays close to the main ridge in the highest and most spectacular central Pyrenees. It covers 800km with a total of 40km ascent, so is only suitable for experienced mountain walkers. The route is s...

**Summary**
There are three main trekking routes across the Pyrenees from coast to coast: of these, the Pyrenean Haute Route (or HRP for Haute Route Pyrénéenne) is the most challenging - and arguably, the most spectacular. Unlike the GR10 and GR11, it is not waymarked and borders on mountaineering at times, sticking as closely as possible to the main ridge. It stretches 750km from the Atlantic resort of Hendaye to Banyuls-sur-Mer on the Mediterranean, crossing the French-Spanish border many times on its traverse. The hike calls for experience, navigational competence and self-reliance, but offers rich rewards as you pass through some of the most stunning landscapes the region has to offer.

This guide presents the Pyrenean Haute Route in 44 day stages, which are divided between five sections: since each section starts and finishes at a location accessible by public transport, they can be walked individually if you don't have a spare month-and-a-half for a complete thru-hike. Although the route offers excellent opportunities for wild camping, each stage finishes at a mountain hut or village, meanin...

**Contributor Bio**
Tom Martens grew up in Belgium and first visited the Pyrenees in 2008 with a friend who had made him enthusiast about the mountain chain. This first exploration was so enchanting that he has been back every year since then. He has hiked extensively in the national parks and has traversed the whole length of the Pyrenees several times. He has guided groups of youngsters on long, intensive hikes and climbed many of the peaks in the Pyrenees. So far, he has spent 300 nights in the Pyrenees, mostly bivouacking. He has a special interest in mountain wildlife. Other regions where you can often find him hiking include Scotland and Estonia, where he currently lives.

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**Walking in Andalucia**
36 Routes In Andalucia's Natural Parks
Guy Hunter-Watts

This guidebook explores six of Andalucía's most beautiful Natural Parks, the Sierra Nevada regions of Aracena, Grazalema, Los Alcornocales and the Gauinc, La Axarquía, the Alpujarras and Cazorla, along the great belt of the Cordillera Bética mountains. The thirty-six half-day and full-day mostly cir...

**Summary**
This guidebook explores six of Andalucía's most beautiful Natural Parks, the Sierra Nevada regions of Aracena, Grazalema, Los Alcornocales and the Gauinc, La Axarquía, the Alpujarras and Cazorla, along the great belt of the Cordillera Bética mountains. The thirty-six half-day and full-day mostly circular walks are evenly split within these six regions, and range in length from 4 to 21km. Walks are graded and some involve steep ascents and descents, all within the capabilities of a reasonably fit walker.

The vast mountain range of the Cordillera Bética offers some of the finest year-round walking in Europe. Towering above the Mediterranean, the highest peaks of the Sierra Nevada rise to almost 3500m, mainland Spain's highest mountains. And wrapped within this mighty belt of mountains are some of Spain's most beautiful villages and mountain trails.

The routes are based in and around the villages of Aracena, Grazalema, Jimena de la Frontera, Cazorla, Bubión and Cómpeta, all of which lie within protected Nature Reserves. They are best enjoyed mid-September through to mid-June, though mid-s...

**Contributor Bio**
Guy Hunter-Watts has lived and worked in Andalucía since the 1980s. After studying at the universities of Santiago and Salamanca he taught English in South America before moving to the Ronda mountains where he has been leading guided walks for almost 25 years. His work as a walking guide and freelance journalist has taken him to many corners of the planet including India, Namibia, Tanzania, Latin America and Mongolia.
Walking in Menorca

20 day routes and round the island

Paddy Dillon

This guidebook explores Menorca through 16 mostly inland one-day walks plus a 4-day coast to coast and the 10-day GR223 trek of 185km round the whole coastline. The trek uses historic bridleway trails to offer plenty of opportunities for walking, cycling and horse riding. Easy walking generally but ...

Summary

This guidebook is split into two parts. In the first, 20 one-day walks lead you mostly inland to discover Menorca's castles, former military fortifications and picturesque windmills and houses, as well as its huge taulas and talaiots (ancient stone structures). The second is a 10-day circular trek of the long-distance historic bridleway Cam

Contributor Bio

Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

Walking on Lanzarote and Fuerteventura

45 Walks Including on Isla La Graciosa

Paddy Dillon

This book offers 21 walks on Lanzarote, two on Isla La Graciosa (off Lanzarote's northern coast) and 22 on Fuerteventura, including 14 walks on the GR 131 trail, which crosses both islands. These 45 traditional routes link several villages and span a range of arid agricultural and natural areas.

Both...

Summary

This book offers 21 walks on Lanzarote, two on Isla La Graciosa (off Lanzarote's northern coast) and 22 on Fuerteventura, including 14 walks on the GR 131 trail, which crosses both islands. These 45 traditional routes link several villages and span a range of arid agricultural and natural areas.

Both popular holiday destinations, Lanzarote and Fuerteventura are two remarkably different islands. Lanzarote has a fascinating volcanic national park at Timanfaya, and vineyards fill huge areas of black volcanic ash at La Geria; Fuerteventura is famous for extensive golden beaches, but its splendid mountain paths are less well-known. Both islands are crossed by new waymarked trails.

The guide offers routes suitable for a variety of abilities, and gives all the information walkers need including where to get food and drink, notes on points of interest along the way and on how to link shorter routes together to create longer journeys. Many routes are accessible using the good bus services on offer on both islands, and both islands are easily linked by frequent half-hour ferries and offer good f...
**Walking on the Costa Blanca**

*50 Mountain Walks And Scrambles*

Terry Fletcher

This guide describes 50 circular walks and scrambles exploring the Costa Blanca mountains, around the resorts of Alicante, Benidorm and Calp. These walks range from gentle strolls to demanding days with steep climbs, and from 3-20km in distance.

The Mediterranean coast is one of Europe's most popular...

**Summary**

This guide describes 50 circular walks and scrambles exploring the Costa Blanca mountains, around the resorts of Alicante, Benidorm and Calp. These walks range from gentle strolls to demanding days with steep climbs, and from 3-20km in distance.

The Mediterranean coast is one of Europe's most popular winter sun adventure destinations. In general UK visitors are best suited to the heat from late autumn to early spring. Beyond the beaches and high rises lies a completely different world of accessible, rocky mountains and knife-edge ridges that stretch away in long chains of gleaming white limestone pinnacles, and the range of walks ensures that everyone can enjoy this spectacular Spanish landscape.

This guide also includes background information on local geology, wildlife and history, and planning details on where to go, where to stay and what to take.

**Contributor Bio**

Terry Fletcher has walked and climbed among the mountains of the Costa Blanca for more than 30 years. His love of wild places has taken him all over Europe and North America, where he has a particular fascination for the sandstone canyons and deserts of the American South West. As a full time professional writer and photographer for more than 40 years, his work has appeared in almost every national newspaper as well as specialist magazines. He has also appeared on network television and radio as a commentator on the

---


*Walks, Climbs and Multi-day Tours*

Kev Reynolds

This guidebook provides a practical introduction to the Pyrenees, one of Europe's finest mountain ranges. It offers suggestions for 170 hikes, multi-day treks and moderate ascents of some of the principal summits of the Central or High Pyrenees.

The active hiker, trekker and climber is spolit for cho...

**Summary**

Essential guidebook of walks and climbs in the Pyrenees, with over 170 day walks, multi-day walks, climbing routes and mountaineering ascents. Covers all valleys and peaks on both sides of the border with France and Spain, with through routes and peaks to bag, as an introduction to one of Europe's finest mountain ranges.

The active walker, trekker and climber is spolit for choice. There are exquisite valleys and passes to wander and summits of 3000m and more within the reach of most hill walkers. The landscape is full of diversity and contrast, with Alpine-style peaks, small glaciers, deep gorges and more than a thousand mountain lakes. The range is also known as the 'flower garden of Europe', and the wildlife includes various species rarely seen elsewhere on the continent. Since the first edition appeared in 1978, Walks and Climbs in the Pyrenees has become accepted as the authoritative guide to the range and has been continuously updated and in print. For centuries the Pyrenees were dismissed as holding little of importance to the climber and mountain walkers ignored them almost com...

**Contributor Bio**

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.
Alpine Ski Mountaineering Western Alps

Volume 1
Bill O'Connor

This guidebook describes the finest high-level ski tours and ski mountaineering routes in the Western Alps in areas as diverse as the Ecrins, Vanoise, Haute Maurienne, Gran Paradiso, Mont Blanc, Valais and Urner Alps. Includes the classic Haute Route, the ski mountaineering traverse through the Alps...

Summary

Ski mountaineering guidebook to the Western Alps including the classic Haute Route, Chamonix to Zermatt, tours in the Ecrins, Vanoise, Haute Maurienne, Gran Paradiso, Mont Blanc, Valais and Urner Alps. The European Alps offer some of the finest and most accessible ski mountaineering in the world. A combination of magnificent and varied terrain, an enviable snow record, excellent public transport, unrivalled hut system and long ski season make them a focus for mountaineers and skiers throughout the world. Volume 2 of this Alpine Ski Mountaineering series covers the Central and Eastern Alps. The routes described will provide a lifetime's ski mountaineering for the average skier, with rewards and challenges for all levels of ability.

Contributor Bio
Bill O'Connor is an internationally qualified (IFMGA) mountain and ski guide based in the Lake District. He spends up to eight months of the year abroad, at least three of which are spent off-piste skiing and touring in the Alps. A former Head of Outdoor Education at both Marlborough College and Loughborough University he has spent the last twenty-five years guiding.

Walking in Slovenia: The Karavanke

Justi Carey, Roy Clark

This guidebook offers 23 walking routes across the 120km Karavanke mountain range, a natural border between Austria and Slovenia. The one and two-day routes are graded for difficulty, and range from low-level walks to high summits. The approaches are mainly from the Slovenian valleys, with bases in...

Summary

This guidebook offers 23 walking routes set across the magnificent 120km-long Karavanke mountain range, which forms a natural border between Austria and Slovenia. Commonly known as ‘the way the Alps used to be’, as it is yet to experience the extent of commercial development known by the Western Alps, it is one of the longest ranges in Western Europe but it remains genuinely unspoilt and relatively unvisited by English-speaking hillwalkers. The guide's walks begin in pretty towns and villages, and most of them access the peaks from the relatively more gentle Slovenian side of the range, where forest-clad slopes lead to grassy summits where spectacular views can be enjoyed. Arranged by peak from west to east along the range, most of the summits can be reached by waymarked paths and trails. The guide gives all the practical details you need on transport, accessing the routes, accommodation and available facilities, as well as insight into the historical sites passed on the way. The Karavanke offers a wealth of superb walking opportunities for walkers of all abilities, and this is an in...

Contributor Bio
Roy Clark and Justi Carey started visiting the British mountains in their teens, a discovery which shaped their whole lives. In 2002 they moved to Slovenia in search of new challenges, and are currently living in the heart of the Julian Alps, where they are happily exploring this new area and culture.
Antarctic Peninsula
A Visitor's Guide
British Antarctic Survey, Adrian Fox

Summary
Fully revised with a new chapter on climate change and updated and expanded maps. Focusing on the geography and physical phenomena of this remote region, this book contains all the information visitors will need during their trip. It describes and explains the geographical setting, climate and weather, geology, glaciology, and much more, and includes the location of research stations and historic sites. Drawing on the world-class scientific and cartographic expertise of BAS, the guide is perfect for adventure tourists and visiting scientists alike.

Contributor Bio
British Antarctic Survey is a component of the Natural Environment Research Council. For over 60 years BAS has undertaken the majority of Britain’s scientific research on and around the Antarctic continent. It employs over 400 staff, and supports three research stations in the Antarctic, at Rothera, Halley and Signy. Dr. Adrian Fox is Head of Mapping and Geographic Information at British Antarctic Survey, co-chair of the international Scientific Committee on Antarctic Geographic Information, and a member of the UK Antarctic Place-names Committee.

Everest England
A Pilgrimage of 29,016 Feet
Peter Owen Jones

Summary
A unique hill-walking guide to 20 of Britain’s peaks, adding up to the exact height of Everest. Scaling the peaks of Everest, the world’s highest mountain, is the ultimate physical and mental challenge that the human race can aspire to. But as it takes years of preparation and a minimum of £25,000 to achieve, it remains out of reach to most of us. This book allows ordinary people to embark on their own personal "Everest" without leaving England’s green and pleasant land. Ascending hills of varying sizes whose ascents add up to the same height as Everest—29,016 feet—celebrity vicar and countryman Peter Owen Jones guides the reader on a road trip covering over 20 hill-climbs in different parts of England. The climbs can be done mindfully over a limited period—20 days is the suggested time scale—or as fast as possible, thus creating a physical challenge rather like the Three Peaks. The climbs could also be undertaken separately over longer periods of time and used as opportunities for mindfulness and quiet meditation under Peter’s expert spiritual guidance. The journey takes in sacred p...

Contributor Bio
Peter Owen Jones is a celebrity Anglican vicar who has fronted several television documentary series on walking and spirituality, including Extreme Pilgrim and How to Live a Simple Life.
**A Walk in the Clouds**

*Kev Reynolds*

A Walk in the Clouds: 50 Years Among the Mountains is a heartwarming, inspirational, and evocative collection of memories and short stories from Kev Reynolds, a prolific and celebrated guidebook author who has been roaming the mountains for a half-century. These recollections trail Reynolds’ journeys through some of his favorite and most memorable lessons learned on the mountains. The people met, experiences shared, and cultures bridged throughout Reynolds' travels make for an engaging read for hikers and non-hikers alike. Shadowing Reynolds across the Moroccan Atlas, the Pyrenees trails, the European Alps, and even the Himalayas gives the reader the feeling not only of hiking the trails, but also of forming the relationships and connections throughout the world that Reynolds was able to create. This book motivates the common reader to undertake something they have never done before because, as the reader learns from Reynolds, that is where some of the best experiences come from.

**Contributor Bio**

Kev Reynolds has a passion for the mountains. He spends several months throughout the year in various high mountain regions doing research for his guidebooks. With Cicerone, he has authored 50 books, including guidebooks for the five major trekking regions of Nepal. When he is not in the mountains, he lives with his wife in Kent, England.

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**The Islands of Croatia**

*30 walks on 14 Adriatic islands*

*Rudolf Abraham*

This guidebook describes 30 day walks on the islands of the Croatian Adriatic, ranging from short, easy coastal strolls to more challenging, full day outings over rocky ridges and summits, with spectacular views of the Dalmatian coast. Featuring routes on 14 Croatian islands, including the islands of Hvar and Mljet, as well as quieter islands.

**Summary**

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**Contributor Bio**

Rudolf Abraham is an award-winning travel writer and photographer specialising in Croatia and eastern Europe. He is the author of eight books (five of them on Croatia) and has contributed to over a dozen more, and his work is published widely in magazines. He first visited Croatia in 1998, lived in Zagreb for two years, and continues to spend several weeks a year in his favourite country in Europe.
The Mountains of Montenegro (2nd Edition, Revised)

Rudolf Abraham

The mountains of Montenegro are some of the wildest, most spectacular, and least visited in Europe. Nevertheless they are easily accessible, and many areas have well-marked trails. They present an opportunity to travel through outstandingly beautiful and remarkably unspoilt natural scenery, which as... 

Summary

The mountains of Montenegro are some of the wildest, most spectacular, and least visited in Europe. Nevertheless they are easily accessible, and many areas have well-marked trails. They present an opportunity to travel through outstandingly beautiful and remarkably unspoilt natural scenery, which as yet sees few visitors. The Mountains of Montenegro is the first comprehensive English-language guide to hiking in this beautiful area, written by an author who has visited the country over a number of years and has lived in neighbouring Croatia. The most spectacular mountain areas in Montenegro, with itineraries ranging from single-day hikes to multi-day treks. Includes: Variants and extensions from the main routes. Circular and point-to-point routes. Generous background information, including mountain huts and shelters, travel to and within the country, history and language.

Contributor Bio

Rudolf Abraham is an award-winning travel writer and photographer specialising in Croatia and eastern Europe. He is the author of eight books (five of them on Croatia) and has contributed to over a dozen more, and his work is published widely in magazines. He first visited Croatia in 1998, lived in Zagreb for two years, and continues to spend several weeks a year in his favourite country in Europe.

The Peaks of the Balkans Trail

Through Montenegro, Albania and Kosovo

Rudolf Abraham

Guidebook to the Peaks of the Balkans Trail, a 192km trek through Montenegro, Albania and Kosovo in south eastern Europe. The route, which can comfortably be completed in less than a fortnight, is well waymarked and covers terrain between 670m and 2300m in altitude, taking in remote valleys, dramatic... 

Summary

This guide describes the Peaks of the Balkans Trail, a 192km circular route through the spectacularly wild and rugged borderlands of Montenegro, Albania and Kosovo in Europe, with around a third of the trek lying in each country. Developed to promote sustainable local tourism and transcend political borders, it winds its way through the spectacular scenery of the Prokletije mountains, taking in high passes and remote valleys. Since its launch, the trail’s popularity has continued to rise: however, despite increasing visitor numbers, the area – off-limits to foreigners until comparatively recently – remains underdeveloped and unspoilt.

The route can be hiked in around two weeks: it is presented in 10 daily stages and the guide also includes suggestions for excursions to bag neighbouring peaks and visit local sites of interest. While a moderate level of fitness is assumed, the walking itself is not difficult and makes use of existing paths and tracks. Food and accommodation are offered in traditional guesthouses in villages that often feel like somewhere time forgot.

Offering comprehensi...

Contributor Bio

Rudolf Abraham is an award-winning travel writer and photographer specialising in Croatia and eastern Europe. He is the author of eight books (five of them on Croatia) and has contributed to over a dozen more, and his work is published widely in magazines. He first visited Croatia in 1998, lived in Zagreb for two years, and continues to spend several weeks a year in his favourite country in Europe.
Trekking Annapurna
14 Treks Including the Annapurna Circuit and Sanctuary
Bob Gibbons, Sian Pritchard Jones

A comprehensive trekking guidebook to the Annapurna region - the most popular trekking area in Nepal. Fourteen diverse treks are described including the classic Annapurna Circuit and the Annapurna Sanctuary as well as treks in the lesser known Machhapuchhre area, the foothills of Lamjung Himal and r...

Summary
An essential guidebook to the Annapurna region; the most popular trekking area in Nepal and a magnet for those who love mountains. 14 diverse treks update old favourites such as the classic Annapurna Circuit, and introduce exciting new routes. Packed full of information on trekking seasons, local culture and recommended equipment.

Contributor Bio
Sian Pritchard-Jones and Bob Gibbons met in 1983, on a trek from Kashmir to Ladakh. Since then they have been leading and organising treks in the Alps, Nepal and the Sahara. They work in Kathmandu every winter and always relish returning to the Annapurna region, one of their favourite trekking haunts.

Radek Kucharski has been trekking frequently in South Asia since 2000, and has now made many visits to Nepal, Iran, Pakistan and India. After a first visit in 2004, Ladakh instantly became his favourite destination. He lives in Warsaw and works as a tourist guide for one of Poland’s leading adventure travel agencies, leading trekking groups to India, Nepal and Scandinavia.

Trekking in Ladakh (2nd Edition, Revised)
Radek Kucharski

This trekking guidebook gives detailed descriptions of eight different treks across Ladakh, Zanskar and the Markha Valley in northern India. The treks range from six to eight days in length, and from 'moderate' to 'very demanding' difficulty. Each one is broken down into multiple stages, and has inf...

Summary
This trekking guidebook gives detailed descriptions of eight different treks across the Ladakh, Zanskar and Markha Valley in northern India. Ranging from moderate difficulty to very demanding, the treks vary between 6 to 12 days in length, each trek is broken down into multiple stages, and has information on difficulty, available accommodation and access, as well as the many combinations and alternative routes open to exploration.

Known as Little Tibet; for both its landscape and culture, Ladakh lies at the northern tip of India. The region is bisected by the great River Indus and neighbours Tibet and Kashmir. This quiet corner of the Himalaya has developed a strong trekking culture over recent years for adventurous trekkers. Trekking in this remote, high-altitude region is extremely challenging, as paths are not signed and there are only a limited number of villages. However, its magnificent landscape (a huge area full of limitless trekking possibilities), hospitable people, rich heritage and limited number of tourists make Ladakh an amazing destination.

The guide includes background ...
Trekking in Mallorca (2nd Edition, New edition)
Paddy Dillon

Guidebook to hiking the GR221 Drystone Route (Ruta de Pedra en Sec) traversing Mallorca's Serra de Tramuntana between Pollença and Andratx. Following rock, paved paths and mule tracks between welcoming villages, the 140km (87 mile) trek is described in 10 day stages and showcases the island's forest...

Summary
This guidebook describes the GR221, a 140km (87 mile) long-distance trail through northwestern Mallorca, from Port d'Andratx to Pollença. Also known as the 'Ruta de Pedra en Sec' ('the Drystone Route'), the GR221 is a celebration of Mallorca's limestone heritage, taking in many historic drystone structures as it traverses the rocky peaks of the Serra de Tramuntana. Following old stone-paved paths and mule trails, it showcases the region's beautiful landscape of mountains, forests and cultivated terraces, as well as its spectacular coastline.

The GR221 can be hiked in 1-2 weeks, although the guide also covers 3 alternative start-points and 3 alternative finishes, which would allow for a shorter trek. The main route is presented in 10 stages of 8.5-20.5km (5-13 miles), with a handful of optional detours to bag neighbouring summits. Detailed route description is accompanied by 1:25,000 mapping and inspirational photography, plus a wealth of information on local points of interest. Accommodation and travel are also thoroughly covered: the trail boasts good transport links and plentiful f...

Contributor Bio
Paddy Dillon is a prolific outdoor writer with over 60 guidebooks to his name, as well as more than a dozen booklets and brochures. He writes for a number of outdoor magazines and other publications, and produces material for tourism groups and other organisations. He lives near the Lake District and has walked in every county in England, Scotland, Ireland and Wales; writing about walks in every one of them. He has led guided walks and walked extensively in Europe, as well as in Nepal, Tibet, Africa and the Rocky Mountains of Canada and the US.

Trekking in the Zillertal Alps
Allan Hartley

Guidebook to trekking the Zillertal Rucksack Route (or Berliner Hoehen Weg) and the Zillertal South Tyrol Tour in the Austrian Tyrol. The ZRR avoids glaciers and difficult passes so is suitable for inexperienced trekkers, while the ZSTT traverses the range along the Austro-Italian border. Each takes...

Summary
Guidebook to trekking the Zillertal Rucksack Route, which traverses the very best of the range located in the Austrian Tyrol spanning the Italy-Austria border. It links huts together along good tracks without having to cross glaciers, providing a continuous tour of around ten days. With opportunities to climb adjacent peaks.

Contributor Bio
Allan Hartley has maintained his close links with Austria, which he discovered by accident in the early '70s in respite from atrocious weather conditions of the higher mountains of the western Alps. He has climbed extensively throughout the Alps and in east Africa and the greater ranges in Nepal and Pakistan.
Walking in London
Park, Heath and Waterside Walks
Peter Aylmer

A guidebook to 25 hikes in London's green spaces and nature reserves, covering both the city centre and Greater London area. Taking in woods and forests, parks and heaths, canals and rivers, the guide includes a wealth of information about some of the species you might encounter as well as the histo...

Summary
Discover a wilder side to London with this guidebook of 25 hikes in and around the capital's green spaces and nature reserves. Covering both central and Greater London, the hikes, which range from 4 to 14 miles and take up to six hours, explore woods and forests, royal parks and heaths, canals and rivers.

London is a city of 8 million people and 8 million trees, and its vast open spaces are home to 13,000 species of wildlife. This guide takes in all four corners – including Epping Forest, Hampstead Heath, the World Heritage site of Kew Gardens and Wimbledon Common – and showcases a greener, more gentle side to the city.

Using the rivers as a guide, the book is divided into four sections, and includes a wealth of information about the wildlife, history and conservation of each area. Each hike is illustrated with an OS map at a scale of 1:25,000, and includes a route description, public transport information and photos. There is also a handy route summary table.

With public transport readily available and no weather restrictions, all you need is good footwear, sensible clothing and an ope...

Contributor Bio
Peter Aylmer was born in, and still lives in, London east of the River Lea – in other words, in east London.

Peter's rich understanding of the London and Essex countryside started young, visiting his uncle’s farm in the Rodings. Since discovering hiking as a pastime when a young man, he's since climbed many hills and hiked Aylmer.

Walking in the Valais (Revised)
120 Walks and Treks
Kev Reynolds

Comprehensive guidebook to the Valais region, describing 111 day walks and 10 multi-day tours. Home to the Matterhorn and Dent Blanche, the routes are in the Fieschertal and the Aletsch glacier region, the Löt schental, Saastal, Mattertal, Turmtal, Val d'Anniviers, Val d'Herens, Val de Bagnes, Va...

Summary
The Pennine Alps in the Valais region of Switzerland contain more 4000m peaks than anywhere else in Western Europe and some of the greats: the Matterhorn, Monte Rosa, Dent Blanche and Grand Combin, all surrounded by idyllic valleys and hillsides dotted with chalets, hay barns and hardy little alpine flowers as well as pristine snowfields and glaciers. This guide describes 111 day walks and 10 multi-day, long-distance treks, exploring this whole area and suitable for a wide range of abilities. The network of walking trails in this popular region is excellent but the infrastructure is unbeatable, with excellent public transport and a wide range of good-quality accommodation from simple mountain huts to grand hotels in bases such as Saas Fee, Zermatt and Arolla. Walks are arranged valley by valley and accompanied by full information about the valley bases, mountain huts, access and facilities as well as practical information for walkers new to trekking or walking in Switzerland.

Contributor Bio
Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press appeared in 1978; he has since produced 27 titles for Cicerone, with others being researched. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished, and he regularly travels throughout Britain to share that enthusiasm through his lectures.
100 Walks in County Durham

Gary Richardson

Summary
The perfect way to experience the amazing countryside of county Durham is on two feet. Whatever your age, ability, or energy level, this new collection of 100 walks of up to 12 miles will help you explore the best of this breathtakingly beautiful coastal landscape. The Crowood Walking Guides give detailed and accurate route descriptions of the 100 walks. Full-color mapping is included which is sourced from the Ordnance Survey. Details of where to park and where to eat and drink are included, as well as places of interest to see along the way.

Contributor Bio
Gary Richardson is an author.

Walking Toward Moosalamoo

A Natural History of Terra Nullius

Hans Carlson

Summary
Walking Toward Moosalamoo is a story of humans and the earth, as well as being a chronicle of three summers spent hiking, to a place called Mount Moosalamoo, in the Champlain Valley of Vermont. At bottom, it is an environmental inquiry into the dialog between humans and the land, one concerned with ...
### The 25 Best Day Walks in Hong Kong

**Martin Williams**

**Summary**

Discovering Hong Kong’s greener side, these 25 walks guide you through rugged hills, forested valleys, reservoirs and waterfalls, temples and ageing villages, long abandoned forts and lonely islands. The length of each walk is listed at the beginning and an introduction describes its character. Details on accessing the walk are given, and the author’s commentary accompanied by his atmospheric photographs bring each one vividly to life. Detailed maps illustrate the route.

The 25 Best Day Walks in Hong Kong by Dr Martin Williams is one of those seminal hiking books that I’ve been waiting for.

- SK Shum, Founder and Organiser, Hong Kong Hiking Meetup

Hong Kong’s hyper-dense urban area is matched by areas of great wilderness, villages, mountains and long coastlines. Martin’s book allows you to discover the best Hong Kong has to offer at a moment’s notice, and return to urban life with renewed vigour and inspiration. With his photographer’s eye for details and decades of wandering the trails, The 25 Best Day Walks in Hong Kong is a must-bring guide to your next hike.

- Paul Zimmerman, District...
The Hughs
Andrew Dempster

A guide to author’s favourite hills under 2,000 feet, on the Scottish mainland, including some that are rarely climbed, some that are well-known and iconic, and all of which offer a distinctive hillwalking experience. These are all hills with great character, they have attitude rather than altitude.

Summary
Andrew Dempster has 40 years’ experience of hillwalking the length and breadth of Scotland. Author of several climbing books, including the first guidebook to the Grahams, in this volume he identifies the best wee hills on the Scottish mainland.

MUNRO: at least 3,000ft high
CORBETT: 2,500–3,000ft high with a prominence of at least 500ft GRAHAM 2,000–2,499ft high with a drop of at least 150 metres
HUGH: (Hill Under Graham Height): under 2,000ft with exceptional character.

The Hughs all offer rewarding - and often stunning - climbs and views. Some are already popular. Many await discovery. Each one has great character. That is what the Hughs are all about. From Arthur's Seat in Edinburgh to An Grianan in the far north, from Ben Hiant in the west to Bennachie in the east, the Hughs are a phenomenally diverse range of hills, stretching to all points of the compass. Accessible to people of any age, the Hughs are not defined by the sterile logic of relative height – they are a choice of the heart.

Contributor Bio
Andrew Dempster has almost 40 years’ experience of walking, scrambling and backpacking in the Scottish Highlands and Islands. He has climbed all the Munros twice and the Corbetts, and wrote the only guidebook to the Grahams (mountains 2,000–2,500 feet in height). He has also walked, trekked and climbed extensively in such varied locations as the Alps, the Pyrenees, the Himalaya, Africa, Iceland and Greenland. The Highlands of Scotland are his first love, however, and he lives in rural Perthshire with his wife, Heather and son, Ruairaidh.

The Ultimate Guide to the Munros
Ralph Storer

"The Ultimate Guide to The Munros" is a guidebook with a difference. Rather than telling the reader which are the 'best' routes, it describes all practicable ascent routes up all the Munros, and rates them in terms of difficulty and quality (using comprehensive grading systems).

Summary
From the pen of a dedicated Munro bagger comes The Ultimate Guide to everything you've wished the other books had told you before you set off. The lowdown on the state of the path, advice on avoiding bogs and tricky situations, tips on how to determine which bump is actually the summit in misty weather... this is the only guide to the Munros you'll ever need. The comprehensive rucksack guide features: - Detailed description of all practicable ascent routes up all 46 Southern Highland Munros and 21 Tops. - Easy to follow quality and difficulty ratings, enabling you to choose a munro for any level of experience. - Annotated colour photographs and OS maps. - The history of each Munro and Top from the development of the Munro's Tables from 1891 onwards. - Notes on technical difficulties, foul weather concerns, winter conditions and scenery. A brilliant book for any hillwalker - as indispensable as your boots.

Contributor Bio
Despite being a Sassenach by birth, Ralph Storer has lived in Scotland since studying psychology at Dundee University. Before becoming a full-time writer, he worked in the field of commercial and educational computing, initially as a computer programmer and more recently as a lecturer at Napier University of Edinburgh. He is an experienced hill-walker who has hiked and backpacked extensively around the world. His guidebooks to the Scottish Highlands, which includes best-selling 100 Best Routes on Scottish Mountains, have become standard reference works on the subject.
**1014 Places to See in Australia**
Bruce Elder

**Summary**
It is impossible not to gasp in wonder at this most ancient of continents. From the most beautiful beaches to stunning caves; from eerie, empty deserts to teeming tourist traps 1014 Things to Do and See in Australia is a compelling guide for anyone who really wants to experience this great island continent. Bruce Elder should know. He has explored every nook and cranny of Australia over the past 20 years, researching its rich diversity and history, meeting its people and capturing it all in words and images. Other books by Bruce Elder include: Blood on the Wattle, The A-Z of Australian Facts, Myths & Legends and Globetrotter Travel Guide Australia.

**Contributor Bio**
Bruce Elder is a writer, commentator, and currently a full-time journalist, specialising in travel and popular culture. His other areas of expertise include film, television and popular music. He has written extensively about Australia and has a passion for Australian history. He has been involved in writing over 60 books, including Blood on the Wattle which, in 2000, was nominated as one of the 10 most influential works of non-fiction published in Australia in the twentieth century.

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**Island of Lightning**
Robert Minhinnick

**Summary**
The latest book of travel essays by prize-winning writer and poet Robert Minhinnick, Island of Lightning documents his travels from his home in south Wales to locations such as Argentina, China, Finland, Iraq, New York, Lithuania, and the titular island itself, Malta. In conventional essays and leaps of imaginative narrative, the author describes the annual Elvis convention in Porthcawl, Wales; Neolithic sculptures; the cruelties of late 20th-century communism and its aftermath; rugby union; the Argentinean writer Alfonsina Storni; poets playing football; and other scenes. In doing so, he touches on several universal themes, including the relationship between man and the landscape, man and time, man and nature, immigration and war—even humankind itself. Readers will be entertained, informed, and provoked by this series of essays in which a range of subjects are examined for new perspectives and understanding.

**Contributor Bio**
Robert Minhinnick is a poet, an essayist, a translator, a novelist, and a short story writer. He is the author of The Adulterer’s Tongue: Six Welsh Poets and Sea Holly and the recipient of two Forward Prizes for Best Individual Poem and two Wales Book of the Year awards.
Colorado's Indian Peaks, 2nd Ed. (2nd Edition)
Classic Hikes and Climbs
Gerry Roach

Summary
In this concise and fully updated guidebook, Gerry Roach shares his firsthand knowledge and experience, offering us a chance to explore some of Colorado’s finest mountain trails.

Contributor Bio
Gerry Roach started climbing in Colorado in 1955. Among his numerous accomplishments, Gerry is the second person ever to climb the highest peak on each of the seven continents. In more than 50 years of mountaineering, he has climbed in dozens of states and countries.

Snowshoeing Colorado (3rd Edition)
Claire Walter

Summary
Award-winning trail guide to Colorado’s hottest winter sport revised and updated.

Contributor Bio
Award-winning author Claire Walter has written books about skiing, snowshoeing and Colorado's vibrant culinary scene for Fulcrum. Honors include two Lowell Thomas Awards from Colorado Ski Country USA, CSCUSA's Freelance Writer of the Year Award, three Society of American Travel Writers awards, and others.
**Sled Dog Dachshund**
Laura Atkins, An Phan

**Summary**
Can a small dog with a big bark find a way to help a team of huskies win the sled race?

When Jasper the dachshund hears about the world’s biggest dog sled race in Alaska, he just knows he can win. And when his family goes to watch the race, he decides to enter. Jasper tries every position, but he’s too little and doesn’t fit into the sled’s harness. That doesn’t stop him! Jasper sneaks aboard a team sled and finds a way to become a part of the team. His yappy enthusiasm keeps them moving, and Jasper learns how much energy and teamwork it takes to pull the sled. In the final stretch of the race, his team is neck-and-neck with another sled. Can Jasper help lead his team to victory? Will they win by a (long, pointy) nose?

Perfect for fans of *Weiner Wolf, Akiak: A Tale From the Iditarod, Lumpito and the Painter from Spain, A Dachshund's Wish*, and anyone who loves the adventurous spirit of dachshunds!

**Contributor Bio**
Laura Atkins is an author, teacher, and independent children’s book editor with twenty years of editorial experience. She has worked at Children's Book Press, Orchard Books, and Lee & Low Books helping to produce winners of the Coretta Scott King Award, the American Library Association Notable Book selections, and more. She lives in Berkeley, California. An Phan creates advertising illustrations and concept art for a variety of games from massively multiplayer online games to casual mobile titles. He lives in Vietnam.

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**The Wildlife Winter Games**
Richard Turner, Ben Clifford

**Summary**
Readers are given simple, informative descriptions for ten sporting events featuring a range of dynamically illustrated creature competitors. Fun summaries describe the unique skills each creature would bring to the sports and invite readers to predict who will win the gold, silver, and bronze medals. This whimsical yet fact-filled book teaches children about the attributes of various animal species and encourages them to apply critical thinking to choose possible winners.

**Contributor Bio**
Richard Turner is a Performing Arts teacher, who supports children's creative voices through drama and dance. He has directed and choreographed musicals, working with students who can sing and dance way better than he can. Ben Clifford was born and raised in Tasmania, Australia. He began illustrating after living in the snow with the badgers and brown hares in England. After returning home, Ben began drawing, painting, illustrating, and writing books.
**Spitfire**

Evan Balkan

Baltimore, 1952

With her father fighting in the Korean War, bigotry in her school, and the desire to play a "boy's sport," one girl struggles to find her place in the world.

Caroline Panski harbors one dream: to play ice hockey. But, as the neighborhood boys—and her mother—tell her: Boys play hockey;...

**Summary**

Baltimore, 1952

With her father fighting in the Korean War, bigotry in her school, and the desire to play a "boy's sport," one girl struggles to find her place in the world.

Caroline Panski harbors one dream: to play ice hockey. But, as the neighborhood boys—and her mother—tell her: Boys play hockey; girls figure skate. Caroline, however, refuses to give up, and she navigates her world with determination. Knowing that her beloved father is fighting for freedom far away in Korea saddens her but also gives her strength. And when her school is integrated and she develops a crush on an African American student, she will need strength and courage to stand up to her classmates just to be his friend. In the end, Caroline’s is a difficult and imperfect world, but one that allows for moments of triumph and friendship.

**Contributor Bio**

Evan L. Balkan is the author of six books of nonfiction, including *The Wrath of God: Lope de Aguirre; Revolutionary of the Americas* (Univ. of New Mexico Press) as well as many essays and short stories in an array of publications including *Page and Spine* and *Cargo Literary Magazine*. His screenplay *Spitfire*, adapted from his novel of the same name, won both the 2016 Baltimore Screenwriters Competition and a Saul Zaentz Innovation Fund Fellowship; his screenplay *Children of Disobedience* won the 2017 Baltimore Screenwriting Competition. He is a co-writer for the television series, *Wayward Girls*, which shot its pilot in fall 2017.

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**America's Mountains**

Guide to Plants and Animals

Marianne Wallace

**Summary**

From the Appalachian Mountains to the Alaskan Range, this book helps readers identify more than 100 plants and animals found in this varied ecosystem.

**Contributor Bio**

Marianne D. Wallace is a natural science illustrator and writer whose work has appeared in over 30 books and publications. She has also been an elementary school science teacher, a botanic garden tour guide, and a writer for the US Forest Service. She lives in the foothills of Southern California.
Earthsteps
A Rock's Journey through Time
Diane Nelson Spickert, Marianne D. Wallace

A kid-friendly exposition of how one rock journeys through its geological cycle.

Summary
This intriguing and instructional picture book takes readers on one rock's geological odyssey through time. Gorgeous, full-color illustrations and a detailed timeline of a rock's journey teaches students about earth science and the geologic cycle. Includes glossary of geological terms.

Contributor Bio
Diane Nelson Spickert has been a geologist for more than 20 years. She has enjoyed volunteering as a guide for Dinosaur Ridge in Morrison, Colorado, and teaching geology at local elementary schools. Marianne D. Wallace is a natural science illustrator and writer whose work has appeared in over 30 books and publications. She has also been an elementary school science teacher, a botanic garden tour guide, and a writer for the US Forest Service. She lives in the foothills of Southern California.

Antarctica Becomes Her
Melissa Haeffner

Summary
In 2016, a women-only expedition traveled to Antarctica and visited two operating research stations (Carlini, Argentina and Palmer Station, USA) as well as the abandoned Argentine/Spanish research base built on a Norwegian whaling station on Deception Island and the Port Lockroy (UK) post office. Seventy-six women, mostly research scientists, embarked on this journey, not to collect ice cores from the continent, but to essentially collect data about themselves. The intent of the journey was to culminate a year-long leadership development program in a three week expedition to build a global network of women leaders. Antarctica provided the ideal backdrop to reflect on our changing planet—a month prior, the Larson C ice shelf cracked on the opposite side of the peninsula where we journeyed. This book tells the story of these 76 women scientists.

Contributor Bio
Melissa Haeffner, PhD, is an Assistant Professor in the Environmental Science and Management department at Portland State University. Her research unifies several research domains that contribute to the knowledge of local politics in watersheds and how they shape urban water infrastructure development in the past, in the present, and under future predictions. Her ongoing research and teaching commitments investigate water insecurity and justice within municipal water systems and the links between multi-scale policies, infrastructural and environmental conditions, and household behavior. Her work focuses on “just water” and how social, political, and biophysical factors structure access to water, using the concept of environmental justice to draw attention to issues of fairness and equality in the ways different social groups gain access to natural resources.